

סידור  
קולות ק.ק. עדת ישראל



Middletown, Connecticut  
March 2023 - Adar/Nissan 5783



Dear friends,

With Passover around the corner, I want to point out that coming out of Egypt is something that we are supposed to remember every day – not just once a year! For a date that many compare to our 4<sup>th</sup>

of July, a moment of becoming a people, this is a little overblown.

There are six remembrances that a Jewish person needs to think about and recall Every. Single. Day. In the Torah you have those commands – recall, remember and do not forget – connected to six events: leaving Egypt, receiving Torah, Amalek, our own rebellions against God, Miriam speaking evil of Moshe, and Shabbat.

If you stop and look at the siddur (prayerbook), you will see that the last five do not figure so prominently. But remembering leaving Egypt is so fundamental that it appears several times in the morning services and at least twice in our evening services. And a good question is: Why? Why is this moment, going out of Egypt, with the scene of the Splitting of the Sea so fundamental to Jewishness?

The kabbalists explain that this story fits into the process of opening and revelation that we are to engage in as we begin each new day. The basic idea is that we are to be open and experience God's presence and God's continuous revelation, as individuals and as a collective.

There are, in our reality, at least two worlds: the world that is revealed (we can see and experience with the senses) and the world that is concealed (we feel its presence but can't prove its existence through science). The sea represents that concealed world, the "alma d'iskasya", which is Aramaic for "the hidden world."

Unlike the land, where the surface teems with a vast array of life, the surface of the oceans conceals an incredible diversity of life that dwells beneath it. When you think of travelling by boat anywhere, water conceals what is inside. It might be shocking to find out, but only 5% of the ocean has been explored and charted by humans. The rest, especially its depths, are still unknown – and this is a 2022 number. So the sea, as a symbol for what lies hidden beneath, is still completely valid.

So let's reread that story – coming out of Egypt, opening the sea – in symbolic terms: coming out of the narrow place, the place of difficulties, where we are not aligned with our potential, our values, our faith towards a place where we will feel aligned. The exit from Egypt is symbolic for the first step we all have to take to grow – which is to leave behind what constrains and prevents us from emotional, spiritual and personal growth. And then there is the splitting of the sea.

The image of parting the waters symbolizes the opening of the external covering that conceals the inner depths that exist beneath the surface of each one of us and of our reality in general. As we reveal what is beneath, as we discover what lies hidden, then we

*(Rabbi, continued on page 3)*

# Early Risers Minyan

**Wednesday  
March 1  
7:00am**

 **Adath Israel**  
*Celebrate Jewish Life*

**Kiddush Breakfast Following Service**

*(Rabbi, continued from page 1)*

can use that energy and that discovery to propel us forward.

A person cannot truly be free unless they liberate themselves from the veils and barriers that hide and constrict their ultimate truth. If we are not aware of our Godliness, then we will forever believe that we are “only human.” But when we peel back the surface and recognize our infinite nature and potential, then we will begin the movement toward expansion. And as Einstein said, “The mind that opens to new ideas never returns to its original size”. That is true of our own souls as well. Once we know how aligned and connected we can be, our truth cannot be enslaved or suppressed again.

But all of us forget. We become entangled in the myriad details of daily life, we get distracted by things and screens, we accept the constraints that acceptance in the larger society puts on us - and we forget. We forget that we carry within us the presence of God, and that our mission, individually and collectively, is to embrace expansion and liberation, to grow into souls that are every day a little more expanded and loving, and to change the world accordingly.

We need Passover every year to remind us of our national liberation, but we need the Exodus every day to remind us of the process of self-actualization and liberation that we are to undergo daily. The splitting of the sea is a fundamental part of this – the conscious choice of being open to the presence of God in our lives, knowing that we take steps toward the unknown but accompanied by our people, our values and the Presence of God in everything that happens to us.

Have a Zissen Pesach – and may you find personal liberation every day.

*Rabbi Nelly*



## **Passover – A Charitable Time Adath Israel's Matzah Fund**

Your donation to The “Matzah Fund” assists those in our community without the resources necessary to make Passover a reality. Distribution priority is given to Adath Israel congregants with secondary distribution to other Jewish persons. Any funds in excess of need will be donated to Jewish charities for Passover allocation.

This Fund is self-liquidating, that is, all contributions will be allocated at Passover time with no continuing balance. Please be assured that all funds are allocated in the strictest of confidence.

Contribution checks should be made payable to Adath Israel (please put “Matzah Fund” on the memo line) and sent to the office by April 1, 2020, so that distribution can take place prior to Passover.

Leave your contribution with Joanna at the synagogue office or mail to:

Adath Israel  
P.O. Box 337  
Middletown, CT 06457

Finally, if you know of any families or persons that require some assistance, please contact Joanna at [office@adathisraelct.org](mailto:office@adathisraelct.org) or 860-346-4709

Again, all communications will be handled in the strictest of confidence.







**MARCH 4TH**  
**SHABBAT L'CHOL ADAT**  
**9:30AM**

**TOT SHABBAT**  
**11:30AM**

**SHABBAT FOR THE WHOLE COMMUNITY**

# IT'S



## Mazal tov!

Rabbi Michael G. Kohn on being named Alumnus of the Year by the Academy of Jewish Religion

### TODAH RABAH

#### Meals & Shopping:

Fred Zierler; Harriet, Marcey, and Aaron Thiela



**Coordinating and Staffing the Collection of Prom Attire & Accessories for Connecticut Alliance of Foster and Adoptive Families 2023 Avenue of Dreams:**  
Paulette Gewirtz, Harriet Thiela & Lisa Caron

**Laying Out Kolot** – Every issue of Kolot someone decides how to fit together all the articles, blurbs, letters, and flyers, so that it is the beautiful, cohesive newsletter you receive each month. For almost a decade that person has been Eva Bardwell. She began with no experience, just a willingness to help out. She became a whizz at making sure every article was in its proper place, inserting graphics where they added meaning, making thoughtful suggestions for editing so that each issue was both cohesive and beautiful. Eva is hanging up her editor's hat, and we are SOOO grateful for all the help she has given.



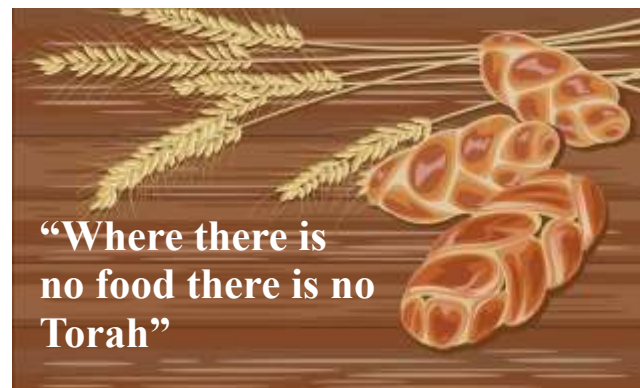
### Other Acts of Kindness

Laying out Kolot –  
Michael Daling  
Proofreading Kolot –  
Naomi Kamins

Assembling & mailing Kolot –  
Michaela & Elliott Altenburger  
Returning Bottles – Sharon Slossberg

Taking care of our eNews and blasts – Eileen Daling  
Grocery shopping - Harriet, Marcey, Aaron Thiela  
Washing towels from the kitchen - Joanna Schnurman  
Helping with mailings – Nancy Schwartz & Anita Hennessey  
Helping out on one of the busiest Sundays in recent memory:

Ari Poliner  
Colleen Poliner  
Harriet Thiela  
Aaron Thiela  
Phil Saxe  
Andy Bauer  
Lisa Caron



### Sponsoring a Kiddush

#### IN MEMORY OF

Bernard Schwarz by Gail Schwarz Aronow  
Edward Becker by Andrew Becker

### Supporting Pray-Eat-Sing

Harriet, Marcey, and Aaron Thiela  
Myra & David Finkelstein  
Risa & Fred Zierler  
Naomi & Richard Kamins  
Sharon Neuwirth  
Kim Anderson  
Rebecca Wilansky & Frank Bonito  
Anita Hennessey  
Phil Saxe

### Supporting Sunday Meals Program

Nancy L. Schwartz  
Paula & Rob Goldstein  
Liz Hibino  
Sue Engelhardt  
Patty Netherland  
Ben Eisner

*(News, continued on page 7)*



# MEGILLAH READING

## MARCH 6

LIGHT DINNER AT 5:00 PM  
 READING & COSTUME CONTEST AT 5:45  
 PLEASE RSVP FOR DINNER



**ALL  
 ARE  
 WELCOME!**

**ZOOM INFO**  
**MEETING ID: 824 1352 3939**  
**PASSCODE: 036669**

 **Adath Israel**  
*Celebrate Jewish Life*

For more info please contact the synagogue at 860-346-4709 or office at [office@adathisraelct.org](mailto:office@adathisraelct.org)



(News, continued from page 5)

### **SPEEDY RECOVERY**

We'd like to wish a "Refua Shleima" to the following:  
Shana Adams, Katrina Axelrod, Sy Feldman,  
Phyllis Frydenberg, Paula Goldstein, Hal Kaplan,  
Hyime Paley, Morton Pear, Irving Pincus,  
Rabbi Marshal Press, David Schwarz,  
Stephen Shapiro, Sharon Slossberg, and Joe Zaiantz

### **MAY GOD GRANT COMFORT**

Deepest sympathies to  
Suzanne Epstein Goldberg on the recent death of  
her uncle Harvey Limon

Michelle Grossman on the recent death of her  
mother, Eleanor Gall.

Anita Hennessey on the recent death of her brother  
-in-law Morris J. Amitay.

May the bereaved find comfort in our community's  
support.

### **Jewish Camp/Israel Trip Scholarships**

The Congregation is blessed with two scholarship  
funds which provide support for children of  
members in good standing wishing to send their  
children to Jewish summer camps or to experience  
Israel.

**Applications for the Maxine Thumim Camp  
Scholarship and the Dr. Arthur & Gladys  
Weiss Scholarship are available from the  
Synagogue office.**

### **Kolot Article Due Dates**

Issue	Article Due Date
April	3/8
May	4/3
June	5/8

### **WE ARE HERE FOR YOU!**

If you or anyone you know is ill or in need of  
support, please let our Bikur Cholim  
(Compassionate Care) Committee know!

Contact Michelle Grossman at  
[rickandmichelle360@gmail.com](mailto:rickandmichelle360@gmail.com),  
Rabbi Nelly at 860-346-4077, or Joanna at the  
office.

## **Introducing Denise Wolferman Pastoral Care Intern**



# Hi!

My name is Denise  
Wolferman, and I  
am delighted to  
join the  
community as  
Pastoral Care

Intern. I am here to  
listen, learn and help. I am currently training  
as a chaplain at Hartford International  
University for Religion and Peace (formerly  
Hartford Seminary). I am married to Brian;  
we have 3 sons (Nicholas, Alex, and Greg)  
and a dog, Hank. I split my time between NJ  
and CT.

Come say hello on Mondays from 10-5 and  
Wednesdays 12:30 – 3:30! Please feel free  
to reach out to me at  
[iambeingtheunicorn@gmail.com](mailto:iambeingtheunicorn@gmail.com) or leave a  
message with Joanna in the office so we can  
meet in person or online!



 Adath Israel  
*Celebrate Jewish Life*

# PURIM CARNIVAL



FAMILY ACTIVITIES

## MARCH 12TH

10:00AM

JOIN US FOR GAMES, FOOD, PRIZES

**FOR MORE INFO CONTACT THE OFFICE AT  
860-346-4709 OR [OFFICE@ADATHISRAELCT.ORG](mailto:OFFICE@ADATHISRAELCT.ORG)**

[WWW.ADATHISRAELCT.ORG](http://WWW.ADATHISRAELCT.ORG)





## **Purim Reflections**

On the evening of Sunday, Jan 8<sup>th</sup>, a text message came through my phone. “Hey Rebecca – Happy New Year – would you be willing to chair Purim this year?” to which I immediately responded, “Of course I will.” My lack of hesitation was not because I was an aficionado of Purim nor was it my desire to add more to my already hectic daily schedule. It was simply because of who made the request.

A week later, a very small group of my cohorts and I met and discussed details and processes in regard to the Purim Fundraiser which had been extremely successful in the previous year. I was confident that regardless of a shorter time frame and lack of an automated system, we would take a systematic approach to get this done.

In recent years, Purim, for me, has been met with a bit of angst. The carnival and fun activities in Hebrew School were almost always on dance picture day. If not dance picture day, it was almost guaranteed that my oldest daughter, Isla, would have a required dance production rehearsal. There were consecutive years that she and her sister, Elise, would miss the Purim happenings all together. This, along with the pandemic, made Purim nonexistent in our household.

In the past couple of weeks, I have started to reflect on what Purim was to me as a young girl, not an overscheduled mother. I have been reminiscing on what seemed to be enormous Purim carnivals every year at my hometown congregation Knesset Israel in Pittsfield, MA. Some memories are as clear as though it were yesterday while others are a little more like snippets and pieces. Regardless of how they are stored in my mind, one thing remains true – as I reflect on each one of these memories, they have led me to remember more.

It didn’t make a difference what year it was and how old I was - 8 or 7 or maybe even younger. Purim was here and there was only one character I would even consider dressing as for the long awaited carnival: Queen Esther. Was there even anyone else? Did it matter that my two Hebrew school friends that were my age were going to dress as her too? Did I even care about the fact that she was the heroine that saved the Jews from annihilation? Certainly not. She was simply The Queen and why would I consider being anyone else? For me, there was only one major decision to make. What would I wear? Luckily for me, my father spent time living in Thailand during the Vietnam War, helping with the war effort as an electrical engineer with General Electric and had brought back two beautiful silk or satin kimono style dresses adorned with images of Thai women and authentic design. One was purple and one was gold. They were perfect. Surely Queen Esther must have worn something similar. The fuzzy memories of the feel of the much too long flowing garment (which I am sure was held up by a shoelace-turned-belt) are more of the way the I felt; glamorous as I made my way into the social hall of our synagogue to get ready to read our special readings in front of our families and congregant members.

The boisterous room was crowded, but each year my eyes scanned the room until I found my very favorite Hebrew School teacher, who, to me, was larger than life. She was the one whose resounding laugh you could hear across the room, the one who was a natural born comedian, the one who showed us love and affection and the one who was over the top, just plain cool. She was Michele. Everyone wanted Michele as their teacher and couldn’t wait until they were old enough to have her. When you finally got to the golden age, you wanted that year to last forever. She made Purim exciting for us and entertaining for the congregation by preparing and leading us in skits and songs that were a bit unconventional such as having us tell the story of Purim through new lyrics of popular songs. Michele made EVERYTHING fun.

Every year, upon my return to Knesset Israel during the high holidays, during my years in college and after, she was still the one person I hoped to see there. Without fail, I would find her, she would hug me tight and make me laugh, and I was back to being that girl

*(Purim, continued on page 11)*



# Book Club

**March 7th - 7:00pm - Zoom Only**

## **Dinners with Ruth:**

**A Memoir on the  
Power of Friendships  
by Nina Totenberg.**

**Zoom Info**

**Meeting ID: 886 4652 0065**

**Passcode: 196174**

## **DINNERS WITH RUTH**

**A MEMOIR *on the* POWER  
of FRIENDSHIPS**



**NINA TOTENBERG**

*NPR Legal Affairs Correspondent*

**Adath Israel Book Club  
is free and open to  
anyone who desires  
great discussions about  
fascinating books  
on Jewish topics**



**For more information, please contact  
Roberta Glass: [rjlevine610@gmail.com](mailto:rjlevine610@gmail.com)  
302-593-7581**

**or Holly Simon: [hfpsimon@icloud.com](mailto:hfpsimon@icloud.com)  
860-395-8989**



*(Purim, continued from page 9)*

who felt like I had everything because I was one of Michele's kids.

Last year, I helped deliver Purim gift bags to some congregants' homes who were unable to pick them up. I was greeted sometimes with confusion, but most often with appreciation for the small treats and kindness that other congregation member shown by gifting each person in our community with a Purim bag. This year I look forward to all that chairing our Purim fundraiser has brought to me; the memories, joy, and appreciation for our members and this holiday as a whole. Thank you to all the congregants who have generously donated and the members who have volunteered their time and effort as we make this another successful fundraiser. I wish you all a Happy Purim and I especially thank you, Sandra, for the text message.

*Rebecca Wilansky*

#### **ADATH ISRAEL DEDICATED FUNDS**

##### **ADATH ISRAEL SCHOLARSHIP FUND** (SOPHIE

& JULIUS BARKER, EVELYN & ABRAHAM GROSSMAN, SARAH ZIETZ PIERSON, RABBI ALBERT & ROSALYN TROY, SYLVIA GROSS WASSERMAN, MAX CHEIKIN, BERNIE SEIDON, AND JEAN STERN ARON SCHOLARSHIPS)

Provides scholarships to children of Adath Israel members attending an accredited college, university or school of higher learning

IN MEMORY OF

Shelley Palladino by

Risa & Fred Zierler

Shana, Alyn, and Travis Adams

Eleanor Gall by

Risa & Fred Zierler

Shana, Alyn, and Travis Adams

Roberta & Marc Glass

##### **DR. ARTHUR & GLADYS WEISS**

##### **SCHOLARSHIP FUND**

Provides scholarships to children of Adath Israel members attending Jewish camp, Jewish content special programs, and trips to Israel  
Richard Mei

IN MEMORY OF

Eleanor Gall by Catherine & Frederick Morro

##### **BEIT-PALEY FUND**

Supports Torah repair

##### **CHEVRA KADISHA**

Supports maintenance and enhancement of the cemetery

##### **ARTHUR & EDYTHE DIRECTOR FAMILY FUND**

Supports music in the ritual, educational, and cultural gatherings at Adath Israel

IN MEMORY OF

Sharon Engle by Janice & Jay Weiss

##### **ETERNAL LIGHT FUND**

Supports the general operation of Adath Israel

##### **HOWARD FELDMAN BEAUTIFICATION FUND**

Supports the beautification of our synagogue building and grounds and the Nester Center

IN MEMORY OF

Eleanor Gall by Marge & Stan Sadinsky

Bernie Fabian by

Marge & Stan Sadinsky

Dorothy & Harold Kaplan

Shelley Palladino by Marge & Stan Sadinsky

##### **LYNN BENNETT RELIGIOUS SCHOOL**

##### **CAPITAL CAMPAIGN**

Supports the upgrade of our religious school

IN MEMORY OF

Shelley Palladino by

Joanna Schnurman & Andy Bauer

Ruth & Mike Sigal

Eleanor Gall by

Joanna Schnurman & Andy Bauer

Ruth & Mike Sigal

Carolann Schwartz

Cem Goldsmith by Joanna Schnurman

##### **MAXINE THUMIM CAMP SCHOLARSHIP FUND**

Provides scholarships to children of Adath Israel members attending Jewish camp or travelling to Israel

IN HONOR OF

Rabbi Kohn being named Alumnus of the Year by the Academy of Jewish Religion by Eileen & Michael Daling

IN MEMORY OF

Shelley Palladino by Eileen & Michael Daling

Eleanor Gall by Eileen & Michael Daling

##### **MICHAEL FASSLER FUND**

Supports early childhood education at Adath Israel

##### **MUSEUM FUND**

Supports purchases and maintenance of Adath Israel's museum

*(Funds, continued on page*



# **Torah Study with Rabbi Nelly**

## **via Zoom**

**Every Wednesday - 10:30 AM**

**Zoom ID 837 9879 1910, Passcode 963942**

**Every Thursday - 6:00 PM**

**Zoom ID 887 326 428, Password 827527**

### **Zoom info:**

#### **Shabbat Services:**

**Friday at 7 p.m. and Saturday at 9:30 a.m.**

**— Meeting ID: 815 6727 3870**

**— Meeting Passcode: 474612**

#### **Daily Minyan:**

**Sunday at 9 a.m. and Monday-Friday at 8 a.m.**

**— Meeting ID: 863 5646 9422**

**— Meeting Passcode: 679552**



*(Funds, continued from page 11)*

**NATHAN OLSHIN SCHOLAR-IN-RESIDENCE-FUND**

Supports annual scholar-in-residence program

IN MEMORY OF

Adolf Kahn by Bobette Reed & Jeffrey S. Kahn

**RABBI'S DISCRETIONARY FUND**

Allows the rabbi to support individuals and causes in our community anonymously

IN MEMORY OF

Eleanor Gall by Sandra & Paul Beckman

Shelley Palladino by Sandra & Paul Beckman

Isaac Stoller by Sandra & Paul Beckman

**SANFORD BEIT MINYAN FUND**

Supports the creation and building of community over Kiddush

Alan Firestone

IN HONOR OF

Sara Paley celebrating a Special Birthday by Joan & Michael Needle

**SYNAGOGUE FUND**

Supports the general operation of Adath Israel

Marcia Wrubel

Daniel Slatkin

IN MEMORY OF

Bernie Fabian by Teresa & Dave Shulman

Harvey Limon by Michael Sperling

Eleanor Gall by

Janice & Jay Weiss

Debbie & David Kaye

**YAHREZEIT FUND**

Supports the general operation of Adath Israel

Marion Sigal by Mike, Ruth, Amy and Stacey Sigal and Eric Kolodny

Bernard Mordechai Schwartz by Nancy Schwartz

Arthur Shulman by David Shulman

Henry Silverman by Edie Simon

Nancy Pruso by Shari & Roger Turner

Edith Barker by Michael Barker

Mae Melton by Lee Resnick

Louis Hoffman by Ceile Zaroni

Morris & Ruth Berlind by Allan & Wendy Berlind

Alan Steele by Gertrude Steele

David Schwartz by Gertrude Steele

Ruth Edelberg by June Saltzberg

Dorothy Werfel by Phoebe T. Sugarman

Gussie & Sam Gerber by Gail Leiser

Rebecca Sheftel by Barry Sheftel

Milton Sodel by Edward Sodel

Sandy Robinson by Peter Robinson

Eleanor Lowell by Dahlia Grossman

Gladys Bronstein Grower by Liz Grower Whittaker

Bertha Goldberg Fass by Beth Katz & Heidi Geiges

Miriam Rubinstein by Laurie & Rabbi Marshal Press

Anita Bernstein by Paula Eisner

Rubin Segal by Claire Segal Sergi

Sarah Jabes by Corinne Brodie

Etta Bleistein Soreff by Linda Soreff Seigel

Bernard Levitt by Arlene L. Weyler & Edith L.

Schpero

Minnie Levitt by Arlene L. Weyler & Edith L.

Schpero

Pauline Gerstenblatt by Ines Gerstenblatt

Robin Weiss by Barbara & Steven Weiss

Etta Weiss by Barbara & Steven Weiss

Ruthanne Wagner by Irving Wagner

Joseph Wagner by Irving Wagner

Stanley Stein by Susan Massicott

Sylvia Korfin by Francine Goldberg

Arthur Palmer by Michael Palmer

Myron Bersch by Elaine Penny Bersch

Benjamin Pollack by Ruth Kahn

Adolf Kahn by David Kahn

Michael Golensky by Anita Hennessey

Zeddie Handler by Leslie Handler-Stern

Adele Shirley Wettenstein by Barbara Sequenzia

Jerome Sol Wettenstein by Barbara Sequenzia

Edith & Harry Zaiantz by Joseph Zaiantz

Carolyn Wrubel Magram by Henry & Gayle Wrubel

Winkler

Joseph Barker by Michael Barker

**HONOR THOSE SPECIAL PERSONS  
IN YOUR LIFE WITH A PLAQUE FOR  
THE "SIMCHA" MENORAH**

Whether it celebrates a Bar Mitzvah,  
Bat Mitzvah, Birth of a Child or Grandchild,  
Wedding, "Special" Birthday, special event/honor,  
etc. share your joy with our synagogue community

– **FOREVER.**

SAMPLE

Bar Mitzvah

Jonathan Goldstein

00/00/00

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**Only \$136.00 – A gift that endures**

Contact Joanna @ 860-346-4709 or  
[office@adathisraelct.org](mailto:office@adathisraelct.org)





# PRAY EAT SING

**FRIDAY, MARCH 17**

**6:00PM**

**RSVP BY MARCH 10**



**Adath Israel**

Celebrate Jewish Life

**Free to Members**

**Others: \$10 per person or \$18/family**



## **LIFE CYCLES**



Herb Bichunsky  
David Willis  
Rabbi Michael Kohn  
Mark Kaplan  
Ben Eisner  
Re'ut Ben-Zeev  
Liz Hibino  
Rabbi Michael Leipziger  
Raisa Filler  
Bern Padawer  
Katrina Axelrod  
Louise Feldman  
Isla Bonito  
Melanie Login  
Andy Bauer  
Robert Baskin  
Ernest Ferrebee  
Darcy Searle  
Shari Turner  
Dorothy Kaplan  
Jan Weiss  
Joan Needle  
David Goodman  
Jonathan Shapiro  
Laurie O'Brien-Schwarz  
Denis Caron  
Luanne Paley  
Susan Massicott  
Jenna Dicks



Teresa and David Shulman  
Linda and Allen Caplan

## **Office Hours**

Monday: 7:30 a.m.-1:30 p.m.

Tuesday: 7:30 a.m.-1:30 p.m.

Wednesday: 9 a.m.-5:30 p.m.

Thursday: 7:30 a.m.-1:30 p.m.

Friday: 7:30 a.m.-Noon

The office is closed weekends, legal holidays, and Jewish holy days.

In the event of an emergency closing due to weather or public health the office will work remotely.

## **ADATH ISRAEL** **ACADEMIC SCHOLARSHIPS**

The Scholarship Committee of Adath Israel is pleased to announce that the Application Forms and Rules and Regulation Guidelines for the Annual Adath Israel Post Secondary School Scholarships will be available from the synagogue office.

Students who are seniors in high school through graduate school, and whose family meets the membership requirements are encouraged to apply.

All questions concerning the application process should be directed to **Fred Zierler**, Committee Chair at (203) 631-9567 or via email, [fzierler@gmail.com](mailto:fzierler@gmail.com).

Completed applications should be returned to Congregation Adath Israel as indicated in the regulation form by May 17, 2023.



# Why the Jews: Jewish Humor and Antisemitism

Presented by  
**Dr. Avinoam Patt**



**Sponsored by the Tikkun  
Olam & Adult Education Committees**

**Sunday, March 26, 2023  
Brunch 10:30am  
Presentation 11:00am  
Free**

**Open to Adath Israel Members**  
**Please RSVP to the office**





## Book Club News

### Brrrrrrrlliant books & tours for March

Winter is always a good time to snuggle up with a good book or go see a special exhibit at a museum!

March's selection for the Book Club is ***Dinners with Ruth: A Memoir on the Power of Friendships*** by Nina Totenberg. Celebrated NPR correspondent Nina Totenberg talks about her personal successes, struggles and friendships, including her fifty year relationship with Supreme Court Justice Ruth Bader Ginzburg. Come learn more about the incredible power of friendships as women began to pry open career doors and transform the workplace!

**The March 7<sup>th</sup> meeting will be via ZOOM only.**

**Meeting ID: 886 4652 0065 Passcode: 196174**

On **March 19<sup>th</sup>**, members of the book club (family and friends also invited) are planning to visit the New-York Historical Society for a docent-led tour of ***"I'll Have What She's Having": The Jewish Deli***. This is a traveling exhibit on the Jewish delicatessen, looking back at a vibrant institution fueled by immigrants and irresistible food. After reading Lori Zabar's book, ***Zabar's A Family Story, with Recipes***, many of us felt that this exhibit was a "must-see." After the tour and visit to the museum, we will head out to Zabar's or a deli of our choice. If interested in attending, please let Roberta know and she will save you a spot and send you the details.

Here is another date to put on your calendar and stay tuned for more information!

**April 18, 2023** (special Yom Hashoah book and program)

Happy Reading!

ROBERTA and HOLLY

Roberta Levine Glass, [rjlevine610@gmail.com](mailto:rjlevine610@gmail.com),  
302-593-7581 (cell)  
Holly Simon, [hfpsimon@icloud.com](mailto:hfpsimon@icloud.com), 860-395-8989



*Krystal Hernandez of CAFAF,  
her car filled with donations  
from Adath Israel.*

## A Trunkful of Thanks!

The Adath Israel community donated more than 3 dozen prom gowns and suits, along with dress shoes, accessories, jewelry and body care products for the Connecticut Association of Foster and Adoptive Families Avenue of Dreams. This wonderful

program allows teens from foster & adoptive families to choose prom attire at no cost.

## **CELEBRATE JEWISH LIFE THROUGH PRAYER**

All services are in-person & via Zoom

### **Morning Minyan**

Monday - Friday, 8:00 AM

1st Wednesday of the month, 7:00 AM

Sunday, 9:00 AM

[Zoom Info](#)

Meeting ID: 863 5646 9422 Passcode: 679552

### **Shabbat Services**

Friday, 7:00 PM

Monthly Pray-Eat-Sing Services, 6:00 PM

Saturday, 9:30 AM

[Zoom Info](#)

Meeting ID: 815 6727 3870 Passcode:  
474612

All prayer services at Adath Israel are public events, open to the community as a whole. Members, guests, and other religious seekers who desire the warmth of Jewish prayer and the fellowship of being together are always welcome.

The need is constant.  
The gratification is instant.  
Give blood.



**American  
Red Cross**



# SAVE THE DATE

## Adath Israel BLOOD DRIVE

Adath Israel – Social Hall – 8 Broad Street

**Donors &  
Volunteers  
Needed!**

**Tuesday, May 2**

**1:30-6:30 PM**

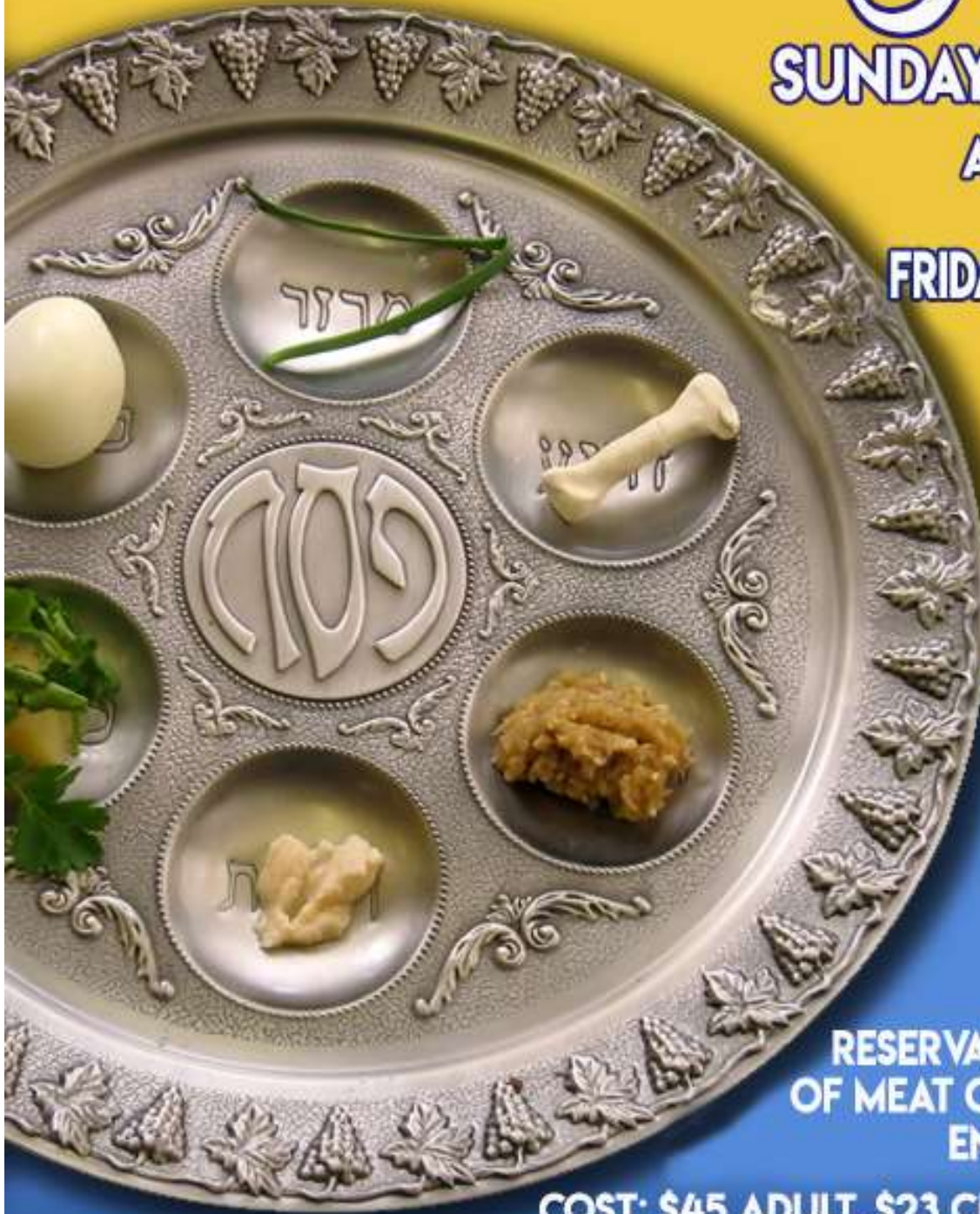
**“Whoever saves a life, it is considered as if he saved an entire world.” *Talmud, Sanhedrin 37a***

**redcrossblood.org | 1-800-RED CROSS**



# COMMUNITY SEDER

**SUNDAY, APRIL 9**  
**AT 5:30 PM**  
**RSVP BY**  
**FRIDAY, MARCH 24**



**RESERVATION & CHOICE  
OF MEAT OR VEGETARIAN  
ENTRÉE REQUIRED**

**COST: \$45 ADULT, \$23 CHILD: AGES 5-12**  
**CHILD UNDER 5 FREE**

**\$125 MAX FAMILY (PARENTS/GUARDIAN WITH MINOR CHILDREN)**

**CONTACT SYNAGOGUE OFFICE AT**  
**OFFICE@ADATHISRAELCT.ORG OR (860)-346-4709**



# march 2023

## adar/nisan

sunday	monday	tuesday	wednesday	thursday	friday	saturday
		<b>*Candle lighting times for Middletown, CT</b>	1 7 a.m. Early Risers Minyan 10:30 a.m. Torah Study with Rabbi Nelly, Zoom 4 p.m. Religious School  8 adar	2 8 a.m. Minyan 6 p.m. Torah Study with Rabbi Nelly, Zoom  9 adar	3 RSVP Deadline for Megillah Dinner 8 a.m. Minyan 7 p.m. Shabbat Evening Services  *5:24 p.m. 10 adar	4 9:30 a.m.. Shabbat L'chol Adat Morning Services 11:30 a.m. Tot Shabbat  Tetzaveh Shabbat Zachor 11 adar
5 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots  12 adar	6 8 a.m. Minyan 5 p.m. Light Dinner 5:45 p.m. Megillah Reading & Dinner  Fast of Esther Erev Purim 13 adar	7 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon 7 p.m. Book Club  Purim 14 adar	8 <b>Due Date for April's Kolot</b> 7 a.m. Early Risers Minyan 10:30 a.m. Torah Study with Rabbi Nelly, Zoom 4 p.m. Religious School  Shushan Purim 15 adar	9 8 a.m. Minyan 6 p.m. Torah Study with Rabbi Nelly, Zoom  16 adar	10 RSVP Deadline for 03/17 Pray-Eat-Sing Dinner 8 a.m. Minyan 7 p.m. Shabbat Evening Services  *5:32 p.m. 17 adar	11 9:30 a.m. Shabbat Morning Services   Ki Tisa Shabbat Parah 18 adar
12 Clocks change 9 a.m. Minyan 10 a.m. Lisa Goodman Purim Carnival  19 adar	13 8 a.m. Minyan  20 adar	14 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon  21 adar	15 8 a.m. Minyan 10:30 a.m. Torah Study with Rabbi Nelly, Zoom 4 p.m. Religious School  22 adar	16 8 a.m. Minyan 6 p.m. Torah Study with Rabbi Nelly, Zoom  23 adar	17 8 a.m. Minyan 6 p.m. Pray-Eat-Sing Shabbat Evening Services & Dinner  *6:40 p.m. 24 adar	18 9:30 a.m. Shabbat Morning Services   Vayakhel-Pekude Shabbat Hachodesh 25 adar
19 Book Club NYC Trip 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots  26 adar	20 8 a.m. Minyan  27 adar	21 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon 7 p.m. Board Mtg  28 adar	22 8 a.m. Minyan 10:30 a.m. Torah Study with Rabbi Nelly, Zoom 4 p.m. Religious School  29 adar	23 8 a.m. Minyan 6 p.m. Torah Study with Rabbi Nelly, Zoom  Rosh Chodesh 1 nisan	24 RSVP Deadline Community Seder 8 a.m. Minyan 7 p.m. Shabbat Evening Services  *6:48 p.m. 2 nisan	25 9:30 a.m.. Shabbat Morning Services   Vayikra 3 nisan
26 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots Why the Jews? 10:30 Brunch 11 a.m. Speaker  4 nisan	27 8 a.m. Minyan  5 nisan	28 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon  6 nisan	29 8 a.m. Minyan 10:30 a.m. Torah Study with Rabbi Nelly, Zoom 4 p.m. Religious School 5 p.m. Israeli Dancing 5:30 p.m. Light Dinner 6:30 p.m. Rediscovering Yiddish Dance  7 nisan	30 8 a.m. Minyan 6 p.m. Torah Study with Rabbi Nelly, Zoom  8 nisan	31 8 a.m. Minyan 7 p.m. Shabbat Evening Services  *6:55 p.m. 9 nisan	





# april 2023

## nisan/iyar

sunday	monday	tuesday	wednesday	thursday	friday	saturday
26	27	28	29	30	31 <b>*Candle lighting times for Middletown, CT</b>	1 9:30 a.m. Shabbat L'chol Adat Morning Services 11:30 a.m. Tot Shabbat  Tzav Shabbat Hagadol 10 nisan
2 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots  11 nisan	3 May Kolot Articles Due 8 a.m. Minyan  12 nisan	4 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon  Search for Chametz 13 nisan	5 No Religious School 7 a.m. Early Risers Siyyum. Breakfast served.  *7:02 p.m. Fast of the 1st Born 1st Seder 14 nisan	6 Office closed 8 a.m. Festival Morning Services  *8:03 p.m. Passover I 15 nisan	7 Office closed 8 a.m. Festival Morning Services 7 p.m. Shabbat Evening Service  *7:04 p.m. Passover II 16 nisan	8 9:30 a.m. Shabbat Morning Services  Chol Hamoed 17 nisan
9 No Religious School or Mazel Tots 9 a.m. Minyan 5:30 p.m. Community Seder. RSVP required.  Intermediate Day 18 nisan	10 8 a.m. Minyan  Intermediate Day 19 nisan	11 No Al Anon 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg  *7:08 p.m. Intermediate Day 20 nisan	12 Office closed No Religious School 8 a.m. Festival Morning Services  *8:10 p.m. Passover VII 21 nisan	13 Office closed 8 a.m. Festival Morning Services  Passover VIII Yizkor 22 nisan	14 8 a.m. Minyan 7 p.m. Shabbat Evening Services  *7:11 p.m. 23 nisan	15 9:30 a.m. Shabbat Morning Services  Shemini 24 nisan
16 No Religious School or Mazel Tots 9 a.m. Minyan  25 nisan	17 Office closed 8 a.m. Minyan  26 nisan	18 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon 7 p.m. Book Club  Yom HaShoah 27 nisan	19 8 a.m. Minyan 4 p.m. Religious School 7 p.m. Board of Directors Mtg  28 nisan	20 8 a.m. Minyan  29 nisan	21 8 a.m. Minyan 7 p.m. Shabbat Evening Services  *7:19 p.m. Rosh Chodesh 30 nisan	22 9:30 a.m. Shabbat Morning Services  Rosh Chodesh Tazria-Metzora 1 iyar
23 9 a.m. Minyan 9:30 a.m. JWV Brunch  2 iyar	24 8 a.m. Minyan  3 iyar	25 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon  Yom HaZikaron 4 iyar	26 8 a.m. Minyan 4 p.m. Religious School  <b>Yom Ha'aztmaut</b> 5 iyar	27 8 a.m. Minyan  6 iyar	28 8 a.m. Minyan 7 p.m. Shabbat Evening Services  *7:27 p.m. 7 iyar	29 9:30 a.m. Shabbat Morning Services  Achrei Mot-Kedoshim 8 iyar
30 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots  9 iyar	1	2	3	4	5	6