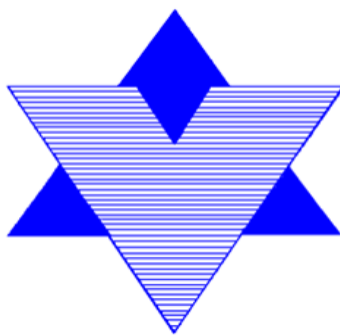


**We stand
with
Israel**



oices
קולות ק.ק. עדת ישראל



Middletown, Connecticut
September 2025 Elul 5785/Tishrei 5786



Rabbi Nelly Altenburger

It's a Busy Time at Congregation Adath Israel!

*Adam Finkelstein
President*



Dear Friends,

In our contemporary world, anger seems to dominate public discourse and private relationships. When a person has been the recipient of anger, it seems almost impossible not to respond back on the same currency. And yet anger — both as our own reaction and as our own inflicted onto others — is not inevitable. It is a spiritual crisis requiring urgent attention.

In the spirituality of Judaism, few concepts are as transformative as *teshuvah* (תשובה), traditionally translated as “repentance” but more accurately understood as “return.” The Hebrew root *shuv* (שוב) means to turn back or return. *Teshuvah* is not merely regret for past actions, but a fundamental reorientation of one's spiritual direction—a return to God, to

(Rabbi Continued on page 5)

WE ARE HERE FOR YOU!

If you or anyone you know is ill
or in need of support, please contact our Bikur
Cholim (Compassionate Care) Committee.

Contact Michelle Grossman,
rckandmichelle360@gmail.com;
Rabbi Nelly, rabbi@adathisraelct.org;
or Joanna at the office.

The new year is upon us, both in terms of the beginning of our religious school academic year and the arrival of 5786 during High Holiday season.

We are delighted to welcome Honor Edmands to our congregation, who has joined us from Florida to fill our new full-time role as the Director of Education and Community Engagement.

We've celebrated this summer with our Shabbat Under the Stars tradition that began in Meriden and was so graciously hosted by Scott Levy this year.

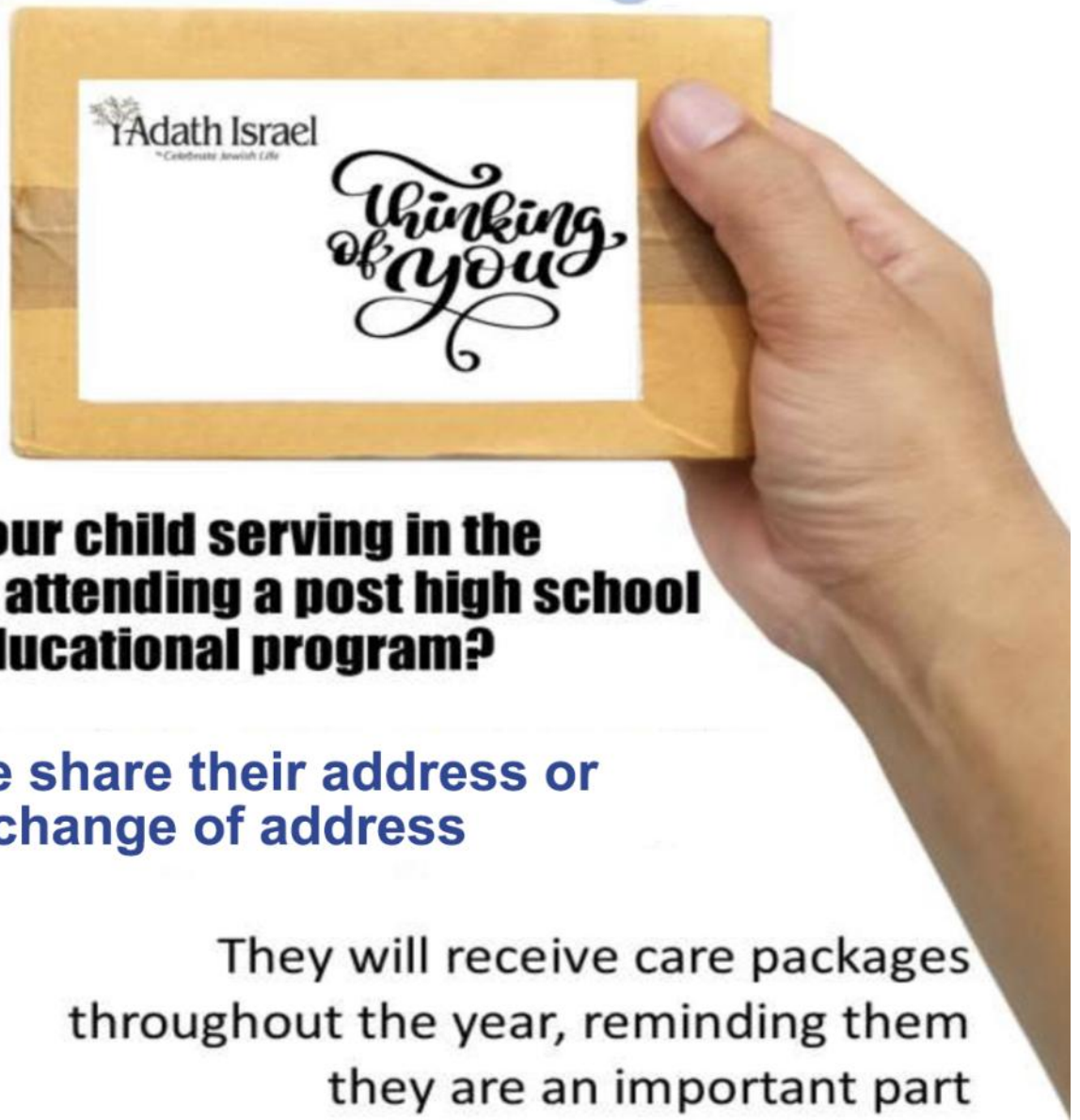
Most recently, the Interfaith Golf Tournament experienced a record year, adding to their 25-plus year history of building relationships within our community, giving *tzedakah* to multiple local charities, and simultaneously being our congregation's biggest annual fundraiser.

All the while, preparations for Rosh Hashana and Yom Kippur Services are in full swing. As you begin to think about your holiday season, I wanted to offer this invitation – come spend it with us, in person.

We will again have all the same zoom options available as we have had since 2020. We remain committed to making services accessible to anyone who can't be here

(President Continued on page 3)

Student & Service Member Outreach Program



Is your child serving in the military or attending a post high school educational program?

Please share their address or change of address

They will receive care packages throughout the year, reminding them they are an important part of our Adath Israel family.

This program has been generously sponsored by Atty. Robert Poliner.

(President Continued from page 1)

in person, for whatever reason. But, I will speak for myself, and say that there's something a little more special about the holidays when the sanctuary is full, we're able to reconnect with old friends, and our melodies become that much louder.

Now, I know given the rapid rise of antisemitism, that some of us are apprehensive to gather, but I want to assure you that nothing is more paramount to us as a board, and to me personally, than the security of each and every person in our building. That's exactly why we now have a fully installed video surveillance system, continue to coordinate with the Secure Community Network, the Jewish Federation of Greater Hartford's Security Network, and the Middletown Police Department. This year, we are taking even further steps and hiring independent security, so that we can be totally secure as we come together to pray and celebrate.

So, it is my sincere hope that I get to see as many of you as possible this year, but regardless of where the holidays take you, remember that our doors at Adath Israel are always open to you, whenever you need us.



Introducing Our New Director of Education and Community Engagement, Honor Edmands!

Honor hails from the mountains of Northern Nevada where she grew up off-grid, exploring the outdoors and participating in a vibrant Jewish community. As a teen, she was an active member of the Nevada Interfaith Youth Core, where she planned and executed a successful Interfaith Youth Summit. She also completed the Changemakers Fellowship, a program for Jewish leaders. She holds a B.A. in Biology and an M.S. in Oceanography, and she loves all things nature. She brings 5 years of religious school teaching experience, as well as a passion for social media, marketing, and building meaningful relationships. Outside of work, she enjoys playing and coaching volleyball, reading, and going on adventures. She is excited to join our Adath Israel family and looks forward to helping us nurture and grow our Jewish community guided by its mission and vision for the future, in touch with its values, and aligned through each generation.

You can contact Honor at community@adathisraelct.org or 860-310-5993.



Office Hours

Monday: 8 a.m.-1:30 p.m.

Tuesday: 8 a.m.-1:30 p.m.

Wednesday: 9 a.m.-5:30 p.m.

Thursday: 8 a.m.-1:30 p.m.

Friday: 8 a.m.-Noon

The office is closed weekends, legal holidays, and Jewish holy days.

Kolot Issue	Article Due Date
October/November	09/08
December	11/03
January	12/08
February	01/12
March	02/02
April	03/09
May	04/13
June (Summer)	05/04

EARLY RISERS MINYAN



Adath Israel

Celebrate Jewish Life

7:00AM

Wednesday, September 3rd
Kiddush Breakfast Following Service

(Rabbi Continued from page 1)

righteousness, and to one's truest self, the one most aligned with the deep truth that all humans are created in the image of God.

While *teshuvah* encompasses the repair of all moral failings, the Jewish tradition places particular emphasis on addressing anger. Anger is a soul's kryptonite. It is spiritual poison that can corrupt even the most learned and devout. How do we find our way back, once we experience – and act on – our anger?

Teshuvah goes far beyond simple remorse. According to Maimonides in his *Mishneh Torah*, specifically in *Hilchot Teshuvah* (Laws of Repentance), genuine *teshuvah* requires a complete transformation of character. He writes: "The sinner must leave his/her sin, and remove it from his/her thoughts, and decide in his/her heart not to do it again... and s/he must regret the past... and [God] must know that s/he will never return to this sin... and s/he must verbally confess."

This definition reveals that *teshuvah* is a process that involves the entire person—thoughts, emotions, speech, and future conduct. It is not merely about feeling sorry, but about striving to become a different person. *Pirkei Avot* teaches that "one transgression leads to another," highlighting how behavioral patterns, including anger, become self-reinforcing cycles that require conscious intervention – *teshuvah* – to be broken.

Among all character traits requiring *teshuvah*, anger occupies a particularly troubling position in Jewish moral psychology. The rabbinic sources treat anger not simply as an emotion to be controlled, but as a spiritual catastrophe that undermines the very foundations of Jewish life. The Babylonian Talmud has many teachings about anger and the spiritual and emotional destruction it causes:

In *Pesachim* 113b, we learn that "There are three people the Holy One loves: One who does not get angry. One who does not get drunk. One who does not stand on ceremony." This places anger alongside drunkenness as behaviors that misalign us with the Life of the Universes.

Eruvin 65b teaches that "A person is known by three things: their cup (how one drinks and eats), their pocket (generosity) and their anger." This suggests that how we handle anger reveals our deepest character more clearly than almost any other personality trait.

And what to do when one is faced with an angry person? *Brachot* 7a provides practical wisdom: we should never attempt to placate someone in their moment of rage. This is learned through God, as in the Torah God tells Moses to wait until God's "face of wrath passes by" before approaching. So silence and evasion are the best reactions to an angry person – until they are calm enough that you can talk to them.

Maimonides, in *Hilchot De'ot* 2:2, delivers an uncompromising critique of anger: "Anger is an extremely destructive trait, and it is fitting that one should distance

one's self from it to the most extreme, and train himself not to get angry, even at something at which it is appropriate to be angry."

Maimonides goes further, quoting the Talmudic teaching that "Anyone who becomes angry is like one who practices idolatry." This comparison to idolatry, perhaps the most serious sin in Jewish thought, indicates that anger represents a fundamental rejection of Torah values.

Maimonides continues: "Anyone who is angry—if he is wise, his wisdom flees from him. If he is a Prophet—his Prophecy flees from him." This teaches that anger corrupts us so deeply that it swallows our basic core values. Anger creates a state of spiritual blindness.

When consumed by rage, we cannot see situations clearly, cannot empathize with others we may have hurt, and cannot honestly assess our own behavior. The very clarity of mind that *teshuvah* requires becomes impossible. Moreover, in our rage, we speak harshly, judge others unfairly, and act in ways that require even more return, even more *teshuvah*. Just as a transgression generates another transgression, harsh words makes us progressively harsher; with others, with the world, and eventually with ourselves. There is no pill that can fix that.

When we think of fixing what we have done wrong, being angry, there is only hard spiritual work. That is represented by Yom Kippur, in which we acknowledge that God is merciful and so we, too, need to be merciful and full of compassion.

The Talmud distinguishes between sins "between a person and God" (*bein adam lamakom*) and "between a person and their fellow" (*bein adam lechavero*). Yom Kippur atones immediately for the ones committed against God, but sins committed against other people require direct reconciliation with those harmed. But true *teshuvah* for anger requires more than apologizing after outbursts. Maimonides calls us to train ourselves "not to get angry, even at something at which it is appropriate to be angry." This self-training is at the heart of true spiritual transformation.

Maimonides concludes by showing us, the readers, the ideal: "the best way, the way of the righteous, is that they (the righteous) will take insults, but they will not insult others. They will heed their shame, and they will not respond. They only act out of love, and they are happy even in their affliction."

It is not, according to Maimonides, a suppression of anger, but its transformation: The righteous don't simply control their anger—they transcend the need for anger through love and trust, both in God and in fellow human beings.

In our contemporary world, where anger begins in the public discourse and infects private relationships, *teshuvah* offers challenge and comfort, a way out of the spiritual malady of the times, when getting angry and seeing

(Rabbi Continued on page 7)



Adath Israel
Celebrate Jewish Life

THE BREAKFAST BUNCH COMMUNITY WITH A SCHMEAR!

**MONDAY,
SEPTEMBER 8TH**

Following morning minyan join
us for breakfast at Perk on Main, Middletown
Please note: while the great conversation is
free, participants are responsible
for what they order.

WWW.ADATHISRAELCT.ORG

(Rabbi Continued from page 5)

oneself as righteous in our indignation is, actually, destroying the fabric of our relationships.

As Rosh Hashanah and Yom Kippur are around the corner, may our desire to be better people actualize itself in the *teshuvah* for anger. And from there, may true righteousness fix all our personal relationships, the ones hurt because of our outbursts.

Warmly,

Rabbi Nelly



Tikkun Olam/Fundraiser

Redeemable Bottle & Can Collection

Save time, aggravation, and the planet while providing funds for important causes by donating your cleaned redeemable bottles & cans.

Please drop your **CLEANED** cans & bottles off in the designated bucket in front of the Synagogue office.



BAT MITZVAH ANNOUNCEMENT

Please share with us a proud and joyous celebration as our daughter, Maya, is called to the Torah as a Bat Mitzvah on Saturday, September 6 at 9:30 a.m. We invite the Congregation to join in our simcha.

Marilyn & Adam Finkelstein

Oneg in Memory of Natalie & Joseph Langer z"l

All who knew Natalie & Joseph are invited to Shabbat Evening Services on Friday, September 19 at 7 p.m. Following services there will be an oneg in their memory sponsored by Corinne Brodie.



Phishing Awareness: Avoid Taking the Bait

Every month or so it seems, scammers send out emails pretending to be from Rabbi Nelly or a member of the Board. Below are some tips on how to avoid getting snagged by one of these phishing expeditions.

Common warning signs of phishing include:

- Unfamiliar greeting or tone
- Unsolicited messages
- Grammar and spelling errors
- Sense of urgency
- Suspicious links or attachments
- Requests for personal information
- Inconsistencies in email addresses, links, etc.
- Unusual requests
- Alerts that you've won something

Please remember: **No one from Adath Israel will ever ask you for personal information or financial assistance via an email.** If you have *any* question, do not respond to the email. Contact the person it claims to be from via a trusted method. **DO NOT** use any email, website, or phone number included in the suspicious message. If it is spam, please report it to your email provider.



Adath Israel in Israel!

Elliott & Nathaniel Altenburger met up with Joshua Young in Israel. The Altenburgers were visiting as part of a school trip; Joshua is studying in a yeshiva.



PRAY EAT SING

FRIDAY, SEPTEMBER 12TH
6:00PM

RSVP: FRIDAY, SEPTEMBER 5TH



Adath Israel

Celebrate Jewish Life

Free to Members
Others: \$10 per person or \$18/family

Religious School News

*Honor Edmands
Director*

Shalom! As I prepare for the Religious School year to begin, I'm thinking about how it is most appropriate that the school year starts just before Rosh Hashanah, during this time of renewal. The Religious School itself has also been renewed! Untouched desks and pristine blue classrooms sit quietly, waiting for the return of joyful chaos, persistent spirit, and endless creativity. I sit now in this quiet space, that will soon be filled with voices reading prayers, discussing values, and learning melodies.

I feel excitement for this new year, and grateful that I have the chance to make a difference in the lives of the next generation of changemaking Jews. I am waiting to welcome your children with an open heart and mind, and working to prepare memorable experiences and stimulating learning for them. I am lucky to have such wonderful and dedicated teachers, who have been working alongside me in this time of preparation.

I want to extend a personal invitation to each of you to fill

this space and help us make it holy. On September 7th, the very first day of Religious School, we will begin with a Dedication, and talking about where we came from and where we're going. We hope that you will join us to witness this momentous occasion.

Directly after the Dedication, there will be an Open House. This is an opportunity for returning families to meet their students' teachers and classmates, and for new families to visit and learn about who we are and what we do. Everyone is welcome!

I have heard so many stories about Lynn Bennett from community members. I wish I could have had the opportunity to meet her, and I strive to embody her spirit in my work. In loving memory, I invite you to wear Lynn's favorite color, purple and those who knew her to bring a memory or anecdote to share to honor her.

L'Shalom



CONGREGATION ADATH ISRAEL

invites you to attend

Religious School Dedication & Open House

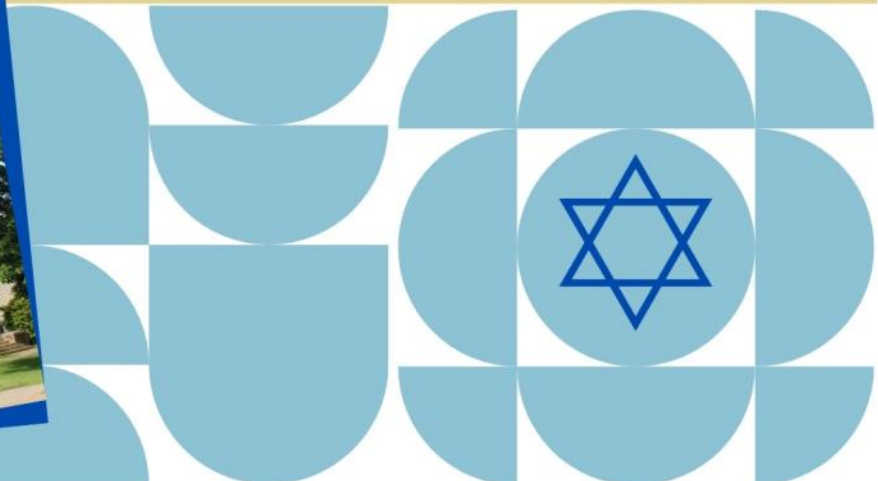
September 7th

DEDICATION 10:00AM-11:00AM

OPEN HOUSE 11:00AM-12:00PM

Please RSVP to

community@adathisraelct.org





AUGUST 5, 2025



Tot Times

Sherry Aiudi
Educator

It's been 3 years since I began facilitating the Mazel Tots program, and I am more excited than ever as I look forward to another wonderful year of growth and development. Not only do we have a blossoming class of engaged tots and their special adults, we are also celebrating the arrival of Honor Edmands, our new Religious School Director.

How far we have come! In the 2022-2023 academic year, Mazel Tots hosted only three regular attendees. Through both active recruitment and word of mouth, our program has grown, and we look forward to nearly a dozen regular participants this coming year. Both Honor and I will continue building our beautiful, welcoming, and educationally rich and appropriate environment in which our youngest learners can thrive and explore the earliest joys of their Jewish identities.

As a reminder to those who may be reading this article and thinking of the littlest loved ones in their life, Mazel Tots meets on the same Sundays as religious school and runs from 10:30am – noon. Our program is always completely free and open to new families (although a heads up is nice to ensure we have enough snacks and class materials to go around).

Each week kiddos and parents spend time socializing and catching up on all the Jewish and secular topics of the day. We not only learn about and celebrate each Jewish holiday approaching on the calendar, but also delve into some of our most cherished Jewish values and customs. At any given time, an observer might find our families playing high holiday bingo, baking challah, in the midst of a sanctuary scavenger hunt, creating their very own havdalah spice box, or acting out an imaginary trip to Israel.

Stay tuned for updates on the fun happenings planned for this fall.



FREE PROGRAM!
Scan QR Code for More Info

September - 2025

Mazel Tots

About Our Program

- Free!!
- "Parent/Guardian and Me" style
- Designed for children < 6 yrs
- Sundays 10:30am - 12:00pm
- Snacks Provided

games crafts music

Classes

- ▶ 9/7 - OPEN HOUSE
- ▶ 9/14 - **Apple Picking
- ▶ 9/21 - **River Clean Up
- ▶ 9/28 - Rosh Hashana and Yom Kippur

** Requires RSVP. Please contact for special meeting time and location

Adath Israel
Celebrate Jewish Life

Location: Central Middletown, CT 06457
www.adathisraelct.org
Contact: 860-346-4709, mazeltotsadath@gmail.com



Spread the Word!

Etrog & Lulav Sets

It's almost time to

shake! Shake! Shake!
shake! Shake! Shake!
shake your lulav!
shake your LULAV!

\$40 per set

Order your set today.

Deadline:

September 14



To place your order contact
the office at office@adathisraelct.org
or 860-346-4709.



Bat Mitzvah D'var Torah of Isla Bonito Offered on July 12, 2025

Shabbat shalom!

Thank you all for being here.

The name of my portion is Balak.

Balak is the son of Zippor, and Zippor is the king of Moab. Balak heard that the Jewish were on their way to the land of Israel, and as the way they were going was through the kingdom of Moab, Balak was afraid that the Jewish people would eat all the food of Moab. So then Balak asked Balaam to go and curse the Jews. Balaam takes his donkey and goes to curse the Jews.

God sends an angel to stand in the pathway and to stop Balaam from going and cursing the Jews. On his way to the Jewish encampment, the donkey stops in her path, because she sees the angel. She is a female donkey.

Balaam kicks the donkey and tells her to continue walking, the donkey sees the angel again, and stops again and Balaam hits the donkey again and tells her to keep walking again. The angel then stands in a narrow spot in front of the donkey, and the donkey stops again and Balaam hits the donkey again and tells her that if he had a knife he would kill the donkey. Then God opened the mouth of the donkey and the donkey asks Balaam what she has done to make him hit her three times. Then God opens Balaam's eyes and Balaam finally sees the angel in front of him!

This is a smart donkey, because she sees the angel and knows to stop. She sees the angel and stops, because she knows it's an angel of God. She also sees the sword and she stops because she senses the danger of the sword of the angel.

Because she stops, she actually saves the life of Balaam. The donkey knows that Balaam can't see the angel. So this is really one smart donkey.

Why did Balaam hit the donkey? I can think of a few reasons: Balaam got frustrated at the donkey because the donkey kept stopping and since Balaam can't see the angel, he doesn't know why the donkey keeps suddenly stopping. So Balaam is not inside the head of the donkey, does not understand the donkey, and decides to hit her. Another reason Balaam was mad at the donkey was because he was sent to go and curse the Jews, and when the donkey kept stopping it slowed Balaam down.

The story ends with Balaam getting to the encampment, and trying to curse the Jews, but he ends up blessing us.

The first thing he says is "how fair are your tents Jacob,

your dwellings, Israel". This appears in the prayers we just sang this morning. It is the Mah Tovv. The Ma Tovv means that the synagogues are a place where we look for beauty and goodness.

I think Balaam is a terrible example of how one treats animals, because when the donkey kept stopping, Balaam didn't think that there was a reason that the donkey kept stopping and didn't trust the donkey. He also did not think that this was an odd behavior before exploding and hitting the donkey. He is a terrible example of how we should treat animals.

Animals know things that we don't.

Let me tell you the story of my dog Phoebe, Phoebe was the dog I had before Maverick, when my family rescued her we would often notice that when we would go to pet her, she would flinch because before she lived with us she had lived in a house with people who would hit her. She knew that our house was a house that would take care of her. We are a family that treats animals with kindness and respect.

Treating animals with kindness is important because God gave us animals as a gift, and treating an animal unkindly would be like throwing away a gift and not being respectful and grateful of the gift we were given. Animals are a gift because God gave us animals that can be used for tasks like helping with work but God also gave us the gift of being able to have a connection with the animals and to care for them. God also gave us limitations when we get animals, like you cannot overwork an animal, you have to let the animal rest. Part of my way of showing respect for animals is volunteering at the animal shelter.

It is my plan to volunteer at the animal shelter in the future with my friend Maya. I chose to volunteer at the animal shelter because I believe that all animals shall be treated with kindness and it is a gift to have animals in my life, and this is my way of saying thank you. I am grateful to have my dog Maverick in my life, he has brought me so much joy and I'm so grateful to have a dog that I can care for and love.

My portion is important to me because it talks about an important value that I have, which is treating animals with kindness.

I would like to thank my dad for the support he has given me, I would like to thank my sister Elise for being the best sibling she can be, I would like to thank my older sister Nicole for always encouraging me to be myself, and my older brother Matt for always being supportive no matter what.

I would also like to thank my uncle Matt and his family for coming all this way to be here today, and so too thanks to everyone who came from far away today, I would like to thank my grandma who has always supported me and cared for me throughout my life, I would like to thank all my teachers of the Hebrew school, and all of this community for being so caring.

Shabbat shalom!



S' LICHOT

Date: Saturday, September 13

Time: 8:00 PM

Join us for this first service of the High Holy Day season. Led by Rabbi Nelly, reacquaint yourself with the melodies and prayers through which we enter these Days of Awe.



L'Shanah Tovah 5786! Book Club Celebrates the New Year!

As we look back on the year 5785, let's reminisce about the books we discussed and which ones we liked best and would recommend to a friend. Please take a moment to think about the following books:

The Matchmaker's Gift by Lynda Cohen Loigman

The Talented Mrs. Mandelbaum by Margalit Fox

The Last Rose of Shanghai by Weina Dai Randel

The Postcard by Anne Berest

The Boston Girl by Anita Diamant

The Amazing Adventures of Kavalier and Clay by Michael Chabon

On Her Own by Lihi Lapid

Three Flights Up by Eshkol Nevo

As we look back on this past year, we also remember a special event, **Books in the Sukkah**, where we sat, ate and discussed a book in the sukkah. Not only did we share a *mitzvah* but also a book. What a memorable event!

Many thanks to all who participated in the Book Club meetings and events this year including those who recommended books and those who led discussions. Special thanks also to those new members who joined the group and continue to help us grow!

As we look ahead to 5786, here are the dates for the Book Club meetings in the coming year:

September 30, 2025
November 11, 2025
December 23, 2025
February 3, 2026
March 17, 2026
April 28, 2026
June 9, 2026
July 21, 2026
September 1, 2026

On **September 30**, we will discuss our first graphic novel,

The Property by Rutu Modan. What a unique experience to read a book in comic book format!

The Book Club meetings are held at The Nester Center at 7 p.m. as well as via Zoom. We are using a hybrid model to maximize participation. Come join us!

Happy Reading! L'Shanah Tovah!

ROBERTA

Roberta Levine Glass

rjlevine610@gmail.com, 302-593-7581 (cell)



Sandra & Paul Beckman
 Ruth & Sherwin Borsuk
 Wendy & Jack Wilkins
 Carol & David Director
 Jean & Jim Lawrence
 Steve & Marilyn
 Mazanek



Judy Sochin
 Guy Levine
 Mark Stein
 Risa Cohen
 Miryam Welbourne
 Andy Becker
 Christine Repasy
 Yakov Filler
 Scott Levy
 Inna Lerner
 Judith Levin
 Misha Lerner
 Matthew Finkelstein
 Harriet Thiela
 Sandy Berenbaum
 Travis Adams
 David Aiudi
 Isaac Norman
 Carly Norman
 Sidney Aracena
 Larry Lew
 Michael Brodie
 Ben Weiss
 Lenny Cheerman
 Laurie Press
 Seth Olczak
 Michael Ash
 Emily Friedman
 Sari Rosenblatt

Did we leave someone off the list? Please call the office, and let us make it right.

KEVER AVOT

COMMUNITY CEMETERY SERVICES

Sunday, September 21st
1 pm: Meriden Cemetery
3 pm: Middletown Cemetery

**We remember our loved ones who have
gone before us as we enter this sacred season.**





Dig We Must

Michael Daling

On August 4th construction began on the expansion of the parking lot at the Adath Isreal Cemetery. We are doubling the size of the existing parking lot. It had become apparent to the cemetery committee that the existing parking lot was not adequate enough to handle the number of cars that usually arrived when people attended funerals and unveilings. Overflow cars were parking on Pine Street. People were walking in the street to get into the cemetery. The feeling was that this was an accident waiting to happen.

Construction should take several weeks but when it is done, we will have a larger and safer parking lot. The cemetery is a self-funded function of the Chevra Kadisha. As such we receive no money from the synagogue budget. All costs are paid for by contributions and fees paid to the Chevra Kadisha. Donations to the CK are always appreciated and used for the upkeep of the cemetery.



HONOR THOSE SPECIAL PERSONS IN YOUR LIFE WITH A PLAQUE FOR THE "SIMCHA" MENORAH

Whether it celebrates a B'nei Mitzvah, Birth of a Child or Grandchild, Wedding, "Special" Birthday, special event/honor, etc. share your joy with our synagogue community – **FOREVER.**

Only \$136.00 – A gift that endures

Contact the office to order.

CELEBRATE JEWISH LIFE THROUGH PRAYER

All services are in-person & via Zoom

Morning Minyan

Monday - Friday, 8:00 AM

Monthly Early Risers Minyan, 7:00 AM

Sunday, 9:00 AM

[Zoom Info](#)

Meeting ID: 863 5646 9422 Passcode: 679552

Shabbat Services

Friday, 7:00 PM

Monthly Pray-Eat-Sing Services, 6:00 PM

Saturday, 9:30 AM

[Zoom Info](#)

Meeting ID: 815 6727 3870 Passcode: 474612

All prayer services at Adath Israel are public events, open to the community as a whole. Members, guests, and other religious seekers who desire the warmth of Jewish prayer and the fellowship of being together are always welcome.

**IMPROVED
PARKING**



High Holy Day Food Drive

benefitting the Amazing Grace Food Pantry

Please be as generous as you can by filling a grocery bag with non-perishable food items & returning it to the synagogue on Kol Nidre or by making a monetary donation. This year the need is extraordinary with more than 800 families relying on the Amazing Grace Food Pantry each week to feed their families.

Especially needed are
**CANNED GOODS—MEAT or FISH, STEW, BEANS,
FRUIT and VEGGIES; BOXED CEREAL, PEANUT BUT-
TER, MAC 'N CHEESE, PASTA and SAUCE, RICE, PASTA
or RICE SIDE DISHES, MAYONNAISE and KETCHUP***

Thank you!

Tikkun Olam/Social Action Committee

***If
you
have
room
in your bag,
please consider
a donation of
dog or cat food
to help families**

HIGH HOLY DAYS SCHEDULE

2025 / 5786

Saturday, September 13 - S'lichot

- Havdalah/S'lichot (In-person & Zoom) 8:00 p.m.

Sunday, September 21- Kever Avot Cemetery Services (In-person Only)

- Cemetery Memorial Service at Temple B'nai Abraham Cemetery 1:00 p.m.
- Cemetery Memorial Service at Adath Israel Cemetery 3:00 p.m.

Monday, September 22 - First Night Rosh Hashanah

- Candle lighting 6:29 p.m.
- Evening Service (In-Person & Streamed) 7:00 p.m.

Tuesday, September 23 - First Day of Rosh Hashanah

- Morning Festival Services (In-person & Streamed) 8:30 a.m.
- Remarks by Adam Finkelstein, Synagogue President
- Volunteer Recognition by Myra Finkelstein
- High Holy Day Experience for Families (In-person only) 10 a.m.
- Luncheon following services for those staying for tashlich.
- Tashlich 2:30 p.m.

Tuesday, September 23 - Second Night of Rosh Hashanah

- Evening Service (In-person & Streamed) 7 p.m.
- Candle lighting 7:27 p.m.

Wednesday, September 24 - Second Day of Rosh Hashanah

- Morning Festival Services (In-person & Streamed) 8:30 a.m.
- High Holy Day Experience for Families (In-person only) 10:00 a.m.
- (Rain date for luncheon & tashlich)

Wednesday, October 1st - Kol Nidre Service

- Kol Nidre Service (In-person & Streamed) 6:00 p.m.
- (Please note: Services will start **PROMPTLY** to ensure candles are lit by 6:13 p.m.)

Thursday, October 2nd - Yom Kippur with Yizkor

- Morning Festival Services (In-person & Streamed) 8:30 a.m.
- Remarks by Rebecca Doweyko, Synagogue Vice President
- High Holy Day Experience for Families (In-person Only) 10:00 a.m.
- Study session for those staying at synagogue – In-person only 3:30 p.m.
- Afternoon Service 4:30 p.m.
- Ne'illah Service

Rosh Hashanah & Yom Kippur Zoom Info

Meeting ID: 879 3173 7607 Passcode: 706998

[https://us02web.zoom.us/j/87931737607?](https://us02web.zoom.us/j/87931737607?pwd=mDxHaMaKd0LLYleJXyukrzh9wmOZ8L.1)

[pwd=mDxHaMaKd0LLYleJXyukrzh9wmOZ8L.1](https://us02web.zoom.us/j/87931737607?pwd=mDxHaMaKd0LLYleJXyukrzh9wmOZ8L.1)

For all other services use the Daily Minyan Zoom Info

Final blowing of the shofar followed by Havdalah & Ma'ariv *approx.* 7:11 p.m.

- Break the Fast following services ; RSVP required by September 9

Monday, October 6– First Night of Sukkot

- Candle lighting at home 6:05 p.m.

Tuesday, October 7- First Day of Sukkot

- Morning Festival Services (In-person & Zoom) 8:00 a.m.

Second Night of Sukkot

- Candle lighting at home 7:03 p.m.

Wednesday, October 8 - Second Day of Sukkot

- Morning Festival Services (In-person & Zoom) 8:00 a.m.

Thursday, October 9– Sunday, October 12 - Chol Moed

- Thursday & Friday Morning Services (In-person & Zoom) 8:00 a.m.
- Saturday 9:30 a.m.
- Sunday (In-person & Zoom) 9:00 a.m.

Monday, October 13 - Hoshanah Rabbah

- Morning Festival Services (In-person & Zoom) 8:00 a.m.

Erev Shemini Atzeret

- Candle lighting at home 5:54 p.m.

Tuesday, October 14 - Sh'mini Atzeret – Yizkor Recited

- Morning Festival Services (In-person & Zoom) 8:00 a.m.
- Yizkor recited

Erev Simchat Torah

- Candle lighting 6:52 p.m.
- Hakafot & Ice Cream (In-person & Zoom) 6:30 p.m.

Wednesday, October 15 - Simchat Torah

- Morning Festival Services (Zoom & In-person) 8:00 a.m.

Need to Borrow a Machzor?

Stop by the small sanctuary during one of these times:

Sunday, 9/7 11 a.m.-Noon

Wednesday, 9/10 4-7 p.m.

Sunday, 9/14 9:30-10:30 a.m.

Wednesday, 9/17 4-6 p.m.

Please return your machzor by Simchat Torah.

Rosh Hashanah Services

MONDAY, SEPTEMBER 22

7 PM EVENING SERVICE

TUESDAY, SEPTEMBER 23

8:30 AM MORNING SERVICE

10 AM SERVICES FOR CHILDREN & FAMILIES

LIGHT DAIRY LUNCH & TASHLICH (RAIN DATE 9/24)

7 PM EVENING SERVICES

WEDNESDAY, SEPTEMBER 24

8:30 AM MORNING SERVICE

10 AM SERVICES FOR CHILDREN & FAMILIES



Zoom Info

Meeting ID: 879 3173 7607 Passcode: 706998

<https://us02web.zoom.us/j/87931737607?pwd=mDxHaMaKd0LLYleJXyukrzh9wmOZ8L.1>

IT'S NEWS

BRUCHIM HABA'IM - WELCOME!

Welcome to our member **Larry Rosenberg** and to our new Director of Education & Community Engagement, **Honor Edmands**



MAZAL TOV!

Isla Bonito on becoming a Bat Mitzvah
Robin & Marty Levine on the engagement of their son, Alex



Marge & Stan Sadinsky on becoming great-grandparents

Mimi & Andrew Fisher on the birth of their son, Sammy

From Lisa & Denis Caron:

We joyfully announce the birth of our granddaughter, who was born on May 8. Her name is Golden (Goldie) Parthenia Sawyer, born to Elyse Caron-Sawyer and Guy Sawyer. Goldie joins brother Allan, age 2.



TODAH RABAH (Thank You)



Meals & Shopping: Phil Saxe, Harriet, Aaron, and Marcey Thiela

Picking up food at the

Crown: Fred Zierler, Melissa Olczak, Phil Saxe

Proofreading: Naomi Kamins, Phil Saxe

Helping with mailings: Anita Hennessey

Taking care of our eNews and blasts: Eileen Daling

Washing linens from the kitchen: Joanna Schnurman

Returning bottles: Eileen & Mike Daling

Shavuot Kiddush Helpers: Elliott Altenburger, Phil Saxe, Mark Stein

PrideFEST Helpers: Leah Adler, Aidan Bauer, Andy Bauer, Sam Bauer, Sandy Berenbaum, Jaime Bruno, Ben Eisner, Adam Finkelstein, Phil Saxe, Holly Simon; Ethan, Talin, and Zev Warner-Crane

Early Risers Minyan Sponsors & Helpers

Scott Levy, Stan Sadinsky, Andy Becker, and Eileen Daling

Sunday Meals Program June

Dinner Supporters & Helpers: Leah Adler, Lisa Caron, Eileen & Michael Daling, Ben Eisner, Suzanne Goldberg, Patty Netherland, Joanna Schnurman

Pray-Eat-Sing Sponsors & Helpers

Kim Anderson, Naomi & Richard Kamins, Harriet, Aaron, and Marcey Thiela, Phil Saxe, Fred Zierler



Sponsoring an Oneg, Kiddush, or Refreshments

IN HONOR OF

Mimi & Andrew Fisher on the birth of their son, Sammy

IN MEMORY OF

Eva Bardwell by Rebekah Doweiko
Herb I. Kartiganer by Marge Kartiganer
Irving Pincus by Susan & Doug Miller
Claire Pincus by Susan & Doug Miller
Arthur L. Fishman by Randy Parks
Dennis Adler by Leah Adler & Stu Epstein
Ze'ev Ben Dov by Ruth & Sherwin Borsuk
Edwin Geiges by Beth Katz & Heidi Geiges
Joan Kabatznick by Brian Kabatznick
Sarah & Abram Jabes by Corinne Brodie
Ruth Schwarz by David Schwarz
Maurice Schwarz by David Schwarz
Richard Palladino by Jaime Bruno
Jody Elyachar by Richard A. Katz
Leonard Katz by Richard A. Katz
Phyllis & Max Kleiman by Judith Kleiman Pauker
Natalie & Joseph Langner by Corinne Brodie

SPEEDY RECOVERY

We'd like to wish a "Refua Shleima" to the following: Katrina Axelrod, Phyllis Frydenberg, Paula Goldstein, Shari Lynn Kochman, Jean Lawrence, David Schwarz, Stephen Shapiro, Rabbi Kohn



MAY GOD GRANT COMFORT

Deepest sympathies to the families of:

- Allen Caplan who came to his eternal rest on June 23 (27 sivan)
- Irene Silberstein who came to her eternal rest on July 1 (5 tamuz)
- Doris Goldstein who came to her eternal rest on July 29 (4 av).

May the bereaved find comfort in our community's support.

Member Resources

The following resources are available to members:

- 2024-25 Member Directory
 - 2024-25 Life of the Congregation & Synagogue Leadership
 - 2024 By-Laws of the Congregation
 - 2025 Chevra Kadisha Rules & Regulations
- Please contact the office to receive your copy.



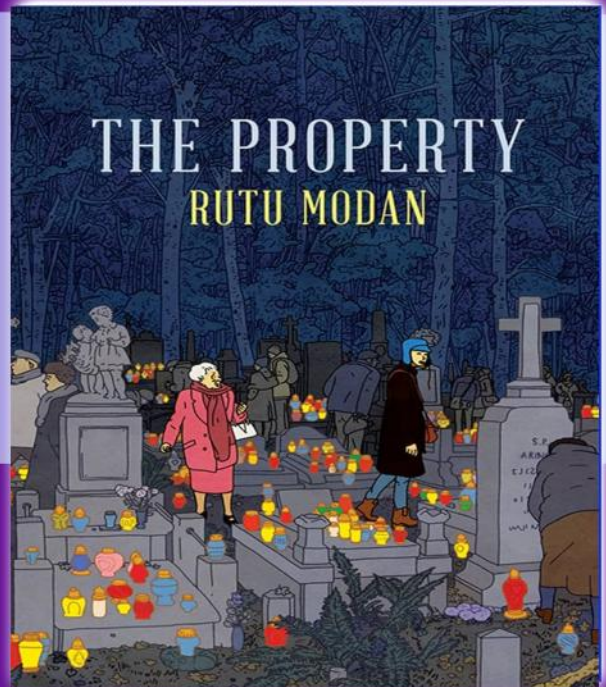
Book Club

**September 30th
7:00pm**

**ZOOM & In-Person
at the Nester Center**

“The Property” by Rutu Modan

Zoom Info
Meeting ID: 886 4652 0065
Passcode: 196174



**Adath Israel Book Club
is free and open to
anyone who desires
great discussions about
fascinating books
on Jewish topics**

**For more information, please contact
Roberta Glass: rjlevine610@gmail.com
302-593-7581**



IF YOU OR A LOVED ONE IS IN THE HOSPITAL OR OTHER HEALTH CARE FACILITY

Patient privacy laws prohibit the hospitals & other healthcare facilities from notifying Adath Israel if you are admitted unless you specifically request it. Upon admission, please list Judaism as your religion and request spiritual care or a visit from the chaplain. The hospital chaplain will contact the synagogue. If you do not wish to go through the hospital, please contact the synagogue directly if you or a loved one would like a pastoral visit.

ADATH ISRAEL DEDICATED FUNDS

"Those Who Give Lend to the Lord"

ADATH ISRAEL DEDICATED FUNDS

ADATH ISRAEL SCHOLARSHIP FUND (SOPHIE & JULIUS BARKER, EVELYN & ABRAHAM GROSSMAN, SARAH ZIETZ PIERSON, RABBI ALBERT & ROSALYN TROY, SYLVIA GROSS WASSERMAN, MAX CHEIKIN, BERNIE SEIDON, AND JEAN STERN ARON SCHOLARSHIPS)

Provides scholarships to children of Adath Israel members attending an accredited college, university or school of higher learning

IN MEMORY OF

Allen Caplan by

Sarit, Ed, Jake & Dallas DeFrancesco

Risa & Fred Zierler

Shana, Alyn, and Travis Adams

DR. ARTHUR & GLADYS WEISS SCHOLARSHIP FUND

Provides scholarships to children of Adath Israel members attending Jewish camp, Jewish content special programs, and trips to Israel

REFUA SHLEIMA

Fred Zierler by Laurie & Rabbi Marshal Press

BEIT-PALEY FUND

Supports Torah repair

CHEVRA KADISHA

Supports maintenance and enhancement of the cemetery

ARTHUR & EDYTHE DIRECTOR FAMILY FUND

Supports music in the ritual, educational, and cultural gatherings at Adath Israel

MAZAL TOV!

Carol & David Director on the birth of their newest grandchild by Eileen & Michael Daling

ETERNAL LIGHT FUND

Supports the general operation of Adath Israel

IN MEMORY OF

Irene Silberstein by Marci Swede, Bruce Taillon, and Family

HOWARD FELDMAN BEAUTIFICATION FUND

Supports the beautification of our synagogue building and grounds and the Nester Center

LYNN BENNETT RELIGIOUS SCHOOL CAPITAL CAMPAIGN

Supports the upgrade of our religious school

MAZAL TOV!

Mimi & Andrew Fisher on the birth of their son, Sammy by Joanna Schnurman & Andy Bauer

Naomi & Richard Kamins on the Bar Mitzvah of their grandson, Elliot by Joanna Schnurman & Andy Bauer

REFUA SH'LEIMA (Speedy Recovery)

Harriet Thiela by Robin & Marty Levine

IN MEMORY OF

Allen Caplan by

Joanna Schnurman & Andy Bauer

Ruth & Mike Sigal

MAXINE THUMIM CAMP SCHOLARSHIP FUND

Provides scholarships to children of Adath Israel members attending Jewish camp or travelling to Israel

IN HONOR OF

Naomi & Richard Kamins on the Bar Mitzvah of their grandson, Elliot by Eileen & Michael Daling

IN MEMORY OF

Allen Caplan by

Eileen & Michael Daling

Carolann Schwartz

Aris DeTorres by Eileen & Michael Daling

MICHAEL FASSLER FUND

Supports early childhood education at Adath Israel

IN HONOR OF

Louis Simons by Anonymous

MUSEUM FUND

Supports purchases and maintenance of Adath Israel's museum

KOL NIDRE

The background of the flyer is a sepia-toned photograph. It shows a close-up of a hand holding a shofar (ram's horn) in the upper left. To the right, a Torah scroll is partially visible, showing its decorative cover and the edges of the parchment. The overall tone is warm and traditional.

**WEDNESDAY,
OCTOBER 1ST
6:00PM**

Zoom Info

Meeting ID: 879 3173 7607 Passcode: 706998

<https://us02web.zoom.us/j/87931737607?pwd=mDxHaMaKd0LLYleJXyukrzh9wmOZ8L.1>

 **Adath Israel**
Celebrate Jewish Life

Funds Continued from page 23)

NATHAN OLSHIN SCHOLAR-IN-RESIDENCE-FUND

Supports annual scholar-in-residence program

IN MEMORY OF

Irving Kahn by Jeffrey S. & Bobbette Reed Kahn
Michael Reed by Jeffrey S. & Bobbette Reed Kahn

RABBI'S DISCRETIONARY FUND

Allows the rabbi to support individuals and causes in our community anonymously
Delores & Alan Zelazo

IN MEMORY OF

Max Kleiman by Rena Kleiman
Dave Shulman by Steven Shulman
Allen Caplan by Judith & Daniel Merida

SANFORD BEIT MINYAN FUND

Supports the creation and building of community over Kiddush

MAZAL TOV!

Mimi & Andrew Fisher on the birth of their son, Sammy
by Robin & Marty Levine

SYNAGOGUE FUND

Supports the general operation of Adath Israel

Marcia Wrubel
Sheila Greenspan
Daniel Slatkin
Sondra & Roger Beit
Luanne & Mark Paley
Roberta & Marc Glass
Phyllis & Barry Wang
Michael Barker
Paulette Gewirtz

IN HONOR OF

Ruth Schwarz's birthday by Mary Ann Hoffman

IN MEMORY OF

Allen Caplan by
Ruth Kahn
Catherine Morro
Ines Gerstenblatt
Irene Silberstein by Irena May

YAHREZEIT FUND

Supports the general operation of Adath Israel

Sidney Itkin by Harold Itkin
Marilyn Cheerman Michaelson by Leonard Cheerman
Ida Kosofsky by M. Jane Weisberg
Dr. Mathias Borsuk by Sherwin Borsuk
Evelyn DeSarno by Jayne Papoosha
Howard Swartz by Karen Swartz
Leah Gerstenblatt by Ines Gerstenblatt
Abraham Russman by Mark, Pam, and Stewart Paley
Lillian Silverstein by Harriet Winchenbaugh

Jason Itkin by Harriet Itkin
Irving Berliner by Sherwin Borsuk
Rena Berliner by Sherwin Borsuk
Dr. Zelly Ross by Kenneth Ross
Samuel Friedman by Donn & Cindie Friedman
Rose Bluman by Susan Mikulski
Naomi Hoberman by Marvin Hoberman
Ann Edelberg by Paul Edelberg
David Silverman by Edie Simon
Annette Ross by Nancy & Marc Ross
Abraham Sigal by the Sigal Family (Mike, Ruth, Amy, Stacey & Ethan)
Harold Kaplan by Dotty Kaplan
Abram Jabes by Corinne Brodie
Charles Netherland by Patty Netherland
Kitty Curkin by Paulette Curkin
Jerry Kabel by Jill Levin, Ken Kabel, and Eric Kabel
Marvin Kosofsky by Cindy Hilton
Irving Kahn by
David Kahn
Margaret Kahn
Emanuel Henry Waldmann by Sheila Greenspan
Mary Schor Waldmann by Sheila Greenspan
Arthur Jay Waldmann by Sheila Greenspan
Michael Schulman by Bonnie Rose Schulman, Rabbi Seth Haaz, Sophie, Sadie, and Michael
Jerome Levin by Marc Levin
Simon Edelberg by Claire Segal Sergi
Jane Saritsky by Rhea Hurwitz
Wallace Sadowsky by Natalie & Lenny Cheerman
Shirley Ross by Benita & Michael Ross
Anna Friedman by Ruth Kahn
Julius Friedman by Donn & Cindie Friedman
Rebecca Dampsky by Sara Paley
Judith Lynn Mellman by Barbara & Steven Weiss
Kalman Palmer by Susan & Steve Palmer
Faye & Jack Feldshon by Sherry Stekloff
Herman Geiges by Heidi Geiges & Beth Katz
Gladys Weiss by James Weiss
Naomi Hoberman by Pam, Mark, and Stewart Paley
Benjamin Seligman by Francie Letaineck
Louis Siegel by Arlene Pressman
Burt Kahn by Lee King
Moshe Filler by Yakov Filler
Maynard N. Guy by Lori McPherson
Ruth Firestone by Joy & Alan Firestone
Eleanor Schoenberger by Joy & Alan Firestone
Solomon Firestone by Joy & Alan Firestone
William Resnikoff by Judith & Daniel Merida
Robert "Bob" Soll by Penny Bersch
Edythe Director by David Director
Rebecca Stoller by Paul Beckman
Zelda Freifeld by
Lois Wasserman
Miriam Grahame
Todd Jay Wasserman by Lois Wasserman
Nadine Bonner by Susan Goldberg
Joseph Gilfix by Barbara & Steven Weiss

Funds Continued on page 27)



YOM KIPPUR

Thursday, October 2nd

8:30am Morning Services

10:00am Services for Children & Families

3:30pm Study Session

4:30pm Mincha & Ne'illah Services

Zoom Info

Meeting ID: 879 3173 7607 Passcode: 706998

<https://us02web.zoom.us/j/87931737607?pwd=mDxHaMaKd0LLYleJXyukrz9wmOZ8L.1>

***Times are approximate**

(Funds Continued from page 25)

Herman Hertzberg by Louise Feldman
 Gladys Kogen by Audrey Acabchuk
 Max Korfin by Francine Goldberg
 Moses Cherniak by Ceile Zaroni
 Brenda Dubin by Joseph Dubin & Family
 Edna H. Lipman by Sarah Greenblatt
 Hortie Kabel by the Kabel & Levin Families
 Morris Friedman by Ruth Kahn
 Julius Barker by Michael Barker
 Abraham Cooperstein by Barbara Roller
 Jane Schwartz Gould by Nancy Schwartz
 Clara Schoenthal by Sherwin Borsuk
 Esther Eisner by Phyllis Waldman
 Vera Black by Daniel Slatkin
 Sidney Finkelstein by Lois Wasserman
 Joseph David D'Amato by Kathleen Didato
 Beatrice Gerstenblatt by Ines Gerstenblatt
 Marian Stein by Sue Massicott
 David Bernstein by Paula Eisner
 Sidney Paley by Mark, Pam, and Stewart Paley
 Charles Russman by
 Mark, Pam, and Stewart Paley
 Marvin Hoberman
 Hillel Horn by David & Nona Horn
 Carolyn Sundell by David & Nona Horn
 Dorothy Ray by David & Nona Horn
 Gloria Thiela by Aaron Thiela & Family
 Rose Siegel by Ruth Kahn
 Morton H. Greenblatt by Sarah Greenblatt
 Fannie Terris Siegel by Nancy Schwartz
 Debra Joyce Wrubel by Hank & Gayle Wrubel Winkler
 Leonard Freifeld by
 Miriam Grahame
 Lois Wasserman
 Louis Seligman by Marcy Rathman
 Martin Seligman by Marcy Rathman



Adath Israel PRIDE

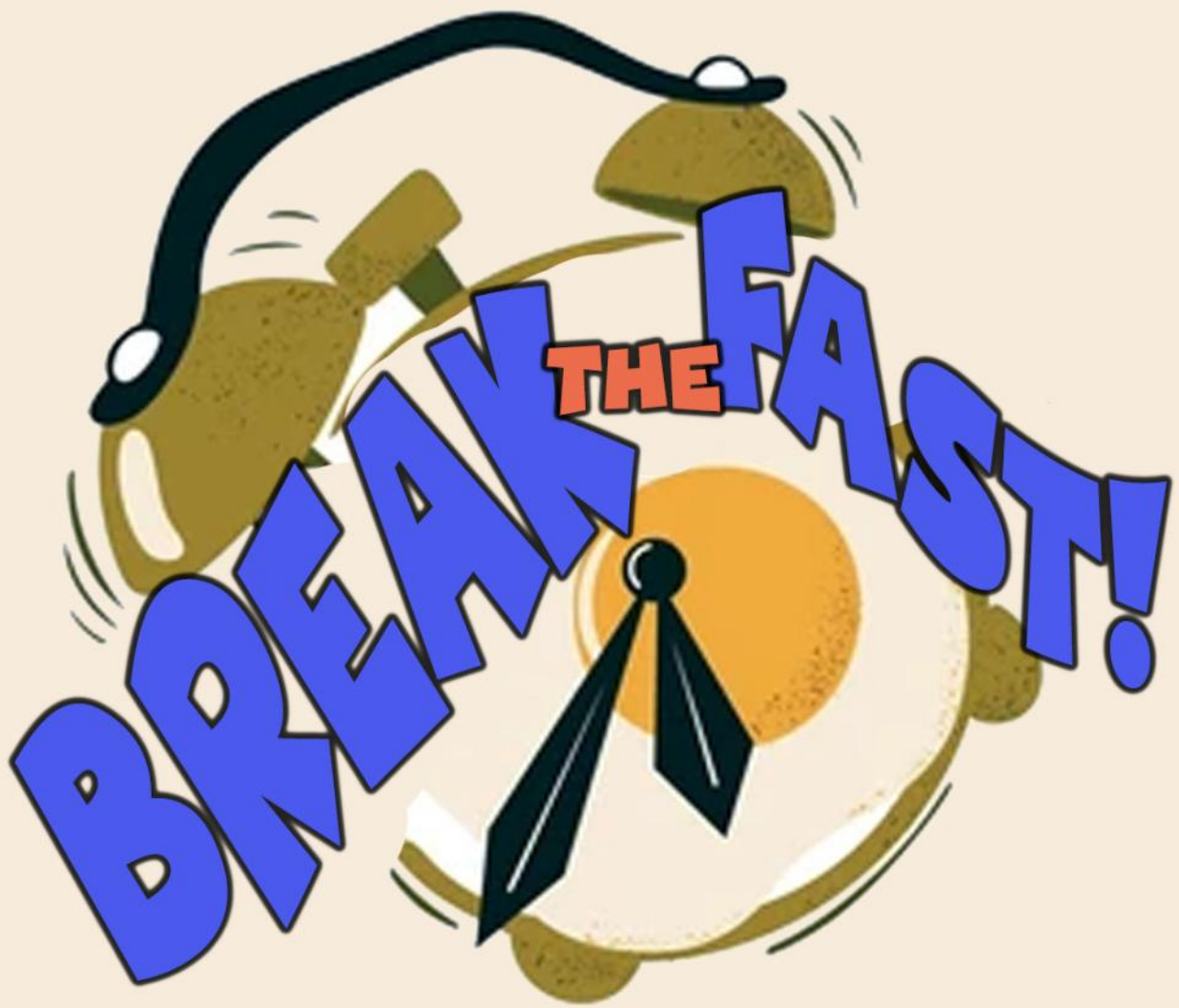


This year's PrideFEST was amazing AGAIN! Even with rain in the afternoon, we engaged with almost 600 people, talking about everything from cool stickers to the wisdom of the rabbis. Our booth has become the go-to destination on the Green for children's activities and the best stickers. Our booth's six hours of outreach, acceptance, and fun would not be possible without the year's worth of work by our Pride Committee (Leah Adler, Andy Bauer, Sandy Berenbaum, Jaime Bruno, Phil Saxe, Holly Simon), followed by an early morning of scrambling by Board members (Adam Finkelstein, Ethan Warner-Crane and his children, Talin and Zev) who helped set up. Special shout-outs to Ben Eisner who made sure everything was ready to go on Friday and to the friends and family who lent a hand throughout the day.

It's All Smiles at Pride!



(L to R: Joanna Schnurman, Leah Adler, and Jaime Bruno)



Thursday, October 2nd
Dinner approximately at 7:15pm
RSVP Deadline: September 26th

For anyone Jewish Jew-ish or Jew-curious.



Miller Intro to
Judaism Program
OF AMERICAN JEWISH UNIVERSITY

BEGIN YOUR JEWISH JOURNEY, PREPARE FOR THE HIGH HOLY DAYS

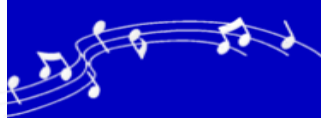
The Jewish New Year invites us to reflect, reconnect, and return to who we are really meant to be in this world. Nothing can prepare you better for this season than Miller Intro to Judaism.

Whether you're exploring Judaism for the first time, seeking a deeper connection, or considering conversion, this 18-week online experience is the perfect way to begin.

Our rabbis are knowledgeable, teach with an approachable style, and create an inclusive atmosphere for learning. No matter where you start, or how far you want to go, we are here to support you on your Jewish journey.

In the Greater Hartford area the Miller program is called Embracing Judaism. Classes are taught by six wonderful Conservative rabbis.

To begin your journey, contact Rabbi Richard Plavin by text or phone 860-573-4503 or email riplavin@gmail.com.



Singers Wanted for Kol Zahav Chorale



Kol Zahav Chorale invites you to join our group of 35 singers under the direction of Cantor Joseph Ness. We are sponsored by the Mandell JCC, 335 Bloomfield Ave., West Hartford, CT 06117 where we rehearse each Wednesday evening from 6:30-8:30. Kol Zahav Chorale has performed at several local synagogues, as well as West Hartford Town Hall. Our mission is to bring capable singers together from the Greater Hartford area to sing the music of the Jewish experience, music of Israel, Jewish liturgy from the world over and other culturally cogent music. Much of this will be accompanied by orchestra in small and large instrumental combinations.

Most recently, Kol Zahav Chorale received recognition by the Mandell JCC as an Impact Award Honoree. The chorale adds to the JCC's cultural life as an inclusive community choir bringing forth the unifying power of music.

If you are interested in joining us, please contact Joseph Ness at josephness7@gmail.com, or by phone or text at 860-888-7650.

SHARE THE JOY WITH A SPONSORED ONEG OR KIDDUSH

Share a family simcha, honor a friend or relative, or remember a loved one by sponsoring a Friday night Oneg Shabbat or a Shabbat Morning Kiddush. This is a delightful way to let others in our community celebrate a special occasion or share a memory with you. Our hope is that you would be present which will only add to the occasion.

The new Kiddush menus will be prepared and tastefully arranged by the Crown Supermarket in West Hartford. **Please call the synagogue office at 860-346-4709 at least a week in advance to make ordering and pick-up arrangements with the office administrator.**

The following is a breakdown of the new menus and costs for a Shabbat Morning Kiddush:

Traditional Kiddush (up to 15 people): \$150 (16-30 people): \$225

Bagels
Tuna salad
Egg salad
Cuke, tomato, onion platter
Lox spread
Plain and chive cream cheese
Fruit salad
Pastry
Cold and hot drinks

Deluxe Kiddush (up to 15 people): \$225 (16-30 people): \$350

Bagels
Tuna salad
Egg salad
Lox platter
Whitefish salad
Cucumber, tomato, and onion platter
Plain and chive cream cheese
Sesame Noodles
Kugel
Fruit salad
Pastry
Cold and hot drinks

Friday Night Oneg Shabbat (15 people): \$54

Pretzels
Raisins/nuts
M&M's
Pastry
Cold and hot drinks

Prices for both a Kiddush and/or an Oneg Shabbat will be adjusted if there is a larger group in attendance for special life cycle events (Bar/Bat Mitzvah, baby naming, or wedding, etc.).

Of course, you can always purchase the food, bring it to the synagogue and do the set up yourself while also following the synagogue's Kashrut guidelines. Some assistance may be available on the day of your Kiddush.





September 2025

elul/tishrei

sunday	monday	tuesday	wednesday	thursday	friday	saturday
*Candle Lighting Times for Middletown, CT	1 Office Closed 8 am Minyan Labor Day 8 elul	2 8 am Minyan 11 am & 12:30 pm Mah Jongg 7 pm Al anon & Alateen 9 elul	3 7 am Early Risers Minyan 10:30 am Torah Study w/ Rabbi Nelly, Zoom 10 elul	4 8 am Minyan 6 pm Torah Study w/ Rabbi Nelly, Zoom 11 elul	5 Pray-Eat-Sing RSVP Deadline 8 am Minyan 7 pm Shabbat Evening Services *6:58 pm 12 elul	6 9:30 am Shabbat Morning Services Maya Finkelstein called to the Torah <i>Ki Tetzel</i> 13 elul
7 9 am Minyan 9 am Religious School & Mazel Tots 10 am Dedication 11 am Open House 11 am Machzor pickup 14 elul	8 8 am Minyan Breakfast Bunch Following Minyan 15 elul	9 8 am Minyan 11 am & 12:30 pm Mah Jongg 7 pm Al anon & Alateen 16 elul	10 8 am Express Minyan 10:30 am Torah Study w/ Rabbi Nelly, Zoom 4 pm Religious School 4pm Machzor pickup 7 pm Board Meeting 17 elul	11 8 am Minyan 6 pm Torah Study w/ Rabbi Nelly, Zoom 18 elul	12 8 am Minyan 6 pm Pray-Eat-Sing Shabbat Evening Services & Dinner *6:46 pm 19 elul	13 9:30 am Shabbat Morning Services 8 pm S'tichot Service <i>Ki Tavo</i> 20 elul
14 Lulav order Deadline 9 am Minyan 9 am Religious School & Mazel Tots Apple Picking 9:30 am Machzor Pickup 21 elul	15 8 am Minyan 22 elul	16 8 am Minyan 11 am & 12:30 pm Mah Jongg 7 pm Al anon & Alateen 23 elul	17 8 am Express Minyan 10:30 am Torah Study w/ Rabbi Nelly, Zoom 4 pm Religious School 4 pm Machzor Pickup 24 elul	18 8 am Minyan 6 pm Torah Study w/ Rabbi Nelly, Zoom 25 elul	19 8 am Minyan 7 pm Shabbat Evening Services *6:34 pm 26 elul	20 9:30 am Shabbat Morning Services <i>Nitzavim</i> 27 elul
21 9 am Minyan 9 am Religious School & Mazel Tots River Cleanup Community Cemetery Service 1 pm Meriden 3 pm Middletown 28 elul	22 8 am Minyan 7 pm Rosh Hashanah Evening Services *6:29 pm Erev Rosh Hashanah 29 elul	23 Office Closed 8:30 am Rosh Hashanah Morning Services 10 am Services for Families & Children 2:30 pm Tashlich 7 pm Rosh Hashanah Evening Services *7:27 pm Rosh Hashanah I 1 tishrei	24 Office Closed 8:30 am Rosh Hashanah Morning Services 10 am Services for Families & Children Tashlich Rain Date Rosh Hashanah II 2 tishrei	25 8 am Minyan Fast of Gedalia 3 tishrei	26 Break the Fast RSVP Deadline 8 am Minyan 7 pm Shabbat Evening Services *6:22 pm 4 tishrei	27 9:30 am Shabbat Services Shabbat Shuvah <i>Vayeilech</i> 5 tishrei
28 9 am Minyan 9 am Religious School 10:30 am Mazel Tots 12 pm Post B'nei Mitzvah Class 6 tishrei	29 8 am Minyan 7 tishrei	30 8 am Minyan 11 am & 12:30 pm Mah Jongg 7 pm Al anon & Alateen 7 pm Book Club 8 tishrei				



october 2025

tishrei/cheshvan

sunday	monday	tuesday	wednesday	thursday	friday	saturday
*Candle Lighting Times for Middletown, CT			1 No Religious School 7 am Early Risers Minyan 6 pm Kol Nidrei Service *6:13 pm Erev Yom Kippur 9 tishrei	2 Office Closed 8:30 am Yom Kippur Morning Services 10 am Services for Families & Children 4:30 pm Ne'illah 7:15 pm Break the Fast (RSVP required) Yom Kippur 10 tishrei	3 8 am Minyan 7 pm Shabbat Evening Services *6:10 pm 11 tishrei	4 9:30 am Shabbat Morning Services Ha'azinu 12 tishrei
5 9 am Minyan 9 am Religious School 9:30 am put up sukkah 10:30 am Mazel Tots 13 tishrei	6 8 am Minyan Breakfast Bunch Following Minyan *6:05 pm Erev Sukkot 14 tishrei	7 Office Closed 8 am Festival Morning Services *7:03 pm Sukkot I 15 tishrei	8 Office Closed 8 am Festival Morning Services 4 pm Religious School 7 pm Board Meeting Sukkot II 16 tishrei	9 8 am Minyan Chol Mo'ed 17 tishrei	10 RSVP Deadline for Pray-Eat-Sing 8 am Minyan 7 pm Shabbat Evening Services *5:58 pm Chol Mo'ed 18 tishrei	11 9:30 am Shabbat Morning Services Sukkot 19 tishrei
12 9 am Minyan Sukkot L'chol Adat 9 am Religious School 10:30 am Mazel Tots Chol Mo'ed 20 tishrei	13 Office Closed 8 am Minyan *5:54 pm Indigenous People's Day/Columbus Day Hoshanah Rabbah 21 tishrei	14 Office Closed 8 am Minyan 6:30 pm Hakafot & Ice Cream *6:52 pm Sh'mini Atzeret 22 tishrei	15 Office Closed No Religious School 8 am Festival Morning Services Simchat Torah 23 tishrei	16 8 am Minyan 24 tishrei	17 8 am Minyan 6 pm Pray-Eat-Sing Shabbat Evening Services & Dinner *5:47 pm 25 tishrei	18 9:30 am Shabbat Morning Services Seth Olczak called to the Torah as a Bar Mitzvah B'reishit 26 tishrei
19 9 am Minyan 9 am Religious School 10:30 am Mazel Tots 27 tishrei	20 8 am Minyan 28 tishrei	21 8 am Minyan 11 am & 12:30 pm Mah Jongg 7 pm Al Anon & Alateen 29 tishrei	22 8 am Minyan 10:30 am Torah Study w/ Rabbi Nelly, Zoom 4 pm Religious School Rosh Chodesh 30 tishrei	23 8 am Minyan 6 pm Torah Study w/ Rabbi Nelly, Zoom Rosh Chodesh 1 cheshvan	24 8 am Minyan 7 pm Shabbat Evening Services *5:37 pm 2 cheshvan	25 9:30 am Shabbat morning services Noach 3 cheshvan
26 9 am Minyan 9 am Religious School 10:30 am Mazel Tots 12 pm Post B'nei Mitzvah Class 4:30 pm Sunday Meals Program 4 cheshvan	27 8 am Minyan 5 cheshvan	28 8 am Minyan 11 am & 12:30 pm Mah Jongg 7 pm Al Anon & Alateen 6 cheshvan	29 8 am Express Minyan 10:30 am Torah Study w/ Rabbi Nelly, Zoom 4 pm Religious School 7 cheshvan	30 8 am Minyan 6 pm Torah Study w/ Rabbi Nelly, Zoom 8 cheshvan	31 8 am Minyan 7 pm Shabbat Evening Services *5:28 pm Halloween 9 cheshvan	



High Holy Day Services Educational Childcare

Grade 2 & Under Registration Form

My child, _____, age, _____ will be attending
(please print)

Adath Israel's educational childcare for the following service(s):

_____ Rosh Hashanah Day 1 (Tue., 9/23) 8:15 a.m.-1:00 p.m.

_____ Rosh Hashanah Day 2 (Wed., 9/24) 8:15 a.m.-1:00 p.m.

_____ Yom Kippur (Thu., 10/2) 8:15 a.m.-2:00 p.m.

Please list any allergies or medical conditions your child has as well as any medicine(s) taken:

Parent/Guardian Name: _____
(please print)

Parent/Guardian: Signature: _____

Address: _____

Town: _____ State: _____ Zip code: _____

Phone: _____ Email: _____

Please send me information on: _____ Programs for Infants & Toddlers
 _____ Programs for Preschoolers _____ Religious School _____ Religious Services
 _____ Becoming Jewish _____ Learning Hebrew _____ Cultural/Community Events
 _____ Joining the Adath Israel Community
 _____ Other (Please list): _____

Please complete a separate form for each child attending and return completed form to the synagogue office.



Contact information

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