

# וּצְדָקָה

קולות ק.ק. עדת ישראל

 **Adath Israel**  
Celebrate Jewish Life

Middletown, Connecticut  
February 2014/Adar I 5774



## PSALMS IN THE PALMS

by Rabbi Haaz

A few years ago after the death of a long-time member of our shul, the family of the deceased donated his Jewish prayer and study books to the synagogue in a brown, cardboard box. Among the books in this small box was a pocket-sized book of Psalms that was printed in Europe around 150 years ago. I quickly picked up this book and leafed through the pages, and I thought about the situations in which this book was read and consulted. I tried, with my heart, to touch the prayers of our congregant and his ancestors who loved this tiny book of psalms.

I always have a very visceral reaction when I come across a pocket-sized book of Psalms because I was deeply impacted by my first encounter with such a book – an encounter that taught me much about Jewish prayer. It was at the United States Holocaust Memorial Museum in Washington, D.C. that I first touched the fraying cover and turned through the tattered pages of a tiny book of psalms. In my trembling hands, I cradled this sacred book that had survived the Holocaust, and I began to understand its importance to its owner. This was the sole possession to which that person clung through the Holocaust, and I could only imagine what measures and risks were taken to keep it safe.

As someone from a family who loves photographs, I asked myself, why did this person choose a prayer book over pictures of loved ones or over

*(Rabbi Continued on page 2)*

## RECONFIGURATION OF SANCTUARY AND MORE

by Michael Sigal

As this month begins, Rabbi Haaz and Eliot Meadow are in Florida connecting with our congregants who live there either full time or during the winter months. It continues a tradition that we began a few years ago where we want to touch all of our congregants personally if we can.

We began holding all of our Shabbat services in the upstairs sanctuary in January. This is part of our effort to take advantage of our beautiful sanctuary. We “roped” off seating in such a way that everyone attending services sat in the first few rows of the seats in the center. We also moved the bimah down to the floor for every part of the service except for the Torah service. That was our first “reconfiguration” of the sanctuary to attempt to make our services more intimate. There will be another configuration in February where we will **temporarily** remove a few rows of pews and use our folding chairs to have seating similar to what we have in the small sanctuary. We will also have the bimah down on the floor except for the Torah service. As always, I thank you for the feedback I have received to date and welcome all feedback of these changes, both positive and not so positive.

The changes that I mentioned to our main building in last month’s Kolot will begin this month. The 40 year old air conditioning system will be re-



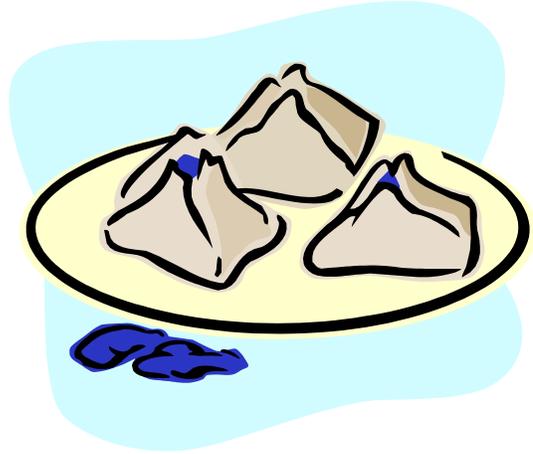
*(President Continued on page 3)*

*(Rabbi Continued from page 1)*

some other personal treasure? The answer, I learned, is that the Psalms allow for the very deepest level of human expression. It is only through the Psalms that we can cry out with a collective cry of over 3,000 years. We feel the same losses as those who came before us; we mourn with the same words; we taste their salt in our tears. The Psalms teach us that the shared experiences of human life connect us all intimately. Through the Psalms, we celebrate joy with our ancestors in generations long past and transmit the skills to navigate the complexity of life to our children, grandchildren, and great grandchildren.

Despite the role that Psalms have played for our ancestors, the meaning and power of these prayers is largely lost on us. We have not adequately learned how to access their meaning or understand why they show up at various points in our liturgy. Beginning on February 10 at noon, join me for the first series of discussions on the Book of Psalms. This seven-week series will focus on the seven Psalms that have been chosen for the seven days of the week. Each Monday at noon, we will discuss a different "Psalm of the Day" and enjoy lunch hosted by Terri Klein, whose inquisitiveness is the inspiration for this class. Please take advantage of this opportunity to reclaim the Psalms as a powerful means to connect to our ancestors and reach out to God. It is through the Psalms that we will learn, together, how to cry, laugh, and love as Jews.

Please reply to the synagogue office for each Monday class by the previous Wednesday so that we know how much food to prepare.



## PURIM INVITATION

CBSRZ (Congregation Beth Shalom Rodfe Zedek) invites members of Adath Israel to celebrate Erev Purim with us, on Saturday evening, March 15th. The evening will begin with a cocktail hour (non-alcoholic drinks too!) with savory hamantaschen appetizers. The shpiel will begin after Shabbat, at around 8:15pm. Each scene of the Megillah will be assigned to a small group of volunteers to prepare in advance a 2-3 minute skit or schtick as they wish. It should be funny, raucous, creative - even adult-only humour, as it is an adult evening! Please let Rabbi Haaz know if you are interested in being part of one of these small groups of Purim players.

Rabbi Rachel Goldenberg  
 Congregation Beth Shalom Rodfe Zedek  
 Chester, CT



**ADULT EDUCATION**  
**BRUNCH & LEARN**

**Sunday, February 9**  
**at 10 AM**

In the Nester Center

***Women In & Out of the Bible***

Presented by  
**Edythe Rosenfield**

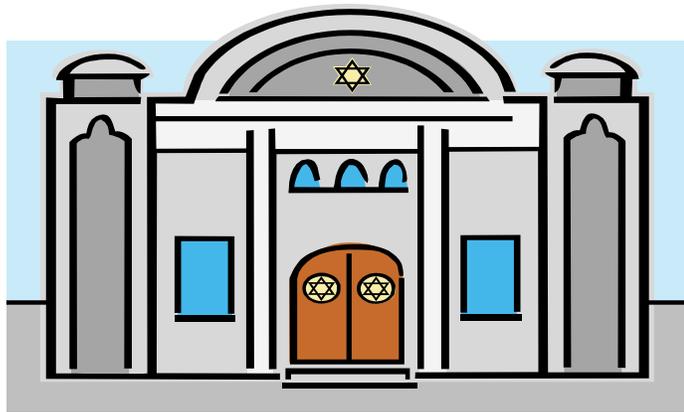
(President Continued from page 1)

placed. The large social hall will undergo a renovation. It will be repainted, new curtains will be hung and there will be new lighting. We expect to replace the doors in the small sanctuary.

We had an Adult Education book talk event where a local author, Arthur Meyer's new book was discussed. We also had a social/fund raising event called Oktoberfest. Both were well enough attended, but we would have loved to see more people attend. There will be another Adult Education event on February 9<sup>th</sup> entitled Women – In and Out of the Bible. I hope to see you there.

We are 1 month away from beginning the budgeting process for next year. We have been able to hold the line on increasing our contributions, but that has been difficult to do and we may not be able to do it for much longer. One great example of trying to raise money without asking any member to increase their contributions is to take advantage of our Scrip program. Instead of using your credit card at the supermarket or at Best Buy or at hundreds of other stores, why don't you use the same credit card to purchase gift cards? Please go to the web site, follow the link in e-News or call the office to see the full list. Adath Israel gets a percentage of all gift cards that are purchased. It is a painless way to support Adath Israel because you are already spending the money while continuing to get your credit card rewards. To date, 8 members are consistently buying these gift cards and we have raised \$1500.

Lastly, as I do every month, I'm thanking our volunteers who are the lifeblood of our congregation. I urge any of you to reach out to us if you have an idea for an event or if you want to volunteer your service to the Shul.



## VOLUNTEER RECOGNITION Marge Sadinsky

If you are in the position to hire someone that has many wonderful attributes; a person that makes good decisions, asks excellent questions, communicates effectively, acts independently, works well with others, and is a problem solver, then **Marge Sadinsky** is the candidate for you. Her outstanding qualifications would include, but not be limited to, the following: 1) **clerk of the works**----Marge oversees all of the beautification projects that the shul has taken on—the ceilings in the hallway, the newly tiled floors by the entrances, the newly painted halls and walls, the beautification of the small sanctuary as well as the social hall. These projects would not have taken place without her interior decorating knowledge as well as her fortitude to stay with the project through the inevitable setbacks. 2) **art curator**----Marge, along with Stan and the Rabbi, met the artist, Marlene's Siff, and was instrumental in obtaining her Peace/War picture on loan to the synagogue. She and Stan are also the chairs of the Memorial and Gifts committee overseeing the artwork that has been donated to Adath Israel. They, working with professionals and community members, decide where these pieces should be displayed to enhance to appearance of our synagogue and tell its story. 3) **green thumb and decorator**---Marge has designed many of the floral arrangements as well as decorated the landing for numerous events, most recently Nathan Olshin's Memorial Service and the Thanksgiving Celebration—often contributing items from her own home to make the synagogue a more welcoming place. She, also, was very instrumental in organizing Rabbi Haaz's installation. What a beautiful affair that was. And on top of this, Marge works willingly and happily for a salary of the satisfaction of making her community a more beautiful and welcoming place. With this impeccable resume how could you not hire her?

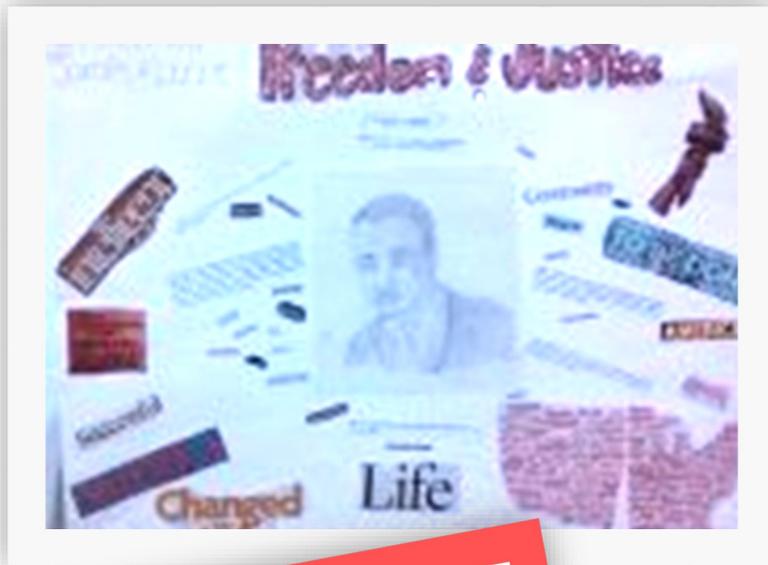


# ***Daf Beit Haseifer shel Adar I***

The School Page for Adar I



## Rev. Martin Luther King Jr. and Jewish teachings—



What is the connection?



Reflecting on January, the highlight of the month, as shown above, was the Project Based Learning initiative undertaken school wide where the students explored the connection between Reverend Martin Luther King Jr. and Jewish teachings. Perspectives taken by different students included similarities between Moses and Rev. Martin Luther King Jr. as leaders, the relationship between Rev. Martin Luther King Jr. and Rabbi Abraham Joshua Heschel (who marched with King), and looking at writings from the Tanakh that were either quoted by King himself or discussed the same concepts that King talked about relating to justice and civilization. The presentations were given by the students during a special Shabbat afternoon program on January 18<sup>th</sup>. It was nice to see that the event was so well attended.



*Above: Photos of some of the posters created for the Reverend Martin Luther King Jr. Project*

### February

During the month of February we look forward to returning to our standard curriculum and continuing to work in our regular text books.

Next Education Committee Meeting will be Sunday, February 2, 2014 at 11:00 AM in the small sanctuary. I hope to see many of you there.

- There will be NO SCHOOL on Sunday, February 16<sup>th</sup> in honor of the Presidents Day break.
- There will be NO SCHOOL on Wednesday, February 18<sup>th</sup> in honor of the Presidents Day break.

**Calendar Change - There will be Shabbat L'chol Adat on Saturday, February 22<sup>nd</sup>**

since many schools are back in session by Thursday, February 20<sup>th</sup>.

# **ADATH ISRAEL RELIGIOUS SCHOOL**

**Please check one of these sources for storm-closing postings**

**Watch or listen to:**

**WFSB-TV Channel 3**

**WTNH-TV Channel 8**

**WVIT-TV Channel 30, NBC**

**WTIC AM 1080 Radio – on air &/or**

**WRCH FM 100.5 Radio**

**WTIC FM 96.5 Radio**

**Or go to website:**

**[www.wfsb.com](http://www.wfsb.com)**

**[www.wtnh.com](http://www.wtnh.com)**

**[www.nbcconnecticut.com](http://www.nbcconnecticut.com)**

**[www.wtic.com](http://www.wtic.com)**

**[www.wrch.com](http://www.wrch.com)**

**[www.965tic.com](http://www.965tic.com)**

**If the weather is inclement,  
we will make a decision about closing school  
no later than 7 AM on a Sunday  
and on later than 1 PM on a Wednesday.**

**The TV and radio info will appear  
within a few minutes of those times.**

**If you call the Synagogue and follow the prompts  
(press 4 for the Religious School), you will also hear our  
announcement about closing.**

***If you cannot get information due to a power outage or if  
Your cable and/or internet connection are down – chances  
are school is closed! Stay home and stay safe!***

## **Don't Forget Your Scripts!!!**

**Earn up to 16% of the face value of the cards for Adath Israel at no cost to you.**

**Go to [www.glscrip.com](http://www.glscrip.com) for a complete listing of available cards.**

**Contact Stephanie Meadow ([stmeadow@ix.netcom.com](mailto:stmeadow@ix.netcom.com)) or**

**Eileen Daling ([edaling21@att.net](mailto:edaling21@att.net)) to place your order.**

## D 'VAR TORAH

The Board of Directors is more than a just group of individuals tasked with taking care of the nuts and bolts of running the synagogue; it is a *chavurah* - a community of friends dedicated to learning from and with each other. Each Board meeting opens with a d'var Torah (Word of Torah) relating the week's Torah portion with an aspect of synagogue leadership. This month begins an occasional column sharing words of teaching offered at a Board meeting.

**Offered by Michael Daling on December 13, 2013**

This week's portion called *Veyechi* comes almost at the end of the book of Genesis. Jacob has lived in the land of Egypt for 17 years, and he knows that his days are coming to an end. He sends for his son Joseph and makes him pledge that he will not bury him in Egypt but carry him to be buried in the same place as his fathers. Joseph pledges to do as his father asks.

Some time later Joseph is told that his father is very ill. He takes his two sons Manasseh, the oldest, and Ephraim, the younger, to see Jacob. Jacob tells Joseph that God visited him and blessed him in the land of Canaan and said "I will make you fertile and numerous, making of you a community of peoples; and I will assign this land to your offspring to come for everlasting possession." Jacob then tells Joseph, "now your two sons . . . shall be mine", making them equals with Joseph, Rueben and Simeon. In doing this Jacob makes them his sons so that they can fulfill the prophesy that God foretold.

Jacob being unable to see very well asks Joseph to bring his two sons closer so that he can kiss and embrace them and tells Joseph that he had never expected to see him again and here God was allowing him to not only see Joseph but also his two sons. Joseph places Manasseh on Jacob's right side and Ephraim on his left, because the oldest child should get the right hand blessing because he is the eldest son, but Jacob crosses his hands and blesses Ephraim with his right hand to which Joseph objects. Jacob explains that Ephraim will be greater than Manasseh, and although both will be great, Ephraim will be greater.

It seems Jacob was blessed with the ability to see into the future, and he knew of the hardship that would befall his people in Egypt. He also knew that Ephraim and Manasseh would be the forbearers of Gideon and Joshua who would be so important in the future to the Jewish people.

Jacob was blessed with this ability to see into the future. We, on the other hand do not have this

ability, and therefore we must live our lives doing the best we can with the information we do have. We also must act accordingly when we conduct the business of the synagogue, because we have no way of knowing what the future holds - only what we can see and do in the present - hoping the decisions we make are the right ones and accomplish the goals we set to see the synagogue succeed.



### HELPING HANDS

Please remember to sign up for Adath Israel's Helping Hands and don't forget to check the calendar to volunteer at [lotsahelpinghands.com](http://lotsahelpinghands.com). If you are in need of a volunteer and want it posted on the calendar, please contact Debbie Seligman at [deb@debstele.net](mailto:deb@debstele.net)

### LENDING A HAND

While the seasons are ever changing, the needs of the elderly remain constant. Currently one of the most frequent requests St. Luke's Eldercare Services receives is for grocery shoppers. Concern about how to obtain such a basic necessity as food is extremely stressful for home-bound elderly -- a stress that you can help alleviate. Just a few extra minutes picking up items for someone unable to shop for him or herself, while doing your own shopping, will solve a huge problem for an elderly neighbor!

As always St. Luke's Eldercare Services is also seeking volunteers to drive clients to and from out-of-area medical appointments, or simply to brighten a life by visiting for an hour one day a week. For additional information, please call us at 860-347-5661 or e-mail us at [info@stlukeshome.org](mailto:info@stlukeshome.org).

St. Luke's Eldercare Services  
760 Saybrook Road  
Middletown, CT 06457

Serving Cromwell, Durham, East Hampton, East Haddam, Haddam, Middlefield, Middletown and Portland

## **ONE WHO GIVES LENDS TO THE LORD**

### **CHEVRA KADISHA**

Lillian Mally

### **SANFORD BEIT MINYAN FUND**

IN MEMORY OF:

Bob Maron by Herbert H. Curkin

### **ARTHUR & EDYTHE DIRECTOR FAMILY FUND**

IN MEMORY OF:

Dr. Joel Alpert by David & Carol Director & Family

Robert Fishman by Art, David, and Carol Director

### **SYNAGOGUE**

EIS Foundation

Arthur & Edythe Director Family Fund

Robert Poliner

Vintage Players

Connecticut Gilbert and Sullivan Society

The Nihla & Bob Lapidus Foundation

Gary Gaffin

### **YAHREIT FUND**

Norman, Esther, and Jeffrey Kabatnick by Brian Kabatnick

Emanuel S. Dubin by Joseph Dubin and Family

Ernest I Schwarz by Ruth Schwarz

Harry Edelberg by Paul Edelberg

Maurice Lerner by Diane & Bernie Blum

Dr. Edward Becker by Andrew Becker

Helen Fields by Harriet Deeton

Arline Leitzes by Harold Leitzes

Gladys Bronstein Grower by Liz Grower Whittaker

Aaron Kingsberg by Myra Efron

Bernard Schwartz by Nancy Schwartz

Ruth Edelberg by June Saltzberg

Mary Katz by Flora Goldstein

Jacob Hoberman by Naomi & Marvin Hoberman

Sylvia Mellman by Steven Weiss

William D. Silverman by Clara Daling

Irving Kaufman by Judith Kaufman

Bernice Schaechter Soll by Susi Dellonna

Samuel Stern by Paula Goldstein

Morris & Ruth Berlind by Allan Berlind

Esther Kabatnick by Edith Kabatnick

Michael Golensky by Hazel Kurlansky & Anita Hennessey

Bernard Miller by Bev & Bob Pugliese

### **RABBI'S DISCRETIONARY FUND**

Robert Poliner

## **NATHAN OLSHIN SCOLAR-IN-RESIDENCE**

Robert Poliner

JWV of USA Valley Shore Chapter Post 51

Mr. & Mrs. Abraham Moskowitz

Sara Silverman

Phyllis O. Silverman

Erica & Ethan Silverman

Barbara & Philip Rothfeld

Neil Rothfeld

Alan Rothfeld

Marc Epstein

Elisabeth Epstein

Jessica Davison

Paul Cohen

Laurie & Thomas Benton

Jan Brandt

Louise Butts

Charles Fulkerson, Jr

Kathleen Long

Margret & Kenneth Mahony

Daniel McLaughlin

Ann Pettengill

Michael Ray

Margo Roberts

Thomas Rossini

Sheldon Schutzman

Bruce Seide

Robert Schmidt

Leslie Starr

Mary Verdick

Elizabeth Zuraw

Allen Silberstein

Sandra & Paul Beckman

Barbara & Steven Weiss

## **ANNUAL GIVING CAMPAIGN**

We are so very blessed to have members/friends who give to Adath Israel throughout the year. Their continued support helps to ensure the success of our synagogue, our Jewish community, and the education of our children. With their generosity and all who give to our Annual Giving Campaign, our Adath Israel continues to be a bee hive of activity, both old and new.

Our **Twelfth Annual Giving Campaign** continues. The Board of Directors would sincerely like to thank the following who have sent in their donation: **Dr. and Mrs. Douglas Miller, Ms Ann Stehney, Mr. & Mrs. Myron Poliner, Mr. Robert Poliner, Mrs. Ruth Maron, Mr. & Mrs. William Hutensky, and Mr. & Mrs. Jeffrey Kahn** With these tough economic times, we appreciate all the support that our members and friends have given and continue to give the synagogue. Your continued support is always welcome and appreciated.



## **FEDERATION EVENTS**

**Adam's Kitchen** Thu, February 6, 7:00pm

Young Women's Philanthropy of the Jewish Federation of Greater Hartford presents a cooking demo with Barcelona Executive Chef, Adam Greenberg. For more information, please contact Risa Sugarman at 860.727.6151 or [rsugarman@jewishhartford.org](mailto:rsugarman@jewishhartford.org)

### **Who Are We Now? Local Experts Discuss the Pew Research Center's Portrait of American Jews**

Wed, February 12, 7:00pm

Congregation Kol Haverim, 1079 Hebron Avenue, Glastonbury

A free forum discussing the Pew Research Center's Portrait of American Jews, sponsored by the Jewish Federation of Greater Hartford and Congregation Kol Haverim. For more information, contact Jo LaRocco at (860) 727-6139 or [jlarocco@jewishhartford.org](mailto:jlarocco@jewishhartford.org).

### **Heart2Heart Mission**

Thu, February 9 - 13

Join a group of smart, motivated women from across North America and Israel on a unique journey that will feed your soul and engage your mind. Spend five brilliant days traveling Israel and participate in hands-on programs that are changing the face of Israeli society and helping those most at risk. For more information, contact Debbie Glassman at 860.727.6125 or [dglassman@jewishhartford.org](mailto:dglassman@jewishhartford.org).

### **Jewish Community Night with the Wolf Pack**

Sat, March 1, 7:00pm

XL Center, One Civic Center Plaza, Hartford

Bring the whole family for an exciting game that helps support the Jewish community. Tickets are \$15 per person for some of the best seats in the house with \$5 going back to the Jewish Federation of Greater Hartford. For more information, contact Sarah Mitchell, Coordinator of Corporate Sponsorship, at 860.727.6131 or [smitchell@jewishhartford.org](mailto:smitchell@jewishhartford.org).

## **Life Cycle**



Joan & Mike Needle  
JoAnn & Michael Price



Eva Bardwell  
Dewey Deeton  
Harriet Deeton  
Seymour Feldman  
Myrna Geiges  
Naomi Kamins  
Cynthia Kaplan  
Eliot Meadow  
Sara Paley  
Phyllis Paley  
Nancy Shapiro  
Deborah Seligman  
Barbara Weiss  
Marcia Kamiens



### **Baruch Habbah!!!**

From the Sequenzia Family:

We joyfully announce the birth of Max Salvatore Hibino, born December 24, 2013.

Proud parents are Elizabeth and Stephen Hibino. Maternal grandparents are Robert and Barbara Sequenzia. Paternal grandparents are Tom and Mary Anne Hibino.

Andy Bauer & Joanna Schnurman welcomed a grand-nephew, Ryan Jay Marrero, born January 6, 2014.

The need is constant.  
The gratification is instant.  
Give blood.



**American  
Red Cross**

# Adath Israel BLOOD DRIVE

Adath Israel – Social Hall – 8 Broad Street

**Tuesday, February 25**

**1:30-6:30 PM**

**“Whoever saves a life, it is considered as if he saved an entire world.” *Talmud, Sanherdin37a***

[redcrossblood.org](http://redcrossblood.org) | 1-800-RED CROSS



Screening is  
**Knowledge**

Knowledge is  
**Power**

Power is  
**Prevention**

## How much do you know?

Jewish Genetic Disease  
Consortium

# JGDC



Zachs Campus  
335 Bloomfield Ave.  
West Hartford, CT. 06117  
[www.mandelljcc.org](http://www.mandelljcc.org)

A Presentation and Panel Discussion  
About Jewish Genetic Diseases

Monday, February 10, 2014  
7:30 PM • Mandell JCC  
Free and open to the community

Presentation by  
Randy Yudenfriend-Glaser and Shari Ungerleider  
From the Jewish Genetic Disease Consortium

Followed by a Panel Discussion with...

- Gayle Temkin Parent, Advocate
- Rabbi Michael Pincus Senior Rabbi, Congregation Beth Israel
- Dr. Sally Rosengren Associate Professor of Pediatrics, and Genetics and Developmental Biology



"I had no idea that there are over 20 genetic diseases and that people who are just one quarter Jewish can pass them on to their children."<sup>1</sup>

"We thought that we didn't have to worry because we were intermarried!"<sup>2</sup>

"Who knew that carrier status could be passed through many generations without anyone being aware?"<sup>3</sup>

"Did you know that healthy people can be carriers for a genetic disease?"<sup>4</sup>

[www.jewishgeneticdiseases.org](http://www.jewishgeneticdiseases.org)

# ADATH ISRAEL'S FOURTH ANNUAL RAFFLE!

~ **GRAND PRIZE: \$ 3,000** ~

**2nd Prize: \$ 2,000**

**3rd Prize: \$ 1,000**

Drawing to be held Saturday, March 29, 2014 at 9:30 p.m.

**Only 700 tickets will be sold**

**Price: \$ 20**

Winner need not be present. .

*Join us at 8:00 p.m. for a fun filled evening of enjoyment  
and refreshments.*

**Raffle ticket admits one person to the event**

Take part in our **Tea Cup Auction** by purchasing tickets  
and/or bid at the **Live Auction** to win a prize(s).

Place your purchased tickets in as many **Tea Cup Auction** item bowls  
as you hope to win.

Also, bid on **Live Auction** items.

**Tea Cup Auction tickets are 10 for \$10 or 25 for \$20.**

Must be present to win.

**Ready to buy?**

**Ready to Sell?**



**Call the Synagogue Office**

**860-346-4709.**



***SUPPORT ADATH ISRAEL***

## GOT GIFTS?

Have you seen our Gift Shop lately? If not, we invite you to visit the newly organized, newly stocked and newly rejuvenated shop. You may be able to find something for the High Holy Days, or a B'nai Mitzvah gift, wedding gift, Passover gift or just something new for your Shabbat celebration. Please note that there is a catalogue from **The Source Everything Jewish** available near the gift shop, so if there is something special you're looking for but we don't have in stock, let us know what it is and we would be happy to order it for you. You pay less than the catalogue price.

Items can be purchased from the gift shop during the following hours:

Monday through Friday: 10 AM-Noon

Saturday: Closed

Our new proprietor, Shirley Schloss has done a remarkable job rearranging and updating our shop. She will be more than glad to help you with your purchases or an order.

Other days/times, please see Joanna in the office if there is something special you are in need of purchasing.

## HOST AN ONEG OR A KIDDUSH

Take advantage of an opportunity to share a family simcha, honor a friend or relative, or remember a loved one by sponsoring a Friday night Oneg Shabbat or a Saturday morning Kiddush. This is a delightful way to let others in our community celebrate a special occasion or share a memory with you. You can host an Oneg or Kiddush even if you may not be able to attend, although your presence would certainly add to the occasion.

The following is a breakdown of the cost for a Saturday morning Kiddush and what foods are normally provided:

**Regular Kiddush - \$54** – Challah, gefilte fish, horseradish, herring(s), tuna fish, egg salad, assorted sweets, bagels, cream cheese, wine, juice, coffee/tea.

**Deluxe - \$118** – all of the regular Kiddush plus lox and white fish, flavored cream cheeses, tomatoes, onions and fruit.

Cost for a regular Friday night Oneg Shabbat is approximately \$ 40, with additional costs for life cycle occasions.

These prices are based on normal attendance at minyan (approximately 20 attendees).

Prices will be adjusted if more are expected to attend Kiddush or Oneg or for special occasions (Bar/Bat Mitzvah, baby naming, or other life cycle events).

Call the synagogue office at 346-4709 at least a month in advance to make arrangements with the synagogue office administrator. You may either purchase the food and bring it to the synagogue according to her instructions or simply make a donation and have our staff prepare the refreshments on your behalf.

## CREDIT CARD

CAI is able to process Visa, MasterCard, American Express and Discover credit card payments. There are a number of benefits:

- You save time and money, no checks, no stamps, no worries
- You have the option of spreading out your payments
- You will always be a CAI member in good standing
- CAI will have a dependable revenue stream

When you pay by credit card, your contributions will be paid automatically. You will no longer have to worry about mailing your payments or about not being able to pay your contribution while you are out of town on business or vacation. Enrollment is easy. You have the option of charging any or all of your contributions and donations at once or on an installment schedule with the final installment being in July. **If your previously paid by credit card but have not filled out a new form for this year, please stop in or call the office at 860.346.4709 to get a new form. New forms must be filled out every year.**

Once your credit card information is up to date and on file in the office, you can always charge your credit card for any donations/contributions made over the phone throughout the year.

As always, if anyone has any questions regarding your contribution, please call Michael Daling 860-346-0667 or Irwin Zagoren 860-347-6550.

Please call Joanna in the office 860-346-4709 if you want to enroll in or have any questions about the credit card program.



## Tikkun Olam/ Fundraiser

We continue again this year to collect cleaned \$.05 returnable bottles and cans for Tikkun Olam/Fundraiser.

**From July-October we will be collecting Bottles and Cans and the money collected will benefit the Religious School.**

From November – February we will be collecting Bottles and Cans and the money collected will go to the Rabbi's Discretionary Fund.

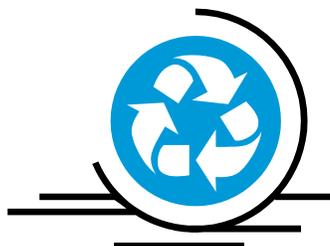
From March-June we will be collecting Bottles and Cans, and the money will go towards Middletown's Relay for Life Organization.

Each month a reminder notice will go out to let you know that we are collected from all your bottles and cans (5 cent ones only) and which area is benefitting.

Please drop your **CLEANED** cans and bottles off in the designated bucket in front of Joanna's office.

Thank you so much for helping to repair the world (Tikkun Olam) and raise a few dollars as well.

Stephanie Meadow



## IT'S NEWS



### TODAH RABAH

January's Pray-Eat-Sing was a success thanks to its Katan v'Kallah (main sponsors) Lee & Cece Osborne, and the contributions of the Meadow, Sigal, Finkelstein, and Bauer/Schnurman families. None of it would have been possible without the efforts the Thiela family, Sharon Slossberg, and Mike Lafontaine. And how about the cake Lynn Bennett made?!

Thank you to Scott Levy for sponsoring January's Professional minyan in honor of the yahrzeit of his father, Gerald Levy. And a special thank you to Eric Meadow, for being guest hazan for the morning. It takes a big heart to get up early to chant Torah and lead services when you are home on break from college.

Thank you to all who helped bring celebration into the dead of winter by helping with Oktoberfest. A special shout-out to the Fund Raising Committee: Sondra Beit, Arlene Pressman, Eileen Daling, Michael Daling, Lynn Bennett, Stan Sadinsky, Anita Hennessey, Jack Adler, Mike Sigal, and Ruth Sigal.



### MAZAL TOV

Mazal Tov to Morty Pear on being named "Citizen of the Year" by the Middletown Elks

### SPEEDY RECOVERY

We'd like to wish a "Refuah Sh'leimah" to the following: Herb Gewirtz, Seth Axelrod, Ron Rubel, Merle Loza, Catherine Loza, Ryan Marrero



🌿 **MAY GOD GIVE COMFORT TO** 🌿

Deepest sympathies to Randy Parks on the recent loss of her uncle.

🌿 **IN MEMORIAM** 🌿

Our sincerest condolences are extended to the family of Flora Goldstein who came to her eternal rest on January 23 (22 Shevat).

sunday	monday	tuesday	wednesday	thursday	friday	saturday
26	27	28	29	30	31	1 <b>9:30 am</b> Shabbat morning services, hosted by Lee Zagoren <b>Rosh Chodesh</b> <i>Parshat Terumah</i> <b>1 Adar I</b>
2 <b>9 am</b> Religious School <b>9:30 am</b> Education Committee <b>10:30 am</b> Mazal Tots <b>12:15pm</b> Religious School Staff Mtg <b>2 Adar I</b>	3 <b>3 Adar I</b>	4 <b>11 am &amp; 12:30 pm</b> Mah Jongg <b>7:30 pm</b> Al Anon & AA <b>4 Adar I</b>	5 <b>4 pm</b> Religious School <b>6:30 pm</b> Mah Jongg <b>7 pm</b> Executive Board <b>5 Adar I</b>	6 <b>6 Adar I</b>	7 <b>5:30 pm</b> Pray-Eat-Sing Shabbat Evening Service & Dinner <b>4:58 pm</b> Candle Lighting <b>7 Adar I</b>	8 <b>9:30 am</b> Shabbat morning services <i>Parshat Tetzaveh</i> <b>8 Adar I</b>
9 <b>9 am</b> Religious School <b>10 am</b> Brunch & Learn Jewish Women In & Out of the Bible <b>10:30 am</b> Mazal Tots <b>9 Adar I</b>	10 <b>Noon</b> Psalms in Your Palms. Psalm study <b>10 Adar I</b>	11 <b>11 am &amp; 12:30 pm</b> Mah Jongg <b>7:30 pm</b> Al Anon & AA <b>11 Adar I</b>	12 <b>7 am</b> Professionals Minyan hosted by Andy Becker <b>4 pm</b> Religious School <b>6:30 pm</b> Mah Jongg <b>7 pm</b> Evening minyan <b>7:15 pm</b> Board of Directors <b>12 Adar I</b>	13 <b>13 Adar I</b>	14 <b>7 pm</b> Shabbat Evening Service <b>Purim Katan</b> <b>5:07 pm</b> Candle Lighting <b>14 Adar I</b>	15 <b>9:30 am</b> Shabbat morning services <i>Parshat Ki Tisa</i> <b>15 Adar I</b>
16 <b>No Religious School</b> <b>9:30 am</b> Ritual Comm <b>9:30 am</b> JWV Brunch <b>16 Adar I</b>	17 <b>Noon</b> Psalms in Your Palms. Psalm study President's Day <b>17 Adar I</b>	18 <b>11 am &amp; 12:30 pm</b> Mah Jongg <b>7:30 pm</b> Al Anon & AA <b>18 Adar I</b>	19 <b>No Religious School</b> <b>6:30 pm</b> Mah Jongg <b>19 Adar I</b>	20 <b>20 Adar I</b>	21 <b>7 pm</b> Shabbat Evening Service <b>5:15 pm</b> Candle Lighting <b>21 Adar I</b>	22 <b>9:30 am</b> Shabbat L'chol Adat morning services <b>10:30 am</b> Tot Shabbat <i>Parshat Vayakhei</i> <b>22 Adar I</b>
23 <b>No Religious School</b> <b>23 Adar I</b>	24 <b>Noon</b> Psalms in Your Palms. Psalm study <b>24 Adar I</b>	25 <b>11 am &amp; 12:30 pm</b> Mah Jongg <b>1:30 pm</b> Blood Drive <b>7:30 pm</b> Al Anon & AA <b>25 Adar I</b>	26 <b>4 pm</b> Religious School <b>6:30 pm</b> Mah Jongg <b>26 Adar I</b>	27 <b>27 Adar I</b>	28 <b>7 pm</b> Shabbat Evening Service <b>5:23 pm</b> Candle Lighting <b>28 Adar I</b>	1



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## Adar I/Adar II

sunday	monday	tuesday	wednesday	thursday	friday	saturday
23	24	25	26	27	28	1 <b>9:30 am</b> Shabbat morning services <b>Shabbat Shekalim</b> <i>Parshat Pekude</i> <b>29 Adar I</b>
2 <b>9 am</b> Religious School <b>9:30 am</b> Education Committee <b>10:30 am</b> Mazal Tots <b>5 pm</b> <i>What Next?</i> Rehearsal  <b>Rosh Chodesh</b> <b>30 Adar I</b>	3 <b>Noon</b> Psalms in Your Palms. Psalm study  <b>Rosh Chodesh</b> <b>1 Adar II</b>	4 <b>11 am &amp; 12:30 pm</b> Mah Jongg <b>7:30 pm</b> Al Anon & AA  <b>2 Adar II</b>	5 <b>7 am</b> Professionals Minyan hosted by Gili Palmer <b>10:30 am</b> Stitchery Group <b>4 pm</b> Religious School—Hebrew Assessment <b>6:30 pm</b> Mah Jongg <b>7 pm</b> Executive Committee  <b>3 Adar II</b>	6 <b>7 pm</b> Amanda Monaco Concert "The Pirkei Avot Project"  <b>4 Adar II</b>	7 <b>7 pm</b> Shabbat Evening Service  <b>4:32 pm</b> Candle Lighting <b>5 Adar II</b>	8 <b>9:30 am</b> Shabbat L'chol Adat morning services <i>Kitah Hei (5th Grade)</i> receive Chumashim <b>10:30 am</b> Tot Shabbat  <i>Parshat Vayikra</i> <b>6 Adar II</b>
9 <b>Clocks change</b> <b>No Religious School</b> <b>9:30 am</b> Ritual Comm <b>5 pm</b> <i>What Next?</i> rehearsal  <b>7 Adar II</b>	10 <b>Noon</b> Psalms in Your Palms. Psalm study  <b>8 Adar II</b>	11 <b>Royal Party—Purim Style, Story Hour at Russell Library</b> <b>11 am &amp; 12:30 pm</b> Mah Jongg <b>7:30 pm</b> Al Anon & AA  <b>9 Adar II</b>	12 <b>4 pm</b> Religious School <b>6:30 pm</b> Mah Jongg <b>7 pm</b> Evening minyan <b>7:15 pm</b> Board of Directors  <b>10 Adar II</b>	13  <b>Fast of Esther</b> <b>11 Adar II</b>	14 <b>7 pm</b> Shabbat Evening Service  <b>6:39 pm</b> Candle Lighting <b>12 Adar II</b>	15 <b>9:30 am</b> Shabbat morning services  <b>Shabbat Zachor</b> <i>Parshat Tzav</i> <b>13 Adar II</b>
16 <b>9 am</b> Religious School <b>9 am</b> Megillah Reading Purim Program to follow <b>1:30 pm</b> Schpiel  <b>Purim</b> <b>18 Adar II</b>	17 <b>Noon</b> Psalms in Your Palms. Psalm study  <b>Shushan Purim</b> <b>19 Adar II</b>	18 <b>11 am &amp; 12:30 pm</b> Mah Jongg <b>7:30 pm</b> Al Anon & AA  <b>16 Adar II</b>	19 <b>4 pm</b> Religious School <b>6:30 pm</b> Mah Jongg  <b>17 Adar II</b>	20  <b>18 Adar II</b>	21 <b>5:30 pm</b> Pray-Eat-Sing Shabbat Evening Service & Dinner  <b>6:47 pm</b> Candle Lighting <b>19 Adar II</b>	22 <b>9:30 am</b> Shabbat morning services  <b>Shabbat Parah</b> <i>Parshat Shemini</i> <b>20 Adar II</b>
23 <b>9 am</b> Religious School <b>9:30 am</b> JWV brunch <b>10:30 am</b> Mazal Tots  <b>21 Adar II</b>	24 <b>Noon</b> Psalms in Your Palms. Psalm study  <b>22 Adar II</b>	25 <b>11 am &amp; 12:30 pm</b> Mah Jongg <b>7:30 pm</b> Al Anon & AA  <b>23 Adar II</b>	26 <b>4 pm</b> Religious School <b>6:30 pm</b> Mah Jongg  <b>24 Adar II</b>	27 Director Family Music Fund—Classical Music Concert at Russell Library  <b>25 Adar II</b>	28 <b>7 pm</b> Shabbat Evening Service  <b>6:55 pm</b> Candle Lighting <b>26 Adar II</b>	29 <b>9:30 am</b> Shabbat morning services <b>8 pm</b> Raffle  <b>Shabbat Hachodesh</b> <i>Parshat Tazria</i> <b>27 Adar II</b>
30 <b>9 am</b> Religious School <b>10:30 am</b> Mazal Tots  <b>28 Adar II</b>	31  <b>29 Adar II</b>	1	2	3	4	5