

**oicaz**  
קולות ק.ק. עדת ישראל



**Middletown, Connecticut**  
**February 2023 Shevat - Adar 5783**



### **HOW GREEN IS YOUR TORAH?**

Dear Friends,

How green is *your* Torah?

Tu B'shvat, the beginning of the year counted for the trees, is around the corner, happening on Sunday, February 5<sup>th</sup> at night. The beginning of Tu B'shvat is very humble: it is only a cut-off date in the calendar to mark when the agricultural cycle begins or ends for the purpose of tithes involving trees and fruit. Even its name bears its utilitarian beginning: Tu B'shvat merely means the 15<sup>th</sup> day of the month of Shevat. Yet, as a late bloomer, Tu B'shvat has grown into a celebration that has not only many meanings, but many ways of celebrating.

### **WE ARE HERE FOR YOU!**

If you or anyone you know is ill or in need of support, please let our Bikur Cholim (Compassionate Care) Committee know!

Contact Michelle Grossman  
at [rickandmichelle360@gmail.com](mailto:rickandmichelle360@gmail.com)  
or the rabbi (860) 346-4077  
or Joanna at the office.

*(Rabbi Continued on page 3)*

### **WAIT . . . ARE YOU SERIOUS? Reactions to My Favorite Jewish Holiday**



My favorite Jewish holiday is Tu B'Shevat, without a doubt. But it's hard to admit that it's your favorite holiday, when many Jews either don't remember the brief mentionings of the holiday from Hebrew School, or never had exposure to learning about it. Tu B'Shevat happens pretty quickly, unlike our 8-day festival holidays. There are also no heavy requirements that we have to do personally for this holiday. It's essentially our Arbor Day, a tree-tithing day, when Jews would set aside part of their agricultural income for God, and document the age of fruit-bearing trees so we would know if they were kosher to eat from. Now it's filtered through a lens of modern environmentalism by today's rabbis. It falls on Sunday February 5th through February 6th this year.

Maybe it's because I associated the holiday with planting parsley seeds in Ms. Bennett's class in preparation to harvest for our seder plate in the spring, or maybe it was singing all the fun tree songs with Susan Rubel, or maybe it was reading and watching The Lorax with Terri Klein, or maybe it was my hippie soul always longing to find attachment with nature... but I find myself craving this holiday every year. As I got older, and attended

*(President Continued on page 5)*



# EARLY RISERS MINYAN

**Wednesday, February 1st, 7am**  
**Kiddush Breakfast Following Service**



Adath Israel

*Celebrate Jewish Life*



(Rabbi Continued from page 1)

In Israel, the flowering of the almond tree, which grows wild around the country, more often than not coincides with Tu Bishvat. When one walks and sees the almond tree flowering, one senses that the winter is about to end. The almond tree, called in Hebrew *shaked*, shows in the Torah in a story fraught with tension and discord – when Korach decides to dispute the right of Aharon and his descendants of being the *cohanim*, the group that serves at the Temple. You probably remember that Aharon and every other leader of the tribes are commanded to put their staffs in the Temple, and in the morning, not only his staff sprouts almond flowers, but almonds as well. The almond tree becomes, then, a symbol for stopping and taking account – and a symbol of hope: the winter is over, and we'll spring into action!

This date has been transformed, in recent years, into a celebration of ecological awareness, and many are the Jewish texts that deal with the importance of trees and of having awareness of our own impact in the world. Surprisingly or not, none of those texts were written after the 8<sup>th</sup> century. One example is when God created the first human, God led him around all the trees in the Garden of Eden. God said to him, "See My works, how beautiful and praiseworthy they are. Everything I have created has been created for your sake. Think of this, and do not corrupt or destroy My world; for if you corrupt it, there will be no one to set it right after you."

This midrash, written around year 400, is already sensitive to the impact of human existence in the world, and points out that the partnership between God and us is actualized in how well we keep God's creation. Or, in a more contemporary way - how well we are aware of the impact of human existence in the ecosystems, and how much are we working to diminish our impact. Awareness and action – the two sides of Tu Bishvat. But Tu Bishvat is not just a time to think about what needs to be done. It is a time of doing and celebrating!

**Having a Tu Bishvat seder** - In the 1600s, the kabbalist Rabbi Yitzchak Luria of Safed and his disciples instituted a Tu Bishvat seder in which the fruits and trees of the Land of Israel were given symbolic meaning. The main idea was that eating ten specific fruits and drinking four cups of wine in a specific order while reciting the appropriate blessings

would bring human beings, and the world, closer to spiritual perfection. Our Hebrew School will be holding a Tu Bishvat Seder & Dinner Discussion open to all our community, which will happen on February 8th, at 5:30 PM.

Warmly,  
Rabbi Nelly Altenburger



### **ADATH ISRAEL** **ACADEMIC SCHOLARSHIPS**

The Scholarship Committee of Adath Israel is pleased to announce that the Application Forms and Rules and Regulation Guidelines for the Annual Adath Israel Post Secondary School Scholarships are available at the end of February from the synagogue office.

Students who are seniors in high school through graduate school, and whose family meets the membership requirements are encouraged to apply.

All questions concerning the application process should be directed to **Fred Zierler**, Committee Chair at (203) 631-9567 or via email, [fzierler@gmail.com](mailto:fzierler@gmail.com).

Completed applications should be returned to Congregation Adath Israel as indicated in the regulation form by May 17, 2023.

### **Jewish Camp/Israel Trip Scholarships**

The Congregation is blessed with two scholarship funds which provide support for children of members in good standing wishing to send their children to Jewish summer camps or to experience Israel.

**Applications for the Maxine Thumim Camp Scholarship and the Dr. Arthur & Gladys Weiss Scholarship can be found in the back of this month's issue of *Kolot* and are available from the Synagogue office.**

# SHABBAT L'CHOL ADAT

**SATURDAY, FEBRUARY 4TH, 9:30AM  
SHABBAT FOR THE WHOLE FAMILY!**

**Tot Shabbat, 11:30 am**



**Adath Israel**

*Celebrate Jewish Life*

*(President Continued from page 1)*

Hillel, Chabad, and Jewish conferences of all varieties, and the icebreaker of “What’s Your Favorite Jewish Holiday?” would inevitably be played, I always got the looks and smirks of confusion and shock when I’d mention it.

In ancient times, Tu B’shevat served as documenting the trees’ ages: a universal time stamp, aka birthday, for tithable plants as well as a day for tithing itself. In more modern times, this was translated into a holiday of physical planting of trees, eating fruits, and prayers - and these more modern celebrations have only really been observed since 1890! So it’s basically our “youngest” holiday in our 21st century global Jewish calendar.

I also love that this holiday is in sync with our secular calendar in that it’s kicking off a “fresh start”. As we enter into this new year, I believe it’s a great way of acknowledging our ecological Tikkun Olam, by performing some acts of TLC for trees, and reaffirming our relationship to nature.

Here are 18 ways to connect with this holiday:

Get acquainted with the holiday with resources from [Ritual Well](#), [My Jewish Learning](#), and this cute sing along from [BimBam](#): [www.bimbam.com/how-do-they-grow/](http://www.bimbam.com/how-do-they-grow/)

Plant A Tree - Check out [One Tree Planted](#) - I’m falling in love with this organization!

Learn the [bracha \(blessing\)](#) for eating different fruits.

Make a bird, bat, or bee house for your tree in your backyard...if you go to your local Home Depot or Lowe’s, they’ll give you the dates of when they are having workshops to make these!

There are over 2,000 types of fruit in the world. You haven’t tried them all yet. What are you waiting for?

Eat one of the seven species! The seven species are a collection of specific produce items that, in ancient Israel, were tithed to the temple for the first fruits. Today, they are grown in Israel and around the world. They are: wheat, barley, grapes, figs, pomegranates, olives, and dates.

Attend a park/forest clean-up day. Contact your local Park & Rec and mark your calendar for your town’s local clean-up day. Some communities even have tree planting ceremonies upcoming in the spring.

Plan with your family what you are planting this spring in your backyard. I know that this is not for everyone’s family... but please feel free to come over and plant tomatoes, sunflowers, and green beans with Audrey and myself.

Visit Harkness Park in Waterford, CT. Not only are there trees given as gifts to the Governor of Connecticut and planted in the park from all over the world, but my 4 favorite Japanese maples are right by the mansion on the property. They are beautiful during all times of the year.

Hike your local [Connecticut trails](#).

Put two reusable grocery bags in the trunk of your car right now. And I mean, right now. Don’t read on until you’ve done that. Maybe that’s just a friendly reminder for myself and my car...

Make a donation to [Elizabeth Park](#) in West Hartford, CT.

Make a family plan about how and when you are buying local this spring and summer - there are so many farmers’ markets - make sure to take advantage of local produce from fresh farm stands.

Switch to paperless billing. This goes for your bank statements, bills, store receipts, etc. - make sure to use their email option if they have one

There are Tu B’Shevat seders! It’s a thing! Super brief, and they can be as easy as having some fruits, almonds, and some of the seven species at your table. Read your favorite story or poem about trees. Listen to a song about trees. Say a bracha - and there you have it, a customized seder!

Read any and all books about trees. I bought Audrey this book for her birthday this year: [Finding The Mother Tree](#) by Suzanne Simard.

Get a tiny little indoor tree for your home...as long as your cat or dog does not think that the tree is for them. Then don’t do this one...

Calculate your carbon footprint at <https://coolclimate.org/calculator> - [this one](#) is great for US citizens.

Love you all,  
Carly





# Avenue of Dreams

*You can make dreams come true*



## CAFAF

CONNECTICUT ALLIANCE OF  
FOSTER & ADOPTIVE FAMILIES

**Donate your gently used formal wear, suits, dress shoes and accessories to help Connecticut teens in foster or adoptive families attend prom in style.**

**Items may be dropped off at Adath Israel during office hours or between 9 a.m. & noon on the following Sundays: January 8, 22, 29 and February 5, 12**

Dear Members of Congregation Adath Israel,

Our Tikkun Olam (to repair the world) was given the approval by our Board of Directors to act as a donation drop-off location for the Connecticut Alliance of Foster & Adoptive Families' Avenue of Dreams 2023. Through this program 250 Connecticut teenagers in foster or adoptive families will be able to select attire for their senior prom at no cost.

**Let us open our hearts & closets to ensure the Avenue of Dreams 2023 will be a joyful memory for 'our' youth.**

Items needed:

- \* Dresses (new or gently used): Size 0-24+, especially 0-3 & 20-24+
- \* Shoes (new or gently used): Size 4-11+
- \* Make up (new & unopened): lip gloss/lipstick, mascara, eyeliner, eyeshadow, blush, nail polish
- \* Hair & Body Products (new & unopened): body wash, deodorant, perfume, shavers/shaving cream, shampoo/conditioner, hair styling products
- \* Accessories: jewelry, tiaras, decorative hair pins/clips, clutch purses
- \* Tuxedos & Tuxedo Accessories: all sizes



**You can drop off your donations at the Nester Center (16 Broad Street) on the following Sundays from 9-noon: Feb. 5 & 12.**

A special thank you to Harriet Thiela & Lisa Caron for staffing the drop-off Sundays.

If you would like more information, please contact Joanna Schnurman ([office@adathisraelct.org](mailto:office@adathisraelct.org)) or Sue Engelhardt ([susanengel@aol.com](mailto:susanengel@aol.com)).

Thanking you in advance,  
Paulette Gewirtz

Adath Israel Emergency Cancel ation & Cl osing Procedures

Rel igious School :

**THE PRINCIPAL WILL CONTACT STAFF & STUDENTS' FAMILIES DIRECTLY.**

All other Cancel ations & cl osings:  
Check tv channel WFSB (Eyewitness 3) or [www.wfsb.com](http://www.wfsb.com).



The background of the flyer is a close-up photograph of almond blossoms. A single, large, white almond blossom with a pink center is in sharp focus in the upper left. Below it, a dried, brown almond is visible. Other blossoms and buds are scattered throughout the background, some in focus and some blurred.

# Tu B'shevat Seder & Dinner Discussion

Wednesday  
February 8  
5:30 p.m.

Free! RSVP by  
Monday, Feb. 6



Adath Israel

Celebrate Jewish Life



## Annual Giving Donors

The Board of Adath Israel wishes to thank the following people for contributing to Adath Israel's 2022-23 Annual Giving Campaign. Their generous donations help ensure the continuation of our many programs, the success of our synagogue, the Jewish education of our children, and the positive influence of our Jewish Community.

Carol & Stephen Shapiro

Phyllis & Barry Wang

Darcy & Fred Searle

Mark & Cynthia Kaplan

Andrea Fassler

David Kahn

Bobette Reed & Jeffrey S. Kahn

## KOLOT DUE DATES

Issue	Article Due Date
March	2/6
April	3/8
May	4/3
June	5/8

## CELEBRATE JEWISH LIFE THROUGH PRAYER

All services are in-person & via Zoom

### Morning Minyan

Monday - Friday, 8:00 AM

1st Wednesday of the month, 7:00 AM

Sunday, 9:00 AM

### Zoom Info

Meeting ID: 863 5646 9422 Passcode: 679552

### Shabbat Services

Friday, 7:00 PM

Monthly Pray-Eat-Sing Services, 6:00 PM

Saturday, 9:30 AM

### Zoom Info

Meeting ID: 815 6727 3870 Passcode: 474612

All prayer services at Adath Israel are public events, open to the community as a whole. Members, guests, and other religious seekers who desire the warmth of Jewish prayer and the fellowship of being together are always welcome.

## IT'S ALMOST PURIM!!!

Purim is almost here and that means the Lisa Goodman Purim Carnival!!!! on March 12.

Lisa Goodman z"l was a vibrant, enthusiastic and adventurous member of Adath Israel who died tragically young. She was full of love and life, exuberant, loved having fun and was not afraid to cause a stir. Her family wanted to honor her and keep her spirit alive within our community. The Purim Carnival was the perfect choice, since as one cousin put it: she could be a bit devilish at times, and she was a free spirit.

Ironically, we adults know letting our children be free spirits (or a bit devilish) without it devolving into chaos and/or insurance claims takes organization.

Please help make this year's Lisa Goodman Purim Carnival full of fun and excitement by volunteering in one or more of these ways:

- Joining the Carnival Planning Committee: planning the day, the games, the snacks, the prizes, etc.
- Setting up and cleaning up before and after the event, including: setting up the booths, the prizes, the food tables, making sure there are tickets, change, etc.)
- Buying food for the snack booth.
- Creating and Staffing booths (this is where you get to be creative)

Let Lisa's spirit and our children's faces shine with joy this Purim. It can't happen without you.

To get involved please email me at [melissaolczak@gmail.com](mailto:melissaolczak@gmail.com).

Thank you,  
Melissa Olczak  
Education Committee Chair

## The (My) Joy of Channukah



I attended the 12/21/22 Adath Israel Channuka celebration which was on the fourth night. I was so excited about this for many reasons. For one, I was glad to have some latkes. I had not made any nor had I really planned to make any. I was excited about the group of menorahs all lit together. There were many beautiful, different menorahs. It was especially nice to light with my friend Barbara. There were so many people at this event. We should do it

more often. There were families, couples- young and more life-experienced and single folks like me. It was good to see a baby! I was jealous of our President, Carly, who was holding the cutie (twice!). I talked to many people and missed chatting with others. There were so many lovely congregants and friends there. I was so happy. I enjoyed the latkes and appreciate the many people who put together the repast. I am

team sour cream. And team apple sauce. I choose both. Life is short. For dessert there were some donut holes and tasty cookies made by the Hebrew school kids. I had two; one for each hand. Sadly, the festivities had to end. I had a wonderful time.



There were a few faces that I was hoping to see. I'm sorry for those who were unable to make it due to other obligations or germs. May we all celebrate life, light, friends and good health.



My best  
Sharon L Neuwirth





## **ADATH ISRAEL DEDICATED FUNDS**

### **ADATH ISRAEL SCHOLARSHIP FUND**

(SOPHIE & JULIUS BARKER, EVELYN & ABRAHAM GROSSMAN, SARAH ZIETZ PIERSON, RABBI ALBERT & ROSALYN TROY, SYLVIA GROSS WASSERMAN, MAX CHEIKIN, BERNIE SEIDON, AND JEAN STERN ARON SCHOLARSHIPS)  
Provides scholarships to children of Adath Israel members attending an accredited college, university or school of higher learning

### **DR. ARTHUR & GLADYS WEISS SCHOLARSHIP FUND**

Provides scholarships to children of Adath Israel members attending Jewish camp, Jewish content special programs, and trips to Israel

### **BEIT-PALEY FUND**

Supports Torah repair

### **CHEVRA KADISHA**

Supports maintenance and enhancement of the cemetery

### **ARTHUR & EDYTHE DIRECTOR FAMILY FUND**

Supports music in the ritual, educational, and cultural gatherings at Adath Israel

### **ETERNAL LIGHT FUND**

Supports the general operation of Adath Israel

### **HOWARD FELDMAN BEAUTIFICATION FUND**

Supports the beautification of our synagogue building and grounds and the Nester Center

### **LYNN BENNETT RELIGIOUS SCHOOL CAPITAL CAMPAIGN**

Supports the upgrade of our religious school  
IN HONOR OF

Phyllis Waldman on the marriage of her grandchildren Rebecca & Jason by Paula Gerwartz

IN MEMORY OF

Minnie & Jacob Kabatznick by

Anonymous Donor

Amy Kabatznick

Brian Kabatznick

### **MAXINE THUMIM CAMP SCHOLARSHIP FUND**

Provides scholarships to children of Adath Israel members attending Jewish camp or travelling to Israel

### **MICHAEL FASSLER FUND**

Supports early childhood education at Adath Israel

### **MUSEUM FUND**

Supports purchases and maintenance of Adath Israel's museum

### **NATHAN OLSHIN SCHOLAR-IN-RESIDENCE-FUND**

Supports annual scholar-in-residence program

### **RABBI'S DISCRETIONARY FUND**

Allows the rabbi to support individuals and causes in our community anonymously

IN MEMORY OF

Jeremy Zwelling by Dr. Robert & Heather Zavod

### **SANFORD BEIT MINYAN FUND**

Supports the creation and building of community over Kiddush

IN HONOR OF

The Morning Minyan by Alan Firestone

### **SYNAGOGUE FUND**

Supports the general operation of Adath Israel

Andrea Apter & Harry Chen

Marjorie & Victor Adler

Barbara Bennett Scott & Jim Scott

IN APPRECIATION OF WELCOMING COLLEGE STUDENTS

Katya Gerwein

### **YAHREZEIT FUND**

Supports the general operation of Adath Israel

Benita Egelman Ide by Heather Ide Zavod

Anna Weiss by James Weiss

Stephen Sheftel by Barry Sheftel

Abraham Cooperstein by Barbara Roller

Ethel Cooperstein by Barbara Roller

Ruth Maron by Ellen Maron Gross

Jack Gordon by Sheryl Oken

Murray Oken by Sheryl Oken

Joan Gordon by Sheryl Oken

Philip Weiss by Barbara & Steven Weiss

Sylvia Mellman by Barbara & Steven Weiss

Harry Edelberg by Paul Edelberg


Morris Sheftel by Barry Sheftel

Jacob Hoberman by Marvin Hoberman

Irwin Zagoren by Stephen Zagoren

Martha Zwelling by Virginia Zwelling

Jerry Kosofsky by Martha Weisberg



# PRAY EAT SING

**Friday, February 10th, 6pm**  
**RSVP by February 3rd**

 **Adath Israel**  
*Celebrate Jewish Life*



## People

As Barbara Streisand sings, we all need people. Shabbos morning services are so much better with more people. If we had a very good showing (not sure what that number is), we could potentially have services in the sanctuary. It is a lovely space to rest from the busy week and pray and/or sing. Though even with a few more folks, the experience of Shabbos services would be that much more enriching. The service provides time to not have to do dishes or laundry. It is a time to rest from outside stressors and find peace from within. It is mindfulness. It is time to let go of that which clouds your mind. It is time for deep breaths, reflection and renewal. Services provide a time to be with people in a positive way. It is also time to be alone as you stand or sit while singing. You can sit quietly and listen. This is another reason that having more is better – you can allow the voices of others to be the calm around you. There are moments of quiet, too, which are nice to just be. If you have been bar/bat mitzvahed there is a very high chance you can have an Aliyah. It's an honor and a mitzvah to be a part of the services. That is why we need more. We need the ten for a quorum, then we need more than ten to share the joy with others as part of our tradition of performing the mitzvah of aliyot.

Then, after we have prayed and let the stressors of the week go, we do as Jews are wont to do, we ate. This particular Shabbos luncheon was sponsored. When I heard that, as Richard made the announcement, I became giddy. That may mean we could get LOX and maybe kugel; of which there was both. Oh joy. There were so few of us that there was one adult/kids table. There were conversations over conversations as that is how many roll. Gab, Gab, Gab. It's the steam that is released after being non-conversational for a few hours.

My heart was full with the joy of table time, my soul was full from the service and I was able to resume the day with no other needs to meet. It started off my Saturday in quite a fulfilling manner. Consider joining services on Saturday morning and you too can be energized and filled in many ways. Did I mention calories don't count?

Shalom, Sharon Neuwirth

## FEBRUARY



Jo-Ann & Michael Price  
Joan & Michael Needle  
Loretta & Julius Rubin



Hinda Niemeyer  
Nancy Shapiro  
Felix Hibino  
Cynthia Kaplan  
Parker Cohen-Glyck  
Eva Bardwell  
Seymour Feldman  
Phyllis Frydenberg  
Sara Paley  
Sherry Stekloff  
Patty Netherland  
Rebecca Wilansky  
Andrea Fassler  
Barbara Weiss  
Christine Baskin  
Susan Schmeiser  
Dewey Deeton  
Harriet Fein Deeton  
Juliana Simon  
Nathan Shapiro-Rosado  
Julie Weiss  
Allen Caplan  
Linda Caplan  
Mark Paley  
Tod Olczak  
Naomi Kamins  
Marion Irizarry  
Loretta Rubin  
Eliot Meadow  
Robert Massicott

## **SHARE THE JOY WITH A SPONSORED ONEG OR KIDDUSH**

Share a family simcha, honor a friend or relative, or remember a loved one by sponsoring a Friday night Oneg Shabbat or a Shabbat Morning Kiddush. This is a delightful way to let others in our community celebrate a special occasion or share a memory with you. Our hope is that you would be present which will only add to the occasion.

The new Kiddush menus will be prepared and tastefully arranged by the Crown Supermarket in West Hartford. **Please call the synagogue office at 860-346-4709 at least a week in advance to make ordering and pick-up arrangements with the office administrator.**

The following is a breakdown of the new menus and costs for a Shabbat Morning Kiddush:

### **Traditional Kiddush ( up to 15 people): \$150 ( 16-30 people): \$225**

Bagels  
Tuna salad  
Egg salad  
Cuke, tomato, onion platter  
Lox spread  
Plain and chive cream cheese  
Fruit salad  
Pastry  
Cold and hot drinks



### **Deluxe Kiddush (up to 15 people): \$225 (16-30 people): \$350**

Bagels  
Tuna salad  
Egg salad  
Lox platter  
Whitefish salad  
Cucumber, tomato & onion platter  
Plain and chive cream cheese  
Sesame Noodles  
Kugel  
Fruit salad  
Pastry  
Cold and hot drinks



### **Friday Night Oneg Shabbat (15 people): \$54**

Pretzels  
Raisins/nuts  
M&M's  
Pastry  
Cold and hot drinks

Prices for both a Kiddush and/or an Oneg Shabbat will be adjusted if there is a larger group in attendance for special life cycle events (Bar/Bat Mitzvah, baby naming, or wedding, etc.).

Of course, you can always purchase the food, bring it to the synagogue and do the set up yourself while also following the synagogue's Kashrut guidelines. Some assistance may be available on the day of your Kiddush.





# **Torah Study with Rabbi Nelly**

## **via Zoom**

**Every Wednesday - 10:30 AM**

**Zoom ID 837 9879 1910, Passcode 963942**

**Every Thursday - 6:00 PM**

**Zoom ID 887 326 428, Password 827527**

### **Zoom info:**

#### **Shabbat Services:**

**Friday at 7 p.m. and Saturday at 9:30 a.m.**

**— Meeting ID: 815 6727 3870**

**— Meeting Passcode: 474612**

#### **Daily Minyan:**

**Sunday at 9 a.m. and Monday-Friday at 8 a.m.**

**— Meeting ID: 863 5646 9422**

**— Meeting Passcode: 679552**

# Welcome

## IT'S NEWS

**B'RUCHIM  
HABAIM—**

**WELCOME to Our Newest Member—Richard Braverman**

### **TODAH RABAH**



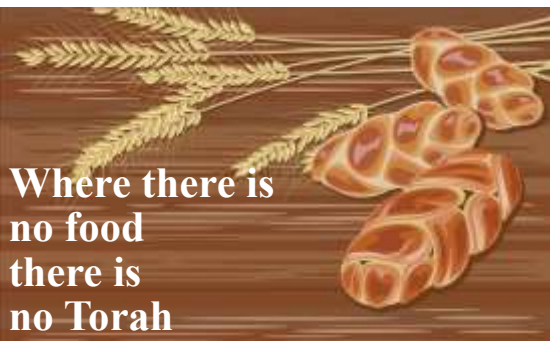
### **TODAH RABAH**

**Meals & Shopping:** Fred Zierler, Harriet, Marcey, and Aaron Thiela

**Staffing the collection of Prom Attire & Accessories for Connecticut Alliance of Foster and Adoptive Families 2023**  
**Avenue of Dreams:** Harriet Thiela & Lisa Caron

### **Other Acts of Kindness**

Laying out Kolot - Eva Bardwell  
Proofreading Kolot – Naomi Kamins  
Assembling & mailing Kolot – Michaela & Elliott Altenburger  
Returning Bottles -Sharon Slossberg  
Taking care of our eNews and blasts – Eileen Daling  
Grocery shopping - Harriet, Marcey, Aaron Thiela  
Washing towels from the kitchen - Joanna Schnurman  
Helping with mailings - Nancy L. Schwartz



**Sponsoring a Kiddush**  
Alan Firestone

**Supporting Pray-Eat-Sing**  
Harriet, Marcey, and Aaron Thiela  
Myra & David Finkelstein  
Risa & Fred Zierler  
Naomi & Richard Kamins  
Sharon Neuwirth

**Supporting Sunday Meals Program**  
Nancy L. Schwartz

### **SPEEDY RECOVERY**

We'd like to wish a "Refua Shleima" to the following:  
Shana Adams, Katrina Axelrod, Bernie Fabian, Sy Feldman, Phyllis Frydenberg, Paula Goldstein, Hal Kaplan, Hyime Paley, Irving Pincus, Rabbi Marshal Press, David Schwarz, Stephen Shapiro, and Joe Zaiantz



### **MAY GOD GRANT COMFORT**

Deepest sympathies to Jaime Bruno on the recent loss of her mother Shelley Palladino z"l.

### **IN MEMORIUM**

Our sincerest condolences are extended to the family of Bernard F. Fabian z"l who came to his eternal rest on January 18 (25 tevet)

May the bereaved find comfort in our community's support.

**Coming soon!**

**Adath Israel Purim Fundraiser!**  
Celebrate the warmth of friendship  
with Mishloach Manot  
and the joy of giving!



**Look for details in the mail soon!**

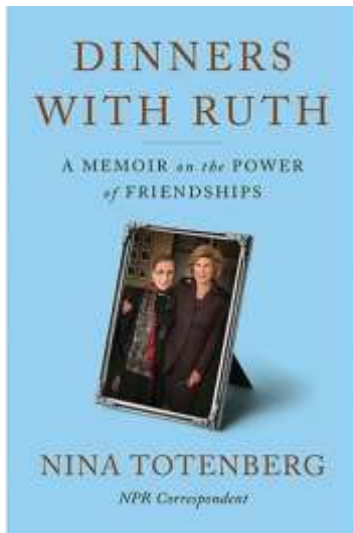
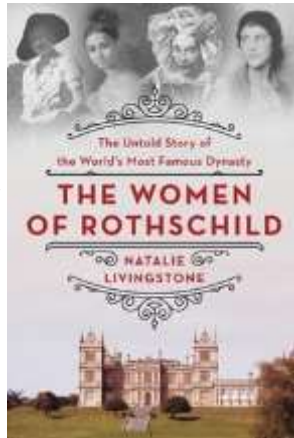


## ADATH ISRAEL BOOK GROUP

## THAW OUT WITH A GOOD BOOK

**January** was busy reading Natalie Livingstone's *The Women of Rothschild*, the untold story of the Rothschild women who were very influential behind the scenes.

**What  
a  
fascinating  
read!**



The book selected for the **March 7<sup>th</sup>** meeting is *Dinners with Ruth: A Memoir on the Power of Friendships* by Nina Totenberg. Celebrated NPR correspondent Nina Totenberg, talks about her personal successes, struggles and friendships, including her fifty year relationship with Supreme Court Justice Ruth Bader Ginsburg. Come learn more about the incredible

power of friendships as women began to pry open career doors and transform the workplace!

**The March 7<sup>th</sup> meeting will be via ZOOM only.**

**Meeting ID: 886 4652 0065**  
**Passcode: 196174**

Here is another date to put on your calendar and stay tuned for more information!

**April 18, 2023** (special Yom Hashoah program)

Happy Reading!

ROBERTA and HOLLY

## ADATH ISRAEL JUDAICA MUSEUM NEEDS YOUR HELP

We are looking for volunteers to help with some very important tasks in our Judaica Museum.

### WE NEED:

1. **Docents** – individuals interested in learning what we have in our beautiful museum and are able to conduct tours as they come up.
2. **Grant writers** – individuals with good writing skills. We desperately need display and security upgrades. There are grants available, but we do not have the expertise to access them.
3. **Marketing and idea people** – who always have those special ways of creating new ideas and interesting venues.
4. **Researchers** – individuals to do some additional research on an item or two to better define their history and origins.
5. **Technophiles** – individuals who can help us move access to our collection into the 21<sup>st</sup> century by creating a digital record of our collection and methods of sharing.

For more information, please contact **Stephen Shapiro** at [StephenShapiro1942@comcast.net](mailto:StephenShapiro1942@comcast.net).

## Office Hours

Monday: 7:30 a.m.-1:30 p.m.

Tuesday: 7:30 a.m.-1:30 p.m.

Wednesday: 9 a.m.-5:30 p.m.

Thursday: 7:30 a.m.-1:30 p.m.

Friday: 7:30 a.m.-Noon

The office is closed weekends, legal holidays, and Jewish holy days.

In the event of an emergency closing due to weather or public health the office will work remotely.

**Wishing you good health.**



# february 2023

## shevat/adar

sunday	monday	tuesday	wednesday	thursday	friday	saturday
		*Candle lighting times for Middletown, CT	1 7 am Early Risers Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 pm Religious School  <b>10 shevat</b>	2 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom  <b>11 shevat</b>	3 <b>RSVP Deadline for 2/10 Pray-Eat-Sing</b> 8 a.m. Minyan 7 p.m. Shabbat Evening Service  *4:50 p.m. <b>12 shevat</b>	4 9:30 a.m. Shabbat L'chol Adat Morning Services 11:30 a.m. Tot Shabbat  <b>Shabbat Shirah Beshalach</b> <b>13 shevat</b>
5 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots  <b>14 shevat</b>	6 <b>Kolot Articles Due</b> <b>RSVP Deadline Tu B'shvat Seder &amp; Dinner</b> 8 a.m. Minyan  <b>Tu B'shevat</b> <b>15 shevat</b>	7 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon 7 p.m. Bd of Directors Mtg  <b>16 shevat</b>	8 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 pm Religious School 5:30 p.m. Tu B'shevat Seder & Dinner Discussion  <b>17 shevat</b>	9 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom  <b>18 shevat</b>	10 8 a.m. Minyan 6 p.m. Pray-Eat-Sing Shabbat Evening Service & Dinner  *4:59 p.m. <b>19 shevat</b>	11 9:30 a.m. Shabbat Morning Services   <b>Yitro</b> <b>20 shevat</b>
12 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots  <b>21 shevat</b>	13 8 a.m. Minyan   <b>22 shevat</b>	14 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon  <b>23 shevat</b>	15 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 pm Religious School  <b>24 shevat</b>	16 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom  <b>25 shevat</b>	17 8 a.m. Minyan 7 p.m. Shabbat Evening Service  *5:08 p.m. <b>26 shevat</b>	18 9:30 a.m. Shabbat Morning Services  <b>Shabbat Shekalim Mishpatim</b> <b>27 shevat</b>
19 <b>No Religious School</b> 9 a.m. Minyan  <b>28 shevat</b>	20 <b>Office Closed</b> 8 a.m. Minyan   Presidents Day <b>29 shevat</b>	21 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon  <b>Rosh Chodesh</b> <b>30 shevat</b>	22 <b>No Religious School</b> 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom  <b>Rosh Chodesh</b> <b>1 adar</b>	23 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom  <b>2 adar</b>	24 8 a.m. Minyan 7 p.m. Shabbat Evening Service  *5:16 p.m. <b>3 adar</b>	25 9:30 a.m. Shabbat Morning Services   <b>Terumah</b> <b>4 adar</b>
26 9 a.m. Minyan 9 a.m. Religious School 9:30 a.m. JWV Brunch 10:30 a.m. Mazel Tots  <b>5 adar</b>	27 8 a.m. Minyan   <b>6 adar</b>	28 <b>Order Deadline Purim Fundraiser</b> 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon  <b>7 adar</b>				





# march 2023

## adar/nisan

sunday	monday	tuesday	wednesday	thursday	friday	saturday
		<b>*Candle lighting times for Middletown, CT</b>	1 7 a.m. Early Risers Minyan 10:30 a.m. Torah Study with Rabbi Nelly, Zoom 4 p.m. Religious School  8 adar	2 8 a.m. Morning Minyan 6 p.m. Torah Study with Rabbi Nelly, Zoom  9 adar	3 RSVP Deadline for Megillah Dinner 7 p.m. Shabbat Evening Service  *5:24 p.m.  10 adar	4 9:30 a.m.. Shabbat L'chol Adat Morning Services 11:30 a.m. Tot Shabbat  Tetzaveh Shabbat Zachor 11 adar
5 9 a.m. Morning Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots  12 adar	6 8 a.m. Morning Minyan 6 p.m. Megillah Reading & Dinner  Fast of Esther Erev Purim 13 adar	7 8 a.m. Morning Minyan 11 a.m. & 12:30 p.m. Mah Jongg 5:30 p.m. Al Ateen 7 p.m. Al Anon 7 p.m. Book Club  Purim 14 adar	8 <b>Due Date for April's Kolot</b> 7 a.m. Early Risers Minyan 10:30 a.m. Torah Study with Rabbi Nelly, Zoom 4 p.m. Religious School  Shushan Purim 15 adar	9 8 a.m. Morning Minyan 6 p.m. Torah Study with Rabbi Nelly, Zoom  16 adar	10 RSVP Deadline for 03/17 Pray-Eat-Sing Dinner 8 a.m. Morning Minyan 7 p.m. Shabbat Evening Service  *5:32 p.m.  17 adar	11 9:30 a.m. Shabbat Morning Service   Ki Tisa Shabbat Parah 18 adar
12 Clocks change 9 a.m. Morning Minyan 10 a.m. Lisa Goodman Purim Carnival  19 adar	13 8 a.m. Morning Minyan  20 adar	14 8 a.m. Morning Minyan 11 a.m. & 12:30 p.m. Mah Jongg 5:30 p.m. Al Ateen 7 p.m. Al Anon  21 adar	15 8 a.m. Morning Minyan 10:30 a.m. Torah Study with Rabbi Nelly, Zoom 4 p.m. Religious School  22 adar	16 8 a.m. Morning Minyan 6 p.m. Torah Study with Rabbi Nelly, Zoom  23 adar	17 8 a.m. Morning Minyan 6 p.m. Pray-Eat-Sing Shabbat Evening Service & Dinner  *6:40 p.m.  24 adar	18 9:30 a.m. Shabbat Morning Service   Vayakhel-Pekude Shabbat Hachodesh 25 adar
19 9 a.m. Morning Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots  26 adar	20 8 a.m. Morning Minyan  27 adar	21 8 a.m. Morning Minyan 11 a.m. & 12:30 p.m. Mah Jongg 5:30 p.m. Al Ateen 7 p.m. Al Anon 7 p.m. Board Mtg  28 adar	22 8 a.m. Morning Minyan 10:30 a.m. Torah Study with Rabbi Nelly, Zoom 4 p.m. Religious School  29 adar	23 8 a.m. Morning Minyan 6 p.m. Torah Study with Rabbi Nelly, Zoom  Rosh Chodesh 1 nisan	24 RSVP Deadline Community Seder 8 a.m. Morning Minyan 7 p.m. Shabbat Evening Service  *6:48 p.m.  2 nisan	25 9:30 a.m.. Shabbat Morning Service   Vayikra 3 nisan
26 9 a.m. Morning Minyan 9 a.m. Religious School 9:30 a.m. JWV Brunch 10:30 a.m. Mazel Tots  4 nisan	27 8 a.m. Morning Minyan  5 nisan	28 8 a.m. Morning Minyan 11 a.m. & 12:30 p.m. Mah Jongg 5:30 p.m. Al Ateen 7 p.m. Al Anon  6 nisan	29 8 a.m. Morning Minyan 10:30 a.m. Torah Study with Rabbi Nelly, Zoom 4 p.m. Religious School  7 nisan	30 8 a.m. Morning Minyan 6 p.m. Torah Study with Rabbi Nelly, Zoom  8 nisan	31 8 a.m. Morning Minyan 7 p.m. Shabbat Evening Service  *6:55 p.m.  9 nisan	

## Thumim Scholarship Funded by Mark and Luanne Paley An Investment in our Jewish Future

The Thumim Scholarship is pleased to announce camp scholarships are available again this year to Adath Israel families whose children will attend Jewish camp or travel to Israel. Multiple studies show the Jewish camp experience provides long term positive effects on Jewish identity and other life choices. During their lifetime, the Thumims, longtime members of Adath Israel, provided funds for these camp scholarships. Since their deaths, the camp scholarships have relied on individual donations, largely raised in honor of our Volunteer(s) of the Year. Last year and going forward into the future, Mark and Luanne Paley have committed to help fund these scholarships with a significant donation. Individual donors are still needed to maximize the number of families this scholarship can assist. Please consider donating to the Thumim Scholarship throughout the year whenever you send a card, observe a yahrtzeit, celebrate a life cycle event or to honor the Volunteer(s) this year in the fall.

### THE THUMIM SCHOLARSHIP FUNDED BY MARK AND LUANNE PALEY APPLICATION

Please note: only members current in their obligations to the synagogue are eligible to receive scholarship.

To be considered for a scholarship, please complete the application below and return it to the Synagogue office by April 30, 2023. Awards are based on the number of applications and funds available. Camps/Israel financial statements are required with this application to process the request.

CHILD'S NAME: \_\_\_\_\_

PARENT'S NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

PHONE #: \_\_\_\_\_

EMAIL: \_\_\_\_\_

NAME OF CAMP: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

DATES OF ATTENDANCE: \_\_\_\_\_

COST OF CAMP: \_\_\_\_\_

AMOUNT OF CAMP NOT COVERED BY OTHER STIPENDS: \_\_\_\_\_

PLEASE ATTACH COPY OF BILLING STATEMENT.

REMINDER!! SUBMIT THIS APPLICATION TO THE OFFICE BY APRIL 30, 2023.





P.O. Box 337  
Middletown, CT 06457

## **Dr. Arthur and Gladys Weiss Scholarship Application**

Dr. Arthur Weiss, a Past President of Temple B'nai Abraham, and his wife Gladys were long-time, extremely active, and dedicated members of Temple B'nai Abraham. They established this scholarship to encourage Jewish youth to participate in Jewish activities such as camps, Jewish content special programs, and trips to Israel. Individuals may contribute to this fund to help perpetuate the memory and interest of the Weiss's. Open to Jewish children elementary school age through high school whose parent(s)/guardian(s) are members in good standing of Adath Israel, this scholarship award is based on applicant's involvement in Congregation activities, the Jewish nature/content of the program, and financial need.

### **Complete and return to Adath Israel by April 30, 2023**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Number of years your parent(s)/guardian(s) have been members of Temple B'nai Abraham/Adath Israel \_\_\_\_\_

Please respond to the following:

A. Identify the program for which you are requesting a scholarship. Explain the Jewish content of the program (printed literature and/or a website link is required).

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B. Why did you choose this program, and what do you hope to gain from attending it (both Jewish and otherwise)?

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P.O. Box 337  
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**Dr. Arthur and Gladys Weiss Scholarship Application (cont.)**

C. What is the length and total cost of the program? (Do not include transportation, clothing, personal items, etc.)

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D. If you are 16 years or older, please answer: How much of the total cost are you planning to contribute? How are you going to earn it?

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E. Tell us about your involvement in recent Congregation activities and when the activities took place. College students: please specify your Congregation activities and Jewish activities you are engaged in while in college.

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F. Discuss any additional thoughts you have as to why you should be awarded a Weiss Scholarship.

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Signature

Date







*Celebrate Jewish Life*

P.O. Box 337

Middletown, CT 06457

Contact information

Phone: 860-346-4709

Email: [office@adathisraelct.org](mailto:office@adathisraelct.org)

Website: [www.adathisraelct.org](http://www.adathisraelct.org)