

וידעו
 קולות ק.ק. עדת ישראל



Middletown, Connecticut
Oct-Nov 2022 Tishrei-Cheshvan-Kislev 5783



SUKKOT 5783

Dear friends,

The High Holidays can be seen as a family affair: Rosh Hashanah, the older child, is the responsible one, opening the season of teshuvah with one hundred blasts of the shofar.

Yom Kippur, the middle child, is the most popular – even as it is the most misunderstood. Yom Kippur is not about being terrified of God, but about connecting deeply and transforming ourselves.

Sukkot is the youngest, the easy going, let's have fun and eat in the sukkah. Build! Decorate! Shake fragrant vegetables! Sing!

The sukkah is actually seen as a hug: The 3 minimum walls of a sukkah represent God hugging

WE ARE HERE FOR YOU!

If you or anyone you know is ill or in need of support, please let our Bikur Cholim (Compassionate Care) Committee know!

Contact Michelle Grossman
 at rickandmichelle360@gmail.com,
 or Rabbi Nelly (203) 543-7454 or the office.

(Rabbi Continued on page 3)

FINDING WHAT MAKES YOU YOU IN THE NEW YEAR

I've been retraining myself in how I talk, how I sound, and how I approach conversation. Not in the build-up to having a "new year, new me" attitude in preparation for Rosh Hashanah. This came about in the build-up to the new school year.

I've always been better at talking with children, rather than adults. Adults can be intimidating, and language becomes more complicated, nuanced, and promises aren't always kept. It's tough, isn't it, to be an adult at times? And overthink or underthink the complexities of communicating.

Even though I have my struggles in conversations with adults, I've always prided myself in being able to connect and engage in meaningful conversations with children of all ages. But I came to the realization that I sound "loud". Sometimes it's ok to sound loud. Have an outspoken voice, say what's on my mind, and really project your voice. Like a blast from a cannon, or a firework show, or the sounding of a shofar. But this year, with my incoming class, I was aware through observation and prior teacher experiences that members of my new learning community were sound sensitive, and were used to a softer, more one to one whisper. I couldn't



(President Continued on page 5)

Torah Study with Rabbi Nelly

via Zoom

Every Wednesday - 10:30 AM

Zoom ID 837 9879 1910, Passcode 963942

Every Thursday - 6:00 PM

Zoom ID 887 326 428, Password 827527

New Year's Break

**No Torah Study classes in
the month of Tishrei**

Sept. 26-Oct. 25

(Rabbi Continued from page 1)

us, with metaphoric out stretched arms. This is a symbol of God's unconditional love for us. When we gather the 4 species, we are supposed to think of accepting and loving all types of Jews. We are supposed to leave behind all judgments – even to one another's political views. Also, Sukkot lasts 8 days, so the rush of Rosh Hashanah and Yom Kippur to find meaning can be extended in a more leisurely way.

The sukkah, a temporary dwelling place, forces us to give up our comfortable, protective homes and spend time in an unsecured shelter with just the basic necessities. Sitting in the sukkah during the week heightens our awareness of our blessings and impels us to remember that the best times are the ones spent cultivating relationships.

Here are four activities you can do with your family, friends and even yourself to increase personal meaning in the holiday of Sukkot.

1. As Rosh Hashanah approaches, have a box where people write things they are grateful for, things that happened last year that you are happy about. The box is opened during the meals inside the sukkah, and just as the Israelites had Sukkot as a harvest festival, so too your Sukkot can be a harvest – of thankfulness, of appreciation and of love for one another.
2. Sit and decide, as an individual or as a family, where tzedakah is going to go. If your children have allowances, talk to them about the three jars: Need, Want and Give. For more on this, read the delightful **The Opposite of Spoiled** by Ron Lieber.
3. Make an effort of going through your pantry, or make a special visit to the supermarket, and give food to the local pantry as a special outing with your family or by yourself. It is a great moment when you can participate in bringing joy to others.
4. Have a no-phone-no-screens moment. Decide on one, two or three hours per week that all screens will be off and you will do something else, as a family or by yourself. Pick up a book, crack open those board games, do a puzzle, draw, paint, plant, hike... you get the gist.

As we go from the eldest holiday to the youngest, may we find moments to celebrate and be happy with one another, this season and for the rest of 5783.

Rabbi Nelly Altenburger

S'lichah. S'lichah. S'lichah.

To our valued legacy Temple B'nai Abraham members,

We ask your forgiveness for misnaming Temple B'nai Abraham in the letter accompanying September's statements. It was a reflection of fatigue and lack of due diligence on our part and not of our affection and respect for the amazing community that blessed the Meriden area for more than a century and is now integral to Adath Israel. Be assured we have put processes in place to prevent a future occurrence.

In this season of repentance please accept our heartfelt apology,

Adath Israel Board of Directors

WE NEED YOU!



CALLING ALL SUKKAH BUILDERS!

**Sunday,
Oct. 9 @ 9:30 a.m.**

On the job training, great company, and a tasty nosh provided.

Please contact the office if you can lend a hand.

22nd Annual High Holy Day Food Drive

benefitting the Amazing Grace Food Pantry

Please be as generous as you can by filling a grocery bag with non-perishable food items & returning it to the synagogue on Kol Nidrei or by making a monetary donation. This year the need is extraordinary with more than 800 families relying on the Amazing Grace Food Pantry each week to feed their families.

Especially needed are **CANNED GOODS—MEAT or FISH, STEW, BEANS, FRUIT and VEGGIES; BOXED CEREAL, PEANUT BUTTER, MAC 'N CHEESE, PASTA and SAUCE, RICE, PASTA or RICE and KETCHUP***



Thank you!

*If you have room in your bag, please consider a donation of dog or cat food to help families struggling to feed their pets.

(President Continued from page 1)

be peppy like a cheerleader, or give directives like a coach.

Ok, I can do this...I can sound soft like a quiet river moving gently through a forest. I can sound soft like a paper being shuffled on a desk. I can sound soft like a blanket being folded....

I need a mentor. Who did I appreciate growing up who spoke nicely to me, with a soft, kind voice? Oy... ohhh I got it. I'll Google him...

And so was the thought process that began my binge watching of Mister Rogers. I have been watching old episodes of Mister Rogers on Youtube. I watched the documentary "Won't You Be My Neighbor"? I watched and listened to his interviews with famous talk hosts, celebrities, and psychologists. I listened to his singing on Spotify while I was in the car, to and from most of my commutes since mid-August. A fellow coworker caught me crying in my classroom while watching the episode about "fears on the first day of school". It was set-up on my smartboard while I was decorating desks for the first day of school.

I humbled myself, and quietly, gave in to the help.

I've always been a good educator, and I've been good with connecting with kids. But I needed to be a deeper listener, and realize what my students are fearing. What fears now exist in our world that live alongside Covid, war in Europe, environmental devastation...

And it worked. When driving in to work, I'm blasting Mister Rogers, I get into character, and even with coworkers who have noted the difference, I've picked up the tempo, tandem, and repetition tricks that Fred Rogers used in his explanations and his listening skills. The kids so far are tranquil, incredibly attentive and calm, I've made my paraeducator in my room cry because she felt overcome with feeling seen and recognized, and parents have been reaching out to me telling me how excited their child is to come to school. It feels like we became a neighborhood community that exists with endless possibilities.

This isn't about bragging about the first days being so successful because of putting children under a spell...this was an exercise in humility so that I can show up as the best person I can possibly be, not just for the kids, but for the other adults in their lives. And I want to start talking this way around adults in my

life too, and with this congregation. But I keep hitting a wall.

I find it harder to give up a tough exterior, and slow down my patterns of speech around adults because I'm afraid of being misunderstood or questioned. That I'm trying too hard to be something I'm not, that I've possibly curated an imposter syndrome for myself. But am I being an imposter? Didn't Fred Rogers want us to just be the best version of yourself? That being a version of myself that I love, other people will inevitably love me too?

I want to be kind and vulnerable, but also have that be seen as strengths.

I guess the question to myself is, besides at school, how are you going to show up in this world to repair? And if people, organizations, institutions, and systems make you feel like you need to slip into a tougher, more gruff version of yourself, what are you going to do to remain at peace? How are you going to be that calm security, helper, repairer, and builder in the face of those who don't believe? How is it ok to slow things down in order to be mindful and show that this is vital for spiritual survival?

I wish that as you go out into the world this holiday season, you find your spark that excites you to be a part of tikkun olam - repairing our world. Model your best practices, and your best version of yourself, even if you are "faking it" until you believe that you are it. Imposter syndrome is only temporary. We were brought into existence to love, to build, and to create unique experiences. Take the time to find yourself, you are so worth it. Express yourself in ways to bring about healing in others. You can do it, because you are so uniquely YOU, and you have your own unique path set out for you to be a part of the neighborhood.

Catch you on the trolley,

Carly



KOL NIDRE

A hand is shown holding a shofar (ram's horn) against a background of a tallit (prayer shawl). The tallit features a kabbalah symbol (a stylized menorah) and stripes. The overall color scheme is warm and golden.

**Tuesday,
October 4
5:30 p.m.**



Adath Israel

Celebrate Jewish Life

ADATH ISRAEL DEDICATED FUNDS

ADATH ISRAEL SCHOLARSHIP FUND

(SOPHIE & JULIUS BARKER, EVELYN & ABRAHAM GROSSMAN, SARAH ZIETZ PIERSON, RABBI ALBERT & ROSALYN TROY, SYLVIA GROSS WASSERMAN, MAX CHEIKIN, BERNIE SEIDON, AND JEAN STERN ARON SCHOLARSHIPS)

Provides scholarships to children of Adath Israel members attending an accredited college, university or school of higher learning

Shelley & Michael Barker

DR. ARTHUR & GLADYS WEISS SCHOLARSHIP FUND

Provides scholarships to children of Adath Israel members attending Jewish camp, Jewish content special programs, and trips to Israel

SANFORD BEIT MINYAN FUND

Supports building community through Kiddush meals
IN MEMORY OF

Yetta Curkin, Jane Saritsky, and Burt Kahn by Herb Curkin

BEIT-PALEY FUND

Supports Torah repair

CHEVRA KADISHA

Supports maintenance and enhancement of the cemetery

ARTHUR & EDYTHE DIRECTOR FAMILY FUND

Supports music in the ritual, educational, and cultural gatherings at Adath Israel

MAZAL TOV!

David Director on the opening of Connecticut Lighting Center's new showroom & warehouse by Eileen & Michael Daling

ETERNAL LIGHT FUND

Supports the general operation of Adath Israel
REFUA SH'LEIMA (SPEEDY RECOVERY)
Richard Kamins by Donna & Mark Finkelstein

IN MEMORY OF

Gloria Thiela by Donna & Mark Finkelstein

HOWARD FELDMAN BEAUTIFICATION FUND

Supports the beautification of our synagogue building and grounds and the Nester Center
IN HONOR OF

Lily Shapiro in celebration of her becoming a Bat Mitzvah by Marge & Stan Sadinsky

IN MEMORY OF

Michael Reed by Marge & Stan Sadinsky

LYNN BENNETT RELIGIOUS SCHOOL CAPITAL CAMPAIGN

Supports the upgrade of our religious school
HAPPY BIRTHDAY!

Jeffrey Palmer by Paulette Gewirtz

MAXINE THUMIM CAMP SCHOLARSHIP FUND

Provides scholarships to children of Adath Israel members attending Jewish camp or travelling to Israel

MICHAEL FASSLER FUND

Supports early childhood education at Adath Israel

MUSEUM FUND

Supports purchases and maintenance of Adath Israel's museum

NATHAN OLSHIN SCHOLAR-IN-RESIDENCE-FUND

Supports annual scholar-in-residence program

RABBI'S DISCRETIONARY FUND

Allows the rabbi to support individuals and causes in our community anonymously

Roberta & Marc Glass

IN APPRECIATION OF

Rabbi Nelly & Carly Hoss putting up mezuzah in his new apartment by Phil Saxe

IN MEMORY OF

Lillian Pinkus by Marcia Wrubel

Gloria Thiela by Barbara Weiss

Jeremy Zwelling by Marge & Stan Sadinsky

Louis Hutensky by Sandra & Paul Beckman

Rose Stoller by Sandra & Paul Beckman



YOM KIPPUR

Wednesday, October 5th

8:15am Morning Services

9:30am Services for Children & Families

3:00pm Study Session

4:30pm Mincha & Ne'illah Services

7:00pm approx Final blowing of the shofar

***Times are approximate**

Costs: Please contact the office for details

(Funds continued from p 7)

SANFORD BEIT MINYAN FUND

Supports the creation and building of community over Kiddush

SYNAGOGUE FUND

Supports the general operation of Adath Israel
Bern Padawer
Laurie O'Brien Schwarz & David Schwarz
Teresa & David Shulman
Laurie & Rabbi Marshal Press
Herbert Bichunsky
Doris Feitelson

IN APPRECIATION OF

The morning minyan by Phil Saxe

IN HONOR OF

Carly Hoss on the 21st anniversary of her Bat Mitzvah by Phil Saxe

REFUA SH'LEIMA (SPEEDY RECOVERY)

Rick Grossman by Robin & Marty Levine

IN MEMORY OF

Mrs. Renee Druzinsky by Ines Gerstenblatt

YAHREZIT FUND

Supports the general operation of Adath Israel
Harry Bichunsky by Herb Bichunsky
Jane Schwartz Gould by Nancy L. Schwartz
Marion Stein by Susan Massicott
Sari Rosenbaum by Howard Rosenbaum
Seymour Siegel by Francine Petro & Bill Siegel
James Palmer by Steven Palmer
Sylvia Brodach by
 Claire Yale
 Shirley & Jay Brodach
Mary Waldmann by Sheila Greenspan
E.H. Waldmann by Sheila Greenspan
Debra Joyce Wrubel by Gayle Wrubel Winkler & Hank Winkler
Jay Gould by Nancy L. Schwartz
Fannie Terris Siegel by Nancy L. Schwartz
Henrietta Soll by Elaine Bersch
Rose Dampsky by Sara Paley
Max Goldberg by Susan Goldberg
Israel Poliner by Robert S. Poliner
Irma Gilfix by Barbara & Steven Weiss
Sidney Mellman by Barbara & Steven Weiss
David S. & Dorothy Miller by Joanne Myszkowski

CELEBRATE JEWISH LIFE THROUGH PRAYER

All services are in-person & via Zoom

Morning Minyan

Monday - Friday, 8:00 AM
1st Wednesday of the month, 7:00 AM
Sunday, 9:00 AM

Zoom Info

Meeting ID: 863 5646 9422 Passcode: 679552

Shabbat Services

Friday, 7:00 PM
Monthly Pray-Eat-Sing Services, 6:00 PM
Saturday, 9:30 AM

Zoom Info

Meeting ID: 815 6727 3870 Passcode: 474612

All prayer services at Adath Israel are public events, open to the community as a whole. Members, guests, and other religious seekers who desire the warmth of Jewish prayer and the fellowship of being together are always welcome.

Synagogue Resources Available for Members

For the latest editions of the following publications please contact the synagogue office at office@adathisraelct.org or 860-346-4709.

Membership Directory

Life of the Community & Synagogue Leadership

By-Laws of Congregation Adath Israel

Chevra Kadisha Rules & Regulation

Rosh Hashanah & Yom Kippur Streaming & Zoom Info

Stream on our Facebook page: [adathisraelct](#)

Zoom

Meeting ID: 840 5029 8480

Passcode: 397408

**UPDATED
MEETING ID &
PASSCODE!**



Tuesday, October 4 - Kol Nidre Service

Kol Nidre Service (In-person & Streamed) 5:30 p.m.
(Please note: Services will start **PROMPTLY** to ensure candles are lit by 6:09 p.m.)

Wednesday, October 5 - Yom Kippur with Yizkor

Morning Festival Services (In-person & Streamed) 8:15 a.m.
Remarks by Adam Finkelstein, Synagogue Vice President
High Holy Day Experience for Families (In-person Only) 9:30 a.m.
Study session for those staying at synagogue – In-person only 3:00 p.m.
Afternoon Service 4:30 p.m.
Ne'ilah Service
Final blowing of the shofar approx. 7:00 p.m.
Break the Fast following services
RSVP required by September 28

Sunday, October 9 – First Night of Sukkot

Community Sukkah Building 9:30 a.m.
Candle lighting at home 6:00 p.m.

Monday, October 10 - First Day of Sukkot

Morning Festival Services (In-person & Zoom) 8:00 a.m.

Second Night of Sukkot

Candle lighting at home 6:58 p.m.

Tuesday, October 11 - Second Day of Sukkot

Morning Festival Services (In-person & Zoom) 8:00 a.m.

Wednesday, October 12 – Saturday, October 15 - Chol Moed

Wednesday - Friday Morning Services (In-person & Zoom) 8:00 a.m.
Saturday (In-person & Zoom) 9:30 a.m.

Sunday, October 16 - Hoshanah Rabbah/Erev Shemini Atzeret

Morning Festival Services (In-person & Zoom) 9:00 a.m.

Erev Shemini Atzeret

Candle lighting at home 5:49 p.m.

Monday, October 17 - Shemini Atzeret – Yizkor Recited

Morning Festival Services (In-person & Zoom) 8:00 a.m.
Yizkor recited

Erev Simchat Torah

Candle lighting 6:48 p.m.
Hakafot & Ice Cream (In-person & Zoom) 6:00 p.m.

Tuesday, October 18 - Simchat Torah

Morning Festival Services Zoom & In-person 8:00 a.m.

INFORMATION AND REMINDERS

Educational Child Care

Adath Israel offers Educational Childcare for infants, toddlers, and children second grade and under of parents/guardians attending the main minyan on both days of Rosh Hashanah and on Yom Kippur. **Pre-registration is required.** Snacks will be provided all three days. Please contact the synagogue office at office@adathisraelct.org or (860) 346-4709 for a registration form.

Parking

Our parking spaces are located behind the Nester Center, in our lots on William St. (directly across from the Senior Center), and Church St. (in the Traverse Square lot against the fence closest to Broad St.). **IMPORTANT:** Do not park in the lot directly behind the synagogue building, between the synagogue and the church next door. Cars parked in these spaces are subject to being towed at the owner's expense.

Scenes from Adath Israel

Stop the Bleed

Adam Finkelstein practices applying a tourniquet to Joanna Schnurman as Leah Adler & doctor from Hartford Hospital supervise his technique.



Tikkun Olam/Social Action

In August we prepared & served dinner at St. Vincent de Paul's Soup Kitchen. Our servers were (L to R): Joanna Schnurman, Ben Eisner, Sue Engelhardt, Liz Sequenzia & Patty Netherland.



Kever Avot Cemetery Memorial Service.

Rabbi Nelly (above) and Joe Fine (right) participate at Hebrew Cemetery in Meriden.



Please share your pics of Adath Israel events to office@adathisraelct.org.

Fall-ing for New Books

What a treat it was to read Lori Zabar's book about her family and taste some of the delicious recipes! Many thanks to Jodi Gendrich for recommending *Zabar's: A Family Story with Recipes* and leading the discussion.

In the Fall, we always seem energized to read new and different books. We are looking forward to seeing what the Book Club selects this year. Stay tuned for further details in Adath Israel's weekly e-blasts and Book Club emails.

Adath Israel's Book Club welcomes new members. We meet approximately every six weeks at The Nester Center at 7 p.m. as well as via Zoom. Even if you do not read the book, the discussion is always lively and interesting. Come join us!

Zoom Meeting ID: 886 4652 0065
Passcode: 196174

Here are the next few dates to put on your calendar:

November 1, 2022
December 13, 2022
January 24, 2023

Happy Reading!

ROBERTA and HOLLY

Roberta Levine Glass, rjlevine610@gmail.com,
302-593-7581 (cell)
Holly Simon, hfpsimon@icloud.com, 860-395-8989



IF YOU OR A LOVED ONE ARE IN THE HOSPITAL OR OTHER HEALTH CARE FACILITY



Patient privacy laws prohibit the hospitals & other healthcare facilities from notifying Adath Israel if you are admitted unless you specifically request it. Upon admission, please list Judaism as your religion and request spiritual care or a visit from the chaplain. The hospital chaplain will contact the synagogue. If you do not wish to go through the hospital, please contact the synagogue directly if you or a loved one would like a pastoral visit.

Compassionate Care Aka Bikur Cholim Committee

A core value of our Congregation is to provide care to our community.

This care often includes pastoral visits but our scope is much broader.

We can provide visits, calls, cards, transportation, shopping and food assistance, and, often more, when we know of the needs. We try to provide emotional support where helpful and connections for those who are isolated by whatever circumstances (alone at home, at a medical facility or nursing home). We do this confidentially and without cost or obligation.

We need your help to identify those who need assistance that we do not know about and the best way to contact them. Please reach out to us with as much information as you can share in confidence so that we can reach out and fulfill our desire to help those in need in our community.

For the time being, Michelle Grossman has agreed to be the contact person for Compassionate Care. She can be reached at **203-558-4937** or rickandmichelle360@gmail.com.

Help Us Help You!

THE COMPASSIONATE CARE COMMITTEE

KOLOT DUE DATES

Issue	Article Due Date
December	11/7
January	12/5
February	1/9
March	2/6
April	3/8
May	4/3
June	5/8

EARLY RISERS MINYAN

 Adath Israel
Celebrate Jewish Life

OCTOBER 12TH & NOVEMBER 2ND
7:00AM



KIDDUSH BREAKFAST FOLLOWING SERVICES

IT'S NEWS

BR'RUCHIM HABA'IM – WELCOME TO OUR NEWEST MEMBERS!

Maryann Gennett
Ryszard Wolczak
Liz & Stephen Hibino and their sons, Max & Felix
Christine & Robert Baskins
Jayne Papoosha

MAZAL TOV!

Graduation

Julia Meadow who graduated from the University of Denver. (Apologies for misstating her alma mater last month)

TODAH RABAH

High Holy Days Helpers & Donors

Scott Levy for sponsoring High Holy Days Seats for Wesleyan students

Floral Arrangements

Rosh Hashanah - donated as a remembrance of the Schwarz, Gilfix, and Weiss families.

Yom Kippur - donated by Fran & Lew Goldberg and by Jude & Marc Levin in memory of Max & Beatrice Levin, Joseph Levine, Janice & Herman Neiditz & Jerome & Harriet Levin

Meals & Shopping:

Risa & Fred Zierler
Harriet, Marcey, and Aaron Thiela
Sharon Slossberg
Mark Altenburger
Michaela Altenburger

Placing the Seating Tags: Stan Sadinsky & Jack Adler

Since this Kolot issue is going to press before the High Holy Days begin, please see our next issue for a more complete list of all who have enhanced our High Holy Days

Other Acts of Kindness

Eva Bardwell for laying out Kolot
Naomi Kamins for proofreading Kolot
Sharon Slossberg for assembling & mailing Kolot
Sharon Slossberg for returning bottles
Stephanie Meadow for taking care of our eNews and blasts



Harriet, Marcey, Aaron Thiela for all their grocery shopping
Fred & Risa Zierler for picking up food at the Crown
Joanna Schnurman for washing towels from the kitchen
Sharon Slossberg for helping with mailings
Aaron Thiela for helping Julio reset rooms

“Where there is no food there is no Torah” Sponsoring a Kiddush

IN MEMORY OF

Diane Linnell by Leah Adler & Stu Epstein
Leo Nevas by Jo-Ann Price
Judge Israel Poliner & Gertrude Poliner by Robert Poliner

Supporting Pray-Eat-Sing

Harriet, Marcey, and Aaron Thiela
Naomi & Richard Kamins
Joanna Schnurman & Andy Bauer
Myra & David Finkelstein, Star Bennett

SPEEDY RECOVERY

We'd like to wish a “Refua Shleima” to the following:

Shana Adams
Katrina Axelrod
Bernie Fabian
Sy Feldman
Lew Goldberg
Paula Goldstein
Naomi Kamins
Hal Kaplan
Hyime Paley
Morty Pear
David Schwarz
Vida Wagner
Joe Zaientz



IN MEMORIAM

Our sincerest condolences are extended to the family of Norman Hanenbaum z”l who came to his eternal rest on September 11 (15 elul).

May the bereaved find comfort in our community's support.

 Adath Israel
Celebrate Jewish Life

PRAY EAT SING

FRIDAY, OCT. 14th
6:00 PM

FREE TO MEMBERS, OTHERS \$10 PP OR \$18/FAMILY
RSVP BY 10/7



Interfaith Golf Open Update

This year's Interfaith Golf Open committee worked extremely hard to make the annual event one of the most successful ever. The tournament was held on Tuesday, August 2nd with 140+ golfers enjoying a great day of golf. Following golf, all were able to partake in our dinner, bid on some awesome auction items, hopefully win one of the many raffle items and more. At dinner, David Director and Marc Levin from Adath Israel and John McNichol from St. Mary's Church were honored for their long dedicated commitment to the tournament. The committee once again as in past years raised even more money which continues support to the synagogue and church along with various agencies and programs in our communities. After dispersing money annually to the agencies below, the committee always strives continually to look at other areas where money might be dispersed given the continuing need.

Adath Israel
 St. Mary's Church
 Anti-Bullying Program of the Middlesex Community Foundation
 The Ridge Recovery Center/Rushford
 Middlesex Hospital Campaign for a Brighter Future for Autism and Mental Health Services
 Amazing Grace Food Pantry
 Portland Food Bank
 Meriden Soup Kitchen
 PAL of Middletown, Inc.
 1st Cong. Church/Portland Refugees

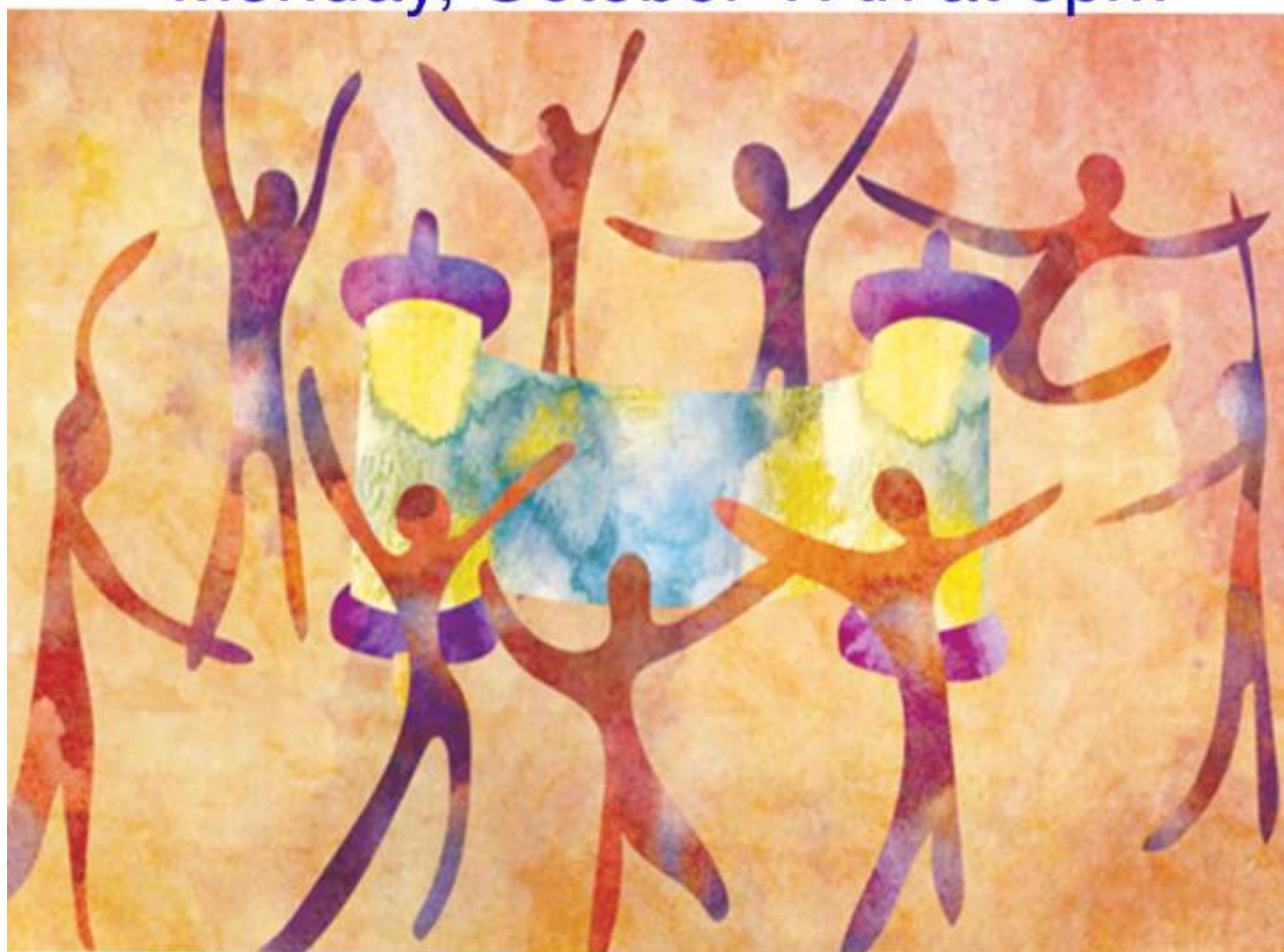
We are grateful to our fantastic sponsors, our amazing players and the entire committee from both Adath Israel and St. Mary's Church for their considerable efforts over the past 26 years joining together for this interfaith collaboration. We want to congratulate Jim Poliner and Jonathan Shapiro, on their very successful first year as Co-chairs from Adath Israel. We are looking forward to next year's tournament on August 1, 2023.

As we are always looking for new committee members, new sponsors, and new donations for our raffle, we ask that you think about contacting any of the following Committee Chairs: Jonathan Shapiro at jshap@gmail.com or Jim Poliner at yaboys123@yahoo.com or Dave Gilbert at david.gilbert@directenergy.com or Dave O'Brien at o_brien_david_w@sbcglobal.net for more information about how you can help this event continue to be an important fundraiser for our community programs.

EREV SIMCHAT TORAH

HAKAFOT & ICE CREAM

Monday, October 17th at 6pm



Sing! Dance! As we welcome the Torah into our hearts and new students into our religious school. We'll Finish the festivities with an ice cream social.



OCTOBER

Lisa & Denis Caron
 Michael & Eileen Daling
 Harriet & Dewey Deeton
 Marilyn & Adam Finkelstein
 Leslie & Harris Friedlander
 Marilyn & Rick Grossman
 Randy & Rick Parks
 Laurie & David Schwarz
 Elizabeth & Jon Whittaker
 Anne & David Willis

NOVEMBER

Roger & Sondra Beit
 Jaime & Rich Bruno
 Lewis & Fran Goldberg
 Mark & Inna Lerner



OCTOBER

Daphne Finkelstein
 Jodi Gendrich
 Ruth Beit
 Steve Hibino
 Cicely German
 Teresa Shulman
 Susan Engelhardt
 Sheryl Oken
 Samara Maloney
 Sophia Maloney
 Mark Altenburger
 Dorothy Elkin
 Richard Steele
 David Shulman
 Elise Maloney
 Nathaniel Altenburger
 Elliott Altenburger
 Paul Beckman
 Isaac Venetianer
 James Poliner
 Sarit DeFrancesco
 Stanley Sadinsky
 Jo-Ann Price
 Linda Adler
 Ethan Olczak
 Fred Zierler
 Julius Rubin
 Stephen Shapiro
 Roger Beit
 Linda Small
 Sara Wilkins
 Skyler Wilkins
 Wendy Wilkins

NOVEMBER

Chuck Gendrich
 Michaela Altenburger
 Shelley Barker
 Shirley Schloss
 Alyn Adams
 Doris Feitelson
 Joe Fine
 Adam Finkelstein
 Mark Burwick
 Ariella Altenburger
 Marcia Caplan
 Michael Barker
 Beth Eisner
 Aaron Thiela
 Barbara Sequenzia
 Jean Nemeth
 Norman Shulkin
 Joanna Schnurman
 Doug Miller
 Barbara Cotton
 Cooper Bruno
 Howard Levine
 Simone Anderson
 Hollye Lew
 Leslie Friedlander
 Marilyn Mazanek
 Samantha Goldstein
 Rob Goldstein
 Randy Parks
 Ian LaForce

Office Hours

Monday: 7:30 a.m.-1:30 p.m.
 Tuesday: 7:30 a.m.-1:30 p.m.
 Wednesday: 9 a.m.-5:30 p.m.
 Thursday: 7:30 a.m.-1:30 p.m.
 Friday: 7:30 a.m.-Noon

The office is closed weekends, legal holidays, and Jewish holy days.

In the event of an emergency closing due to weather or public health the office will work remotely.

Wishing you good health.

Did we leave someone off the list?
 Please call the office, and let us make it right.

SACRED SOUND HEALING PROGRAM

Led by Cantor Re'ut Ben-Zeev & Rabbi Nelly

October 30th
7:00 pm

Free for members
others: \$18 suggested donation

Zoom info:
Meeting ID 828 97178081
Passcode 466981

 **Adath Israel**
Celebrate Jewish Life



Adath Israel

Celebrate Jewish Life

Join us for services via Zoom by using the information below or go to adathisraelct.org & click on “How to Join Services via Zoom”



Daily Minyan:

Monday-Friday 8 a.m.

Sunday 9 a.m.

New Zoom Link for ALL Daily Minyan Services

<https://us02web.zoom.us/j/86356469422?pwd=VVR0TWlxZDZsbUNsRTIvYm9qSEROdz09>

Dial by your location

+1 929 205 6099 US (New York)

Meeting ID: 863 5646 9422

Passcode: 679552

Shabbat Services

Friday 7 p.m.

Shabbat Morning Services, Saturday 9:30 a.m.

New Zoom Link for both Friday & Saturday Shabbat Services

<https://us02web.zoom.us/j/81567273870?pwd=SkIDUEF0R2FRQ1BrUXNmd3ZocFpndz09>

Dial by your location

+1 929 205 6099 US (New York)

Meeting ID: 815 6727 3870

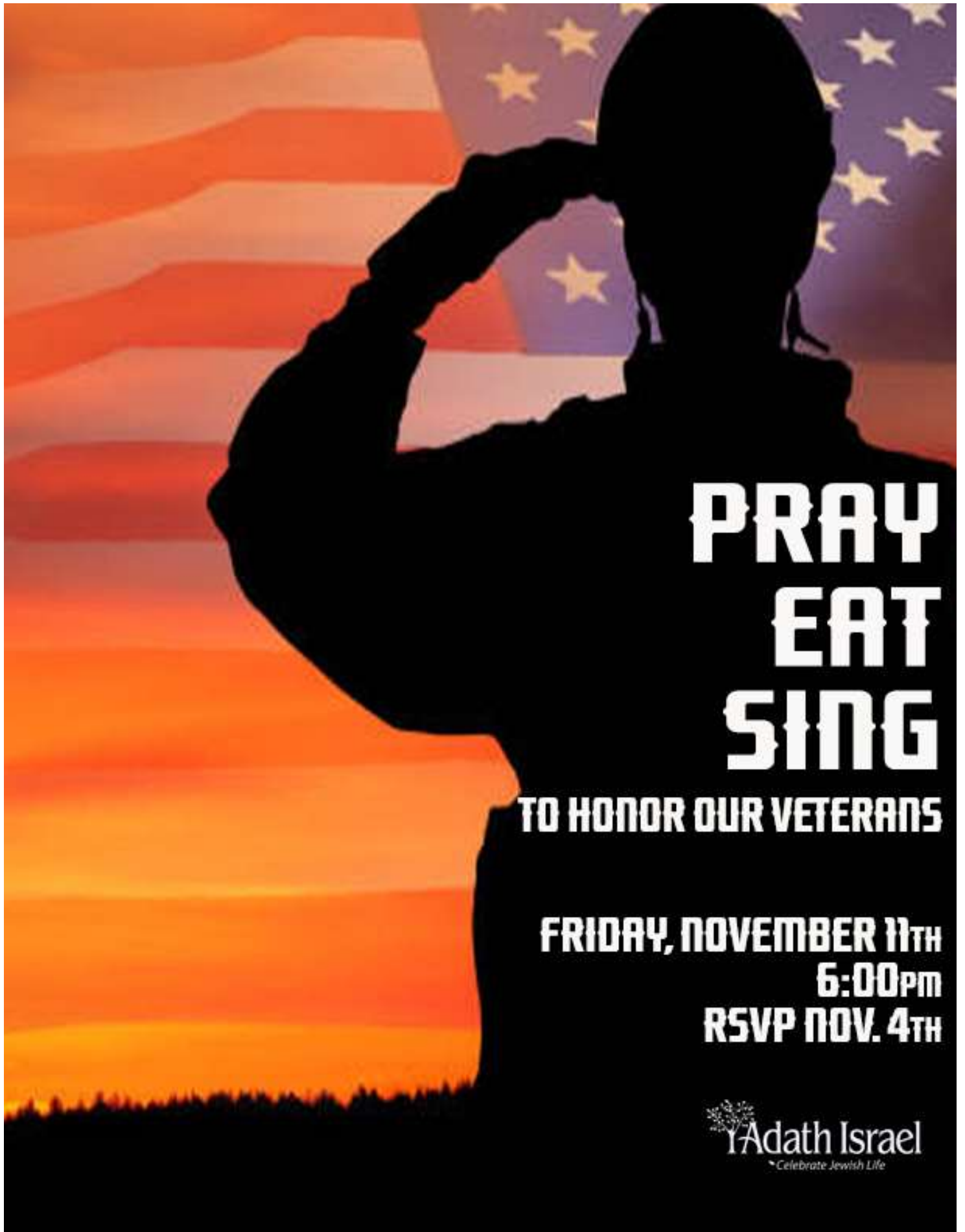
Passcode: 474612

SHABBAT L'CHOL ADAT

NOVEMBER 5TH
9:30AM

A SHABBAT FOR THE WHOLE COMMUNITY

 Adath Israel
Celebrate Jewish Life



PRAY EAT SING

TO HONOR OUR VETERANS

FRIDAY, NOVEMBER 11TH

6:00pm

RSVP NOV. 4TH

 **Adath Israel**
Celebrate Jewish Life



Create a Thanksgiving to remember for local families.

**It's as easy as
picking up a
can (or 2 or 3) of cranberry sauce.**

Working with the Middletown Community Thanksgiving Project, our Adath Israel community helped provide a traditional holiday meal to more than 950 families last year.

**This year the goal is to provide meals
for 1,300 families.**



**Our Charge: 150 cans of
cranberry sauce***

**Drop off your donations at
synagogue until
November 15th**

***Please consider a monetary
donation; checks made payable to
MCTP will receive a 25% match
from Liberty Bank Foundation.**





october 2022

tishrei/cheshvan

sunday	monday	tuesday	wednesday	thursday	friday	saturday
25	26	27	28	29	30	1 9:30 a.m. Shabbat Morning Service <i>Vayelech</i> Shabbat Shuvah 6 tishrei
2 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots 7 tishrei	3 8 a.m. Minyan 12:30 p.m. Mah Jongg 8 tishrei	4 8 a.m. Minyan 5:30 p.m. Kol Nidre Service *6:09 p.m. Kol Nidre 9 tishrei	5 Office closed 8:15 a.m. Yom Kippur Morning Service 9:30 a.m. Services for Children & Families 3 p.m. Torah Study 4:30 p.m. Mincha & Ne'illa 7:30 p.m. Break the Fast Yom Kippur Yizkor 10 tishrei	6 8 a.m. Minyan 11 tishrei	7 RSVP Deadline for Pray-Eat-Sing Dinner 8 a.m. Minyan 7 p.m. Shabbat Evening Service *6:04 p.m. 12 tishrei	8 9:30 a.m. Shabbat Morning Service. Kiddush sponsored by Robert Poliner in memory of Judge Israel Poliner & Gertrude Poliner <i>Ha'azinu</i> 13 tishrei
9 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots Assemble Sukkah *6:00 p.m. Erev Sukkot 14 tishrei	10 Office Closed 8 a.m. Festival Morning Service *6:58 p.m. Columbus Day Sukkot I 15 tishrei	11 Office Closed 8 a.m. Festival Morning Service 7 p.m. Al Anon Sukkot II 16 tishrei	12 7 a.m. Early Risers Minyan 12:30 p.m. Mah Jongg 4 p.m. Religious School Intermediate Day 17 tishrei	13 8 a.m. Minyan Intermediate Day 18 tishrei	14 8 a.m. Minyan 6 p.m. Pray-Eat-Sing Shabbat Evening Service & Dinner *5:52 p.m. Intermediate Day 19 tishrei	15 9:30 a.m. Shabbat Morning Service <i>Sukkot</i> Intermediate Day 20 tishrei
16 9 a.m. Hoshanah Rabbah Service 9 a.m. Religious School 10:30 a.m. Mazel Tots *5:49 p.m. Hoshanah Rabbah 21 tishrei	17 Office closed 8 a.m. Festival Morning Service 6 p.m. Hakafot & Ice Cream *6:48 p.m. Shemini Atzeret Yizkor 22 tishrei	18 Office closed 8 a.m. Festival Morning Service 7 p.m. Al Anon <i>Vezot Habracha</i> Simchat Torah 23 tishrei	19 8 a.m. Minyan 12:30 p.m. Mah Jongg 4 p.m. Religious School 24 tishrei	20 8 a.m. Minyan 25 tishrei	21 8 a.m. Minyan 7 p.m. Shabbat Evening Service *5:42 p.m. 26 tishrei	22 9:30 a.m. Shabbat Morning Service <i>Bereshit</i> 27 tishrei
23 9 a.m. Minyan 9 a.m. Religious School 9:30 a.m. JWV Brunch 10:30 a.m. Mazel Tots 28 tishrei	24 8 a.m. Minyan 29 tishrei	25 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon Rosh Chodesh 30 tishrei	26 8 a.m. Minyan 10:30 a.m. Torah Study 4 p.m. Religious School Rosh Chodesh 1 cheshvan	27 8 a.m. Minyan 6 p.m. Torah Study, Zoom 2 cheshvan	28 8 a.m. Minyan 7 p.m. Shabbat Evening Service *5:32 p.m. 3 cheshvan	29 9:30 a.m. Shabbat Morning Service <i>Noach</i> 4 cheshvan
30 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots 7 p.m. Sacred Sound Healing, Zoom 5 cheshvan	31 8 a.m. Minyan 6 cheshvan	1	2	3	4	5



november 2022

cheshvan/kislev

sunday	monday	tuesday	wednesday	thursday	friday	saturday
30	31	1 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Book Club 7 p.m. Al Anon 7 cheshvan	2 7 a.m. Early Risers Minyan 10:30 a.m. Torah Study, Zoom 4 p.m. Religious School 8 cheshvan	3 8 a.m. Minyan 6 p.m. Torah Study, Zoom 9 cheshvan	4 RSVP Deadline for Nov. 11 Pray-Eat-Sing 8 a.m. Minyan 7 p.m. Shabbat Evening Service 10 cheshvan	5 9:30 a.m. Shabbat L'chol Adat Morning Services Lech Lecha 11 cheshvan
6 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots Clocks Change 12 cheshvan	7 8 a.m. Minyan 13 cheshvan	8 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon 7 p.m. Board of Directors Mtg 14 cheshvan	9 8 a.m. Minyan 10:30 a.m. Torah Study, Zoom 4 p.m. Religious School 15 cheshvan	10 8 a.m. Minyan 6 p.m. Torah Study, Zoom 16 cheshvan	11 8 a.m. Minyan 6 p.m. Pray-Eat-Sing, Honoring our Veterans Veterans Day 17 cheshvan	12 9:30 a.m. Shabbat Morning Services Vayera 18 cheshvan
13 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots 19 cheshvan	14 8 a.m. Minyan 20 cheshvan	15 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon 21 cheshvan	16 8 a.m. Minyan 10:30 a.m. Torah Study, Zoom 4 p.m. Religious School 22 cheshvan	17 8 a.m. Minyan 6 p.m. Torah Study, Zoom 23 cheshvan	18 8 a.m. Minyan 7 p.m. Shabbat Evening Service 24 cheshvan	19 9:30 a.m. Shabbat Morning Services. Carolann Schwartz called to the Torah as a Bat Mitzvah Chaye Sarah 25 cheshvan
20 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots 26 cheshvan	21 8 a.m. Minyan 27 cheshvan	22 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7:30 p.m. Al Anon 28 cheshvan	23 RSVP Deadline for Dec. 2 Pray-Eat-Sing No Religious School 8 a.m. Minyan 29 cheshvan	24 Office closed 8 a.m. Minyan Thanksgiving Rosh Chodesh 30 cheshvan	25 Office closed 8 a.m. Minyan 7 p.m. Shabbat Evening Service Rosh Chodesh 1 kislev	26 9:30 a.m. Shabbat Morning Services Toldot 2 kislev
27 No Religious School or Mazel Tots 9 a.m. Minyan 9:30 a.m. JWW Brunch 3 kislev	28 8 a.m. Minyan 4 kislev	29 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7:30 p.m. Al Anon 5 kislev	30 8 a.m. Minyan 10:30 a.m. Torah Study, Zoom 4 p.m. Religious School 6 kislev	1	2	3



High Holy Day Services Educational Childcare **Grade 2 & Under Registration Form**

My child, _____, age, _____ will be attending
(please print)

Adath Israel's educational childcare for the following service(s):

_____ Rosh Hashanah Day 1 (Mon., 9/26) 8:15 a.m.–1:00 p.m.

_____ Rosh Hashanah Day 2 (Tue., 9/27) 8:15 a.m.–1:00 p.m.

_____ Yom Kippur (Wed., 10/5) 8:15 a.m.-2:00 p.m.

Please list any allergies or medical conditions your child has as well as any medicine(s) s/he taking:

Parent/Guardian Name: _____
(please print)

Parent/Guardian: Signature: _____

Address: _____

Town: _____ State: _____ Zip code: _____

Phone: _____ Email: _____

Please send me information on: _____ Programs for Infants & Toddlers

_____ Programs for Preschoolers _____ Religious School _____ Religious Services

_____ Becoming Jewish _____ Learning Hebrew _____ Cultural/Community Events

_____ Joining the Adath Israel Community

_____ Other (Please list): _____

Please complete a separate form for each child attending and return completed form to address listed below.

8 BROAD STREET ~ P.O. BOX 337
MIDDLETOWN, CONNECTICUT 06457
(860) 346-4709 WEBSITE: www.adathisraelct.org



Celebrate Jewish Life

P.O. Box 337

Middletown, CT 06457

Contact information

Phone: 860-346-4709

Email: office@adathisraelct.org

Website: www.adathisraelct.org