



oices
קולות ק.ק. עדת ישראל



Middletown, Connecticut
April 2023 — Nissan/Iyyar 5783



Dear friends,
With Passover around the corner, I want to point out that coming out of Egypt is something that we are supposed to remember every day – not just once a year! For a date that many com-

pare the our 4th of July, a moment of becoming a people, this is a little overblown.

There are six remembrances that a Jewish person needs to think about and recall. Every. Single. Day. In the Torah you have those commands – recall, remember and do not forget connected to six events: leaving Egypt, receiving Torah, Amalek, our own rebellions against God, Miriam speaking evil of Moshe and Shabbat.

If you stop and look at the siddur (prayerbook), you will see that the last five do not figure so prominently. But remembering leaving Egypt is so fundamental that it appears several times in the morning services and at least twice in our evening services. And a good question is - why? Why is this moment, going out of Egypt, with the scene of the Splitting the Sea so fundamental to Jewishness?

The kabbalists explain that this story fits into the process of opening and revelation that we are to engage in as we begin each new day. The basic idea is that we are to be open and experience God's presence, and God's continuous revelation, as individuals and as a collective.

There are, in our reality, at least two worlds: the world that is revealed, what we can see and experience with the sense, and the world that is concealed,

(Rabbi Continued on page 3)

WHAT CHILD AM I

The Haggadah, the story of Passover, tells us that there are always four symbolic children that are present at our collective seder experiences, and they are: The Wise Child, The Wicked Child, The Simple Child, and The Child Who Doesn't Know How To Ask.

When I hear the four children of the seder referenced, I tend to think that as Jews, we really did invent the original thoughts on "Inner-Child" work—the approach of recognizing and healing childhood trauma, OR as I would like to kindly recognize it as the work we are left to complete to parent ourselves; there are possible lessons that adults forgot to teach us as we were aging into biological adulthood. At any given point in time, these groups of misfit children reside in our souls and our minds, and manifest depending on so many factors. Am I wise today because I read several chapters of that book, or listened to that podcast? Am I wicked because I stole a few pieces of gum out of my coworkers desk to avoid living a day of dreaded coffee breath? Am I simple because I decided to not listen to or read a newscast today so I could remain ignorant as to what is happening in the world? Or am I acting as if I don't know how to ask a question, when really I just don't know how to ask for help?

In the past, whether with family or friends, I've laughed at this part of the seder when people tend to crack jokes about who could potentially match with which archetype...or chuckle quietly to

(President Continued on page 5)



SHABBAT L'COL ADAT

SATURDAY, APRIL 1st, 9:30AM
TOT SHABBAT, 11:30

Shabbat for the Whole Family



Adath Israel

Celebrate Jewish Life

(Rabbi Continued from page 1)

that we feel its presence but can't prove through science. The sea represents that concealed world, the "alma d'iskasya", which is Aramaic for "the hidden world."

Unlike the land, where the surface teems with a vast array of life, the surface of the oceans conceals an incredible diversity of life that dwells beneath it. When you think of travelling by boat anywhere, water conceals what is inside. It might be shocking to find out, but only 5% of the ocean has been explored and charted by humans. The rest, especially its depths, are still unknown – and this is a 2022 number. So the sea, as a symbol for what lies hidden beneath, is still completely valid.

So let's reread that story – coming out of Egypt, opening the sea – in symbolic terms: coming out of the narrow place, the place of difficulties, where we are not aligned with our potential, our values, our faith towards a place where we will feel aligned. The exit from Egypt is symbolic for the first step we all have to take to grow – which is to leave behind what constrains and prevents us from emotional, spiritual and personal growth. And then there is the splitting of the sea.

The image of parting the waters symbolizes the opening of the external covering that conceals the inner depths that exist beneath the surface of each one of us and of our reality in general. As we reveal what is beneath, as we discover what lies hidden, then we can use that energy and that discovery to propel us forward.

A person cannot truly be free unless they liberate themselves from the veils and barriers that hide and constrict their ultimate truth. If we are not aware of our Godliness, then we will forever believe that we are "only human." But when we peel back the surface and recognize our infinite nature and potential, then we will begin the movement towards expansion. And as Einstein said "The mind that opens to new ideas never returns to its original size". That is true of our own souls as well. Once we know how aligned and connected we can be, our truth cannot be enslaved or suppressed again.

But all of us forget. We become entangled in the myriad details of daily life, we get distracted by things and screens, we accept the constraints that acceptance in the larger society puts on us - and we forget. We forget that we carry within the presence of God, and that our mission, individually and collectively, is to embrace expansion and liberation, to grow into souls that are every day a little more expanded and loving – and to change the world accordingly.

We need Passover every year to remind us of our national liberation – but we need the Exodus every day to remind us of the process of self-actualization and

liberation that we are to undergo daily. The splitting of the sea is a fundamental part of this – the conscious choice of being open to the presence of God in our lives, knowing that we take steps towards the unknown but accompanied by our people, our values and the Presence of God in everything that happens to us.

Have a Zissen Pesach – and may you find personal liberation every day.

ADATH ISRAEL **ACADEMIC SCHOLARSHIPS**

The Scholarship Committee of Adath Israel is pleased to announce that the Application Forms and Rules and Regulation Guidelines for the Annual Adath Israel Post Secondary School Scholarships will be available in *Kolot* or from the synagogue office.

Students who are seniors in high school through graduate school, and whose family meets the membership requirements are encouraged to apply.

All questions concerning the application process should be directed to **Fred Zierler**, Committee Chair at (203) 631-9567 or via email, fzierler@gmail.com.

Completed applications should be returned to Congregation Adath Israel as indicated in the regulation form by May 17, 2023.

Kolot Article Due Dates

Issue	Article Due Date
April	3/8
May	4/3
June	5/8

EARLY MORNING RISERS AND SYYYUM

APRIL 5TH AT 7 AM
BREAKFAST FOLLOWING SERVICE



 Adath Israel
Celebrate Jewish Life

On a similar theme, I've been thinking about how much I have grown within this presidency role here at CAI, and how much I have learned from individual congregants, families, and board members that have helped shape me into such a different person than who I was only a few short years ago. Being given responsibilities, challenging myself to experience new traditions, and navigating the needs of a community, have enabled me to think beyond my own needs as a congregant. When you think of the four children of Passover, they are all truly in their own bubbles, stuck on their own wants and thoughts. If you are willing to extend yourself, to reach out to others to ask questions, and step out of your comfort zone, that's when the formation of "adulthood" begins. If I spent more time asking questions kindly, then snapping to an assumption, or staying quiet, then how much healthier would I feel? How much healthier would the community around me feel? Instead of feeling frustrated by something, why don't I build up the courage to have conversations around the topic? What is there to lose?

As you move into this holiday season of Passover, seek opportunities to ask questions. Ask questions about nature - remain curious. Ask questions to all humans around you, don't live in regret of not asking. Ask questions about what we are doing to build and improve our community in the months to come. And most importantly, never be afraid to be vulnerable in asking a question. By extending ourselves to someone else, but having the willingness to communicate, by sitting in some discomfort, we are growing. As you recline on some pillows, and prop your feet up after some Passover cleaning, I hope that you find personal and spiritual growth in this holiday season. Chag Sameach.



**HONOR THOSE SPECIAL
PERSONS IN YOUR LIFE WITH
A PLAQUE FOR
THE "SIMCHA" MENORAH**

Whether it celebrates a Bar Mitzvah,
Bat Mitzvah, Birth of a Child or Grandchild,
Wedding, “Special” Birthday, special event/honor,
etc. share your joy with our synagogue community

— FOREVER.

SAMPLE

Bar Mitzvah
Jonathan Goldstein
00/00/00
Your loving Parents

Only \$136.00 – A gift that endures

Contact Joanna @ 860-346-4709 or
office@adathisraelct.org.

Adath Israel
Celebrate Jewish Life

Book Club

April 18th - 7:00pm - Zoom Only

**The Thread Collectors
by Shaunna J. Edwards
and Alyson Richman**

Zoom Info
Meeting ID: 886 4652 0065
Passcode: 196174



**Adath Israel Book Club
is free and open to
anyone who desires
great discussions about
fascinating books
on Jewish topics**

**For more information, please contact
Roberta Glass: rjlevine610@gmail.com
302-593-7581**

**or Holly Simon: hfpsimon@icloud.com
860-395-8989**

ADATH ISRAEL DEDICATED FUNDS

ADATH ISRAEL SCHOLARSHIP FUND (SOPHIE & JULIUS BARKER, EVELYN & ABRAHAM GROSSMAN, SARAH ZIETZ PIERSON, RABBI ALBERT & ROSALYN TROY, SYLVIA GROSS WASSERMAN, MAX CHEIKIN, BERNIE SEIDON, AND JEAN STERN ARON SCHOLARSHIPS)

Provides scholarships to children of Adath Israel members attending an accredited college, university or school of higher learning

IN HONOR OF

Rabbi Kohn celebrating a birthday by
Risa & Fred Zierler
Shana, Alyn, and Travis Adams

IN MEMORY OF

Miriam Elfenbaum by
Risa & Fred Zierler
Shana, Alyn, and Travis Adams

DR. ARTHUR & GLADYS WEISS SCHOLARSHIP FUND

Provides scholarships to children of Adath Israel members attending Jewish camp, Jewish content special programs, and trips to Israel

IN HONOR OF

Rabbi Michael G. Kohn in celebration of his being named Alumnus of the Year by the Academy of Jewish Religion by Sarit, Ed, Dallas, and Jake DeFrancesco

BEIT-PALEY FUND

Supports Torah repair
Alan Firestone

CHEVRA KADISHA

Supports maintenance and enhancement of the cemetery

ARTHUR & EDYTHE DIRECTOR FAMILY FUND

Supports music in the ritual, educational, and cultural gatherings at Adath Israel

ETERNAL LIGHT FUND

Supports the general operation of Adath Israel

HOWARD FELDMAN BEAUTIFICATION FUND

Supports the beautification of our synagogue building and grounds and the Nester Center

IN HONOR OF

Louise Feldman by Natalie & Lenny Cheerman
Sara Paley celebrating a birthday by
Linda & Jack Adler
Dotty & Harold Kaplan

IN MEMORY OF

Eleanor Gall by Natalie & Lenny Cheerman

LYNN BENNETT RELIGIOUS SCHOOL CAPITAL CAMPAIGN

Supports the upgrade of our religious school

IN HONOR OF

Isla Bonito receiving her Hebrew name by Joanna Schnurman, Andy Bauer, and Sam Bauer
Elise Bonito receiving her Hebrew name by Joanna Schnurman, Andy Bauer, and Sam Bauer

IN MEMORY OF

Miriam Elfenbaum by Joanna Schnurman, Andy Bauer, and Sam Bauer

MAXINE THUMIM CAMP SCHOLARSHIP FUND

Provides scholarships to children of Adath Israel members attending Jewish camp or travelling to Israel

IN HONOR OF

Rebecca Wilansky and Frank Bonito in celebration of Isla & Elise receiving their Hebrew names by Eileen & Michael Daling

IN MEMORY OF

Miriam Elfenbaum by Eileen & Michael Daling

MICHAEL FASSLER FUND

Supports early childhood education at Adath Israel

MUSEUM FUND

Supports purchases and maintenance of Adath Israel's museum

NATHAN OLSHIN SCHOLAR-IN-RESIDENCE-FUND

Supports annual scholar-in-residence program

IN MEMORY OF

Julie & Julius Kahn by Jeffrey & Bobette Reed Kahn

RABBI'S DISCRETIONARY FUND

Allows the rabbi to support individuals and causes in our community anonymously



ISRAEL - 75 YEARS OF MUSIC
MUSIKAH ISRAELIT - SHABBAT RETREAT

WITH CANTOR RE'UT BEN-ZEEV
APRIL 28TH & 29TH

FEATURING -
TAHINI HAPPY HOUR
SERMONS IN SONG
HAVDALAH SACRED SOUND HEALING



CONTACT THE SYNAGOGUE OFFICE AT
OFFICE@ADATHISRAELCT.ORG OR 860-346-4709 FOR MORE INFO A RSVP



SHALOM AL ISRAEL

“God shall bless you from Zion...Peace on Israel” (Psalm 128:5,6)

ISRAEL -75 YEARS OF MUSIC
MUSIKAH ISRAELIT- SHABBAT RETREAT

Community In Song- Havdalah in Movement

Want to experience our beautiful traditional Israeli Shabbat melodies and learn new ones? Want to shake off some of that

“meh” dust of the recent crisis and connect to our rich tradition, our ancestors and each other?

On this monumental 75th anniversary of our beloved Israel, as political polarization temperatures rise, let’s “dial down” differences and “dial up” the joy- let’s come together as ONE with Israel’s beautiful, diverse melodies, texts and FOOD.

To get into the mood-Friday before services, come mingle with a “Tahini Cocktail Hour,” cantor Reut will share and prepare onsite her authentic Israeli Tahini recipe -and possibly eat it with Falafel.

Friday night as well as shabbat morning will include a short SERMON IN SONG: a beloved Israeli song connected to the Omer counting on Friday night and to the torah portion of Achrei Mot on Shabbat.

Focused on one of Shabbat’s themes of expressing GRATITUDE, come sing, read poetry and learn with cantor Re’ut, taking a musical expedition throughout generations of Israeli communities: From Jerusalem Sefaradi the oldest Jewish community in Israel to Na’ava Tehila in Jerusalem, Beit Tfila Israeli that gathers on the beach of Tel Aviv, Ethiopian Israeli community, Israeli composers from Nurit Hirsch to Eti Ankri to Yair Levi, and nigunim by the Modzitzer Chassidim (Bnai Brak) and Tzfat Chassidim.

We’ll conclude shabbat with Havdalah Sacred Sound Healing, a modality developed by cantor Re’ut, embodying Hebrew, our liturgy and Shabbat through sound and movement.

We will embody and chant Israeli expressions!

In Person or join from the comfort of your own home via ZOOM

About

Cantor **Re’ut Ben-Zeev** has been serving the Jewish community for over 20 years in communities such as Congregation Beit Simchat Torah in Manhattan and had the pleasure of co-officiating High Holidays services with Rabbi Nelly most recently in Adath Israel, CT. She is now a proud member of Adath Israel. Re’ut has been a professional classical singer, performing in venues as Lincoln Center and on Natalie Portman’s film. After a health crisis, she came to pursue the modality of Tibetan Sound Healing at the Tibetan Sound Healing School and since has been developing and teaching a hybrid of Jewish traditions with other ancient Sacred Sound Healing Arts. She is available for Sacred Sound Healing workshops. Contact info: CantorReutBZ@gmail.com

GIVE
the
GIFT
of
LIFE

BLOOD DRIVE

MAY 2ND 1:30-6:30 PM

**"Whoever saves a life, it is considered as if
he saved an entire world." *Talmud, Sanherdin37a***

DONORS NEEDED!



**American
Red Cross**

**Register at
1-800-RED-CROSS**



Adath Israel

Celebrate Jewish Life

(Continued from page 7)

SANFORD BEIT MINYAN FUND

Supports the creation and building of community over Kiddush

Alan Firestone

IN APPRECIATION OF

Dave Shulman by Phil Saxe

SYNAGOGUE FUND

Supports the general operation of Adath Israel

Marcia Wrubel

IN HONOR OF

Dylan & Ryder Login by Lesley & Michael Shain

REFUA SHLEIMA (SPEEDY RECOVERY)

Corinne Brodie by Robin & Marty Levine

IN MEMORY OF

Bernard Fabian by Harris Lifshitz

Eleanor Gall by Robin & Marty Levine

Morris Amitay by Robin & Marty Levine

YAHREZEIT FUND

Supports the general operation of Adath Israel

Samuel Bluman by Susan Mikulski

Ralph Adler by Linda & Jack Adler

Jacob Pinkus by Marcia Wrubel

Ann Shapiro by Ernest Shapiro

Gussie Shapiro by Ernest Shapiro

Leslie Bluman by Susan Mikulski

Myrtle Schwartz by Rhoda Eligator

Jacob Weiss by James Weiss

Harry Gerstenblatt by Ines Gerstenblatt

Bernice Silverman by Edie M. Simon

Anne Seldin by Joan & Michael Needle

Minnie S. Grower by Bernice Bonchi

Irene Hopenhajm by Ruth & Sherwin Borsuk

Julius Grower by Bernice Bonchi

Max Edelberg by June Saltzberg

Sol J. Cheerman by Natalie & Leonard Cheerman

Hazel B. Dubin by Joseph Dubin & Family

Muriel Wrubel by Henry & Gayle Wrubel Winkler

Julius Jonas by Margaret Kahn

Julie Jonas by Margaret Kahn

Reva Paley by

Marvin Hoberman

Nathalie Martin & Stewart Paley

Jules A. Grossman by Dahlia Grossman

Matthew Niemeyer by Hinda Niemeyer

Mark Itkin by Harriet Itkin

Lewis A. Wrubel by Henry & Gayle Wrubel Winkler

Life Cycles



Jan Wahnnon & Ernie Ferrebee

Sarah & Jonathan Shapiro

Shari & Roger Turner



Richard Neveloff

Conner Dickes

Sandra Beckman

Joseph Dubin

Daniel Schwartz

Robbyn German

Richard Kamins

Eleanor Fenig Cline

Benjamin Ferrari

Alyssa Goldstein

Ben Srulowitz

Stuart Epstein

Jack Adler

Kenneth Teller

Phil Saxe

David Horn

Lizabeth Whittaker

Colleen Poliner

David Director

Stu Ellish

Timothy Dickes

Michael Needle

Sarah Shapiro

Natalie Cheerman

Nancy Schwartz

Julia Meadow

Carol Shapiro

Karen Swartz



Journey Through the Valley

Support group for those experiencing grief or difficult transition

Led by Denise Wolferman, Pastoral Care Intern
Mondays in the Nester Center
3 p.m. In-Person Only
7 p.m. In-Person & Zoom

Free & open to the community. Individual appointments available.
Email: iambeingtheunicorn@gmail.com
Zoom info: Meeting ID: 986 632 3109 Passcode: 715829

PURIM WRAP UP

As we close out another holiday, I want to express my upmost gratitude to those who donated so generously and volunteered their time and effort to help make this a very successful Purim fundraiser! Together, we raised over \$6,500!

A very special thank you to Sandra Beckman, Michelle Grossman, Roberta Glass, Linda Caplan, Ruth Borsuk, Loretta Rubin, Anita Hennessey, Natalie Cheerman, Barbara Sequenzia, Susan Engelhardt, Ruth Sigal, Myra Finkelstein, Joanna Schnurman, Adam Finkelstein, Richard Kamins, Rob Goldstein, Jay Weiss, Eileen Daling, Jonathan Shapiro and Rabbi Nelly for spending much time helping to shop, assemble, and distribute Mishloach Manot to our congregation. We had a limited time frame this year as Purim fell early and it would not have been possible to accomplish what we did without all of them. I also thank those who generously gifted our members and donated to the Rabbi's discretionary fund:

Sherry & Brandon Aiudi, Roy & Susan Massicott
Mark & Rabbi Nelly Altenburger, Michael & Joan Needle, Fassler Andrea, Marc & Jean Nemeth, Eva Bardwell, Patty Netherland, Michael & Shelley Barker, Richard & Randy Parks, Paul & Sandra Beckman, Irving Pincus, Sherwin & Ruth Borsuk, Jim & Colleen Poliner, Michael & Corinne Brodie, Arlene Pressman, Allen & Linda Caplan, Michael & Jo-Ann Price, Denis & Lisa Caron, Marc & Roberta Glass, Leonard & Natalie Cheerman, Howard Rosenbaum, Dewey & Harriet Deeton, Julius & Loretta Rubin, David & Carol Director, Phillip Saxe
Susan Engelhardt, Joanna Schnurman & Andy Bauer
Stuart Epstein & Leah Adler, Nancy Schwartz
Adam & Marilyn Finkelstein, David Schwarz & Laurie O'Brien-Schwarz, David & Myra Finkelstein, Robert & Barbara Sequenzia, Mark & Donna Finkelstein, Jonathan & Sarah Shapiro, Paulette Gewirtz-Stephen & Carol Shapiro, Marc & Roberta Glass, David & Teresa Shulman, Joseph & Sarah Glaz, Michael & Ruth Sigal, Robert & Paula Goldstein, Karen Swartz & Ian LaForce, Richard & Michelle Grossman, Jan Wahnnon & Ernest Ferreebee, Anita Hennessey, Ethan & Roxanne Warner-Crane, Joseph Dubin, Steven & Barbara Weiss, Jeffrey & Bobette Kahn, Jon & Liz Whittaker, Ruth Kahn. Rebecca Wilanksy & Frank Bonito, Richard & Naomi Kamins, Marcia Wrubel, Rabbi Michael Kohn, Fred & Risa Zierler
Marty & Robin Levine, Virginia Zwelling
Adam & Melanie Login

Kindness is Good

Purim is a food holiday because it includes treats such as triangular cookies that come in a variety of flavors. MMMM cookies. There are also lovely treats when 30 plus folks are generous in providing treat bags filled with delicious goodies put together by other kind folks who gave their time and energy to raise money for Congregation Adath Israel. Thank you to all involved: those that gave money and those that gave time of their personal time to share cheer with fellow congregants.

I ate the chocolate first. Then I moved onto the cookies and Hamantaschen. Enjoy in your own way.

Todah Rabah

Sharon L Neuwirth

PASSOVER – A CHARITABLE TIME

ADATH ISRAEL MATZAH/ MA'OT HITTIN



Your donation to The “Matzah Fund” assists those in our community without the resources necessary to make Passover a reality. Distribution priority is given to Adath Israel congregants with secondary distribution to other Jewish persons. Any funds in excess of need will be donated to Jewish charities for Passover allocation.

This Fund is self-liquidating, that is, all contributions will be allocated at Passover time with no continuing balance. Please be assured that all funds are allocated in the strictest of confidence.

Contribution checks should be made payable to Adath Israel (please put “Matzah Fund” on the memo line) and sent to the office by April 1, 2020, so that distribution can take place prior to Passover.

Leave your contribution with Joanna at the synagogue office or mail to:

Adath Israel
P.O. Box 337
Middletown, CT 06457

Finally, if you know of any families or persons that require some assistance, please contact Joanna at office@adathisraelct.org or 860-346-4709

Again, all communications will be handled in the strictest of confidence.

As a Community we rely on volunteers for everything from planning programs, to cooking our delicious meals, to giving rides to services. We need EVERYONE to pitch in, and we have something to meet every interest, ability, and availability. Please look at the Volunteer Opportunities below for some ideas of how you can help. Don't see something you'd like? Contact Joanna in the office.

Ongoing

Task	Time	Requirements/Contact Person
Lay out Kolot	5-10hrs/month	Comfortable with computers. Access to Office Publisher/Joanna Schnurman
Shop for dinners or events	A few hours the week before the meal	Access to car. Can carry groceries./Joanna Schnurman
Maintain gardens	When convenient	Joanna Schnurman
Food prep for Pray-Eat-Sing	A few hours the week of or the afternoon of the meal	No experience necessary/Harriet Thiela
Assemble mailings	A few hours each time	Can be done at home or synagogue/Joanna Schnurman
Returning bottles	An hour or so each time	Joanna Schnurman
Provide a ride to & from services	~2hrs on Friday ~4hrs on Saturday	Rabbi Nelly

ADATH ISRAEL JUDAICA MUSEUM NEEDS YOUR HELP

We are looking for volunteers to help with some very important tasks in our Judaica Museum.

WE NEED:

1. **Docents** – individuals interested in learning what we have in our beautiful museum and are able to conduct tours as they come up.
2. **Grant writers** – individuals with good writing skills. We desperately need display and security upgrades. There are grants available, but we do not have the expertise to access them.
3. **Marketing and idea people** – who always have those special ways of creating new ideas and interesting venues.
4. **Researchers** – individuals to do some additional research on an item or two to better define their history and origins.
8. **Technolphiles** – individuals who can help us move access to our collection into the 21st century by creating a digital record of our collection and methods of sharing.

Office Hours

Monday: 7:30 a.m.-1:30 p.m.

Tuesday: 7:30 a.m.-1:30 p.m.

Wednesday: 9 a.m.-5:30 p.m.

Thursday: 7:30 a.m.-1:30 p.m.

Friday: 7:30 a.m.-Noon

The office is closed weekends, legal holidays, and Jewish holy days.

In the event of an emergency closing due to weather or public health the office will work remotely.

IT'S



MAZAL TOV!

Mazal tov to Sherry & Brandon Aiudi on the birth of their son, Nathan James Aiudi. Mazal tov, as well, to grandparents, Linda & Steven Small.

TODAH RABAH

Meals & Shopping: Fred Zierler, Harriet, Marcey, and Aaron Thiela

Other Acts of Kindness

Laying out Kolot – Michael Daling

Proofreading Kolot – Naomi Kamins

Assembling & mailing Kolot – Anita Hennessey

Taking care of our eNews and blasts – Eileen Daling

Grocery shopping - Harriet, Marcey, Aaron Thiela

Washing towels from the kitchen - Joanna Schnurman

Helping with mailings – Nancy Schwartz, Anita Hennessey, and Sam Bauer

“Where there is no food there is no Torah”

Sponsoring a Kiddush

IN MEMORY OF

Ralph Kohn by Rabbi Michael G. Kohn

Ben Saxe by Phil Saxe

Supporting Pray-Eat-Sing

Harriet, Marcey, and Aaron Thiela

Myra & David Finkelstein

Risa & Fred Zierler

Naomi & Richard Kamins

Sharon Neuwirth

Kim Anderson

Anita Hennessey

Phil Saxe

SPEEDY RECOVERY

We'd like to wish a “Refua Shleima” to the following: Shana Adams, Katrina Axelrod, Sy Feldman, Phyllis Frydenberg, Paula Goldstein, Hal Kaplan, Hyime Paley, Morton Pear, Irving Pincus, Rabbi Marshal Press, David Schwarz, Stephen Shapiro, and Sharon Slossberg.

MAY GOD GRANT COMFORT

Deepest sympathies to

Michael Elfenbaum on the recent loss of his mother, Miriam Elfenbaum.

IN MEMORIUM

Our sincerest condolences are extended to the family of Dr. Joseph Zaiantz z”l who came to his eternal rest on March 12 (19 adar).

May the bereaved find comfort in our community's support.

INTERFAITH GOLF OPEN

This year the Interfaith Golf Open besides supporting our usual charities and both Adath Israel and St. Mary's decided to support two other worthy causes that will benefit both the local and wider community.

The Ridge Recovery Center will operate under the umbrella of Rushford, a Hartford HealthCare Center of Excellence, and a leader in substance use prevention and treatment for more than 40 years. The facility will treat alcohol, opioid and all other substance use disorders. The Ridge will allow people to get a higher level of care in a private, professional atmosphere.

Middlesex Health's Crescent Center. To help better serve its community, Middlesex Health is improving access to its mental health services for both children and adults. In addition to housing all of its Middletown outpatient mental health services in one location, The Crescent Center will allow space for Middlesex Health to expand its outpatient mental health services to close gaps in care that are particularly acute including services for women with postpartum depression and young adults ages 18 through 26.





april 2023
nisan/iyar

sunday	monday	tuesday	wednesday	thursday	friday	saturday
26	27	28	29	30	31 *Candle lighting times for Middletown, CT	1 9:30 a.m. Shabbat L'chol Adat Morning Services 11:30 a.m. Tot Shabbat Tzav Shabbat Hagadol 10 nisan
2 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots 11 nisan	3 May Kolot Articles Due 8 a.m. Minyan 12 nisan	4 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon Search for Chametz 13 nisan	5 No Religious School 7 a.m. Early Risers Siyyum. Breakfast served. *7:02 p.m. Fast of the 1st Born 1st Seder 14 nisan	6 Office closed 8 a.m. Festival Morning Services *8:03 p.m. Passover I 15 nisan	7 Office closed 8 a.m. Festival Morning Services 7 p.m. Shabbat Evening Services *7:04 p.m. Passover II 16 nisan	8 9:30 a.m. Shabbat Morning Services Chol Hamoad 17 nisan
9 No Religious School or Mazel Tots 9 a.m. Minyan 5:30 p.m. Community Seder. RSVP required. Intermediate Day 18 nisan	10 8 a.m. Minyan Intermediate Day 19 nisan	11 No Al Anon 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg *7:08 p.m. Intermediate Day 20 nisan	12 Office closed No Religious School 8 a.m. Festival Morning Services *8:10 p.m. Passover VII 21 nisan	13 Office closed 8 a.m. Festival Morning Services Passover VIII Yizkor 22 nisan	14 8 a.m. Minyan 7 p.m. Shabbat Evening Services *7:11 p.m. 23 nisan	15 9:30 a.m. Shabbat Morning Services Shemini 24 nisan
16 No Religious School or Mazel Tots 9 a.m. Minyan 25 nisan	17 Office closed 8 a.m. Minyan 26 nisan	18 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon 7 p.m. Book Club Yom HaShoah 27 nisan	19 8 a.m. Minyan 4 p.m. Religious School 7 p.m. Board of Directors Mtg 28 nisan	20 8 a.m. Minyan 29 nisan	21 8 a.m. Minyan 7 p.m. Shabbat Evening Services *7:19 p.m. Rosh Chodesh 30 nisan	22 9:30 a.m. Shabbat Morning Services Tazria-Metzora Rosh Chodesh 1 iyar
23 9 a.m. Minyan 9:30 a.m. JWV Brunch 2 iyar	24 8 a.m. Minyan 3 iyar	25 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon Yom HaZikaron 4 iyar	26 8 a.m. Minyan 4 p.m. Religious School Yom Ha'azfmaut 5 iyar	27 8 a.m. Minyan 6 iyar	28 8 a.m. Minyan Israel @ 75 Shabbat Musikah w/ Cantor Re'ut Ben-Zeev 6 p.m. Tahini Happy Hour 7 p.m. Shabbat Evening Services *7:27 p.m. 7 iyar	29 Israel @ 75 Shabbat Musikah w/ Cantor Re'ut Ben-Zeev 9:30 a.m. Shabbat Morning Services 7:30 p.m. Havdalah in Motion Achrei Mot-Kedoshim 8 iyar
30 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots 9 iyar	1	2	3	4	5	6



Adath Israel

Celebrate Jewish Life

may 2023 iyar/sivan

sunday	monday	tuesday	wednesday	thursday	friday	saturday
30 *Candle lighting times for Middletown, CT	1 8 a.m. Minyan 10 iyar	2 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 1:30-6:30 p.m. Blood Drive 7 p.m. Al Anon & Al Ateen 11 iyar	3 7 a.m. Early Risers Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 p.m. Religious School 12 iyar	4 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom 13 iyar	5 8 a.m. Minyan 7 p.m. Shabbat Evening Services *7:34 p.m. 14 iyar	6 9:30 a.m. Shabbat L'chol Adat Morning Services 11:30 a.m. Tot Shabbat Emor 15 iyar
7 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots 16 iyar	8 8 a.m. Minyan 17 iyar	9 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon & Al Ateen 7 p.m. Board Mtg Lag B'Omer 18 iyar	10 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 p.m. Religious School 19 iyar	11 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom 20 iyar	12 RSVP Deadline for Pray-Eat-Sing 8 a.m. Minyan 7 p.m. Shabbat Evening Services *7:41 p.m. 21 iyar	13 9:30 a.m. Shabbat Morning Services Behar-Bechukotai 22 iyar
14 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots Mother's Day 23 iyar	15 Summer Kolot Articles Due 8 a.m. Minyan 24 iyar	16 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon & Al Ateen 25 iyar	17 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 p.m. Religious School 26 iyar	18 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom 27 iyar	19 8 a.m. Minyan 6 p.m. Pray-Eat-Sing Shabbat Evening Services & Dinner *7:48 p.m. Yom Yerushalayim 28 iyar	20 9:30 a.m. Shabbat Morning Services Bamidbar 29 iyar
21 9 a.m. Minyan Rosh Chodesh 1 sivan	22 8 a.m. Minyan 2 sivan	23 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon & Al Ateen 3 sivan	24 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 sivan	25 8 a.m. Minyan 7 p.m. Tikkun L'eyl Study Session *7:54 p.m. Erev Shavuot 5 sivan	26 Office closed 8 a.m. Festival Services 7 p.m. Shabbat Evening Service *7:55 p.m. Shavuot I 6 sivan	27 9:30 a.m. Shabbat Morning Services Yizkor Shavuot II 7 sivan
28 9 a.m. Minyan 8 sivan	29 Office closed 8 a.m. Minyan Memorial Day 9 sivan	30 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon & Al Ateen 7 p.m. Book Club 10 sivan	31 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 11 sivan	1	2	3