



Middletown, Connecticut November 2021/ Cheshvan-Kisley 5782



SERMON OF THE KEYS

Dear friends,

Since several of you asked for the sermon about the Keys, said during the services of

Kol Nidrei and Ne'ilah, I thought it best to publish it in this space.

Warmly, Rabbi Nelly

Sermon of the Keys

Tonight we began our Yom Kippur experience with Kol Nidrei. In about 25 hours we will close it with a group of prayer called Ne'ilah, the closing. In the Jewish imagination, this closing is the closing of the gates – we are invited by the tradition to feel the emotions connected to the end of an

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ACCEPTANCE AND GRATITUDE

Originally offered on Rosh Hashanah

by Carly Hoss

I walked into my doctor's office on August

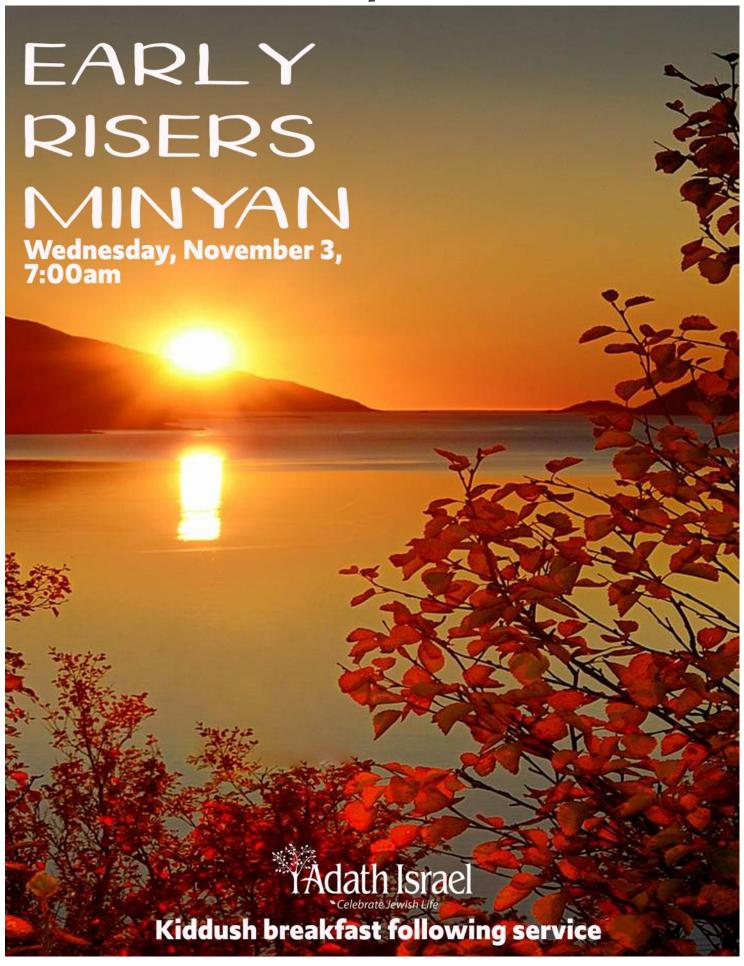


27th, just a few short days ago. I hadn't seen her in one whole year. We both asked each other how we were doing, and jokingly, without thinking I said "Congrats on getting through the pandemic". She paused for a brief moment, turned to me and said "Honey, what do you mean? We're still in it."

It's easy for me to make jokes, because that's a form of a coping mechanism. And with the power to literally manipulate any news source I want, and customize the stories I look at online, on my tv, in printed media, I could easily pretend that this is an issue that I have moved past. Because I have been given certain privileges, I was able to be at low risk of getting the virus at the onset of all of this. I got vaccinated, I was able to receive a vaccination. I was protected by a union, and therefore didn't lose my job. And so then, mentally, I determined, "I'm off the hook".

It's easier to write a speech, painting a really pretty picture for everyone in this room, about what I want things to look like for the coming few years here at Adath Israel. I could, right now, pour my

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opportunity: the gates are closing. Fix what you can, now, the opportunity will be over soon. The gates are closing.

You were given a key when you came in. And people on Zoom or Streaming – this is the moment you open that small envelope that was given to you with your mahzor. NOW everyone has their key. Hold on to your key.

Keys are very interesting, and the idea of having something that would turn and lock was invented, apparently, by the Egyptians. They did not use metal, but wood. Metal keys are a Roman creation, made for boxes where valuables were kept, and they would be made into rings – showing that the owner had the means not just to have a key, but that they had enough valuables that they needed the box in which they kept such valuables. Keys became a symbol of status.

But the keys you have in your hands tonight are miniatures for a specific type of lock, developed around the 14th century. That lock is now called a V-lock, because it would have a V around the hole. That V enabled the person holding the key to be able to open the door even in the dark. And aren't we all trying to open doors in the dark? Isn't that what we call being alive?

Whenever we feel in the dark, that is when we need to search for the doors of teshuvah, for your expanded awareness. Hold on to your key.

The gates of teshuvah are open, right now. They will close in a moment, really. Yom Kippur has this incredible ability of changing how we experience time. If you immerse yourself in the experience, it is both long and short. It is a moment that can last forever. Or not. If you don't try to infuse it with meaning, tomorrow will be just another Thursday.

As a child I remember being taught that a human is an animal that is born, grows, reproduces and dies. My teacher, whose name and face I forget, made us repeat that sentence ten times. I was about 10 years old, and this was my introduction to science in school. I learned the sentence by heart, I wrote it correctly on the test, but I couldn't believe my teacher.

Viewed from that perspective, we are just busy distracting ourselves from our doom, and there is nothing we can do about it. I couldn't accept that constricted view of humans.

What about our hopes and dreams, I wanted to ask. What about books and art? What about saving

people from diseases? What about lifting people from poverty? Is it all meaningless distraction? That cold appraisal of our existence is incapable of holding our souls, our yearnings, our hopes.

But let's confront our biggest fear. Yes, it is true that one day we will face the inevitable. But meanwhile, who, what and where are you? What are your hopes? Who do you really want to be? What values will you leave behind? Don't get distracted by your phones, your iPads, your tv screens, your job and who knows what else. *Remember* – remember when you were at your most expanded, at your best consciousness, most generous and giving. Yom Kippur is about remembering that, and then going one step further, searching for transformation. It is about entering the gate of teshuvah.

Who are you at your most expanded?

Now, one of the main aspects of Yom Kippur is fastng. I know, I'm soooo hungry already.

But seriously, what many of us see as the most dreaded aspect — so dreaded that many skip it altogether — is actually a privilege. Yes, you heard me right. You can choose to follow our tradition and fast. Many do not have a choice. Many have no idea when they will be eating next. Or if. The U.N. World Food Program's live Hunger Map aggregates 957 million people across 93 countries who do not have enough to eat. Us? Even during the hardest moments of our lives, I'm willing to go out on a limb and say that not one of us knows what that is really like.

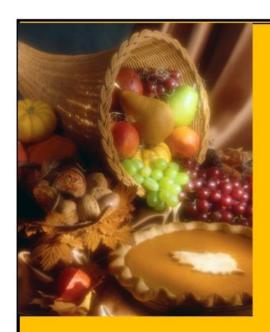
So yes, choosing to skip a day of food and water is a privilege.

And even that experience does not compare with the experience of those living with food and water insecurity because of the "security" part of it. We know that tomorrow we will be eating and drinking. We <u>Know</u>. They do not.

But also, the fast is not supposed to be done without infusing it with meaning.

Fasting without meaning to do teshuvah is compared as immersing in purifying waters while holding on to the carcass of a dead lizard – meaning, it does nothing. As I said on Rosh Hashanah, every mitzvah in the Torah has a body and a soul. What is a soul without a body? A ghost. What is a body without a soul? A zombie.

The fast is part of a system – the system centers on teshuvah. Teshuvah is the key to redemption and meaning. Without teshuvah there would be no world, according to the rabbis. This ability of returning



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focus into that. In fact, I wrote a first speech, all about my dreams for Adath, what it can look like in the next few years. I still believe in the items that I wrote down, the passion projects that I have a vision for, and I could see us coming together as a community to work on them. I still want to share all these thoughts and visions with you, but I need to slow it down.

Denial: It's the first stage of grief in the five stages of grief researched and coined by Elisabeth Kubler -Ross in 1969. Do you know what was interesting about her research? While these 5 stages are linked to death and the grieving process, you would think she would have studied families and friends who were going through the grieving after the loss. But her actual work was done with terminally ill patients who were still alive, alongside their family members. Denial is real. I've denied a lot of my grief, emotions, and fears during this pandemic because it's easier to "turn off" the emotions, then tap into them. Denial is the easier path out, because I could then just push forward with my own agenda, and do what I want politically around here, instead of humanly around here.

In the past few days, I've had a few more "heart to hearts" with members of my board, members of my synagogue, people in general. And I'm done barreling, steam rolling through the fact that we just went through a pandemic. I don't like to talk about it in my writing, I don't like to talk about it out loud. I don't want to scare people, and even more selfishly, I don't want to scare myself....But that's not what being a leader is. Being a leader is addressing what's uncomfortable, addressing loss, addressing hearts that are heavy, and really giving opportunity to be realistic with what has happened.

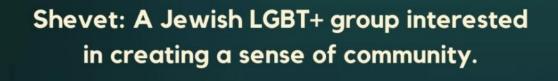
And while we are addressing grief, that doesn't mean we can't actively counteract it with real, purposeful optimism. I can have acceptance and gratitude for what has happened, even in the midst of upset. Rushing into the next activity, the next project, doesn't take the loss away, or the strain, the stress of something that has happened. Rebbe Nachman of Breslov said "Learn in your waiting. If despite all your determined efforts you cannot seem to reach your goals, be patient. Between acceptance and anxiety, choose acceptance." I want to choose acceptance: Despite having to still wear a mask, still be virtual, have the uncertainty of what the fall and winter months will bring, I need to work on acceptance and handing it over to Adonai. I have to

trust in our power as a community that wants to come together, to treat each other with empathy and kindness, and will still develop connections and networks even when times are tough, even if we can't have a room with 100 people in it. I have to have acceptance that continuing to plan programs within the synagogue could all just end up being canceled, and not get agitated by that. Not take out my anger on those around me. I don't have to be perfect at acceptance, we don't have to be perfect at acceptance, but we have to work on it. We don't know what everyone has gone through in this building, or what they continue to go through, or what they may go through in the coming months, so we always have to meet people with kindness, compassion, and empathy. That's what we pray about today after all. That's justice for the world on the world's birthday. That despite the grief, denial, and trials that we go through, we get closer to G-d through actions of thoughtfulness, kindness, and humility.

I know that inevitably we will be in a much safer time than we are now, but I realize that's not going to happen when I conveniently want it, or want to convince myself. But these are the things I will work on this year, as president of our Jewish community:

- Patience within emails, and being transparent in the coordination and communication of our news and events happening at the synagogue. You will be kept up to date in a timely manner with our Covid-19 protocols, we will continue to provide PPE, and we will continue to align ourselves with CDC guidelines.
- If you and your family have experienced loss in any way shape or form due to Covid-19, please do not hesitate to reach out to myself, board members, and individuals on the Bikur Cholim committee. While we continue to do our very best efforts, we also need to hear from you or about loved ones and how this pandemic has impacted you. We will do everything in our power to make sure you feel safe, supported, and that your membership with us remains intact.
- Remember, also what Nachman said: "Joy is not merely incidental to your spiritual quest, it is vital." I want to hear from you what inspires you, what brings you joy, and what you need from the synagogue. Shortly, a link will be made available on the website where you can

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(Rabbi continued on p 7)

(Rabbi continued from p 3)

to your best self, the courage to say you are sorry, the search for repairing what you broke – whether it is a toy or a relationship – *that* is the key to the universe. And why? Because forgiving and being forgiven is in the nature of any <u>balanced loving</u> relationship. This is what it means to be a friend, a lover, a parent, a brother or sister, or a son or daughter: I already forgive you. For any relationship to stand the test of time, we need to know that I'm going to hurt you with careless words sometimes; with my absorption in my personal drama when you're in trouble; with misplaced aggression or silence when a caring word is needed; with distance, when a hug is all you needed.

These things will happen - hopefully not too often; hopefully the relationship will grow, mature and deepen. But the relationship won't be perfect because it is happening in the limitations of what it means to be human. And - you're going to do the same to me. So I already am prepared to forgive you, even before you hurt me.

In our Jewish imagination the creation of teshuvah came before the creation of the world. Because just as it works for human relationships, it works for our relationship with God. Teshuvah – this ability of renewal of the self and the relationships – is the key.

I don't know about you, but I live in constant fear of losing keys. That happened so many times when I was a teenager that my mother got me a keychain that would respond to your whistling with a song, so you could find it. It worked for a few months, until the battery went out and I had to find another way of not losing the keys to our house. Once I began driving that was a little easier, because I realized that if I had a big keychain with all the keys in it, I would always know when they weren't with me.

And friends and family began giving me keychains – and I put them all together, because each represented their love and our relationship. It got big, and I never lost keys. That also worked for a while.

But when I began observing Shabbat, and stopped carrying things around, my problem with keys was renewed, much to my surprise – but not to anyone else's. Rubber bands around my wrist, with the keys dangling, became my solution – and that feeling of the rubber band on my wrist became part of my Shabbat and holidays experience. It became part

of my prayer - particularly after I became a rabbi and had keys not only to our house's front door but to the synagogue's building. My ability to get distracted taught me quickly never to take the rubber band from my wrist even when it was uncomfortable – because I could get locked outside, or lose the keys causing a security issue for the community. And that, for years and years, became my teshuvah for this distraction – because I wanted to have the doors open. I do not wish on my enemy the sensation of not being able to get into the building when you have to run a program.

And this is why our prayers talk about the gates, and the possibility of being locked out. We want our inner doors to be open. We want to come home. We are always supposed to be returning to our best selves – always being able to become better and more expanded in our consciousness.

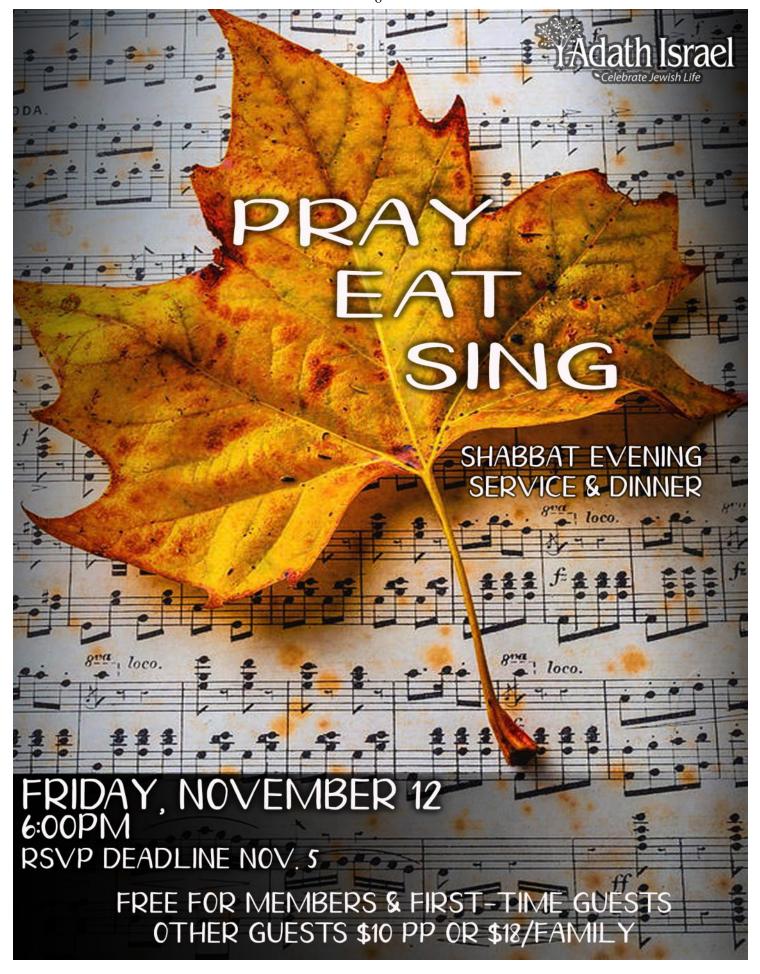
This return – the return to our best selves, the unflinching look at how we treat people and things, and the planet, and ourselves – this return is supposed to be done every day before going to sleep. But we are just human, and here we are on Yom Kippur, a day in which we make a date with our teshuvah. Now or never!

But our service began reminding us that a light is sown for the righteous. That light is teshuvah. It was there, before the world was created, and it is here, at this moment, when you hold the key to the gates of your most aware and expanded self, your most forgiving, your most understanding. Hold on to your key.

So as we prepare to immerse ourselves in the deepest moment of teshuvah, you hold the key to your renewal. Quite literally, and as a reminder, you have received a physical key. Hold on to your key.

It represents questions that I invite each and every one here, tonight, to carry through the year: Where are your keys? Is there a key you lost, and haven't been able to find yet as you approach the Gates of Teshuvah? In your relationship with your friends, siblings, parents, your partner, your children, your pets? In your relationship with any of your communities or workplaces? In your relationship with the people of your city, country or world? In your relationship with God? In your relationship to your body? Perhaps you've got the key, but have just kept walking by the gate and forgot to try that one. Perhaps you've been searching hard for the key and haven't been able to find it yet. Think about which of these doors you most want or need to open.

(Rabbi continued on p 9)



(Rabbi continued from p 7)

Hold on to your key. And when the gates close tomorrow night, at Ne'ilah, remember – they are closed just for a moment. Hold on to your key.

May this year of 5782 be the one we can all find the keys that will help us clean out our corners, and keep the gates of Teshuvah open for ourselves and one another from year to year. G'mar Chatimah Tovah, may we all be inscribed for a good year, a meaningful year, a year of return.

Closing words for Ne'ilah- Be the miracle.

This is the very end.

The gates are closing, I can hear the hinges coming in, the gates will clang shut in a moment.

But you have your key, right?

You have the key to open the gate of transformation, for yourself and the whole world.

Because as you transform yourself, as you make changes in your life, in your behavior, in your character and your soul, you make changes in the world.

Be mindful of these changes. Remember – you are a miracle.

And if you don't believe me, look at the math. Math will tell you that it took two parents to make you happen in the world. And the Jewish tradition adds – and God's presence. You carry that within.

Through a series of events, some good, some bad, some neutral – you came to be. Your two parents needed their parents, and so, you needed 4 grandparents. And they needed their parents, so here you are, the product of those 8 people. And follow the numbers: those needed their parents, now we're up to 16 specific people. Go one generation back, and then another. You are the unique product of 64 people. And let's add two more generations, and here you are, the product of 256 people. And jump a couple of generations more, and then another... and for you to be here, tonight, or almost tonight, 4,094 ancestors in 12 generations had to meet, in that specific combination, and bring you to this world.

If you don't believe in miracles, believe in math – math tells you, you are a miracle. And with all those 4,094 people interacting, God's presence was right there – bringing you out, specifically. If any of these ancestors had any other different idea or moment, if they missed a bus or went to a different high school, you wouldn't be here.

It is Reb Nachman of Bratslav that says that the moment you were born is the moment God decided God's world could not exist without you, because God could not have dreamt a world without you in it.

You are a miracle. Please, take hold of your key and start acting like the miracle you are. Your callings, your stirrings, your desires to be better and to grow are all God's presence within you, asking to come out. All your wishes for a better world, a more just, kind and equal reality are God's presence calling you to make it happen.

Hold that key, open the gates of transformation – for yourself and for the world.

G'mar Chatimah Tovah.

MUSSAR. WHAT IS IT?

For years, I have heard about "Mussar" groups but did not really know what they were. I was curious enough to attend the Nathan Olshin Scholar-In-Residence Program in August presented by Rabbi Chasya Uriel Steinbauer, Founder and Director of The Institute for Holiness: Kehilat Mussar in Israel. Rabbi Chasya explained that Mussar is a Jewish spiritual practice that gives concrete examples of how to live a meaningful and ethical life. It offers opportunity for personal transformation through a Jewish lens, focusing on key Jewish values, one at a time, and incorporating each core value into our daily I found this idea very compelling since I always think of myself as a "work in progress," always wanting to learn and grow.

Rabbi Nelly and I want to form a Mussar group at Adath Israel with at least six participants. The group would meet and learn together for one and a half hour every other week on Zoom with Rabbi Chasya. On the off week, each participant would talk with his/her partner from the group to discuss the practical aspects of what they were learning.

Would you be interested in learning more about Mussar and joining a group? Do you have friends or family that would be interested? Perhaps we can try it for eight weeks and then assess if we want to continue this practice longer. What times would work best for you?

Please fill out this very short survey: https://www.surveymonkey.com/r/XM7PJKH

Please join us to try to understand Jewish values in our daily lives. If you are interested or have any questions or concerns, please let me (rjlevine610@gmail.com) or Rabbi Nelly (rabbi@adathisraelct.org) know.

Let's make this happen! Roberta Levine Glass



via Zoom

Every Wednesday - 10:30 AM Zoom ID 837 9879 1910, Passcode 963942

Every Thursday - 6:00 PM Zoom ID 887 326 428, Password 827527 (President continued from p 5)

literally design a program that can be placed on our synagogue calendar, and we will help you as a board to market, develop, and implement that celebratory program so that you feel active in your joy and your place here within the synagogue. If you have not seen a program that you want developed here, we are going to work with you to get it on the calendar.

• And last but not least, our l'dor v'dor portion. We are our ancestors' wildest dream, and by working as a community to celebrate Jewish Joy and Youth, we are literally saying to any pharoah, oppressor, or pandemic that we are here, despite it all, we show-up, we get our children engaged, and we show our Jewish children how to do Tikkun Olam, how we repair the world, after unfortunate events happen. We are going to continue to work on our efforts to be vibrant in our marketing, to do outreach to the external community to recruit families, and hire a Mazel Tots Coordinator for families with children under 7 years of age. We are going to form a Kadima/USY chapter for members' children, nieces, nephews, grandchildren, and godchildren - the child does not have to be a member to join, they just need to have an adult that is a member in our community, and they're in.

I just want to end on a note of gratitude.

I am grateful, beyond grateful, and so deeply humbled by the conversations I had this year with so many of you out here in the room, and in Zoom land, and got to know so many more of you, your families, your interests, and what you feel is truly important. I feel gratitude for the leadership, mentoring, and guidance that I don't just receive, but I see board members guiding other new board members in a l'dor v'dor fashion. That energizes me, seeing those connections made. I am grateful that you're just as willing as I am willing to be flexible and meet here, online, or out in the greater community for an event, and how this flexibility and visibility will grow us at the end of the day.

And I'm grateful that none of us have to experience grief alone. We will not "just get through this" period of time, we are going to remember and be grateful for what came from it, we will lean into those realizations together. Adonai will grant us the courage, strength, and wisdom to do so.





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MY STORY IN ADATH ISRAEL

by Adam Finkelstein
Adapted from his Yom Kippur Message

Shanah tovah! A warm welcome to all of you joining us at home and here in our sanctuary. Welcome to members and their families, Wesleyan students, and honored guests. We are so glad you are here to share in our worship and community.

Thank you to Rabbi Nelly and Cantor Ben-Ze'ev for filling our service with ruach and meaning.

This year was the 25th anniversary of the Interfaith Golf Tournament, which is annually held in collaboration with St. Mary's Church. Over the years, the event has literally raised millions of dollars with about 90% of the money going directly back into the community supporting a number of local charities including Adath Israel and St. Mary's.

This year's event, even amidst the pandemic, raised close to \$130,000, \$40,000 of which will go to Adath Israel this year, which I believe is an all-time best.

A big thank you to committee members Mike Sigal, Stan Sadinsky, Eileen and Mike Daling, Jim Poliner, Jonathan Shapiro, and especially co-chairs David Director and Marc Levin, whose leadership has been instrumental in making this Adath Israel's top annual fundraiser.

Speaking of fundraising, it is our tradition here at Adath Israel that on Yom Kippur the vice-president stands up and begins the Annual Appeal (they don't tell you that when they ask you if you want to be vice-president).

Fortunately for me though, thanks to the guidance and wisdom of those who have been leaders here for a long time, this year we're going to find a more appropriate time to do that. So I'm not here to ask you for money (not today anyway). I'm not even here to ask you to get more involved.

Instead, I'd like to share with you, very briefly, my story in this congregation. Because I think over the years, we've heard about the ways our congregation and synagogue needed us, but what I've been reminded of in recent years is just how much our congregation and synagogue have to offer us.

Like quite a few of you, my family has belonged to Adath Israel for generations. My Zeyde was a president here 20 years before I was born, my

Dad has been a lifelong member, and my brother, sister, and I literally grew up here. In fact...

Mrs. Bennett and Mrs. Thiela were my Hebrew School teachers...

Debbie Fassler was my childhood babysitter...

The first time I heard the word Mench was when I was introduced to Hy Sadinsky and Arthur Director when I was just a young boy...

Some 25 years ago, when my grandmother passed away the day before Passover, it was Reva Paley who was at our house within 15 minutes, kugel in hand, ready to guide my mother (who's not Jewish) through all that was now required...

When my brother was preparing for his Bar Mitzvah and the shul was without a rabbi, it was Nate Olshin, who not only instructed him up through that day, but remained very close with him in the years after.

My family has deep roots here and so I always knew I would never leave, but to be totally honest, I wasn't always especially involved either. I wasn't a kid who grew up being excited about coming to Hebrew School, and for most of my 20s and 30s, you could count the number of times I was in this building each year on one hand.

That started to change when my wife and I started our own family, decided to raise our kids Jewish, and have them attend Hebrew School here.

That not only reacquainted me with this place where I grew up, but it also gave me first-hand knowledge of what it's like for a family that's thinking about getting more involved, or thinking about joining at all, and who they come into contact with while making those decisions.

For me, and I think most, the first step was to call the office. You have a question about life cycle events, Hebrew school, or maybe even your family's history and that's probably where you start...or at least that's where I started. Well one of the things I came to appreciate right away is that our synagogue has someone in that office who is an ideal representative of our community. She is as patient, kind, and helpful a person as we could ever ask for to serve as our unofficial frontline of sorts. She also wears a variety of different hats, including – if I'm not mistaken – writing most of the thank yous on the high holidays, which is why for far too long she hasn't been at the top of that list where she belongs. But there's no doubt that our congregation owes a big debt of gratitude to





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(Adam continued from p 13)

just to keep our synagogue running, but as I found out, to make sure that those first impressions are as rushing back up here to make sure our service didn't inviting and welcoming as they can possibly be.

Next, if there are young families out there that decide they want to raise their kids Jewish, like my synagogue will be through the Hebrew School, and by extension our principal Anna. And I have to tell you, if you haven't met Anna yet, you should find a time to introduce yourself, because she's a tremendous asset to our synagogue.

significant reasons. First, she made Hebrew School FUN for my kids, and they enjoy coming to this building now because of it. In fact, one of the last was having a laugh about just how much the school had changed in 30 years, and how much happier my stage.

The second reason I am indebted to Anna and all those intimately involved with the Hebrew School, though is that while her own personal commitment to is for the way they have treated inter-faith families like my own. Anna has made it very clear, that all members of the family AREN'T JUST welcome in the their respective path. She understands that our school but are equally important.

by extension, this synagogue, a place that is inclusive and welcoming for my entire family and a variety of others like mine.

Next, I think at this point we all know how leader for our community right now. lucky we are to have Rabbi Nelly here. But long before we were all able to get back in this sanctuary together, she did a few things that immediately stood reminded that there is a reason why families stay in out to me. The first was just how active she was this within the Hebrew School. Every single Wednesday night when I would come pick my daughter up, there because of the past, but was the Rabbi, working with and teaching all of the because no matter who you children.

I hadn't even had the chance to formally meet spiritual her in person yet when I got a hand-written note mailed to my home. Shortly afterwards, my father got a similar hand-written note. There was even a card in doors wide open, anytime the mail for my daughter on her 9th birthday, and so I suspect that many of you have heard directly from her them, and in whatever ways in the same way we have.

Along those same lines, it was just last week that I saw her put down her high-holiday preparations

to help a congregant in need. During Rosh Hashana I Joanna for everything she does on a daily basis, not watched her rush down the stairs to visit the family service and blow the shofar for the kids, before miss a beat.

Beyond her knowledge and wisdom, it's that dedication to connecting with each individual wife and I did, one of their first introductions to our member, particularly our children, that makes me very proud to have her as our Rabbi.

Finally, there's our new president. While she grew up here as well, I didn't really know Carly until a few months ago, when she first approached me about joining the board. To be honest I laughed at I'm personally grateful to her for two first, told her she must have the wrong guy. Even when I ultimately agreed, I still wasn't entirely sure of what to expect.

What I quickly came to realize though is that conversations I ever got to have with Mrs. Bennett Carly's work-ethic and commitment to this synagogue is second to none. She has a clear vision for how we can keep building this community, and a genuine kids were to be here, than maybe I was at the same passion, both for Adath Israel and Judaism in general, that is contagious.

I think that what really makes her unique Judaism is obvious, she couldn't be more openminded or more accepting of wherever anyone is on community is made up of people who are often times In short, she has made the Hebrew School, and looking for very different things from their religious experiences, and she's able to connect with all of them - from the morning minyan to the Hebrew School and all spots in between - and that's why she's an ideal

> So, thanks to people like Joanna, Anna, Rabbi Nelly, Carly, and numerous others, I've been

congregation generations. And it's not just are or where you are in your journey, this synagogue and this community is here, with you want to walk through that are most meaningful for you and your loved ones.



Sound Healing Service Sunday, November 28 ~ 6PM

Zoom InfoMeeting ID: 828 9717 8081 Passcode: 466981

Free for Adath Israel members. Others, \$18 donation suggested.



Celebrate Jewish Life

ADATH ISRAEL DEDICATED FUNDS

ADATH ISRAEL SCHOLARSHIP FUND

(SOPHIE & JULIUS BARKER, EVELYN & ABRAHAM GROSSMAN, SARAH ZIETZ PIERSON, RABBI ALBERT & ROSALYN TROY, SYLVIA GROSS WASSERMAN, MAX CHEIKIN, BERNIE SEIDON, AND JEAN STERN ARON SCHOLARSHIPS) Provides scholarships to children of Adath Israel members attending an accredited college, university or school of higher learning

DR. ARTHUR & GLADYS WEISS SCHOLARSHIP FUND

Provides scholarships to children of Adath Israel members attending Jewish camp, Jewish content special programs, and trips to Israel

BEIT-PALEY FUND

Supports Torah repair

CHEVRA KADISHA

Supports maintenance and enhancement of the cemetery

ARTHUR & EDYTHE DIRECTOR FAMILY FUND

Supports music in the ritual, educational, and cultural gatherings at Adath Israel

ETERNAL LIGHT FUND

Supports the general operation of Adath Israel IN MEMORY OF Arthur Director by Judy Guzman

HOWARD FELDMAN BEAUTIFICATION FUND

Supports the beautification of our synagogue building and grounds and the Nester Center IN MEMORY OF
Jon Palley by Natalie & Leonard Cheerman

LYNN BENNETT RELIGIOUS SCHOOL CAPITAL CAMPAIGN

Bern Padawer

IN HONOR OF

Phyllis Waldman in celebration of the engagement of her granddaughter Rebecca by Paulette Gewirtz

MAXINE THUMIM CAMP SCHOLARSHIP FUND

Provides scholarships to children of Adath Israel members attending Jewish camp or travelling to Israel Bern Padawer

IN HONOR OF

Michelle Grossman & Roberta Glass being named Volunteers of the Year by Eileen & Michael Daling

MICHAEL FASSLER FUND

Supports early childhood education at Adath Israel IN HONOR OF

Jeffrey Palmer by Paulette Gewirtz

MUSEUM FUND

Supports purchases and maintenance of Adath Israel's museum

NATHAN OLSHIN SCHOLAR-IN-RESIDENCE-FUND

Supports annual scholar-in-residence program IN MEMORY OF

Mary Reed Tugard by Bobette Reed Kahn & Jeffrey Kahn

Nathan Olshin by Bobette Reed Kahn & Jeffrey Kahn

SANFORD BEIT MINYAN FUND

Supports the creation and building of community over Kiddush

Bern Padawer Herb Curkin

SYNAGOGUE FUND

Supports the general operation of Adath Israel Daniel Slatkin Sharon Neuwirth Inna & Mark Lerner Paulette Gewirtz

IN HONOR OF

Mark Frydenberg leading Shacharit on Yom Kippur by Phyllis D. Werlin

REFUA SH'LEIMA

Barbara Rothman by Ethel Grower Peltz and Lois & Bob

(Funds continued on p 19)



2021 THANKSGIVING BASKET INFORMATION

1. Sign up

LOCATION: AMAZING GRACE 16 STACK ST

DATES: October 27 - November 19 [Wednesdays and Fridays]

(Please Note - these are different days & times from last year!!)

TIME: 11 AM to 4 PM

You must provide <u>proof of Middletown residence</u> and <u>ID for each member of the family.</u>

· Acceptable Proofs of Middletown Residence are:

- ✓ Utility Bill
- ✓ Driver's License or CT ID
- √ Lease Agreement
- ✓ Rental Receipts
- Acceptable IDs are:
 - ✓ Birth Certificate
 - ✓ Medical Card
 - √ Driver's License
 - ✓ DSS Or Housing Listing
 - ✓ Social Security Cards

3. Pick Up will be on Tuesday, November 23rd between 11:00AM and 3:00PM Everyone will pick up at Fellowship Church 1002 Saybrook Road

*** This will be a drive-through pick up. Please have your ticket ready when you arrive and remain in your car.

There will be a walk up area for those riding the bus. Baskets may be heavy! Please be prepared to lift and transport your own baskets.



(Funds continued from p 17)

YAHRZEIT FUND

Supports the general operation of Adath Israel Donald Berger by Ruth, Mike, Amy & Stacey Sigal Meta Kahn nee Hirsch by Jeffrey & Bobette Reed Kahn

Max Finkelstein by Donna & Mark Finkelstein Morris Levson by Anita Hennessey &

Hazel Kurlansky

Sylvia Brodach by

Claire Yale & Brodach Families

Sylvia & Jay Brodach

Their parents by Laurie & Rabbi Marshal Press

Sari Rosenbaum by Howard Rosenbaum

Rose Dampsky by Sara Paley

Esther White by Nancy Valla

David Schwartz by Nancy L. Schwartz

Lillian Cohn by Marshall Cohn

Rubin Cohn by Marshall Cohn

Coleman Weiss by Barbara & Steven Weiss

Irma Gilfix by Barbara & Steven Weiss

Sidney Mellman by Barbara & Steven Weiss

Betty Ruth Byer Goodman by Dorothy Elkin

Henrietta Soll by Elaine Bersch

Diane Linnell by Stuart Epstein

Celia Hoffman by Morton Hoffman

Rose Beckman by Sandra & Paul Beckman

Louis Hutensky by

Sandra & Paul Beckman

Barbara & Bill Hutensky

Ralph "Mickey" Paley by

Sara Paley

Bill, Sharon, Mike & Trevor Fleischmann

Lori & Philip McDermott & Family

Morris Dampsky by Sara Paley

Louis Caplan by Marcia Caplan

Allan Seldin by Joan & Michael Needle

Dora Hoberman by Marvin Hoberman & Family

William Kogen by Audrey Acabchuk

Meta Kahn by Margaret Kahn

Robert Rosenfield by Patty Netherland

Gershon Perecman by Shirley Brodach

Libby J. Nevas by Jo-Ann Price

Ethel Cooperstein by Barbara Roller

Celia Hoffman by Morton Hoffman

Phillip Curkin by Herb Curkin

Dr. Francis H. Tonkonow by Amy Tonkonow Kohan

Harry Soll by (Elaine) Penny Bersch

Allan Savitsky by Robin Savitsky Levine

Sylvia Levine by Marty Levine

Sara Pincus by Irv Pincus

Herman Sochin by Judy Sochin

Philip Cohn by Linda & Jack Adler

Edie Betts by Linda & Jack Adler

Ida Lerner by Diane & Bernard Blum

Ester Ben-Dov by Ruth & Sherwin Borsuk

Jane Mellman by Barbara & Steven Weiss

Lucille Cherniack by Ceile Zanoni

Susan Garden by Damian Garden

Dr. Arthur Weiss by James H. Weiss

Rosalee Hertzberg Shapiro by Louise Feldman

Mary Katz by Richard A. Katz

Max Shulkin by Norman Shulkin

Gary Hamel by Lori Blocher

Stephen M. Smith by Benay Smith

Margot Mittelman by Sharon Mittelman

Natalie Friedman by Donald Friedman

Ethel Friedman by Donald Friedman

Ethel Friedman by Donald Friedman

Sadie F. Friedman by Donald Friedman

Frances Friedman Pollack Rothfarb by Ruth Kahn

Hyman Nathan Paul by Debby Paul Fuller

Arthur Limon by Abby Cerrotti

Dorothy & David S. Miller

by Joanne Halpern Myszkowski

Compassionate Care aka Bikur Cholim Committee

A core value of our Congregation is to provide care to our community. This care often includes pastoral visits but our scope is much broader.

We can provide visits, calls, cards, transportation, shopping and food assistance, and, often more, when we know of the needs. We try to provide emotional support where helpful and connections for those who are isolated by whatever circumstances (alone at home, at a medical facility or nursing home). We do this confidentially and without cost or obligation.

We need your help to identify those who need assistance that we do not know about and the best way to contact them. Please reach out to us with as much information as you can share in confidence so that we can reach out and fulfill our desire to help those in need in our community.

For the time being, Michelle Grossman has agreed to be the contact person for Compassionate Care. She can be reached at **203-558-4937** or rickandmichelle360@gmail.com.

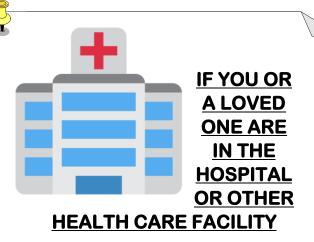
Help Us Help You!

ADATH ISRAEL EMERGENCY CANCELATION & CLOSING NOTIFICATION

RELIGIOUS SCHOOL:

THE PRINCIPAL WILL CONTACT STAFF & STUDENTS' FAMILIES DIRECTLY.

ALL OTHER CANCELATIONS & CLOSINGS: CHECK TV CHANNEL WFSB (EYEWITNESS 3) OR WWW.WFSB.COM. WE WILL SEND AN E-BLAST IF POSSIBLE.



Patient privacy laws prohibit the hospitals & other healthcare facilities from notifying Adath Israel if you are admitted unless you specifically request it. Upon admission, please list Judaism as your religion and request spiritual care or a visit from the chaplain. The hospital chaplain will contact the synagogue. If you do not wish to go through the hospital, please contact the synagogue directly if you or a loved one would like a pastoral visit.

Office Hours

Monday: 7:30 a.m.-1:30 p.m. Tuesday: 7:30 a.m.-1:30 p.m. Wednesday: 9 a.m.-5:30 p.m. Thursday: 7:30 a.m.-1:30 p.m. Friday: 7:30 a.m.-Noon

The office is closed weekends, legal holidays, and Jewish holy days.

In the event of an emergency closing due to weather or public health the office will work remotely.

Wishing you good health.

IT'S NEWS



B'RUCHIM HABA'IM! WELCOME

to our newest members

Matthew Finkelstein & Haley Carlucci
Elise & Daniel Maloney and their children,
Samara & Sophia Maloney
Betsy & Isaac Kyne
Stu Ellish
Austin Robin & her children,
Magdalene & Morrison Howard
Susan Engelhardt
Patty Netherland
Risa Cohen and her son, Parker Cohen-Glyck

MAZAL TOV!

To Marilyn Petroff on the wedding of her daughter Shani Petroff to Benjamin Levkov

TODAH RABAH

Naomi Kamins for proofreading Kolot Eva Bardwell for laying out Kolot



Sharon Slossberg & Merle

Loza for assembling & mailing Kolot Stephanie Meadow for sending eNews and blasts Nancy Schwartz & Sam Bauer for help with yahrtzeit letters

Harriet, Marcey, Aaron Thiela for all their grocery shopping

High Holy Days Thanks

Ariella Altenburger, Carly Hoss, Adam Finkelstein, Richard Kamins, Elliott Altenburger, David Director, & Rob Goldstein for being our greeters & ushers Harriet, Marcey, and Aaron Thiela for their help shopping for & preparing our various festive meals Naomi Kamins for proofreading the High Holy Days booklet

Anita Hennessey for folding the booklets and preparing the food drive grocery bags
Stan Sadinsky & Jack Adler for labeling everyone's seats

The Schwarz & Weiss Families, Harriet Levin, and Lew & Fran Goldberg for the beautiful floral arrangements

"Where there is no food there is no Torah" Sponsoring a Kiddush

Bern Padawer
In Memory of
Maurice "Sutzi" Newberg
by Joe Newberg



Beatrice Katz by Richard Katz Norman Kabatznick by Brian Kabatznick Libby J. Nevas by Jo-Ann Price Edith Curkin by Herb Curkin

Break the Fast Sponsors:

Luanne & Mark Paley Myra & David Finkelstein Carly Hoss Marcia Wrubel Ryszard Walzcak Nona & David Horn Shelley & Michael Barker

Pray-Eat-Sing Sponsors & Helpers

Myra & David Finkelstein Naomi & Richard Kamins Harriet, Marcey, and Aaron Thiela

SPEEDY RECOVERY

We'd like to wish a "Refua

Shleima" to the following:
Shana Adams, Katrina Axelrod,
Seth Axelrod, Natalie Cheermen,
Bernie Fabian, Sy Feldman,
Paula Goldstein, Elaine Gross,
Mark Itkin, Hal Kaplan, Jean Lawrence,
Harriet Levin, Denise Levy, Hyime Paley, Irv Pincus,
Rabbi Press, David Schwarz, Ruth Sigal, Joe Zaientz,
Fred Zierler, and Risa Zierler.

MAY GOD GIVE COMFORT TO

Deepest sympathies to

Rob Goldstein on the recent death of his aunt, Channah Ostrager

Michael Price on the recent death of his brother, Robert Price.

Rabbi Michael Kohn on the recent death of his mother, Selma Kohn

Are you in a financial bind?

You may qualify for an interest-free loan.
Uses include:

- . Medical & legal bills
- . Home & vehicle repairs
- . Small business expenses
- . Adoption & IVF
- Jewish day school tuition
- . Bar & bat mitzvahs
- Funeral expenses

Learn more at

https://bit.ly/JFLApply

Jewish Free Loan Fund Of Greater Hartford



CELEBRATE JEWISH LIFE THROUGH PRAYER

All services are in-person & via Zoom

Morning Minyan

Monday - Friday, 8:00 AM 1st Wednesday of the month, 7:00 AM Sunday, 9:00 AM

Zoom Info

Meeting ID: 863 5646 9422 Passcode: 679552

Shabbat Services

Friday, 7:00 PM Monthly Pray-Eat-Sing Services, 6:00 PM Saturday, 9:30 AM

Zoom Info

Meeting ID: 815 6727 3870 Passcode: 474612

All prayer services at Adath Israel are public events, open to the community as a whole. Members, guests, and other religious seekers who desire the warmth of Jewish prayer and the fellowship of being together are always welcome.

KOLOT DUE DATES

Issue	Article Due Date
December	11/8
January	12/6
February	1/10
March	2/7
April	3/7
May	4/11
June	5/9



Interfaith Golf Open Update

After an unusual but amazing 2020 tournament given the many covid19 restrictions, the committee worked extremely hard to make this year's 25th Anniversary Interfaith Golf Open special and the best yet. Thanks to all their hard work, it definitely was. This year's fundraising tournament was held on Tuesday, August 3rd with over 125+ golfers enjoying a beautiful day on the golf course. We were able to bring back our dinner, our auction, the raffle and more. This year the largest amount was raised ever so we can continue to support the various agencies and programs in our communities. After dispersing money annually to the agencies below, the committee is continuing to glance at other areas where money might be dispersed given the continuing need due to the virus.

Adath Israel
St. Mary's Church
Anti-Bullying Program of the Middlesex Community Foundation
Amazing Grace Food Pantry
Portland Food Bank
Meriden Soup Kitchen

We are grateful to the entire committee from both Adath Israel and St. Mary's Church for their considerable efforts over the past 25 years joining together for this interfaith collaboration. We want to especially thank Marc Levin and David Director who have chaired the committee for Adath Israel for 25 years and are stepping down while still remaining to support the new chairs and the entire committee. We would like to welcome Adath Israel's new committee chairs Jonathan Shapiro and Jim Poliner. All are looking forward to next year's tournament on August 2, 2022.

As we are always looking for new members for the committee, please think about contacting any of the following Committee Chairs: Jonathan Shapiro at jshap@gmail.com or Jim Poliner at yaboys123@yahoo.com or Dave Gilbert at david.gilbert@directenergy.com or Dave O'Brien at jorglobal.net for more information about how you can help this event continue to be an important fundraiser for our community programs.



High Holy Days Food Drive Thanks a Ton!



Thanks to your efforts, ONE TON of food was collected for the Amazing Grace Food Pantry.

Religious School Hay Ride & Apple Picking



Enjoying the fruits of their labors

L to R: Morrison Howard, Jodi Gendrich, Torah Ferrebee, Sarah Shapiro, Jenna Handler, Nathaniel Altenburger, Ethan Olczak, Michaela Altenburger, Elliott Altenburger

Sukkot Fun



Sukkah building - It takes a shtetl to build a sukkah L to R: Fred Zierler, Leah Adler, Adam Finkelstein

Dwelling for a Spell in Our Community Sukkah



L to R Sarah Shapiro, Jenna Handler, Fred Zierler, Ethan Olczak, Aaron Thiela, Rabbi Nelly, Michaela Altenburger, Nathaniel Altenburger, Carly Hoss, Adam Finkelstein

SAMUEL AUERBACH LIBRARY

(Lending Library)

YAHRTZEIT AND MISHEBERACH LISTS

Exciting news to update everyone regarding Dear friends our library. After not having anyone in charge of the library for quite awhile, two members stepped up to the big task. Thanks to Nancy Schwartz and Dave received several complaints about the length of the Shulman who worked tirelessly to reorganize all the yahrtzeit and misheberach lists, we have decided that books properly and also add books we took from some changes in the current procedures are needed. B'nai Abraham's library. We are now moving forward so our library is ready to be used again by all.

many boxes of books that were given to Adath Israel CAI had different customs regarding when names from Nathan Olshin's and other families for use in our were read for yahrtzeits. One read the names of the library. Some went to the children's library, the deceased on the week after and the other the week research library, to the Rabbi to use when working before the yahrtzeit. As a result, the names got read with those interested in conversion and into the twice each week, lengthening services and leading to After some confusion. Samuel Auerback (lending) Library. discussion, we thought of moving the library into the move.

help verify the number of extra bookcases needed. and/or the actual date of observance to say Kaddish. After measuring and calculating, he feels 3 more directed to the Samuel Auerbach Library.

open the library at various times for members to take join minyan to announce the names of loved ones in out books.

Thank you in advance for your consideration in making this happen. Keep watching for more Thank you, information about this exciting event.

Due to the fact that the ritual committee has

After the CAI and TBA merger, our lists were merged, and an effort was made to make the customs Recently, Rabbi Nelly and I worked on the of both communities coexist during services. TBA and

Starting immediately we will be reading names Nester Center. At the Board of Directors meeting held on the yahrtzeit list only the week preceding the in August they discussed our request and approved the yahrtzeit and not the week following it as well. These names will be announced on Shabbat as well as the In order to move all the books, additional actual date of the yahrtzeit at services during morning bookcases are needed to be purchased for the Nester minyan. We would like to encourage all who are Center. I reached out to Dave Shulman recently to observing the yahrtzeit to join the minyan on Shabbat

In an effort to have an accurate misheberach bookcases at the cost of \$350 each (\$1,050 total) will list, as of December 1, 2021 we will be asking be adequate enough to move all the books. Therefore, members to contact the office with the names of loved at this writing donations both big and/or small would ones to be included. Please include your name and be appreciated to help purchase these cases. Call the their English and Hebrew name if known and whether office to charge your donation or send in a check to be the situation is acute or chronic. If acute, the name will remain on the list for 2 weeks and then you will Once the money is raised and the bookcases need to call if it needs to be added again. If chronic the are purchased another request will be sent out for a name will remain on the list for 6 months then you Sunday workday for members to make the move will need to call to have it added again. Please contact happen. The final step will be to set up hours/days that the office if your loved one no longer needs to remain the library will be open for you to start enjoying the on the list. Names should be submitted before entire book collection available to borrow. At that December 1, 2021. Names are read on Monday, time we will also be looking for several volunteers to Thursday and Shabbat. We again encourage you to person.

Ritual Committee

Eileen Daling

Chanukah Gift Fair

Chanukah is coming. Don't miss out on the opportunity to get your holiday shopping done early at our Annual Chanukah Gift Fair.



The Gift Fair will be open:

Sunday: November 21st 9:30 am – 12:30 pm

Special arrangements can be made to view our holiday merchandise by contacting the synagogue office.

We have many new items to offer, so come visit us for your holiday purchases!!!!



HEY BROTHER (OR SISTER), CAN YOU SPARE SOME TIME?

An hour or two of your time can make a big difference. Here are some of the volunteer opportunities available at Adath Israel.

Out and about

Grocery shopping for synagogue meals & Religious School Bagel Breaks Shopping for the College Student Outreach Program Picking up orders at the The Crown Market Returning bottles for deposit

Inside the building

Preparing food for Pray-Eat-Sing or other events Assembling mailings Shredding documents Assembling packages for the College Student Gift Program Assist in the Synagogue Museum

Please contact Joanna at office@adathisraelct.org or 860-346-4709 if you can help

TIKKUN OLAM AT ADATH ISRAEL



RABBI NELLY ALTENBURGER

by Sam Bauer

Our Congregation is full of amazing people. People who perform acts of kindness without thinking, people who generously give whenever they can, people who serve others ceaselessly for no other

reason than they can. There comes to mind an expression which suggests that atheists are the most effective helpers because they do not bother asking God to help others but instead insist on helping others themselves. Does that mean that our acts of charity are divorced from our religion because they are done pay for is the amount of the gift card you purchased. without prayer?

Our Rabbi would argue otherwise. She would say that in each act of charity is God's presence and through our mitzvot we bring him into the realm of the physical. It is our Rabbi whom I wish to highlight this month because while we go out into the world and help others heal both physically and emotionally, it is our Rabbi who heals spiritually.

A Rabbi does not act like a Priest. They are not more or less holy than any other member of the community. They are merely someone with the knowledge to help connect us back to the Torah and the wisdom of our ancestors. Rabbi Nelly not only does this but does it with gravity and intelligence. She often asks us not to blindly follow but to give careful consideration to her d'var torahs and study sessions. To those who are new to Judaism, Rabbi Nelly has given love and encouragement. For those who have been Jewish a lifetime, Rabbi Nelly has given understanding and a challenge: that your contemplation of what it means to be Jewish not end when services do. My understanding of being Jewish has changed since I met her. We are part of a religion where doing good and being good are one and the same.

We as congregants often do not pray perfectly or even well. Many of us have doubts as we sing, or are privately cynical, or are thinking about other things entirely. This is normal. We are only human and far removed from the burning conviction of the Old

Testament. But when we look up at our Rabbi and follow her lead, our voices swell. We find both our strength and God in each other, and we remember this feeling when hearing the cries of others out in the world. And if that feeling only lasts a day, fortunately services are every morning.

SCRIPS

Chanukah is Coming!



For several years now, we have been part of a program called Scrips. One more time, this is how it works. The company "Shop with Scrips" has five pages (found on their website) of gift cards that can be purchased. Each gift card purchased corresponding percentage amount that comes back to Adath Israel when someone purchases a card. All you

We will be putting in our November order no later than October 29th. Since Chanukah begins on Sunday, November 28th (3 days after Thanksgiving), I wanted to be sure everyone is aware so no one misses out on those gift cards to use as presents or use to purchase presents this year for loved ones. Also, maybe you are hosting Thanksgiving and need cards to purchase items for the dinner table.

All you need to do to purchase a gift card(s) is contact Eileen Daling 860-346-0667

edaling21@att.net or Stephanie Meadow at stmeadow@i.netcom.com to place an order. Then drop off or mail a check to the office or call to use a credit card that is on file. Your order will be placed and about a later week you will be contacted as to how you would like to get your card(s). Usually an order goes to Scrips the first of every month so if you do not regularly order, please remember to get your order in the last week of the previous month. Once you become a regular, you will be reminded as to when to place your next order.

Thank you to those who order regularly. If more members start to use this program, Adath Israel will benefit from the percentage amounts that come back to us. It's a simple and easy way to raise money for the synagogue.

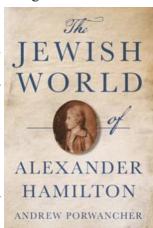
Remember, there will be a Chanukah Fair at the synagogue on Sunday, November 21 from 9:30 am -12:30 pm. Watch for further information and possible adjustments.

ADATH ISRAEL BOOK GROUP

(Leaf) Peep These Books! Welcome to our Fall Reading!

The book selected for our **October 26th**7 p.m. meeting is *The Jewish World of Alexander Hamilton* by Andrew Porwancher. Long before

Hamilton became an enjoyable musical, rumors circulated that its title character had been born a This book supports those rumors and uncovers Alexander Hamilton's numerous associations with the Jewish community as well as his battles against religious prejudice. This book challenge you to rethink the life and legend of Alexander Hamilton. Mark Altenburger will be leading the discussion via Zoom. Come join us!



Meeting ID: 886 4652 0065

Passcode: 196174

On **December 14**th **at 7 p.m.**, we will be collaborating with the Meriden Public Library on a book event. The book selected is *The Last Train to London* by Meg Waite Clayton, an historical fiction novel based on a true story of the Kindertransport



rescue of ten thousand children from Nazi-occupied Europe -- and one brave woman who helped them escape to safety and freedom. This will be a Zoom event and discussion with the author. More details to follow.

Happy Reading!

ROBERTA and HOLLY

Roberta Levine Glass, <u>rjlevine610@gmail.com</u> 302-593-7581 (cell)

Holly Simon, hfpsimon@icloud.com, 860-395-8989



NOVEMBER
Roger & Sondra Beit
Jaime & Rich Bruno
Lewis & Fran Goldberg
Mark & Inna Lerner



NOVEMBER Alyn Adams Ariella Altenburger Michaela Altenburger Michael Barker Shelley Barker Cooper Bruno Mark Burwick Marcia Caplan Beth Eisner Joe Fine Adam Finkelstein Leslie Friedlander Chuck Gendrich Rob Goldstein Samantha Goldstein Ian LaForce Hollye Lew Howard Levine Marilvnn Mazanek Doug Miller Jean Nemeth Randy Parks **Shirley Schloss** Joanna Schnurman Barbara Sequenzia Norman Shulkin Aaron Thiela



november 2021 cheshvan/kislev

sunday	monday	tuesday	wednesday	thursday	friday	saturday
Events/Services marked Zoom are Zoom only.	1 8 a.m. Minyan	2 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Board of Directors Mtg 7:30 p.m. Al Anon	3 7 a.m. Early Risers Minyan 10:30 a.m. Torah Study with Rabbi Nelly, Zoom 4 p.m. Religious School - Grades 3-7	4 8 a.m. Minyan 6 p.m. Torah Study with Rabbi Nelly, Zoom	5 RSVP deadline: Pray-Eat-Sing 8 a.m. Minyan 7 pm Shabbat Evening Service *5:22 p.m.	6 9:30 am Shabbat Morning Services Jonah Young called to the Torah as a Bar Mitzvah
	26 cheshvan	27 cheshvan	28 cheshvan	29 cheshvan	Rosh Chodesh 1 kislev	Toldot 2 kislev
7 9 a.m. Minyan 9 a.m. Religious School - All Grades	8 8 a.m. Minyan	9 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7:30 p.m. Al Anon	10 8 a.m. Minyan 10:30 am Torah Study with Rabbi Nelly, Zoom 4 p.m. Religious School - Grades 3-7	11 8 a.m. Minyan 6 p.m. Torah Study with Rabbi Nelly, Zoom	12 8 a.m. Minyan 6 pm Pray-Eat-Sing Shabbat Evening Service & Dinner	13 9:30 am Shabbat Morning Services
Clocks Change 3 kislev	4 kislev	5 kislev	6 kislev	Veterans Day 7 kislev	*4:15 p.m. 8 kislev	Vayetzei 9 kislev
14 9 a.m. Minyan 9 a.m. Religious School - All Grades	15 8 a.m. Minyan	16 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7:30 p.m. Al Anon	17 8 a.m. Minyan 10:30 am Torah Study with Rabbi Nelly, Zoom 4 p.m. Religious School - Grades 3-7	18 8 a.m. Minyan 6 p.m. Torah Study with Rabbi Nelly, Zoom	19 8 a.m. Minyan 7 pm Shabbat Evening Service	20 9:30 am Shabbat Morning Services
10 kislev	11 kislev	12 kislev	13 kislev	14 kislev	*4:09 p.m. 15 kislev	Vayishlach 16 kislev
21 9 a.m. Minyan 9 a.m. Religious School - All Grades 9:30 a.m12:30 p.m. Hanukkah Gift Fair	22 8 a.m. Minyan	23 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7:30 p.m. Al Anon	24 No Religious School 8 a.m. Minyan 10:30 am Torah Study with Rabbi Nelly, Zoom	25 Office closed 8 a.m. Minyan	26 Office closed 8 a.m. Minyan 7 pm Shabbat Evening Service	27 9:30 am Shabbat Morning Services
17 kislev	18 kislev	19 kislev	20 kislev	Thanksgiving Day 21 kislev	*4:05 p.m. 22 kislev	Vayeshev 23 kislev
28 No Religious School 9 a.m. Minyan 9:30 a.m. Jewish War Veterans Brunch 6 p.m. Sound Healing Service, Zoom	29 8 a.m. Minyan	30 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7:30 p.m. Al Anon	* Candle Lighting Time for Middletown			
*4:53 p.m. Light 1 candle Erev Hanukkah 24 kislev	*4:53 p.m. Light 2 candles Hanukkah 25 kislev	*4:52 p.m. Light 3 candles Hanukkah 26 kislev				



december 2021 kislev/tevet

sunday	monday	tuesday	wednesday	thursday	friday	saturday
*Candle lighting times for Middletown, CT	Events/ Services marked Zoom are Zoom only.		7 a.m. Early Risers Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 p.m. Religious School— Grades 3-7 5:30 p.m. Religious	2 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom	3 8 a.m. Minyan 7 p.m. Shabbat Evening Service	4 9:30 a.m. Shabbat Morning Services
			School Candle Lighting & Dinner *4:52 p.m. Light 4 Candles Hanukkah 27 kislev	*4:52 p.m. Light 5 Candles Hanukkah 28 kislev	*4:02 p.m. Light 6 Candles before Shabbat begins Hanukkah 29 kislev	Miketz *5:06 p.m. Light 7 Candles after Havdalah Hanukkah Rosh Chodesh 30 kislev
5 9 a.m. Minyan 9 a.m. Religious School—All Grades 5 p.m. Community Hanukkah Program	6 8 a.m. Minyan	7 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Board Mtg 7:30 p.m. Al Anon	8 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 p.m. Religious School— Grades 3-7	9 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom	10 8 a.m. Minyan 7 p.m. Shabbat Evening Service	11 9:30 a.m. Shabbat L'chol Adat Morning Services
*4:02 p.m. Light 8 Candles Hanukkah Rosh Chodesh 1 tevet	Hanukkah 2 tevet	3 tevet	4 tevet	5 tevet	*4:02 p.m. 6 tevet	Vayigash 7 tevet
12 9 a.m. Minyan 9 a.m. Religious School—All Grades	13 8 a.m. Minyan	14 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7 p.m. Book Club w/ Meriden Pub. Lib., Zoom 7:30 p.m. Al Anon	15 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 p.m. Religious School— Grades 3-7	16 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom	17 8 a.m. Minyan 7 p.m. Shabbat Evening Service	18 9:30 a.m. Shabbat Morning Services 6:30 p.m. Sound Healing Service, Zoom
8 tevet	9 tevet	Fast of 10th of Tevet 10 tevet	11 tevet	12 tevet	*4:04 p.m. 13 tevet	Vayechi 14 tevet
19 9 a.m. Minyan 9 a.m. Religious School—All Grades	20 8 a.m. Minyan	21 Office closed 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7:30 p.m. Al Anon	22 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom 4 p.m. Religious School— Grades 3-7	23 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom	24 Office closed 8 a.m. Minyan 7 p.m. Shabbat Evening Service *4:07 p.m.	9:30 a.m. Shabbat Morning Services Christmas Shemot
15 tevet	16 tevet	17 tevet	18 tevet	19 tevet	20 tevet	21 tevet
26 No Religious School 9 a.m. Minyan 9:30 a.m. Jewish War Veterans Brunch	27 8 a.m. Minyan	28 8 a.m. Minyan 11 a.m. & 12:30 p.m. Mah Jongg 7:30 p.m. Al Anon	29 No Religious School 8 a.m. Minyan 10:30 a.m. Torah Study w/ Rabbi Nelly, Zoom	30 8 a.m. Minyan 6 p.m. Torah Study w/ Rabbi Nelly, Zoom	31 Office closed 8 a.m. Minyan 7 p.m. Shabbat Evening Service	
22 tevet	23 tevet	24 tevet	25 tevet	26 tevet	*4:12 p.m. 27 tevet	



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