

**אִי צִי אִס**  
קולות ק.ק. עדת ישראל



**Middletown, Connecticut**  
**January 2023 Tevet - Shevat 5783**



### EXPANDED CONSCIOUSNESS

Dear friends,  
Who are we?  
Are we the People of  
Jacob or the People of  
Israel?

I am almost sure that you had a knee-jerk reaction to this question, and answered it to yourself as People of Israel. After all, this is how we see ourselves, and have seen ourselves through centuries. Israelites, and not Jacobites[1]. Our holy land is called Israel, and not Jacob. Our shul is called Adath Israel, and not Adath Jacob. I could go on, but these three examples suffice.

There is this idea that humans have two basic ways of functioning, one called *mochin dekatnut* and one called *mochin degadlut*. 'Mochin' is the

### WE ARE HERE FOR YOU!

If you or anyone you know is ill  
or in need of support, please let our Bikur  
Cholim (Compassionate Care) Committee  
know!

Contact Michelle Grossman  
at [rickandmichelle360@gmail.com](mailto:rickandmichelle360@gmail.com)  
or the rabbi (203) 543-7454  
or Joanna at the office.

### A THOUGHT ON ANTI-SEMITISM

When someone experiences pain from an external source, they have options and choices in how they are going to react. Some people become agitated, confused, react with words, react with aggression. My initial reaction to anti-Semitism, which I equate with pain, is to shut down mentally. I press the "off" button, and my mind goes blank. I think back to moments when I've pressed the "off" button, like being scared when approached by a stranger... I was only 7 years old, out to eat with my Sabba, and he wore a kippah every day in his life. I remember this man, who was a stranger, coming up to us, and angry, trying to convince my grandfather that if he didn't accept Jesus in his heart, that we were all doomed to suffering consequences. I also remember in 7th grade when boys from my school spray-painted neon swastikas in my neighborhood on mailboxes. They had been targeting my sister for weeks, bullying her, shoving drawings of skeletons on crosses into her locker, labeled "Christ Killer". The school administration did little to nothing to support my sister, hold these children accountable for their actions, or do anything for communal education. The administration cited that because the swastika incident happened off



(Rabbi Continued on page 3)

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# EARLY RISERS MINYAN

 Adath Israel  
*Celebrate Jewish Life*

**WEDNESDAY, JANUARY 4TH, 7AM**  
**KIDDUSH BREAKFAST FOLLOWING SERVICE**



(Rabbi Continued from page 1)

Aramaic word for brain, or thinking, coming from the word '*moach*' which is used in modern Hebrew for brain.

*Katnut* and *gadlut* mean smallness and greatness, respectively. Hebrew speakers might recognize that the words *katan* and *gadol*, small and big, are hidden in there.

*Mochin dekatnut* is how we relate to things when we are reacting to them through the prism of our egotistical needs. It is that reactive energy of the ego – why can't everyone see my greatness? Why does no one recognize how good I am? Why is it so cold in here? When you react to cold weather by saying to yourself 'not good' and to warm weather by saying 'good' (or the other way around) you are being swallowed by the *mochin dekatnut*. It is also called constricted consciousness, your consciousness being constricted by the walls of your own ego.

And yet, when you react to cold weather by saying to yourself 'not good' and you begin by donating jackets, hats and gloves to others, you are elevating the 'not good' to *mochin degadlut*, to the energy of helping others, to the long vision of things, to forgiveness of small slights. This is also called expanded consciousness, the consciousness that crosses the boundaries of the ego.

Similarly, regarding the naming of Jacob in Torah, we could see Israel representing *mochin degadlut* (expanded consciousness) after all it is the name given to our people. When our patriarch is acting towards the inevitability of growth of the Jewish people, sometimes not being aware of it, and certainly not being conscious of the breadth and the depth of that growth, then he is called Israel. Otherwise, he is simply Jacob. Unlike Abraham and Sarah, in whom the change in name is once and for all, the Torah keeps flipping between the two names for the third patriarch, at times calling him Israel and at times calling him Jacob.

The thing is – it is only by forcing on yourself the habit of contacting your inner workings that you can actually decide what mode is being used by you at any moment. But – take my word for it – most of our days are taken up with *mochin dekatnut*. As with all human beings, the *mochin dekatnut*, constricted consciousness is lurking beneath the surface, just about ready to ensnare us in reacting with smallness of vision and character.

Our collective desire is to be in the expanded consciousness, in the long-term view of our problems,

in the belief of hope and future. We are Israel, not Jacob. We are Adath Israel, not Adath Jacob. So may this winter be a moment of our personal figuring out how to go from Jacob to Israel, in our actions in our families, work and communities.

Warmly,  
Rabbi Nelly Altenburger

[1] And we are not talking British history here.

### **ADATH ISRAEL** **ACADEMIC SCHOLARSHIPS**

The Scholarship Committee of Adath Israel is pleased to announce that the Application Forms and Rules and Regulation Guidelines for the Annual Adath Israel Post Secondary School Scholarships will be available in *Kolot* or from the synagogue office beginning in February.

Students who are seniors in high school through graduate school, and whose family meets the membership requirements are encouraged to apply.

All questions concerning the application process should be directed to **Fred Zierler**, Committee Chair at (203) 631-9567 or via email, [fzierler@gmail.com](mailto:fzierler@gmail.com).

Completed applications should be returned to Congregation Adath Israel as indicated in the regulation form by May 17, 2023.

### **Jewish Camp/Israel Trip Scholarships**

The Congregation is blessed with two scholarship funds which provide support for children of members in good standing wishing to send their children to Jewish summer camps or to experience Israel.

**Applications for the Maxine Thumim Camp Scholarship and the Dr. Arthur & Gladys Weiss Scholarship will appear in next month's issue of *Kolot* and will be available from the Synagogue office.**



# TOT SHABBAT

## SATURDAY

**January 7th \* 11:30am**

A hands-on, active Shabbat morning  
service for infants through preschool  
and their parent(s)/guardian(s)



Adath Israel

*Celebrate Jewish Life*





*(President Continued from page 1)*

school grounds, that there was nothing that they could do about it.

As a Jew, you get used to the bystanders at the restaurant, staring, not saying anything. Or the kids on the bus, staring, not saying anything. Or your neighbors staring, not saying anything. Or your school and work spaces sending out a generic email or statement, and then expecting you to handle the stares, and the gossip, all by yourself. We've known companies, schools, universities, and businesses to make things look like they were "taken care of", and then wait for the news to "die down."

When Kanye West and Kyrie Irving recently took to their social media platforms, spewing anti-Semitic rhetoric, it felt like everyone had something to say...but again, I felt the mental "shut-down" occurring within me. I leaned into my constant headspace of "Jewish Joy" to try to get myself out of it: I'm going to share my happy sentiments about being a Jew on Instagram, I'm going to read more positive Jewish stories with my niece and nephew, I'm going to make Jewish foods to soothe myself, I'm going to laugh with my Jewish students at Hebrew School...and the words from these guys will just "die down."

I did those things, and I still didn't feel... great.

There's a lot to unpack about the big "whys" as to why these men, who are millionaires, artists in their respective fields, would like to be so cruel and demeaning towards the Jewish people. But that's the thing... I could state several reasons why they did this, and nothing is excusable. It is not excusable. Anyone, anywhere, at any time, hurting us as a Jewish people, is purposefully pulling open wounds and throwing salt into them, for enjoyment. Besides their enjoyment, it's also a ploy to gain more followers. To somehow, arguably, profit from it. To profit from others' pain.

Since my profession is working with children, my biggest fear is always how the information is being funneled to young minds, and how they are perceiving the world around them. It's easier to have a conversation at Hebrew School about anti-Semitism, because everyone at some point, has had an informal training in identifying and speaking up about hate crimes. With my students in the public school system though, looking up to Kyrie and Kanye as role models, I was more hesitant to ask their perspectives, to be perfectly honest. I didn't know what space I

could carve out to have a conversation that maybe not everyone was ready to have, and that maybe some family members and administrators weren't ready to have.

But what I can say is this: I'm a proud Jew. I tell my students both at Hebrew School and Public School that I love being Jewish. I talk about how my family came to this country, why my family came to this country, and how my great grandfather had to sneak into this country at 15 years old because of persecution. I greet students in my classroom with "Boker Tov" and "Shalom" sometimes because, over the last 5 years working in Manchester, my students have greeted me in Spanish, Bengali, Arabic, and Twi. We play with animal words, and phrases in other languages in their writing all the time, and they teach me the songs that their mothers sing to them while we're playing on the playground. I've told them about the Jewish foods I love to eat, what my Hebrew name means, and how I'm saving up for a pair of Na'ot. I'm honest about who I am, and I say it with a smile on my face, and pride in my voice, and because of that, they then share who they are with me. And that helps solve some of my sadness, and old wounds, and to prevent the "shut-down."

Recently, one of my students \*Tre, pulled me aside during our Readers Workshop. I thought he was going to ask me how to pronounce a word in his Independent Reading book, or ask me if he could go use the bathroom, but instead he started a conversation.

"Ms. Hoss, how do you write your name in Hebrew?"

I looked at him, kind of surprised, perplexed. And I walked over to the white board and wrote שלומית.

I looked back at him and he said, "Can you write *my* name in Hebrew?" To which I then wrote his phonemic spelling in Hebrew next to my name. He came over and stood by my side and looked at the white board for a moment, and then looked at me and simply asked:

"Are you ok, Ms. Hoss?"

I was in shock, but didn't change my facial expression. This 9 year old student of mine, not only was doing a check-in with me, but he did the check-in in a way that not a lot of adults understand. The lesson is: we first relate to one another, we celebrate a

*(President continued on p 7)*

# Avenue of Dreams

*You can make dreams come true*



## CAFAF

**CONNECTICUT ALLIANCE OF  
FOSTER & ADOPTIVE FAMILIES**

**Donate your gently used formal wear, suits, dress shoes and accessories to help Connecticut teens in foster or adoptive families attend prom in style.**

**Items may be dropped off at Adath Israel during office hours or between 9 a.m. & noon on the following Sundays: January 8, 22, 29 and February 5, 12**

(President continued from p 5)

shared connection, and then we are allowed to ask "Are you ok?". While everyone is in a rush to ask the next person how they are carrying the weight of hate that *we always feel like we are responsible for somehow, as if it is our fault*, we actually need to be pausing and connecting. I'm relieved that I have never been afraid to share who I am around my students, because I didn't have to start defending myself the moment two people decided to be jerks in front of the whole planet. And my student didn't have to choose between loving me and loving these celebrities, because he knows that as his teacher, I tell him often and frequently how I am proud of him. I cheered him on when he received Student of the Month in September, and allowed him to lead his own Parent Teacher Conference in front of his parents, because I tell him that all his good choices, and his kindness, are an immense strength to possess in this world. He knows that I'm not telling him things to humor him, or that I feel like I simply have to. When we build these connections with others, and find our commonalities and celebrations, this is truly how we get back at the people who have told us we're wrong, who have harmed us, who have acted violently towards us. If I am a vessel of love, education, and joy for others, then that is my reaction to anti-Semitism.

In my lifetime, I will have to engage in tough conversations, I will have to march and hold up signs, and I will have to write powerfully to show hateful people that I am not afraid. But in the meantime, I'm going to keep growing spiritually in the ways I know how. Sharing your identity with others, allowing others to feel like they are your family, that they matter, that they can celebrate alongside you, this is how we survive. Don't hit the "shut down" button; keep going.

Love you all, Carly

Dear Members of Congregation Adath Israel,

The newly formed committee Tikkun Olam (to repair the world) was given the approval by our Board of Directors to act as a donation drop-off location for the Connecticut Alliance of Foster & Adoptive Families' Avenue of Dreams 2023. Through this program 150 Connecticut teenagers in foster or adoptive families will be able to select attire for their senior prom at no cost.

Let us open our hearts & closets to ensure the Avenue of Dreams 2023 will be a joyful memory for 'our' youth. Items needed:

- \* Dresses (new or gently used):  
Size 0-24+, especially 0-3 & 20-24+
- \* Shoes (new or gently used): Size 4-11+
- \* Make up (new & unopened): lipgloss/  
lipstick, mascara, eyeliner, eyeshadow,  
blush, nail polish
- \* Hair & Body Products (new & unopened):  
body wash, deodorant, perfume, shavers/  
shaving cream, shampoo/conditioner, hair  
styling products
- \* Accessories: jewelry, tiaras, decorative hair  
pins/clips, clutch purses
- \* Tuxedos & Tuxedo Accessories: all sizes

You can drop off your donations at the Nester Center (16 Broad Street) on the following Sundays from

9-noon: Jan. 8, 22, 29; Feb. 5 & 12.

A special thank you to Harriet Thiela & Lisa Caron for staffing the drop-off Sundays.

If you would like more information, please contact Joanna Schnurman ([office@adathisraelct.org](mailto:office@adathisraelct.org)) or Sue Engelhardt ([susanengel@aol.com](mailto:susanengel@aol.com)).

Thanking you in advance,  
Paulette Gewirtz

## Adat h Isr ael Emer gency Cancel at ion & Cl osing Pr ocedur es

Rel igious School :

**THE PRINCIPAL WILL CONTACT STAFF & STUDENTS' FAMILIES DIRECTLY.**

All ot her Cancel at ions & cl osings:

Check t v channel WFSB (Eyewit ness 3) or [www.wf sb.com](http://www.wf sb.com).





# Shabbat L'chol Adat

**SATURDAY, JANUARY 7TH**  
**9:30AM**

**Shabbat for the whole community**



## Annual Giving Donors

The Board of Adath Israel wishes to thank the following people for contributing to Adath Israel's 2022-23 Annual Giving Campaign.

Their generous donations help ensure the continuation of our many programs, the success of our synagogue, the Jewish education of our children, and the positive influence of our Jewish Community.

Myra & David Finkelstein  
 Laurie & Rabbi Marshal Press  
 Karen Schwarz  
 Allen & Irene Silberstein  
 Michael & Shelley Barker  
 Norman Shulkin  
 David & Anne Willis  
 Jayne Papoosha  
 Michael & Joan Needle  
 Louise Feldman  
 Ruth Kahn  
 Daniel & Judith Merida  
 Anita Hennessey  
 Rabbi Nelly & Mark Altenburger  
 Corinne Brodie  
 Barbara & Robert Sequenzia  
 Roy & Susan Massicott  
 Barbara Fenig & Patrick Cline  
 Karen & Saul Siegel  
 Sara Paley  
 Ines Gerstenblatt  
 Leonard & Natalie Cheerman  
 Hacnosas Orchim Jewish Soc. of Meriden  
 Steven & Barbara Weiss  
 Irving & Vida Wagner  
 Benjamin & Beth Eisner  
 Irving Pincus  
 Hinda Niemeyer  
 Jay & Janice Weiss  
 Daniel Schwartz  
 Sherwin & Ruth Borsuk  
 Michael & Holly Simon  
 Arlene Pressman  
 Rabbi Michael G. Kohn  
 Sherry Stekloff  
 Joseph & Sarah Glaz  
 Gertrude Steele  
 Paulette Gewirtz  
 Richard Neveloff  
 Mark & Donna Finkelstein  
 Susan & Doug Miller

Eva Bardwell  
 Jean & Marc Nemeth  
 Linda & Jack Adler  
 Lisa & Denis Caron  
 Sondra & Roger Beit

## Tikkun Olam, Repair the World

The Tikkun Olam Social Action Committee of Adath Israel has been re-energized this year. The committee has met several times to define its purpose and to start to plan a calendar of efforts.

We actually have two Tikkun Olam categories of efforts. In the first category are the efforts/events that invite participation from the total Adath Israel congregation. Examples of this category to date include, the food drive for Amazing Grace; providing two Sunday meals at St Vincent De Paul and having an activity booth at Middletown's Pride Festival. We hope to increase these efforts in 2023 with a speaker on a relevant topic and more responses to needs in our local and global communities. We will be publicizing this programming via Kolot and email blasts. We hope congregants find activities of interest and get involved.

Tikkun Olam Opportunities is the second category. We invite you to make us aware of activities and organizations you have found rewarding and worthy of your energy. An example of a TO Opportunity would be the interfaith community dinner on December 25th. Once the executive board of the synagogue gives permission, we can include information about the organization in our publications. Upon learning about your efforts, others may be interested in also participating.

Please contact Joanna ([office@adathisraelct.org](mailto:office@adathisraelct.org)) or Sue Engelhardt, ([susanengel@aol.com](mailto:susanengel@aol.com)) if you would like to share your ideas, get involved in planning activities or if you have any questions. We are still working on finding a regular meeting time but if you would like to join the TO committee, let us know so we can email you as the meetings are scheduled.

Sue Engelhardt





# PRAY EAT SING

**FRIDAY, JANUARY 13TH**  
**6:00PM**  
**RSVP: FRIDAY, JANUARY 6TH**



**Adath Israel**

*Celebrate Jewish Life*

**Free to Members**  
**Others: \$10 per person or \$18/family**



## **ADATH ISRAEL DEDICATED FUNDS**

### **ADATH ISRAEL SCHOLARSHIP FUND**

(SOPHIE & JULIUS BARKER, EVELYN & ABRAHAM GROSSMAN, SARAH ZIETZ PIERSON, RABBI ALBERT & ROSALYN TROY, SYLVIA GROSS WASSERMAN, MAX CHEIKIN, BERNIE SEIDON, AND JEAN STERN ARON SCHOLARSHIPS)

Provides scholarships to children of Adath Israel members attending an accredited college, university or school of higher learning

REFUA SH'LEIMA (SPEEDY RECOVERY)

Rabbi Marshal Press by

Risa & Fred Zierler

Shana & Alyn Adams

Sharon J. Engle by Risa & Fred Zierler

### **DR. ARTHUR & GLADYS WEISS SCHOLARSHIP FUND**

Provides scholarships to children of Adath Israel members attending Jewish camp, Jewish content special programs, and trips to Israel

### **BEIT-PALEY FUND**

Supports Torah repair

### **CHEVRA KADISHA**

Supports maintenance and enhancement of the cemetery

IN MEMORY OF

Lew Goldberg by Friends of Lilly Goldberg at the National Air & Space Museum

Edith & Abe Grossman by Joanne & Saul Pasternack

### **ARTHUR & EDYTHE DIRECTOR FAMILY FUND**

Supports music in the ritual, educational, and cultural gatherings at Adath Israel

### **ETERNAL LIGHT FUND**

Supports the general operation of Adath Israel

### **HOWARD FELDMAN BEAUTIFICATION FUND**

Supports the beautification of our synagogue building and grounds and the Nester Center

### **LYNN BENNETT RELIGIOUS SCHOOL CAPITAL CAMPAIGN**

Supports the upgrade of our religious school  
Sondra & Roger Beit

IN APPRECIATION OF

Being so welcoming by Katya Gerwein

REFUA SH'LEIMA (SPEEDY RECOVERY)

Rabbi Marshal Press by Joanna Schnurman & Andy Bauer

IN MEMORY OF

Sanford Beit by Sondra & Roger Beit

Minnie & Jacob Kabatznick by Ronna Kabatznick

### **MAXINE THUMIM CAMP SCHOLARSHIP FUND**

Provides scholarships to children of Adath Israel members attending Jewish camp or travelling to Israel

REFUA SH'LEIMA (SPEEDY RECOVERY)

Rabbi Marshal Press by Eileen & Michael Daling

### **MICHAEL FASSLER FUND**

Supports early childhood education at Adath Israel

### **MUSEUM FUND**

Supports purchases and maintenance of Adath Israel's museum

The EIS Foundation

### **NATHAN OLSHIN SCHOLAR-IN-RESIDENCE-FUND**

Supports annual scholar-in-residence program

IN MEMORY OF

Carolyn R. Reed by Bobette Reed & Jeffrey S. Kahn

Lew Goldberg by Bobette Reed & Jeffrey S. Kahn

### **RABBI'S DISCRETIONARY FUND**

Allows the rabbi to support individuals and causes in our community anonymously

IN MEMORY OF

Sue Hutensky by Sandra Beckman

Richard Wrubel by the Wrubel Family

### **SANFORD BEIT MINYAN FUND**

Supports the creation and building of community over Kiddush

### **SYNAGOGUE FUND**

Supports the general operation of Adath Israel

Daniel Slatkin

David Greenblatt

Marcia Wrubel

IN APPRECIATION OF

Sound Healing Service by Linda Savitsky

*(Funds continued on p 13)*



# **Torah Study with Rabbi Nelly**

## **via Zoom**

**Every Wednesday - 10:30 AM**

**Zoom ID 837 9879 1910, Passcode 963942**

**Every Thursday - 6:00 PM**

**Zoom ID 887 326 428, Password 827527**

### **Zoom info:**

#### **Shabbat Services:**

**Friday at 7 p.m. and Saturday at 9:30 a.m.**

**— Meeting ID: 815 6727 3870**

**— Meeting Passcode: 474612**

#### **Daily Minyan:**

**Sunday at 9 a.m. and Monday-Friday at 8 a.m.**

**— Meeting ID: 863 5646 9422**

**— Meeting Passcode: 679552**



(Funds continued from p 11)

## IN MEMORY OF

Morton & Evelyn Greenblatt by David Greenblatt  
Albert & Edna Lipman by David Greenblatt

## **YAHREZEIT FUND**

Supports the general operation of Adath Israel

Betty Bichunsky by Herb Bichunsky  
Shirley Sodel by Edward Sodel  
Selma Kohn by Rabbi Michael Kohn  
Robert Maron by Ellen Gross  
Rose Silverstone by Irving & Vida Wagner  
Max Silverstone by Irving & Vida Wagner  
Molly Wagner by Irving & Vida Wagner  
Gary Limon by Abby Cerrotti  
Arthur Limon by Abby Cerrotti  
Bertha Palmer by Michael Palmer  
Yetta Gerstenblatt by Ines Gerstenblatt  
Sue Hutensky by Bill & Barbara Hutensky  
Bertha Davis by Sara Paley  
Sylvia & Bernard Lew by Larry Lew  
Pearl Dembowitz by Richard Neveloff  
Irwin Mittelman by Sharon Mittelman  
Judith Mittelman by Sharon Mittelman  
Lillian Shulkin by Norman Shulkin  
Sophie Barker by Michael Barker  
Herman Sheftel by Barry Sheftel  
Seymour Ronner by Carolann Schwartz  
Esther Panich by Carolann Schwartz  
Fanya Kislyuk by Raisa & Yakov Filler  
Gertrude & Herman Braverman by Richard Braverman  
Meyer Goldberg by Heidi Geiges & Beth Katz  
Roslyn & Irving Fromer by Nancy & Kelvin Wilson  
Martin Fields by Harriet Fein-Deeton & Dewey Deeton  
Ida Paul by Debby Paul Fuller  
Isaac Shapiro by Ernest Shapiro  
Barbara Shapiro by Ernest Shapiro  
Paul Handler by Leslie Handler-Stern  
Mike Eisner by Paula Eisner  
Bernard Schwarz by Karen Schwarz  
David Caplan by Marcia Caplan  
Emanuel S. Dubin by Joseph Dubin & Family  
Morris Zoken by Linda Soreff Siegel  
David Nemeth by Jean & Marc Nemeth  
Howard May by Irena May  
Gladys Pinkus by Marcia Wrubel  
Paulette Shulkin by Norman Shulkin  
Edith Savitsky by Robin & Marty Levine  
Morris Levine by Robin & Marty Levine

Bella Needle by Joan & Michael Needle  
Jerry Kosofsky by Esther & David Kosofsky  
Ted Pollans by Dr. Joseph R. Zaiantz  
David L. Schwartz by Nancy L. Schwartz  
Helen Fields by Harriet Fein-Deeton  
Joseph Ravitch by Lee Ravitch Broder

## **KOLOT DUE DATES**

Issue	Article Due Date
February	1/9
March	2/6
April	3/8
May	4/3
June	5/8

## **CELEBRATE JEWISH LIFE THROUGH PRAYER**

All services are in-person & via Zoom

### **Morning Minyan**

Monday - Friday, 8:00 AM  
1st Wednesday of the month, 7:00 AM  
Sunday, 9:00 AM  
[Zoom Info](#)  
Meeting ID: 863 5646 9422 Passcode: 679552

### **Shabbat Services**

Friday, 7:00 PM  
Monthly Pray-Eat-Sing Services, 6:00 PM  
Saturday, 9:30 AM  
[Zoom Info](#)  
Meeting ID: 815 6727 3870 Passcode: 474612

All prayer services at Adath Israel are public events, open to the community as a whole. Members, guests, and other religious seekers who desire the warmth of Jewish prayer and the fellowship of being together are always welcome.

## **SHARE THE JOY WITH A SPONSORED ONEG OR KIDDUSH**

Share a family simcha, honor a friend or relative, or remember a loved one by sponsoring a Friday night Oneg Shabbat or a Shabbat Morning Kiddush. This is a delightful way to let others in our community celebrate a special occasion or share a memory with you. Our hope is that you would be present which will only add to the occasion.

The new Kiddush menus will be prepared and tastefully arranged by the Crown Supermarket in West Hartford. **Please call the synagogue office at 860-346-4709 at least a week in advance to make ordering and pick-up arrangements with the office administrator.**

The following is a breakdown of the new menus and costs for a Shabbat Morning Kiddush:

### **Traditional Kiddush ( up to 15 people): \$150 ( 16-30 people): \$225**

Bagels  
Tuna salad  
Egg salad  
Cuke, tomato, onion platter  
Lox spread  
Plain and chive cream cheese  
Fruit salad  
Pastry  
Cold and hot drinks



### **Deluxe Kiddush (up to 15 people): \$225 (16-30 people): \$350**

Bagels  
Tuna salad  
Egg salad  
Lox platter  
Whitefish salad  
Cucumber, tomato & onion platter  
Plain and chive cream cheese  
Sesame Noodles  
Kugel  
Fruit salad  
Pastry  
Cold and hot drinks



### **Friday Night Oneg Shabbat (15 people): \$54**

Pretzels  
Raisins/nuts  
M&M's  
Pastry  
Cold and hot drinks

Prices for both a Kiddush and/or an Oneg Shabbat will be adjusted if there is a larger group in attendance for special life cycle events (Bar/Bat Mitzvah, baby naming, or wedding, etc.).

Of course, you can always purchase the food, bring it to the synagogue and do the set up yourself while also following the synagogue's Kashrut guidelines. Some assistance may be available on the day of your Kiddush.



## **IT'S NEWS CONGRATULATIONS**

**MAZAL TOV** to Aaron Thiela on his promotion to assistant manager of the grocery department

### **TODAH RABAH**

**A very huge and heartfelt thank you to**

**Stephanie Meadow** who has volunteered to handle



our eNews and blasts for more than a decade. 24/6 she has been at the ready, keeping our community connected and up to date on all important happenings. Even when she was on vacation. Even after she moved to North Carolina. Now Stephanie is passing the baton (actually, user name & password).

We are so very grateful for all she has done.

**Donation & Installation of Drop-off Box for the Office** by Michael & Eileen Daling in memory of their beloved relatives

### **Donation of a Beautiful Challah Board:**

Rob Goldstein

**Meals & Shopping:** Fred Zierler, Harriet, Marcey, and Aaron Thiela

Making Our Veteran's Day Pray-Eat-Sing So Special  
Deputy Mayor Vincent Loffredo and his wife, Dora  
Harriet, Marcey, and Aaron Thiela  
Joanna Schnurman & Andy Bauer  
Risa & Fred Zierler

### **Other Acts of Kindness**

Repairing our Torah yads – Marc Levin and Mallove's Jewelers

Laying out Kolot - Eva Bardwell

Proofreading Kolot – Naomi Kamins

Assembling & mailing Kolot – Michaela & Elliott Altenburger

Returning Bottles -Sharon Slossberg

Taking care of our eNews and blasts - Stephanie Meadow

Grocery shopping - Harriet, Marcey, Aaron Thiela

Washing towels from the kitchen - Joanna Schnurman

Helping with mailings - Sharon Slossberg



### **Sponsoring a Kiddush**

IN MEMORY OF

Sylvia Price by Jo-Ann & Michael Price

Frances Becker by Andrew Becker

Barbara Shapiro by Ernest Shapiro

David Nemeth by Jean & Marc Nemeth

Bernard Schwarz by Karen Schwarz

Murry Levine by Eric Levine

Jacob Poliner, Michael Pashalinsky, and Morris

Poliner by Robert Poliner

### **Supporting Pray-Eat-Sing**

Harriet, Marcey, and Aaron Thiela

Myra & David Finkelstein

Eileen & Michael Daling

Risa & Fred Zierler

Naomi & Richard Kamins

Sharon Neuwirth

Kim Anderson

### **SPEEDY RECOVERY**

We wish a "Refua Sh'leima" to the following:

Shana Adams,

Katrina Axelrod,

Bernie Fabian, Sy Feldman,

Paula Goldstein, Phyllis Frydenberg, Hal Kaplan,

Jean Lawrence, Hyime Paley, Morty Pear,

Irving Pincus, Joe Zaiantz, Rabbi Marshal Press,

David Schwarz, and Stephen Shapiro



### **MAY GOD GRANT COMFORT**

Deepest sympathies to Jean Lawrence on the recent loss of her sister, Sharon J. Engle z"l.

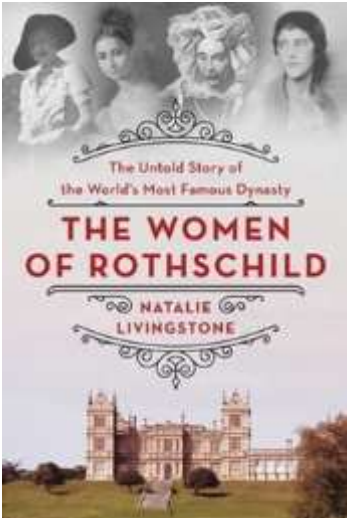
May the bereaved find comfort in our community's support.

## ADATH ISRAEL BOOK GROUP

The Cure for Winter Blues? More Books!  
Happy 2023! Let's look ahead and continue to be excited about reading in the new year. The cure for the winter doldrums is reading!

The Book Club selected for its **January 24<sup>th</sup>**

**7 p.m.** meeting, Natalie Livingstone's *The Women of Rothschild*, the untold story of the world's most famous dynasty, from the dawn of the nineteenth century to the early years of the twenty-first. As Jews in a Christian society and women in a deeply patriarchal family, they were outsiders and needed to pave their own way. The Rothschild women helped bring down ghetto walls in early nineteenth-century Frankfurt, inspired some of the most cultural movements of the Victorian era, and burst into America in the mid-twentieth century. Come learn how the Rothschild women shaped their own legacy!



The January 24<sup>th</sup> meeting will be via ZOOM only.

Meeting ID: 886 4652 0065  
Passcode: 196174

Here are more dates to put on your calendar:

**March 7, 2023**

**April 18, 2023** (special Yom Hashoah program)

Stay tuned for more information about our March 7<sup>th</sup> Book Club meeting. The book selected is *Dinners with Ruth: A Memoir on the Power of Friendships* by Nina Totenberg.

Happy Reading!

ROBERTA and HOLLY

Roberta Levine Glass, [rjlevine610@gmail.com](mailto:rjlevine610@gmail.com),  
302-593-7581 (cell)  
Holly Simon, [hfpsimon@icloud.com](mailto:hfpsimon@icloud.com), 860-395-8989

## ADATH ISRAEL JUDAICA MUSEUM NEEDS YOUR HELP

We are looking for volunteers to help with some very important tasks in our Judaica Museum.

### WE NEED:

1. **Docents** – individuals interested in learning what we have in our beautiful museum and are able to conduct tours as they come up.
2. **Grant writers** – individuals with good writing skills. We desperately need display and security upgrades. There are grants available, but we do not have the expertise to access them.
3. **Marketing and idea people** – who always have those special ways of creating new ideas and interesting venues.
4. **Researchers** – individuals to do some additional research on an item or two to better define their history and origins.
8. **Technophiles** – individuals who can help us move access to our collection into the 21<sup>st</sup> century by creating a digital record of our collection and methods of sharing.

For more information, please contact **Stephen Shapiro** at [StephenShapiro1942@comcast.net](mailto:StephenShapiro1942@comcast.net).

## Office Hours

Monday: 7:30 a.m.-1:30 p.m.

Tuesday: 7:30 a.m.-1:30 p.m.

Wednesday: 9 a.m.-5:30 p.m.

Thursday: 7:30 a.m.-1:30 p.m.

Friday: 7:30 a.m.-Noon

The office is closed weekends, legal holidays, and Jewish holy days

In the event of an emergency closing due to weather or public health the office will work remotely.

**Wishing you good health.**



## JANUARY



Daniel & Judith Merida  
Tod & Melissa Olczak



Phinnaeus Deyfus  
Rabbi Nelly Altenburger  
Matthew Feldman  
Josephine Dreyfus  
Ethel Peltz  
Sherry Aiudi  
Gloria Sones  
Mark Finkelstein  
Ella Evans  
Rachelle Harris  
Doris Goldstein  
Marjorie Perry  
Sherry Young  
Hyime Paley  
Suzanne Goldberg  
Jim Lawrence  
Jaime Bruno  
Steven Weiss  
Edward Schwartz  
Harold Kaplan  
Judith Merida  
Jack Weiss  
Nona Horn  
Saul Seigel  
Jeffrey Beit  
Susan Dickes  
Jack Wilkins



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[office@adathisraelct.org](mailto:office@adathisraelct.org)



# january 2023

## tevet/shevat

sunday	monday	tuesday	wednesday	thursday	friday	saturday
<b>1</b> <b>No Religious School or Mazel Tots</b> 9 a.m. Minyan     <b>New Year's Day</b> <b>8 tevet</b>	<b>2</b> <b>Office closed</b> 8 a.m. Minyan     <b>9 tevet</b>	<b>3</b> 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon 7 p.m. Bd of Directors Mtg   <b>Fast of 10th of Tevet</b> <b>10 tevet</b>	<b>4</b> 7 a.m. Early Risers Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 pm Religious School   <b>11 tevet</b>	<b>5</b> 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom   <b>12 tevet</b>	<b>6</b> <b>RSVP Deadline for Pray-Eat-Sing</b> 8 a.m. Minyan  *4:17 p.m.  <b>13 tevet</b>	<b>7</b> 9:30 a.m. Shabbat L'chol Adat Morning Services. Kiddush in memory of Murry Levine by Eric Levine. 11:30 a.m. Tot Shabbat   <b>Vayechi</b> <b>14 tevet</b>
<b>8</b> 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots   <b>15 tevet</b>	<b>9</b> <b>February Kolot Articles Due</b> 8 a.m. Minyan   <b>16 tevet</b>	<b>10</b> 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon   <b>17 tevet</b>	<b>11</b> 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 p.m. Religious School   <b>18 tevet</b>	<b>12</b> 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom   <b>19 tevet</b>	<b>13</b> 8 a.m. Minyan 6 p.m. Pray-Eat-Sing Shabbat Evening Service & Dinner  *4:25 p.m.  <b>20 tevet</b>	<b>14</b> 9:30 a.m. Shabbat Morning Services. Kiddush in memory of Bernard Schwarz by Gail Schwarz Aronow   <b>Shemot</b> <b>21 tevet</b>
<b>15</b> <b>No Religious School or Mazel Tots</b> 9 a.m. Minyan   <b>22 tevet</b>	<b>16</b> 8 a.m. Minyan   <b>Martin Luther King Day</b> <b>23 tevet</b>	<b>17</b> 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon   <b>24 tevet</b>	<b>18</b> 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 p.m. Religious School   <b>25 tevet</b>	<b>19</b> 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom   <b>26 tevet</b>	<b>20</b> 8 a.m. Minyan 7 p.m. Shabbat Evening Service  *4:33 p.m.  <b>27 tevet</b>	<b>21</b> 9:30 a.m. Shabbat Morning Services   <b>Va'era</b> <b>28 tevet</b>
<b>22</b> 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots 9:30 a.m. JWV Brunch   <b>29 tevet</b>	<b>23</b> 8 a.m. Minyan   <b>Rosh Chodesh</b> <b>1 shevat</b>	<b>24</b> 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Book Club 7 p.m. Al Anon   <b>2 shevat</b>	<b>25</b> 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 p.m. Religious School   <b>3 shevat</b>	<b>26</b> 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom   <b>4 shevat</b>	<b>27</b> 8 a.m. Minyan 7 p.m. Shabbat Evening Service  *4:41 p.m.  <b>5 shevat</b>	<b>28</b> 9:30 a.m. Shabbat Morning Services   <b>Bo</b> <b>6 shevat</b>
<b>29</b> 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots   <b>7 shevat</b>	<b>30</b> 8 a.m. Minyan   <b>8 shevat</b>	<b>31</b> 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon   <b>9 shevat</b>	<b>*Candle lighting times for Middletown, CT</b>			





# february 2023

## shevat/adar

sunday	monday	tuesday	wednesday	thursday	friday	saturday
		Candle lighting times for Middletown, CT	1 7 am Early Risers Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 pm Religious School  <b>10 shevat</b>	2 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom  <b>11 shevat</b>	3 <b>Pray-Eat-Sing RSVP Deadline</b> 8 a.m. Minyan 7 p.m. Shabbat Evening Service *4:50 p.m.  <b>12 shevat</b>	4 9:30 a.m. Shabbat L'chol Adat Morning Services 11:30 a.m. Tot Shabbat  <b>Shabbat Shirah Beshalach</b> <b>13 shevat</b>
5 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots  <b>14 shevat</b>	6 <b>Kolot Articles Due</b> 8 a.m. Minyan  <b>Tu B'shevat</b> <b>15 shevat</b>	7 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon 7 p.m. Bd of Directors Mtg  <b>16 shevat</b>	8 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 pm Religious School 5:30 p.m. Tu B'shevat Dinner  <b>17 shevat</b>	9 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom  <b>18 shevat</b>	10 8 a.m. Minyan 6 p.m. Pray-Eat-Sing Shabbat Evening Service & Dinner *4:59 p.m.  <b>19 shevat</b>	11 9:30 a.m. Shabbat Morning Services  <b>Yitro</b> <b>20 shevat</b>
12 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots  <b>21 shevat</b>	13 8 a.m. Minyan  <b>22 shevat</b>	14 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon  <b>23 shevat</b>	15 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 pm Religious School  <b>24 shevat</b>	16 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom  <b>25 shevat</b>	17 8 a.m. Minyan 7 p.m. Shabbat Evening Service *5:08 p.m.  <b>26 shevat</b>	18 9:30 a.m. Shabbat Morning Services  <b>Shabbat Shekalim Mishpatim</b> <b>27 shevat</b>
19 <b>No Religious School</b> 9 a.m. Minyan  <b>28 shevat</b>	20 <b>Office Closed</b> 8 a.m. Minyan  Presidents Day <b>29 shevat</b>	21 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon  <b>Rosh Chodesh</b> <b>30 shevat</b>	22 <b>No Religious School</b> 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom  <b>Rosh Chodesh</b> <b>1 adar</b>	23 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom  <b>2 adar</b>	24 8 a.m. Minyan 7 p.m. Shabbat Evening Service *5:16 p.m.  <b>3 adar</b>	25 9:30 a.m. Shabbat Morning Services  <b>Terumah</b> <b>4 adar</b>
26 9 a.m. Minyan 9 a.m. Religious School 9:30 a.m. JWV Brunch 10:30 a.m. Mazel Tots  <b>5 adar</b>	27 8 a.m. Minyan  <b>6 adar</b>	28 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon  <b>7 adar</b>	1	2	3	4



*Celebrate Jewish Life*

P.O. Box 337

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