

אדאט ישראל
קולות ק.ק. עדת ישראל



Middletown, Connecticut
September 2022 Elul-Tishrei 5782



SPIRITUAL RENEWAL

Dear friends,

Rosh Hashanah
literally means the
head of the year,

marking when we switch the Hebrew calendar to the next year. However, in the Torah, it is not described as the first month – it is actually the seventh:

“And in the seventh month, on [day] one of the month, a proclamation of holiness there is to be for you: any-kind of servile work you are not to do. A day of blasts it is to be for you.” (Numbers 29:1)

The first month in the Torah is actually Nisan, when we celebrate Passover, and yet for all of its importance is not when we switch the calendar. The seventh month is. It is also the most intense of

WE ARE HERE FOR YOU!

If you or anyone you know is ill or in need of support, please let our Bikur Cholim (Compassionate Care) Committee know!

Contact Michelle Grossman
at rickandmichelle360@gmail.com
or the rabbi (203) 543-7454
or Joanna at the office.

(Rabbi Continued on page 3)

DAUGHTERS

Here we are again heading towards a new year. I can't believe it's already been one whole year around the sun as this congregation's president. I'm looking forward to changes within our building, new programming, and watching your families grow and enjoy time together. This summer, more than ever before, I had a deep sense of gratitude in my heart for four daughters within our Jewish community that have inspired me and made me feel even more grateful for this extended family at Adath Israel.

Sherry (Small) Aiudi - Thank you for joining the Hebrew School team and becoming our Mazel Tots Coordinator. Growing up within the walls of this building, and now giving a gift forward of teaching Torah and Jewish culture through young childhood programming is a beautiful mitzvah. You honor your family, our former teachers, and your Jewish spirit by taking on this role. If you have not met Sherry yet, make sure to reach out to her - she will be running the Mazel Tots program during Sunday morning Hebrew School and she is incredibly motivated and ecstatic for the resurgence of this crucial program within Adath.

Elise Gendrich - Thank you so much for your presence and participation at Shabbat Services



(President Continued on page 5)

EARLY RISERS MINYAN

Wednesday, September 7th
7:00 am



Adath Israel

Celebrate Jewish Life

Kiddush breakfast following service

(Rabbi Continued from page 1)

all Torah months with three holidays – Rosh Hashanah, Yom Kippur and Sukkot. These three holidays together are three holidays of deep spiritual renewal, marking the end of a cycle and the beginning of a new one. So it makes sense that they are in the seventh month according to the Torah – seven is the end of the cycle, most famously in the weekly cycle with Shabbat.

In Temple times, the shofar was used to announce holidays and the Jubilee year[1], the start of a war[2], it led processions[3], and in the musical ensemble in the temple[4]. But on Rosh Hashanah the shofar has a different function: it is to announce the time for spiritual renewal, both for us as individuals and for us as a community.

Spiritual renewal means looking at the structures around in your life and in your personality and reassessing them. Some of us have gone through deep reassessments this past year, sometimes willingly and many times unwillingly. Loss of health, loss of wealth, loss of a loved one whether through death or divorce — all those are common causes for forced reassessments of our structures.

Now, the most famous dismantling of structure connected to the shofar is the story of Joshua and Jericho[5]. There, the number seven appears a lot: seven kohanim carrying seven shofarot walked around the walls of Jericho with the troops for seven days, blowing the shofarot while there was no talk among the troops. And on the seventh day, at the end of the blasts and the walk, the people shouted and the walls fell down. This story is also famous because of the spiritual “Joshua Fit the Battle of Jericho.[6]”

There is actual archeological evidence of a complete destruction of the city of Jericho sometime near 1,400 BCE[7], just as described in the Book of Joshua, researchers say that the cause might have been an earthquake. But I would ask you to see this story in a symbolic level: there are structures in our lives that need to be reassessed and sometimes dismantled, so renewal can happen.

That is the function of the shofar on Rosh Hashanah – 100 blasts are supposed to be heard on that day, waking us up from our comfortable places of self-congratulation, from our daily ruts, from our beliefs and rat races. Rosh Hashanah is the time to shake out of our spiritual slumber, reconnect to our Source, and recommit to our mission in this world. It is time to revisit old questions that never get old: why

am I here? Which values do I really live by? What world will I leave behind?

Who needs to do that? All of us, women, men, young, old and everyone in between and beyond those binary definitions. If you are human, you need to renew yourself and your structures.

Where and when? We will offer three different moments at Adath Israel to make this internal movement an external one: on both days of Rosh Hashanah inside the synagogue and for the ceremony of Tashlich, which happens this year on the afternoon of the first day at the riverside. So Monday, September 26th, and Tuesday September 27th during services or Monday afternoon at around 2 PM. Adath Israel is so committed to have this very meaningful experience that we offer a light meal between the morning service and the ceremony of tashlich. Come as you are, at whatever time it works for you.

Come listen to one hundred blasts of the shofar. Let that sound carry you to a time of renewal and spiritual development. And let's grow and move forward, together.

Shanah tovah umetukah, may we have a good and
sweet year,

Rabbi Nelly Altenburger

[1] Lev. 25:9

[2] Josh. 6:4; Judges 3:27; 7:16, 20; I Sam. 8:3

[3] II Sam. 6:15; I Chron. 15:28

[4] Psalms 150:3

[5] Josh. 6

[6] <https://www.youtube.com/watch?v=wpKWtBb0q9g>

[7] <https://www.baslibrary.org/biblical-archaeology-review/16/2/5>



KEVER AVOT

COMMUNITY CEMETERY SERVICES

Sunday, September 11
1 pm: Meriden Cemetery
2 pm: Middletown Cemetery

**We remember our loved ones who have
gone before us as we enter this sacred season.**

 **Adath Israel**
Celebrate Jewish Life



(President Continued from page 1)

this summer. It was amazing to see one of our former students engaged with the service and seeing her joy. Thank you for keeping me calm as I chanted Haftorah - I still consider you to be not one of my students, but one of my teachers through example. Best of luck on your coming semester, keep us posted!

Lily Shapiro - All I can say is wow...just wow. You reminded me how much practice, dedication, and focus goes into the preparation of a Saturday morning service and Bat Mitzvah. Sitting in on some of your last practices leading up to your Bat Mitzvah was so soothing and relaxing to listen to, but I know how much work you were putting into making sure you got every word, every pronunciation accurate. Like I said to you on your big day up on the bimah, you conducted the ceremony with grace and ease, and you have honored your ancestors by doing so. Thank you for being such an inspiration!

Maya Finkelstein - What started off on me visiting to listen to you chant the V'ahavta and practice some Hebrew together turned into a literal wild goose chase...I brought my dog (also named Maya) to our lesson, and the "wild dingo" took off on us. Maya ran with me through not 1, not 2, but several neighbors' yards, while remaining calm. We finally found my dog (after recruiting a handful of neighbors...) and you were so patient, kind, and understanding. Your gentle laughter, saying thank you to neighbors, and hugging my dog reminded me of our Jewish value of "tzar ba'al hachahim" - being compassionate to our animal friends.

I thank my community for letting your daughters be my students, teachers, advocates, and role models for all our generations. May their strength, kindness, leadership, and determination be an example for all of us.

Below, find a blessing that is from **ritualwell.org** titled "Build Me a Daughter" that I feel goes along with the many blessings I got to experience this summer.

Be well,

Carly

Build Me a Daughter

Build me a Jew, O Lord, who will bring honor to the names of the matriarchs. Bestow upon her their qualities of nobility, beauty, strength, and gentility.

May she be like Ruth, a fountain of our faith. May she be like Golda, a pillar of our people. Instill in her the love of learning; grant her the joy of marriage; teach her to have compassion upon all life that she be blessed with the three-fold blessing of Torah, Chupah, and Maasim Tovim.

Build me a daughter, O Lord, who will be strong enough to know when she is weak and brave enough to face herself when she is afraid; one who will be proud and unbending in honest defeat, but humble and gentle in victory. Send her, I pray, not only in the path of ease and comfort but also in the spur of difficulty and challenge. Here let her learn to stand up in the storm; here let her learn compassion for those who fall. Grant her the insight to know herself and the wisdom to know you. Be with us, her parents, as we begin this new journey through life.

Build me a daughter, O Lord, whose heart will be clear, whose goal will be high; a daughter who will master herself before she seeks to master others; one who will learn to laugh, yet never forget how to weep; one who will reach into the future, yet never forget the past.

After all these things are hers, this I pray, enough sense of humor that she may always be serious but never take herself seriously. Give her humility so that she may always remember the simplicity of true greatness, the open mind of true wisdom, the meekness of true strength; then we, her parents, will dare to whisper, "We, too, have been enriched."



A large, stylized musical staff with several notes is drawn diagonally across the page. The background is a textured, parchment-like surface with faint, scattered musical notes.

PRAY EAT SING

FRIDAY, SEPTEMBER 16TH
6:00PM • RSVP BY SEPTEMBER 9TH



Adath Israel

Celebrate Jewish Life

Free to Members
Others: \$10 per person or \$18/family

RELIGIOUS SCHOOL NEWS

By Anna Elfenbaum

As summer comes to an end, we are excited for a new year in the Religious School. An email recently went out to returning families listing some of the new elements that have been added into the program, all meant to enhance our students' education and experience.



By far, the biggest news to share is that we have invited Sherry Aiudi to take over the Mazel Tots program. As someone who grew up at Adath Israel and in our school, Sherry has fond, loving memories of Mrs. Bennett. Who better to bring the spirit and joy of Jewish learning to our youngest children and their families? If you know any families

with young children who would benefit from Mazel Tots, please reach out to Sherry at: Mazeltotsadath@gmail.com.

In other staffing news, Jaime Bruno will be joining us this year supporting our students with diverse learning needs. Not only is Jaime a parent in our school, a congregant and a past board member, she also has much experience working with neuro-diverse students. We are happy to add her and her skills to our team.



The Religious School is expanding our curriculum and offerings this year. Rabbi Nelly will be offering bi-monthly sessions for Post B'nei Mitzvah students. We recognize that our older students have many commitments, but they still want to stay connected to their synagogue peers and to their Jewish education. Classes will be ongoing, but

students can come when they are available. We will be creating more opportunities for our students to learn about and participate in Tikkun Olam (repairing the world) programming this year, through an ongoing study of the prophets and their relevance in our world today. We will be practicing acts we learn from the prophets that are necessary to make our world a better place. Finally, we will be offering Zoom Hebrew Lessons for our students who need a different pace or a little extra time to build their skills.

The fall is going to be an exciting time for us. We are looking forward to kicking off the year with the Family Hike and Shofar Blast (9/11) and Family Apple Picking (9/18). Any information regarding the school can be directed to Anna Elfenbaum, Principal, at adathisrael.school@gmail.com.

WE NEED YOU!



CALLING ALL SUKKAH BUILDERS!

Sunday, Oct. 9 9:30 a.m.

On the job training, great company, and a tasty nosh provided.

Please contact the office if you can lend a hand.



 Adath Israel
Celebrate Jewish Life

S' LICHOT

Date: Saturday, September 17th

Time: 7:30 p.m.

Join us for this first service of the High Holy Day season. Led by Rabbi Nelly, reacquaint yourself with the melodies and prayers through which we enter these Days of Awe.

ADATH ISRAEL DEDICATED FUNDS

ADATH ISRAEL SCHOLARSHIP FUND (SOPHIE

& JULIUS BARKER, EVELYN & ABRAHAM GROSSMAN, SARAH ZIETZ PIERSON, RABBI ALBERT & ROSALYN TROY, SYLVIA GROSS WASSERMAN, MAX CHEIKIN, BERNIE SEIDON, AND JEAN STERN ARON SCHOLARSHIPS)

Provides scholarships to children of Adath Israel members attending an accredited college, university or school of higher learning

IN HONOR OF

Rabbi Jay Goldstein's retirement by Risa & Fred Zierler

IN MEMORY OF

Dr. Kenneth Roseman by Risa & Fred Zierler

DR. ARTHUR & GLADYS WEISS

SCHOLARSHIP FUND

Provides scholarships to children of Adath Israel members attending Jewish camp, Jewish content special programs, and trips to Israel

BEIT-PALEY FUND

Supports Torah repair

CHEVRA KADISHA

Supports maintenance and enhancement of the cemetery

Richard Mei

ARTHUR & EDYTHE DIRECTOR FAMILY FUND

Supports music in the ritual, educational, and cultural gatherings at Adath Israel

REFUA SH'LEIMA (Speedy Recovery)

Richard Kamins by Robin & Marty Levine

HOWARD FELDMAN BEAUTIFICATION FUND

Supports the beautification of our synagogue building and grounds and the Nester Center

IN MEMORY OF

Gloria Thiela by Louise Feldman

LYNN BENNETT RELIGIOUS SCHOOL CAPITAL CAMPAIGN

Supports the upgrade of our religious school

IN HONOR OF

Laurie & Rabbi Marshal Press becoming great-grandparents by Carolann Schwartz

Michelle & Rick Grossman becoming grandparents by Carolann Schwartz

Lily Shapiro becoming a bat mitzvah by Joanna Schnurman & Andy Bauer

REFUA SH'LEIMA (Speedy Recovery)

Rick Grossman by Joanna Schnurman & Andy Bauer

Richard Kamins by Joanna Schnurman, Andy, Aidan & Sam Bauer

IN MEMORY OF

Diane Eisenstein Guthart by Myra & David Finkelstein

Gloria Thiela by Joanna Schnurman & Andy Bauer

MAXINE THUMIM CAMP SCHOLARSHIP FUND

Provides scholarships to children of Adath Israel members attending Jewish camp or travelling to Israel

IN HONOR OF

Julia Meadow graduating from college by Eileen & Michael Daling

Beth Shapiro in celebration of Maya's bat mitzvah by Eileen & Michael Daling

Sarah & Jonathan Shapiro in celebration of Lily's bat mitzvah by Eileen & Michael Daling

Eileen & Michael Daling on the graduation of the grandson from high school by Laurie & Rabbi

Marshal Press

Ruth & Mike Sigal in celebration of them moving into their new home by Eileen & Michael Daling

REFUA SH'LEIMA (Speedy Recovery)

Rick Grossman by Eileen & Michael Daling

Richard Kamins by Eileen & Michael Daling

IN MEMORY OF

Gloria Thiela by Eileen & Michael Daling

Michael Reed by Eileen & Michael Daling

MICHAEL FASSLER FUND

Supports early childhood education at Adath Israel

MUSEUM FUND

Supports purchases and maintenance of Adath Israel's museum

Adath Israel
Celebrate Jewish Life

Book Club

September 20th * 7pm * Location TBD

**Zabars: A Family Story
with Recipes
by Lori Zabar**

Zoom Info
Meeting ID: 886 4652 0065
Passcode: 196174

ZABARS

A FAMILY STORY, WITH RECIPES



LORI ZABAR

FOREWORD BY JULIA MOSKIN



Adath Israel Book Club
is free and open to
anyone who desires
great discussions about
fascinating books
on Jewish topics

For more information, please contact
Roberta Glass: rjlevine610@gmail.com
302-593-7581

or **Holly Simon: hfpsimon@icloud.com**
860-395-8989

(Funds continued from p 9)

NATHAN OLSHIN SCHOLAR-IN-RESIDENCE-FUND

Supports annual scholar-in-residence program
REFUA SH'LEIMA (Speedy Recovery)
Richard Kamins by Laurie & Rabbi Marshal Press

IN MEMORY OF

Jeremy Zwelling by Rachel F Bedick
Irving Kahn by Bobette Reed Kahn & Jeffrey Kahn

RABBI'S DISCRETIONARY FUND

Allows the rabbi to support individuals and causes in our community anonymously
Faith Irwin
Irv Pincus
Phyllis Waldman

IN HONOR OF

Carol & Stephen Shapiro in celebration of their granddaughter, Maya's Bat Mitzvah by Marcia Wrubel

IN MEMORY OF

Mark Itkin by
Sandra & Paul Beckman
Marcia Wrubel
Jeremy Zwelling by
Elliot Weinbaum
Magda Teter
Debi, Josh, and Micah Lake
Donna & Mark Finkelstein
Eliot N. Mag
Laurie Frenzel
Dr. Michael Berenbaum
Joseph Siry & Susanne Fasso
Debbie & Jerry Weinstein
Naomi & Richard Kamins
Sandra & Paul Beckman
Penny Robiner & David Miner
Stephanie & Mark Blumenthal
Marcia & John Gell
Mimi & Charlie Rich
Martha & Martin Rosenfield
Alissa & David Talamo
Leslie & Marc Halman
Judith & Roger Hess
Inna & Mark Lerner
Jane McMillan
Martha Gay
Emily Fryer

The Gay Family
Bobby & Bridget Fryer
Jennifer O'Neill

SANFORD BEIT MINYAN FUND

Supports the creation and building of community over Kiddush

SYNAGOGUE FUND/ ETERNAL LIGHT FUND

Supports the general operation of Adath Israel
Richard Mei Jr
Sarah & Joe Glaz
Daniel Slatkin
Marcia Wrubel
Hinda Niemeyer

IN HONOR OF

The members of the Kehilat Mussar with Rabbi Chasya by Paula Galowitz
Robin & Marty Levine on the birth of their granddaughter, Naomi Elisheva Weiss by Joan & Michael Needle

IN MEMORY OF

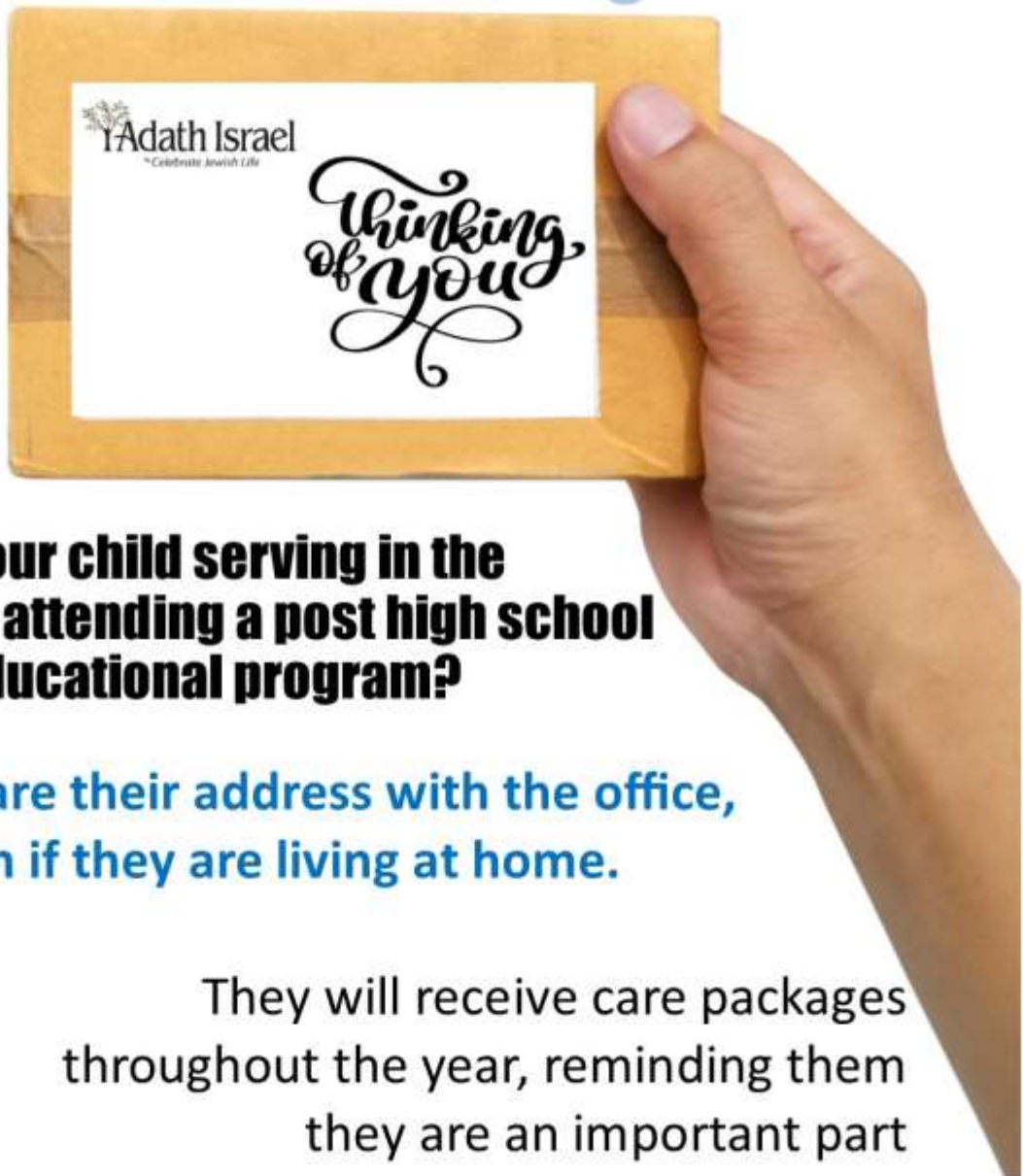
Mark Itkin by Anita Hennessey
Jeremy Zwelling by
Margery & Allan Brauner
Judy Cooper
Gloria Thiela by Robin & Marty Levine

YAHREZEIT FUND

Supports the general operation of Adath Israel
Thelma Levson by Anita Hennessey
Dr. Daniel Kahn by Benjamin Kahn
Rose Bluman by Susan Mikulski
Jerome Kabel by Ken Kabel, Eric Kabel, Jill Levin & Families
Ethel Russman by Hyime Paley
David Silverman by Edie Simon
Jason Itkin by Harriet Itkin
Rena Berliner & Moses Berliner by Sherwin Borsuk
Rose Gerstenblatt & Leah Gerstenblatt by Ines Gerstenblatt
Irving Kahn by David Kahn
Shirley Ross by Michael Ross
Naomi Hoberman by Marvin Hoberman
Abraham Sigal by Mike, Ruth, Amy & Stacey Sigal, and Ethan Kolodny
Kitty Curkin by Paulette Curkin
Rebecca Dampsky by Sara Paley

(Funds continued on p 13)

Student & Service Member Outreach Program



Is your child serving in the military or attending a post high school educational program?

Please share their address with the office, even if they are living at home.

They will receive care packages throughout the year, reminding them they are an important part of our Adath Israel family.

This program has been generously sponsored by Atty. Robert Poliner.

(Funds continued from p 11)

Charles Gallin by Karen Siegel
 Benjamin Seldin by Joan & Michael Needle
 Sophie Poliner Soltz by Robert S. Poliner
 Elizabeth G. Pollack by Ivan Pollack
 William Resnikoff by Judith & Daniel Merida
 Douglas Pincus by Irv Pincus
 Judith Mellman by Barbara & Steven Weiss
 Jane Saritsky by Rhea Hurwitz
 Charles Netherland by Patty Netherland
 Dennis Adler by Leah Adler
 Faye Feldshon by Sherry Stekloff
 Ira Cohen by Ernest Shapiro
 Simon Edelberg by Claire Segal Sergi
 Stanley Apter by Robert Apter
 Ann Edelberg by Paul Edelberg
 Gladys Weiss by James Weiss
 Michael Schulman by Bonnie Rose Schulman, Rabbi
 Seth Haaz, Sophie, Sadie, & Michael
 Annie Friedman by Ruth Kahn
 Kalman Palmer by Steve & Sue Palmer
 Esther Rubinstein by Norman Shulkin
 Todd Wasserman by Lois Wasserman
 Zelda Freifeld by Lois Wasserman
 Herman Geiges by Heidi Geiges & Beth Katz
 Moshe Filler by Yakov Filler
 Robert Soll by Penny Bersch
 Louis Siegel by Arlene Pressman
 Julius Barker by Shelley & Julius Barker
 Thelma Caplan by Marcia Caplan
 Jon Palley by Adrienne Palley
 Hyman Needle by Joan & Michael Needle
 Gladys Kogen by Audrey & John Acabchuk
 Zelda Freifeld by Miriam Grahame
 Mollie Shlien by Paul Shlien
 Marcia Kosofsky by Cindy Hilton
 Alan & Diane Ravitch by Dr. George F. Gitlitz
 Jody Elyachar by Richard A. Katz
 Leonard Katz by Richard A. Katz
 Burt Kahn by Lee King
 Joseph David D'Amato by Kathleen Didato
 Edythe Director by Carol and David Director
 Jack Feldshon by Sherry Stekloff
 Brenda C. Dubin by Joseph Dubin
 Alice Hertzberg by Irv Pincus
 David Bernstein by Paula Eisner
 Morris Friedman by Ruth Kahn
 Sidney Finkelstein by Donna & Mark Finkelstein
 Arthur Waldmann by Sheila Greenspan
 Hortie Kabel by The Levin & Kable Families

Herman Hertzberg by Louise Feldman
 Joseph Gilfix by Barbara & Steven Weiss
 Joseph Pincus by Irv Pincus
 Bernie Fields by Harriet Fein-Deeton
 Sadie F. Goldstein by Cindie & Donn Friedman
 Edna H. Lipman by Sarah B. Greenblatt
 Morton H. Greenblatt by Sarah B. Greenblatt
 Evelyn L. Greenblatt by Sarah B. Greenblatt
 I. Albert Lipman by Sarah B. Greenblatt
 Bruin T. Lipman by Sarah B. Greenblatt
 Dr. Charles Russman by Marvin Hoberman & Family
 Leonard Freifeld by Lois Wasserman
 Beatrice Gerstenblatt by Ines Gerstenblatt
 Samuel Abrahamson by Joan Abrahamason
 Moses Cherniack by Ceile Zaroni
 Julius Mayer by Karen Sutter
 Bess Mayer by Karen Sutter
 Stephen Mayer by Karen Sutter

CELEBRATE JEWISH LIFE THROUGH PRAYER

All services are in-person & via Zoom

Morning Minyan

Monday - Friday, 8:00 AM

1st Wednesday of the month, 7:00 AM

Sunday, 9:00 AM

Zoom Info

Meeting ID: 863 5646 9422 Passcode: 679552

Shabbat Services

Friday, 7:00 PM

Monthly Pray-Eat-Sing Services, 6:00 PM

Saturday, 9:30 AM

Zoom Info

Meeting ID: 815 6727 3870 Passcode: 474612

All prayer services at Adath Israel are public events, open to the community as a whole. Members, guests, and other religious seekers who desire the warmth of Jewish prayer and the fellowship of being together are always welcome.

22nd Annual High Holy Day Food Drive

benefitting the Amazing Grace Food Pantry

Please be as generous as you can by filling a grocery bag with non-perishable food items & returning it to the synagogue on Kol Nidrei or by making a monetary donation. This year the need is extraordinary with more than 800 families relying on the Amazing Grace Food Pantry each week to feed their families.

Especially needed are **CANNED GOODS—MEAT or FISH, STEW, BEANS, FRUIT and VEGGIES; BOXED CEREAL, PEANUT BUTTER, MAC 'N CHEESE, PASTA and SAUCE, RICE, PASTA or RICE SIDE DISHES, MAYONNAISE and KETCHUP***



Thank you!

*If you have room in your bag, please consider a donation of dog or cat food to help families struggling to feed their pets.

Maya Shapiro-Rosado D'var Torah

Shabbat Shalom!

Hi everyone, thank you for coming. I'm very happy that you all can join me on this very special day. I would like to take this time to specially thank a few people who have helped me on my Bat Mitzvah journey. First, I would like to thank one of my amazing teachers, Sandra Beckman. She helped me



learn my Haftorah even though she doubted I could learn it that fast when we first began. Every week we met over the phone to practice and she made recordings of the whole thing for me so that I could practice correctly on my own. She was so patient with me and it made the process of learning a lot easier.

Jodi Gendrich was also invaluable to me in my preparation for my Bat Mitzvah. We also met every week and practiced over the phone. She also made voice recordings to help me practice on my own. She was so informative, whenever I was stuck on a word she would tell me how to say it, what it meant, and how to use it. When I knew what the words meant I was able to remember them a lot easier. Both of my teachers were amazing and I wouldn't have been able to prepare for my Bat Mitzvah without them.

Another person I would like to thank is my aunt, Titi Mari. Although she lives in Puerto Rico she is very supportive of everything I do. Even though I don't get to see her very often, we keep in touch so she always knows what I am doing and she is always so proud of my accomplishments. I am so glad that she was able to make the trip to be here today.

I also want to thank my uncles and aunt. Uncle Mike flew all the way out here from California and my Uncle Rob and Aunt Anne flew in from Florida. We don't get to see each other as often as I would like, but it means so much to have them here today and to have them participate in this service.

I would also like to thank my parents and grandparents for guiding me through life. They have always pointed me in the right direction without ever doubting me. They are always there for me when I need someone to lean on. I can always count on them for support and encouragement. I know that whenever I have trouble figuring something out, whether in school or in my personal life, that they will always be there to advise me, listen to me, console me and cheer me on.

I have spent many hours preparing for this very special day and I have come to realize how much this means to me. Bat Mitzvah literally means the daughter of the commandments. I am now obligated to obey all the laws of Judaism and must take responsibility for my own actions. I must find my place in the congregation and I am anxious to begin that journey. Going through this process has taught me what being Jewish means to me. For me, being Jewish is part of my identity and has helped me to understand about goodness and forgiveness. Preparing for this day has been a great and meaningful experience. I have learned so much, but am looking forward to not having to study Hebrew every day. Now, I would love to talk to you about my Torah portion.

Bechukotai is the name of my parsha. This word means 'in my laws'. The main idea in *Bechukotai* is that if we obey all of G-d's rules and commandments, then we will be rewarded. However, if we disobey, we will be punished and the punishments that G-d describes in this parsha are very extreme. If we follow G-d's laws, He promises to make the crops grow, He will protect us from wild animals and other enemies, and He will increase the number of our people. By following the rules we ensure ourselves a good and happy life. However, if we disobey G-d, there would be consequences. The consequences are really bad. For example, we would get sick, our crops would not grow, our enemies would destroy us, and wild beasts would attack us and our animals. We would be hungry and life would be miserable.

The arrangement is very much like a business contract. It is a deal between G-d and His people. He lays out the rules and tells the Jewish people what the rewards for following those rules will be and He also explains what the consequences will be for breaking

(Maya continued on p 17)

Rosh Hashanah & Yom Kippur Zoom Info

Zoom Meeting ID: 840 5029 8480
Passcode: 397408

UPDATED
MEETING ID &
PASSCODE!

*Other streaming options TBA



(Maya continued from p 15)

those rules. This reminds me of many different relationships that I have in my life. For example, there are rules and expectations in my house and at my school. If I do what I am supposed to do, I will be rewarded, but if I do not follow the rules, there will be consequences. It is important to understand these expectations because they guide me and help me stay out of trouble. If I had to guess what the expectations were, it would be very difficult to behave properly. Having expectations and consequences gives order to our lives.

In addition to explaining the expectations and consequences of our behavior in this parsha, G-d also says that He will remember the promise He made to us. Meaning that even if we do something wrong, G-d will give us the opportunity to make it right again. He is not going to judge us based only on that one mistake. Once we pay the consequence for that mistake we will be given the chance to do better the next time. This is also true for me in the relationship I have with my parents. If I do something wrong, I know that they will still love me although there may be a consequence for that action. I am supposed to learn from my mistakes.

G-d also says in this parsha that everyone and everything has a value. According to the Torah, this value is based solely on your age and gender. G-d also puts a value on land and animals. These values were important back in Torah times. If people wanted something from G-d, they had to give Him something of value in return. It is not fair to just expect that G-d should just give you anything you wanted without you putting anything into the relationship. A relationship should never be one-sided. Like in any contract, everyone involved should give and receive. This is very much like my life at home. I cannot rely on my parents to do everything for me. I have to contribute too. When I can do something that is helpful, I feel good about myself. I feel as though I have something to offer and that I am valuable. If we just had a one sided relationship that would not be very healthy. I would never learn to be independent or see my own worth without the give and take.

Studying my Portion, I was reminded of the three following values: 1. Your actions have consequences, 2. you have a choice to do what is right or wrong, and 3. your value is based on your gender and age and nothing else about you matters.

I would like to talk about the first value which is that your actions have consequences. This is

absolutely true. Everything we do has a natural benefit or disadvantage. For example, let us talk about softball. I love this sport and one of my favorite positions to play is pitcher. Pitching takes a lot of effort, practice, and mental toughness. I have noticed that if I do not practice, my pitching is inconsistent and sloppy. My decision to practice or not impacts the entire team. Similarly, if I do practice I pitch faster and more accurately which has a positive result. This applies to everything you do in life. Our choices have meaning. Understanding that there is a cause and effect relationship helps us to better understand the next value.

The second value I will talk about is your choice to do either what is right or wrong. How does someone know what the right thing to do is? Experience can help us with this. Learning from prior mistakes helps us to make better decisions. We are not expected to be perfect all the time. We will make mistakes, but it is important to learn from them and to understand the benefits and consequences that will result from our actions. I have learned a lot about being a good person from my parents, my teachers, and my friends. As a Bat Mitzvah I realize that I am now responsible for my own actions. Today marks the day that I become an adult in the eyes of the congregation. I know that I need to think about how my actions affect others and how I can make this world a better place.

The last value I would like to discuss is that according to the Torah your value is based on your gender and age. In the contract that G-d makes with the Jewish people, a person's worth does not factor in any other qualities besides these. Do you think this is still relevant today? Should someone's value be based solely on their gender and age? I do not think so. A person is so much more than that. We are all unique and have special qualities and talents that make us who we are. When I look out at all of you I see so many people that are so special to me. You teach me, support me, and bring me joy. Your value to me is so much more than your ages and genders. I see you for who you are and how you make this world a better place. I hope to continue to learn from all of you. I know that I will not be perfect, but I will strive to be thoughtful as I make decisions, understanding that my actions have consequences that ripple out and can affect those around me. I will do my best to do good and to have a positive impact on the world around me.

Shabbat Shalom!

Rosh Hashanah Services

Sunday, September 25

7 p.m. Evening Services

Monday, September 26

8:15 a.m. Morning Services

9:30 a.m. Services for Children & Families

Light Dairy Luncheon & Tashlich (rain date 9/27)

7 p.m. Evening Services

Tuesday, September 27

8:15 a.m. Morning Services

9:30 a.m. Services for Children & Families



IT'S NEWS

MAZAL TOV!

Kol Hakavod to Lily Shapiro on becoming a Bat Mitzvah. **Mazal Tov** to the Shapiro family

Kol Hakavod to Aaron Theila for being named Middletown Stop & Shop's Employee of the Month for July.

Mazal tov to Leah Adler & Stu Epstein on the birth of their nephew, Logan Donovan Abreu Adler.

Mazal tov to Robin & Marty Levine on the birth of their granddaughter, Naomi Elisheva Weiss

Mazal tov to Roxanne, Ethan, and Talin Warner-Crane on the arrival of their son/baby brother, Dev Ronan Warner-Crane

Graduation

Julia Meadow, University of Colorado, Daughter of Stephanie & Eliot Meadow

TODAH RABAH

Eva Bardwell for laying out Kolot

Carolann Schwartz & Naomi Kamins for proofreading Kolot

Sharon Slossberg for assembling & mailing Kolot

Sharon Slossberg for returning bottles

Stephanie Meadow for taking care of our eNews and blasts

Harriet, Marcey, Aaron Thiela for all their grocery shopping

Joanna Schnurman for washing towels from the kitchen

Harriet Thiela & Anita Hennessey for helping with mailings



Our Pride Ambassadors

Michaela

Altenburger,

Andy Bauer,

Sam Bauer,

Jaime Bruno,

Rich Bruno,

Ellie Bruno, Lisa Caron, Tovah Caron, Eileen Daling,

Michael Daling, Torah Ferrebee, Adam Finkelstein,

Carly Hoss, Richard Kamins, Colleen Poliner,

Julio Ramos, Sari Rosenblatt, Holly Simon,

Liya Simon, and Rebecca Wilansky



Cruise Night

Eileen Daling

Adam Finkelstein

Richard Kamins

Rebecca Wilansky

Carly Hoss

St Vincent De Paul Sunday Meal

Eva Bardwell

Patty Netherland

Susan Engelhardt

Liz Hibino

Eileen & Michael Daling

Nancy Schwartz

Suzanne Goldberg

Joanna Schnurman & Andy Bauer

The Bruno Family – Jaime, Rich, Ellie & Cooper

Ben Eisner

“Where there is no food there is no Torah”

Sponsoring a Kiddush

Bern Padawer – as encouragement for in-person Shabbat attendance

Sarah & Jonathan Shapiro

Scott Levy

Marge & Stan Sadinsky

IN MEMORY OF

Kopel Telis, Moishe Telis, Leib Telis, Hillel Telis, Zelig Telis by Sherman Telis

Marvin Kosofsky by Cindy Hilton

Ruth Schwarz by David Schwarz

Sarah & Abram Jabes by Corinne Brodie

Phyllis Kleiman Greenberg and Max Kleiman by

Judith Kleiman Pauker

Supporting Pray-Eat-Sing

Harriet, Marcey, and Aaron Thiela

Naomi & Richard Kamins

Joanna Schnurman & Andy Bauer

Myra & David Finkelstein



KOL NIDRE



**Tuesday,
October 4
5:30 p.m.**

 **Adath Israel**
Celebrate Jewish Life

(It's News continued from p19)

SPEEDY RECOVERY

We'd like to wish a "Refua Shleima" to the following:

Shana Adams, Katrina Axelrod,
Bernie Fabian, Sy Feldman,
Phyllis Frydenberg, Lew Goldberg,
Paula Goldstein, Richard Kamins,
Hal Kaplan, Jean Lawrence,
Hyime Paley, David Schwarz, and
Joe Zaiantz



MAY GOD GIVE COMFORT TO

Deepest sympathies to:

- ◇ Harriet, Marcey, Jason, and Aaron Thiela on the recent death of their mother-in-law & grandmother, Gloria Thiela z"l
- ◇ Bobette Reed Kahn on the recent death of her brother, Michael Kahn z"l

IN MEMORIAM

Our sincerest condolences are extended to the families of:

- ◇ Sonya Madoff z"l who came to her eternal rest on June 3 (4 sivan)
- ◇ Naomi Abrams z"l who came to her eternal rest on June 23 (24 sivan)

May the bereaved find comfort in our community's support.

SEPTEMBER LIFE CYCLES



Sandra & Paul Beckman
Ruth & Sherwin Borsuk
Wendy & Jack Wilkins
Carol & David Director
Jean & Jim Lawrence
Steve & Marilyn Mazanek
Freda & Joe Zaiantz



Judy Sochin
Guy Levine
Sharon Slossberg
Mark Stein
Risa Cohen
Bernice Bonchi
Isaac Kyne
Christine Repasy
Yakov Filler
Inna Lerner
Harriet Thiela
Matthew Finkelstein
Misha Lerner
Judith Levin
Carly Hoss
Travis Adams
Dallas DeFrancesco
Edgar Aracena
Sidney Aracena
Torah Ferrebee
Larry Lew
Ben Weiss
Lenny Cheerman
Laurie Press
Seth Olczak
Michael Ash
Sari Rosenblatt

Dear members of the congregation,
Thank you so much for supporting me on this very special day. Reaching this incredible milestone was so important and meaningful to me. Congregation Adath Israel is a place that feels like home. I have gotten such a good education here and have learned so much about my religion. I look forward to continuing to be a part of this community. The Kiddish cup I received will help me to continue these traditions at home. Thank you so much for everything.

Love,
Maya

Did we leave someone off the list? Please call the office, and let us make it right.



YOM KIPPUR

Wednesday, October 5th

8:15am Morning Services

9:30am Services for Children & Families

3:00pm Study Session

4:30pm Mincha & Ne'illah Services

7:00pm approx Final blowing of the shofar

***Times are approximate**

Costs: Please contact the office for details

Lily Shapiro's D'var Torah

Shabbat Shalom,

First and foremost I would like to thank everyone who came to my Bat mitzvah to show support for me. I would also like to give a special thanks to the people who helped me to reach where I am today. First, Mrs. Jodi Gendrich for helping me learn Torah along with other prayers, next I would like to thank Mrs. Sandra Beckman for helping me learn



Haftorah. Finally, I would like to thank my parents for bringing me to the synagogue for my Hebrew studies, setting up all my lessons, and practicing their parts. Along with being very, very supportive in my journey here. Today, I would like to talk about my Torah portion, my journey here, and what being Jewish means to me.

First, I want to talk about my Torah portion, my portion was about sacrifices, how to perform them, and the high holidays. In specific I want to focus on sacrifice and the sacrifices both me and others made for today to happen. Why in specific do I want to focus on sacrifices? This is because I am able to relate to the idea of sacrifice, it is a topic that applies to both my life and everyone else in this room's lives.

For example, both of my tutors sacrificed their free time to teach me how to read Torah and Haftorah, as well as prayers. My parents also made many sacrifices for me; they had to use their time driving me around and printing things out for me and helping me go over the details for today.

I also made sacrifices such as my spare time, often I spent my time practicing all of my readings or this speech, for example. My time that I spent with

others was a lot more limited than it normally would've been. But despite all this, I am very grateful for the opportunities that I have been given, and to all the people that helped me be able to get where I am today.

Next I would like to talk about what being Jewish means to me. To me being Jewish isn't just a set of rules and guidelines to follow, it's a community, and a culture. Whenever I'm in synagogue either for services or school it's like we are all a part of something important. I feel a sense of belonging whenever I'm here, I know the people, the traditions, the building. When I think back on my childhood a huge part of it takes place in this building. I feel so much nostalgia every time I come here and I love the feeling. To me being Jewish is being part of a family in some sense.

Now I want to talk about my journey here. My journey here isn't just the past year; it's more than that, it's my entire lifetime. Ever since I first came to the congregation to start my journey as a Jewish person I have studied Hebrew, the Torah, the holidays and their stories, and so much more. And although this is a huge moment in my life, my journey isn't over yet. My journey as a Jew will last my entire life and even beyond that. I'm so excited for this important moment and all future important times that I will have as a Jewish person.

Finally I would like to say thank you one more time to everyone for being here for me today.

Student & Service Member Outreach Program

Do you have a child serving in the military or attending a post high school educational program?

Please share their address with the office - even if they are living at home. We will let them know they are an important part of our Adath Israel family by sending notes and small gifts throughout the year.

This program has been generously sponsored by Atty. Robert Poliner.

A pink alarm clock is positioned in the upper left corner, with its bell and handle visible. Below it, a light-colored plate is shown with a silver fork and knife crossed on it. The background is a textured teal color. The title 'BREAK THE FAST' is written in large, bold, black letters with a white outline. 'THE' is smaller and stacked between 'BREAK' and 'FAST'.

BREAK THE FAST

**WEDNESDAY, OCTOBER 5
7:30 P.M. APPROX
RSVP DEADLINE SEPTEMBER 28**

L'Shanah Tovah 5783!

Book Club Celebrates the New Year!

As we look back on the year 5782, we thought it would be fun to review the titles of the books we read and reminisce about the ones we liked best. Take a moment to think about the following books:

The Orchard by Yochi Brandes

The Jewish World of Alexander Hamilton by Andrew Porwancher

The Last Train To London by Meg Waite Clayton (joint program with Meriden Public Library)

The Jew Store by Stella Suberman

Famous Nathan by Lloyd Handwerker and Gil Reavil

We Were The Lucky Ones by Georgia Hunter

The Woman who Smashed Code: A True Story of Love, Spies and the Unlikely Heroine Who Outwitted America's Enemies by Jason Fagone

The Dovekeepers by Alice Hoffman

Concealed by Esther Amini



A FAMILY STORY, WITH RECIPES



LORI ZABAR
FOREWORD BY JULIA MOSKIN

Our last Book Club meeting of 5782 will be held on September 20th. We will be discussing *Zabar's: A Family Story with Recipes* by Lori Zabar. The Zabar family went from Eastern European immigrants to successful business-people in just a few generations. When we think of New York City and Jewish food, Zabar's always comes to mind. If you have (or have not) experienced it, you should read about it and try

the recipes!

Many thanks to all who participated in the Book Club this year including those who recommended books and those who lead discussions.

Special thanks also to those new members who joined the group and continue to help us grow!

As we look ahead to 5783, here are the dates for the Book Club in the coming year:

November 1, 2022

December 13, 2022

January 24, 2023

March 7, 2023

April 18, 2023 (special Yom HaShoah program)

May 30, 2023

July 11, 2023

August 22, 2023

The Book Club meetings will be held at The Nester Center at 7 p.m. as well as via Zoom. We are using a hybrid model to maximize attendance. Come join us!

Happy Reading!

ROBERTA and HOLLY

Roberta Levine Glass, rjlevine610@gmail.com, 302-593-7581 (cell)

Holly Simon, hfpsimon@icloud.com, 860-395-8989

Office Hours

Monday: 7:30 a.m.-1:30 p.m.

Tuesday: 7:30 a.m.-1:30 p.m.

Wednesday: 9 a.m.-5:30 p.m.

Thursday: 7:30 a.m.-1:30 p.m.

Friday: 7:30 a.m.-Noon

The office is closed weekends, legal holidays, and Jewish holy days.

In the event of an emergency closing due to weather or public health the office will work remotely.

Wishing you good health.

Etrog & Lulav Sets

It's almost time to

shake! Shake! Shake!
shake! Shake! Shake!
shake your lulav!
shake your LULAV!

\$40 per set

Order your set today.

Deadline:

September 21



To place your order contact
the office at office@adathisraelct.org
or 860-346-4709.

TIKUN OLAM

WELCOME BACK, SHERRY AIUDI!

by Sam Bauer

The focus of this month's Kolot article will be Sherry Aiudi, as both an introduction to our new Mazel Tots' director and as welcome back to the community. She began her education here at Adath Israel and then went on to get a Bachelor's of Science in both neuroscience and psychology, has a Masters degree in applied psychology, and a MBA in financial psychology. Sherry worked as research coordinator and subsequently in data management at Yale. In her vast amounts of free time (just kidding), Sherry also

manages to be an adjunct professor at Gateway Community College.

Sherry recalls her time as a student at Adath Israel fondly especially, Lynn Bennett and Susan Rubel, who played a prominent role in Sherry's love of Judaism and education. But Sherry's love of Judaism and education was also inspired by her classmates. It's a familiar story: Sherry's secular school had few other Jewish children so she made fast friends with the other

religious school students. Bonding during shul-ins (sleepovers at the shul), Chabad visits, and writing encouraging notes for their fellow classmates' bar/bat-mitzvah, Sherry and her confirmation class became lifelong friends. Ninety percent of the class still talks regularly on Facebook.

I asked Sherry: why is Jewish early childhood education important? Beyond the obvious answer of wanting to encourage Jewish children to become involved Jewish adults, Sherry sees Jewish early childhood education programs like Mazel Tots as a

way to meet children and families where they are. Her vision of education includes everyone, especially those families that have no experience with Judaism, whatsoever. But inclusion goes both ways, everyone is welcome to participate and everyone is welcome to lend a hand or to offer something fun.

Looking ahead to Mazel Tots, Sherry plans on making the program as interactive as possible. She describes Judaism as an "immersive sensory experience"; we don't just say prayers on Shabbat—we **experience** Shabbat. We tear challah, eat Shabbat dinner, smell the spices of havdallah. Sherry intends for her programs to reflect this, and to be a tactile experience. Lots of music, activities, role-playing, and definitely cooking.

Sherry truly loves this synagogue and this community and hopes coming back for Mazel Tots will encourage others to become more involved. And finally, Sherry would like to perform the one of the highest mitzvot: helping others achieve mitzvot. Welcome back, Sherry, and we look forward to getting to know you again.



KOLOT DUE DATES

Issue	Article Due Date
October/November	9/12
December	11/7
January	12/5
February	1/9
March	2/6
April	3/8
May	4/3
June	5/8

Torah Study with Rabbi Nelly



New Year's Break

**No Torah Study classes
in the month of Tishrei
Sept. 26-Oct. 25**

via Zoom

Every Wednesday - 10:30 AM

Zoom ID 837 9879 1910, Passcode 963942

Every Thursday - 6:00 PM

Zoom ID 887 326 428, Password 827527

<u>Sunday, September 11 - Kever Avot Cemetery Services (In-person Only)</u>	
Cemetery Memorial Service at Temple B'nai Abraham Cemetery	1:00 p.m.
Cemetery Memorial Service at Adath Israel Cemetery	2:00 p.m.
<u>Saturday, September 17 - S'lichot</u>	
Havdallah/S'lichot (Zoom only)	7:30 p.m.
<u>Sunday, September 25 - First Night Rosh Hashanah</u>	
Candle lighting	6:24 p.m.
Evening Service (In-Person & Streamed)	7:00 p.m.
<u>Monday, September 26 - First Day of Rosh Hashanah</u>	
Morning Festival Services (In-person & Streamed)	8:15 a.m.
Remarks by Carly Hoss, Synagogue President	
Recognition of Volunteers of the Year	
Services for Children & Families (In-person Only)	9:30 a.m.
Luncheon following services for those staying for tashlich	
Please RSVP by September 21	
Tashlich	<i>approx. 2:00 p.m.</i>
<u>Second Night of Rosh Hashanah</u>	
Evening Service (In-person & Streamed)	7:00 p.m.
Candle lighting	7:22 p.m.
<u>Tuesday, September 27 - Second Day of Rosh Hashanah</u>	
Morning Festival Services (In-person & Streamed)	8:15 a.m.
High Holy Day Experience for Families (In-person Only)	9:30 a.m.
<u>Rain date for luncheon & tashlich</u>	
<u>Tuesday, October 4 - Kol Nidre Service</u>	
Kol Nidre Service (In-person & Streamed)	5:30 p.m.
(Please note: Services will start PROMPTLY to ensure candles are lit by 6:09 p.m.)	
<u>Wednesday, October 5 - Yom Kippur with Yizkor</u>	
Morning Festival Services (In-person & Streamed)	8:15 a.m.
Remarks by Adam Finkelstein, Synagogue Vice President	
High Holy Day Experience for Families (In-person Only)	9:30 a.m.
Study session for those staying at synagogue – In-person only	3:00 p.m.
Afternoon Service	4:30 p.m.
Ne'illah Service	
Final blowing of the shofar	<i>approx. 7:00 p.m.</i>
Break the Fast following services	
RSVP required by September 28	
<u>Sunday, October 9 – First Night of Sukkot</u>	
Community Sukkah Building	9:30 a.m.
Candle lighting at home	6:00 p.m.
<u>Monday, October 10 - First Day of Sukkot</u>	
Morning Festival Services (In-person & Zoom)	8:00 a.m.
<u>Second Night of Sukkot</u>	
Candle lighting at home	6:58 p.m.
<u>Tuesday, October 11 - Second Day of Sukkot</u>	
Morning Festival Services (In-person & Zoom)	8:00 a.m.
<u>Wednesday, October 12 – Saturday, October 15 - Chol Moed</u>	
Wednesday - Friday Morning Services (In-person & Zoom)	8:00 a.m.
Saturday (In-person & Zoom)	9:30 a.m.

Sunday, October 16 - Hoshanah Rabbah/Erev Shemini Atzeret

Morning Festival Services (In-person & Zoom) 9:00 a.m.

Erev Shemini Atzeret

Candle lighting at home 5:49 p.m.

Monday, October 17 - Shemini Atzeret – Yizkor Recited

Morning Festival Services (In-person & Zoom) 8:00 a.m.

Yizkor recited

Erev Simchat Torah

Candle lighting 6:48 p.m.

Hakafot & Ice Cream (In-person & Zoom) 6:00 p.m.

Tuesday, October 18 - Simchat Torah

Morning Festival Services Zoom & In-person 8:00 a.m.

INFORMATION AND REMINDERS**22nd Annual High Holy Day Food Drive**

Please support our 22nd Annual High Holy Days Food Drive benefitting the Amazing Grace Food Pantry. Please be as generous as you can, giving a monetary donation or filling this grocery bag with non-perishable food items and returning it to the synagogue on Kol Nidrei or when you return your machzor. This year the need is extraordinary with more than 800 families relying on the Amazing Grace Food Pantry each week to feed their families.

Especially needed are: CANNED TUNA, BAKED BEANS, BOXED CEREAL, PEANUT BUTTER, MAC 'N CHEESE, PASTA, PASTA SAUCE, CANNED FRUIT & VEGGIES.

If you have room in your bag, please consider a donation of dog or cat food to help families struggling to feed their pets.

Educational Child Care

Adath Israel offers Educational Childcare for infants, toddlers, and children second grade and under of parents/guardians attending the main minyan on both days of Rosh Hashanah and on Yom Kippur. Pre-registration is required. Snacks will be provided all three days and on Yom Kippur there will also be a light lunch for the children. Please contact the synagogue office at office@adathisraelct.org or (860) 346-4709 for a registration form.

Parking

Our parking spaces are located behind the Nester Center, in our lots on William St. (directly across from the Senior Center), and Church St. (in the Traverse Square lot against the fence closest to Broad St.). Members, please make sure your Adath Israel parking cling is affixed to the rear windshield of your car. Guests, please make sure your Adath Israel parking pass is placed on your dashboard. IMPORTANT: Do not park in the lot directly behind the synagogue building, between the synagogue and the church next door. Cars parked in these spaces are subject to being towed at the owner's expense.

Shabbat Services

Shabbat Services (Evening & Morning) during the High Holy Day season will be held at their usual times and Zoom links.

Save the Dates!

Wednesday, October 12 **Early Risers Minyan @ 7 a.m.** Breakfast following services. Free.

Friday, October 14 **Pray-Eat-Sing Shabbat Evening Service & Dinner** at 6 p.m. RSVP for dinner required by Friday, October 7. Free for members and first-time guests. Others, \$10 pp or \$18/family. Please consider bringing a non-perishable food item for Amazing Grace Food Pantry.



Adath Israel

Celebrate Jewish Life

Join us for services via Zoom by using the information below or go to adathisraelct.org & click on “How to Join Services via Zoom”



Daily Minyan:

Monday-Friday 8 a.m.

Sunday 9 a.m.

New Zoom Link for ALL Daily Minyan Services

<https://us02web.zoom.us/j/86356469422?pwd=VVR0TWlxZDZsbUNsRTlvYm9qSEROdz09>

Dial by your location

+1 929 205 6099 US (New York)

Meeting ID: 863 5646 9422

Passcode: 679552

Shabbat Services

Friday 7 p.m.

Shabbat Morning Services, Saturday 9:30 a.m.

New Zoom Link for both Friday & Saturday Shabbat Services

<https://us02web.zoom.us/j/81567273870?pwd=SkIDUEF0R2FRQ1BrUXNm3ZocFpndz09>

Dial by your location

+1 929 205 6099 US (New York)

Meeting ID: 815 6727 3870

Passcode: 474612

The answers
to your questions,
and then a whole new
set of questions.

*

The Miller Intro to Judaism Program, developed at American Jewish University, is for Jews and non-Jews who want to learn more, so bring your questions and shape your own Jewish story. Come as you are, whether you're re-discovering your heritage, connecting with your partner, or considering conversion. We are eager to join you on your journey and together explore the wisdom, depth, and joy of Jewish living. Be curious, be courageous, and take your next steps toward finding the community where you truly belong.

* Actual Miller participant

Embracing Judaism classes begin January 5, 2023 in-person at Beth El Synagogue in West Hartford. For more information contact Rabbi Richard Plavin – riplavin@gmail.com

Call or Text
Rabbi Plavin
860-573-4503

In partnership with



Miller Introduction to
Judaism Program
OF AMERICAN JEWISH UNIVERSITY



september 2022

elul/tishrei

sunday	monday	tuesday	wednesday	thursday	friday	saturday
28	29	30	31	1 5 elul	2 8 a.m. Minyan 7 p.m. Shabbat Evening Service *7:04 p.m. 6 elul	3 9:30 a.m. Shabbat Morning Service. Kiddush sponsored by Jo-Ann Price in memory of Leo Nevas <i>Shoftim</i> 7 elul
4 9 a.m. Minyan 6 p.m. Gilbert & Sullivan (G&S) 8 elul	5 Office closed 8 a.m. Minyan Labor Day 9 elul	6 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. G&S 7 p.m. Al Anon 10 elul	7 7 a.m. Early Risers Minyan 10:30 a.m. Torah Study, Zoom 11 elul	8 8 a.m. Minyan 6 p.m. Torah Study, Zoom 12 elul	9 RSVP Deadline for Pray-Eat-Sing Dinner 8 a.m. Minyan 7 p.m. Shabbat Evening Service *6:52 p.m. 13 elul	10 9:30 a.m. Shabbat Morning Service. Kiddush sponsored by Corinne Brodie in memory of Morty Langner <i>Ki Tetizei</i> 14 elul
11 9 a.m. Minyan 9 a.m. 1st Day of Religious School & Mazel Tots— Family Hike & Shofar Blasts Kever Avot Cemetery Service 1 p.m. - Meriden 2 p.m. - Middletown 6 p.m. G&S 15 elul	12 8 a.m. Minyan 16 elul	13 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. G&S 7 p.m. Al Anon 17 elul	14 8 a.m. Minyan 10:30 a.m. Torah Study, Zoom 4 p.m. Religious School 18 elul	15 8 a.m. Minyan 6 p.m. Torah Study, Zoom 19 elul	16 8 a.m. Minyan 6 p.m. Pray-Eat- Sing Shabbat Evening Service & Dinner *6:40 p.m. 20 elul	17 9:30 a.m. Shabbat Morning Service. Kiddush sponsored by Leah Adler & Stu Epstein in memory of Diane Linnell 7:30 p.m. S'lichot <i>Ki Tavo</i> 21 elul
18 9 a.m. Minyan Religious School & Mazel Tots - Apple Picking 6 p.m. G&S 22 elul	19 8 a.m. Minyan 23 elul	20 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. G&S 7 p.m. Al Anon 7 p.m. Book Club 24 elul	21 8 a.m. Minyan 10:30 a.m. Torah Study, Zoom 4 p.m. Religious School 25 elul	22 8 a.m. Minyan 6 p.m. Torah Study, Zoom 26 elul	23 8 a.m. Minyan 7 p.m. Shabbat Evening Service *6:28 p.m. 27 elul	24 9:30 a.m. Shabbat Morning Service <i>Nitzavim</i> 28 elul
25 9 a.m. Minyan 9:30 a.m. J.W.V. Brunch, Nester Center 7 p.m. Festival Evening Services *6:24 p.m. Erev Rosh Hashanah 29 elul	26 8:15 a.m. Festival Morning Services 9:30 a.m. Services for Children & Families Light Dairy Luncheon & Tashlich Following Services 7 p.m. Festival Evening Services *7:22 p.m. Rosh Hashanah I 1 tishrei	27 8:15 a.m. Festival Morning Services 9:30 a.m. Services for Children & Families Rain Date Luncheon & Tashlich Rosh Hashanah II 2 tishrei	28 RSVP Deadline for Break the Fast 8 a.m. Minyan 4 p.m. Religious School Fast of Gedaliah 3 tishrei	29 8 a.m. Minyan 4 tishrei	30 8 a.m. Minyan 7 p.m. Shabbat Evening Service *6:16 p.m. 5 tishrei	1



october 2022

tishrei/cheshvan

sunday	monday	tuesday	wednesday	thursday	friday	saturday
25	26	27	28	29	30	1 9:30 a.m. Shabbat Morning Service <i>Vayelech</i> Shabbat Shuvah 6 tishrei
2 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots 7 tishrei	3 8 a.m. Minyan 8 tishrei	4 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 5:30 p.m. Kol Nidre Service *6:09 p.m. Kol Nidre 9 tishrei	5 Office closed 8:15 a.m. Yom Kippur Morning Service 9:30 a.m. Services for Children & Families 3 p.m. Torah Study 4:30 p.m. Mincha & Ne'illa 7:30 p.m. Break the Fast Yom Kippur Yizkor 10 tishrei	6 8 a.m. Minyan 11 tishrei	7 RSVP Deadline for Pray-Eat-Sing Dinner 8 a.m. Minyan 7 p.m. Shabbat Evening Service *6:04 p.m. 12 tishrei	8 9:30 a.m. Shabbat Morning Service <i>Ha'azinu</i> 13 tishrei
9 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots Put Up Sukkah *6:00 p.m. Erev Sukkot 14 tishrei	10 Office Closed 8 a.m. Festival Morning Service *6:58 p.m. Columbus Day Sukkot I 15 tishrei	11 Office Closed 8 a.m. Festival Morning Service 7 p.m. Al Anon Sukkot II 16 tishrei	12 7 a.m. Early Risers Minyan 4 p.m. Religious School Intermediate Day 17 tishrei	13 8 a.m. Minyan Intermediate Day 18 tishrei	14 8 a.m. Minyan 6 p.m. Pray-Eat-Sing Shabbat Evening Service & Dinner *5:52 p.m. Intermediate Day 19 tishrei	15 9:30 a.m. Shabbat Morning Service <i>Sukkot</i> Intermediate Day 20 tishrei
16 9 a.m. Hoshanah Rabbah Service 9 a.m. Religious School 10:30 a.m. Mazel Tots *5:49 p.m. Hoshanah Rabbah 21 tishrei	17 Office closed 8 a.m. Festival Morning Service 6 p.m. Hakafot & Ice Cream *6:48 p.m. Shemini Atzeret Yizkor 22 tishrei	18 Office closed 8 a.m. Festival Morning Service 7 p.m. Al Anon Simchat Torah 23 tishrei	19 8 a.m. Minyan 4 p.m. Religious School 24 tishrei	20 8 a.m. Minyan 25 tishrei	21 8 a.m. Minyan 7 p.m. Shabbat Evening Service *5:42 p.m. 26 tishrei	22 9:30 a.m. Shabbat Morning Service <i>Bereshit</i> 27 tishrei
23 9 a.m. Minyan 9 a.m. Religious School 9:30 a.m. JWV Brunch, Nester Center 10:30 a.m. Mazel Tots 28 tishrei	24 8 a.m. Minyan 29 tishrei	25 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Al Anon Rosh CHodesh 30 tishrei	26 8 a.m. Minyan 10:30 a.m. Torah Study 4 p.m. Religious School Rosh Chodesh 1 cheshvan	27 8 a.m. Minyan 6 p.m. Torah Study, Zoom 2 cheshvan	28 8 a.m. Minyan 7 p.m. Shabbat Evening Service *5:32 p.m. 3 cheshvan	29 9:30 a.m. Shabbat Morning Service <i>Noach</i> 4 cheshvan
30 9 a.m. Minyan 9 a.m. Religious School 10:30 a.m. Mazel Tots 7 p.m. Sacred Sound Healing, Zoom 5 sheshvan	31 8 a.m. Minyan 6 cheshvan	1	2	3	4	5



High Holy Day Services Educational Childcare **Grade 2 & Under Registration Form**

My child, _____, age, _____ will be attending
(please print)

Adath Israel's educational childcare for the following service(s):

_____ Rosh Hashanah Day 1 (Mon., 9/26) 8:15 a.m.–1:00 p.m.

_____ Rosh Hashanah Day 2 (Tue., 9/27) 8:15 a.m.–1:00 p.m.

_____ Yom Kippur (Wed., 10/5) 8:15 a.m.-2:00 p.m.

Please list any allergies or medical conditions your child has as well as any medicine(s) s/he taking:

Parent/Guardian Name: _____
(please print)

Parent/Guardian: Signature: _____

Address: _____

Town: _____ State: _____ Zip code: _____

Phone: _____ Email: _____

Please send me information on: _____ Programs for Infants & Toddlers

_____ Programs for Preschoolers _____ Religious School _____ Religious Services

_____ Becoming Jewish _____ Learning Hebrew _____ Cultural/Community Events

_____ Joining the Adath Israel Community

_____ Other (Please list): _____

Please complete a separate form for each child attending and return completed form to address listed below.

8 BROAD STREET ~ P.O. BOX 337
MIDDLETOWN, CONNECTICUT 06457
(860) 346-4709 WEBSITE: www.adathisraelct.org
EMAIL office@adathisraelct.org



Celebrate Jewish Life

P.O. Box 337

Middletown, CT 06457

Contact information

Phone: 860-346-4709

Email: office@adathisraelct.org

Website: www.adathisraelct.org